

XAVRONICLE

Embracing Wisdom, Igniting Futures : Grades Nascent - UKG



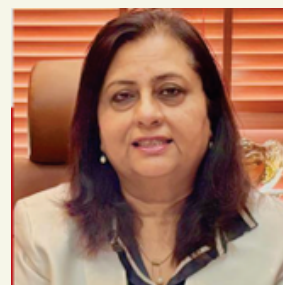
Dear Parents,
Greetings!

We are delighted to present the Pre-Primary Wing Newsletter for the first quarter of the session 2025-26, which is a vibrant and engaging compilation of our students' activities. This newsletter serves as a window into the bustling world of our youngest learners, showcasing their creativity, enthusiasm, and the joyful spirit they bring to our school community.

Our little ones have been fairly busy in this quarter! Each page of the newsletter reflects the growing skills of our children, highlighting the incredible progress they are making in their developmental journey.

As we look forward to the coming months, we are excited about the many activities and learning experiences planned for the Foundational Years. Our goal remains to provide a nurturing environment where each child can Explore, Engage, and Grow. We hope you enjoy reading this newsletter as much as we enjoyed putting it together. Thank you for your continued support and involvement in your child's education. Together, we create a foundation for lifelong learning and success.

Warm regards
Ms Ritu Mehta
Director-Principal
St. Xavier's High School



A NOTE FROM THE HEADMISTRESS



Dear Parents,

Greetings from St. Xavier's!

As we wrap up the first quarter of the academic year, it gives us immense joy to share a glimpse into the world of our little ones.

The session began with our toddlers walking back into school after a short break — curious eyes, wide smiles, and tiny steps full of wonder. In no time, they settled into their new environment, getting to know their classrooms, their ever-loving teachers, and a brand-new circle of friends.

They learnt to share, express, and explore — turning everyday moments into magical memories. From singing rhymes and storytelling to hands-on learning and free play, every day was an exciting adventure.

The highlight of the quarter was our Summer Camp, where learning met fun! Be it water play, dancing, art activities, or yoga sessions — the joy and laughter echoing in the corridors were a testimony to how much they enjoyed every bit of it.

After a refreshing summer break, our young learners are now back — rested, recharged, and ready to dive into the next phase of their journey. We thank you for your trust and continued support as we work together to nurture happy, confident, and curious little minds.

With warm regards,
Aparna Chandra
Headmistress-PPW
St. Xavier's High School



QUARTERLY GLIMPSES: MOMENTS THAT MATTERED

FIRST DAY VIBES

HAPPY EASTER

MY SCHOOL, MY FAMILY
PROGRAMS

PTM & BOOK FAIR

GO GREEN NURTURING
NATURE

EARTH DAY

HOLIDAY HOMEWORK

D.E.A.R DAY

EXCURSIONS

YELLOW DAY

WATERMELON DAY

CLASS ASSEMBLIES

LABOUR DAY

SAFETY FIRST, ALWAYS

EXCELLENCE REDEFINED

ACCOLADES

CULTURAL EXCHANGE
PROGRAMME

SUMMER CAMP
ADVENTURES

PRIMARY PLUS FOR
EXTRA READING

INTERNATIONAL YOGA
DAY

WORKSHOPS

TEACHER'S CORNER

TINY STEPS, BIG DREAMS – FIRST DAY VIBES!

The first day of the new session was brimming with thrill, excitement, and a hint of curiosity as our pre-primary students embarked on their learning journey. Warm welcomes, vibrant classrooms, and thoughtfully planned activities set the perfect tone for a delightful start. A plethora of engaging experiences, ranging from outdoor games and creative explorations to bubble fun, clay modelling, and puppet show, ensured that our little learners felt at ease and enthusiastic. The day proved to be a beautiful blend of joy, learning, bonding, and budding friendships—a heartwarming beginning to a promising year ahead.



TINY STEPS, BIG DREAMS – FIRST DAY VIBES!



EGGS, EXCITEMENT, AND ENDLESS SMILES – HAPPY EASTER!



EASTER IS THE TIME TO REJOICE AND BE THANKFUL FOR THE GIFT OF LIFE, LOVE, AND JOY.



Easter was celebrated with great enthusiasm. Our little learners were captivated by engaging Easter stories, brought to life with a cute bunny puppet and an interactive audio-visual session. The excitement continued as children of Grade Nascent made colourful Easter egg hangings. Nursery learners crafted their bunny headgear and transformed them into adorable little bunnies.

Grade KG students collaborated to decorate Easter eggs with beautiful paper embellishments, while UKG children enjoyed a delightful Easter egg drawing and colouring activity. The day concluded with lots of bunny hops and joyful dancing to Easter-themed songs. It was a fun-filled day bursting with creativity, laughter, and festive spirit!



EGGS, EXCITEMENT, AND ENDLESS SMILES – HAPPY EASTER!



MY SCHOOL, MY FAMILY PROGRAM

DADS ON THE FIELD, CHAMPIONS AT HEART!

We hosted our 3rd consecutive annual Father's Football Match on April 25, 2025, promoted SDG Goal 3: Good Health and Well-being through fun and fitness.

With cheers from students and staff, the Orange and Green teams displayed great energy and sportsmanship. After an exciting match, the Orange Team claimed victory. Trophies were awarded for Top Scorer, Best Goalkeeper, Best Player, and Man of the Match, celebrating the dads' efforts and team spirit. The event was a true celebration of fitness, fun, and family bonding!



MY SCHOOL, MY FAMILY PROGRAM

CELEBRATING THE HEART OF EVERY HOME – HAPPY MOTHER'S DAY!

On May 9, we celebrated Mother's Day with warmth and joy, paying tribute to the unconditional love and strength of mothers. The event began with a graceful lamp-lighting ceremony followed by touching Poem recitation by the students of Grade I. A soulful choir by KG students and graceful dance performances by UKG and Grade II followed.



The highlight was the Ramp Walk, where mothers dazzled in saris, radiating elegance and confidence. Their talents continued to shine in an energetic Dance Competition and fun-filled one-minute games, adding cheer and excitement to the celebration.

The day concluded with heartfelt thanks from our Director-Principal. It was a day of collective sense of joy, leaving behind cherished memories for all our incredible moms.



Together We Grow: School Webinars for Empowered Parenting

Young Performers Certificate Parents information session

St. Xavier's High School invited parents to a virtual Information Session by Mr Varun Mata to learn more about the Young Performers Certificate by Trinity College London. The session provided valuable insights into the program and highlighted how it supports children's creative development. Parents gained an understanding of the assessment structure, the emphasis on performance confidence, and the role of drama and music in nurturing communication and expression in young learners. The session was well-received and sparked enthusiasm among parents eager to explore new opportunities for their children's artistic growth.



Mr. Varun Mata
Business and Operations
Head,. Trinity College,
London, North India



MY SCHOOL, MY FAMILY PROGRAMS

Managing Transitions : Preparing Children for New Beginnings

To support parents in helping their young children navigate challenging transitions such as starting school, moving to a new class, or adjusting to new routines, St. Xavier's High School organized a webinar featuring Ms. Anushree, school counselor. She shared valuable strategies to ease separation anxiety, build emotional resilience, and foster independence among children.



**Ms. Anushree,
school counselor
St. Xavier's High School**



Wholesome Living through Nutrition



**Ms. Monika,
Certified Nutritionist and
Co-founder of Nutriaffair,
a Consulting Company**

A balanced diet in early childhood was emphasized as key to healthy growth and development. Offering a variety of foods, fruits, veggies, whole grains, proteins, and dairy, was highlighted as essential for building strong bodies and sharp minds. To deepen the understanding of this important topic, Guest Speaker Ms. Monika, shared her valuable insights.

MY SCHOOL, MY FAMILY PROGRAMS

From Home to Heart : A Parent's Role in Holistic Learning

Ms. Sonia Relia shared her expertise and provided valuable tools and techniques to help parents navigate the challenges of parenting effectively. The webinar was highly interactive, and Ms. Relia generously shared her practical tips to foster stronger parent-child relationships, promote positive discipline, and create a nurturing home environment



Ms. Sonia Relia, a TEDx speaker, YouTuber, consultant for Foundational Years, and a parent coach

Kids A-Z Online Reading Programme : RAZ PLUS

An insightful RAZ PLUS information session was conducted by Ms. Vidushi Maan, as part of the Reading and Literacy Programme. The session emphasized the importance of reading in early childhood for developing language, imagination, and critical thinking skills, while also laying the foundation for future academic success. Parents were introduced to the Kids A-Z app, gaining awareness of how to effectively use the platform and understanding its various benefits.



Ms. Vidushi Maan, Advisory Board Member St. Xavier's High School,

PARTNERS IN PROGRESS, PAGES OF POSSIBILITIES – PTM & BOOK FAIR MOMENTS!



Adapting with Care and Connection

Due to the unforeseen circumstances on May 10, the scheduled **Parent-Teacher Meeting** was successfully conducted online via MS Teams. It provided a valuable opportunity for parents and teachers to connect and engage in meaningful discussions about each child's progress.



A **Kho-Kho match** for mothers was also planned as part of our Mother's Day celebration, but had to be cancelled. We look forward to organizing it in the future.



Scholastic Book Fair

Our school hosted a vibrant Scholastic Book Fair where students explored a variety of books and made their personal wish lists. Teachers encouraged them to read regularly and enjoy the magic of stories. A wonderful step towards building lifelong readers!





GO GREEN-NURTURING NATURE, ONE STEP AT A TIME

Go Green – Nurturing Nature, One Little Step at a Time

In celebration of Earth Day 2025 on April 22, our young Xaverians from Nascent to UKG embraced the spirit of sustainability with joy and enthusiasm. Aligned with SDG

Goal 13: Climate Action, the children participated in simple yet impactful activities such as waste segregation, watering plants, and nature walks – all designed to build lifelong habits of environmental care.



To extend this learning beyond the classroom, holiday homework encouraged families to step outdoors for a nature walk. They collected fallen leaves and twigs. These natural treasures were creatively transformed into delightful leaf insects, garden creatures, and other eco-friendly art, proving that learning can be joyful, imaginative, and environmentally conscious.

Children also explored their artistic flair through recycled paper cup crafts – turning used cups into cheerful animals and vibrant planters. They used old newspapers as their canvas to make characters and turn them into colourful art. Adding a musical twist, children made wind chimes using waste materials such as bottle caps, beads, and strings, turning trash into treasures that sang with the wind!



Through these activities, our little eco-champions discovered that even the smallest hands can make a big difference in building a greener, cleaner, and kinder world.



GO GREEN-NURTURING NATURE, ONE STEP AT A TIME

GO GREEN



A
GREEN
planet
IS A
CLEAN
PLANET

LEARNING BEYOND THE CLASSROOM – HOLIDAY HOMEWORK WITH A TWIST!

UKG

Fun, flair, and fantastic learning filled the UKG Holiday Homework as our little learners dived into exciting activities that blended creativity with concept building. They enjoyed sequencing the story of 'The Three Little Pigs' and constructing their houses using straw, sticks, and bricks. The 'Bug Builder Expedition' saw children turn dry leaves into imaginative insects, while sight word games and the making of the 'Swar House' boosted their language skills. Adding a personal and eco-friendly touch, kids crafted 'Memory Boxes' and 'Wind Chimes' using recyclable materials. These joyful experiences also nurtured awareness of Sustainable Development Goals like SDG 4 (Quality Education), SDG 12 (Responsible Consumption and Production), and SDG 13 (Climate Action), making learning both meaningful and mindful.



KG

Vacation homework plays a vital role in reinforcing learning, fostering creativity and building independent thinking in children. The activities for Kindergarten children were planned thoughtfully to provide opportunities for critical thinking, self-awareness, lifeskills, sensorial and hands on activities for their holistic growth keeping in mind the values of environmental care (SDG 13), responsible consumption (SDG 12), and empathy through community and family-based activities (SDG 3)



NURSERY

Summer Holiday Homework for nursery children was designed to make learning fun and engaging through hands-on activities, aligning with SDG 4: Quality Education. By reinforcing the concepts, developing creativity and motor skills, thereby fostering parental involvement. We aimed to encourage exploration, creativity, and interactive learning. This bridged the gap between school and home, enabling children to have an enjoyable learning experience that complements their academic growth and promotes lifelong learning.



NASCENT

The Holiday Homework focused on Holistic development of the little learners while keeping them close to nature. Children observed and described elements of nature and natural sounds, engaged with stories and media to build language and thinking skills, developed creativity and environmental awareness through reuse and nature-based crafts, strengthened fine motor and early math skills through hands-on activities, and grew in confidence and responsibility as they cared for themselves and the world around them.

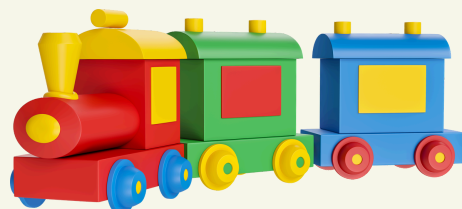
**DROP EVERYTHING AND READ –
BECAUSE EVERY PAGE COUNTS!**



D.E.A.R DAY

In celebration of World Book Day, our Nascent, Nursery, KG and UKG students participated in DEAR Day – Drop Everything And Read on 23rd April.

From book-handling lessons for Nascent learners to mystery book unwrapping in Nursery and engaging read-aloud sessions in KG and UKG, the day sparked curiosity and nurtured a love for reading.



DROP EVERYTHING AND READ – BECAUSE EVERY PAGE COUNTS!



EXPLORING, EXPERIENCING, ENJOYING – EXCURSION DAYS ARE THE BEST!

POST OFFICE VISIT (GRADE-NURSERY)

On April 24, 2025, our Nursery students visited the nearby Post Office, gaining valuable insights into the role of postal services in the community. The children observed the postman sorting and stamping letters, sparking curiosity about traditional communication in a digital world, and offering a hands-on learning experience.



MODERN BAZAR (NASCENT)

On April 30, 2025, the little ones of Class Nascent enjoyed an exciting and educational trip to Modern Bazar. The little learners explored various sections of the store, identified everyday items, and learned about shopping, money usage, and queue etiquette. Guided by teachers, the children expanded their vocabulary through real-world exposure. The trip concluded with a cheerful group photo and refreshments, making it a joyful and enriching day for all.



EXPLORING, EXPERIENCING, ENJOYING – EXCURSION DAYS ARE THE BEST!

BANK VISIT (KG and UKG)

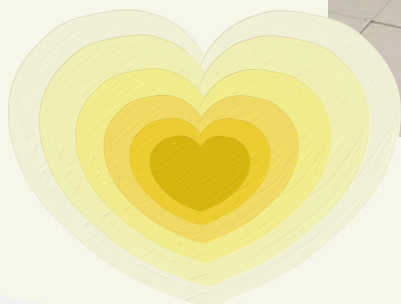
On May 6, Kindergarten and Upper Kindergarten students enjoyed an exciting and educational visit to HDFC Bank, where they were introduced to the concept of money and the important role banks play in everyday life. This hands-on experience helped them understand the value of saving and how small savings can lead to big results over time. The visit also supported **SDG 4 – Quality Education**, by promoting early financial literacy as a foundation for lifelong learning and decision-making.



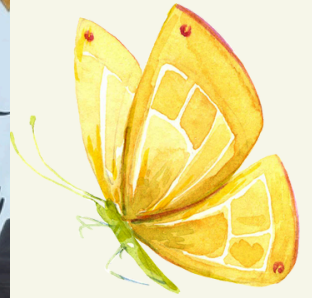
A SPLASH OF SUNSHINE – CELEBRATING YELLOW DAY!

We celebrated Yellow Fiesta and introduced the vibrant colour yellow to Nascent and Nursery students with great cheer. Dressed in sunny hues, children brought yellow objects from home and eagerly spoke about them.

From preparing healthy corn salad and playing the 'lemon and spoon' race to tunnel races and honeybee craft activities, the day was packed with fun and learning. These playful experiences promoted creativity, nature awareness, and **SDG Goal 3: Good Health and Well-being**, making learning a joyful journey for our little ones.



A SPLASH OF SUNSHINE – CELEBRATING YELLOW DAY!



GOING GREEN AND RED – CELEBRATING WATERMELON DAY!

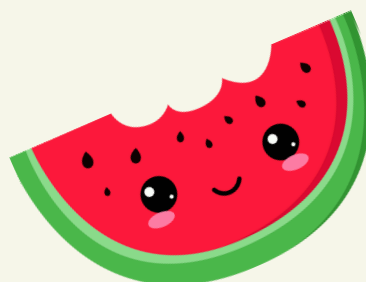
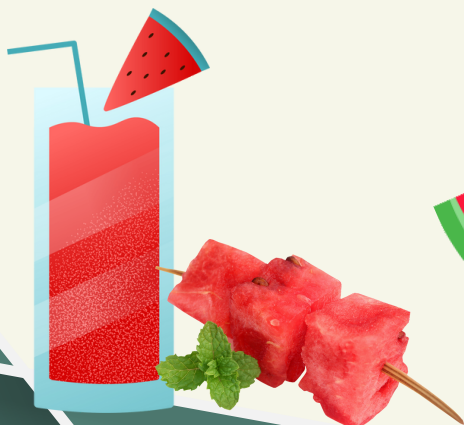
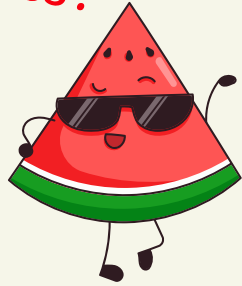
The Watermelon Party was a delightful celebration that brought smiles, laughter, and learning to all the children. The event began with the simple joy of enjoying fresh, juicy watermelon slices, a perfect treat on a warm day.

The excitement grew as the children gathered to listen to a fun and engaging story featuring a watermelon and a crocodile, sparking their imaginations and encouraging their love for storytelling.

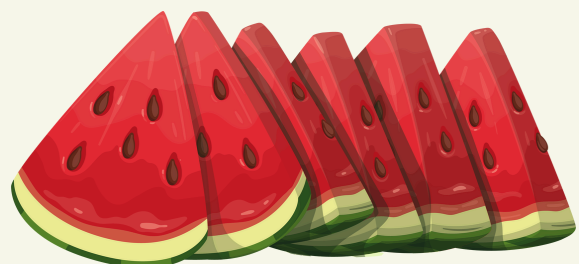
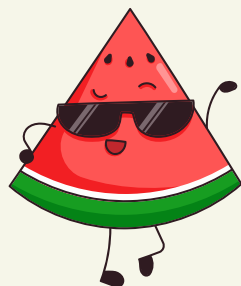
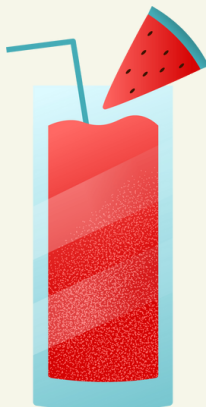
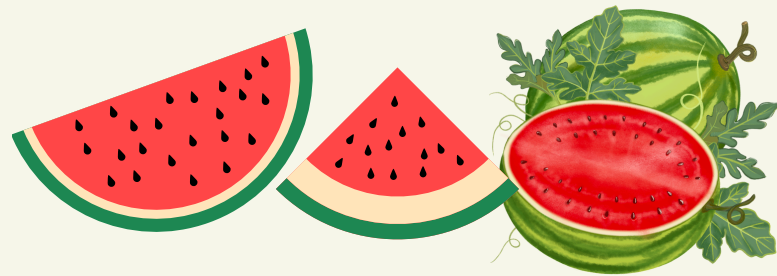
Next, the children explored the many creative ways to enjoy watermelon, from juice and salads to fun shapes and cool treats, discovering how versatile this summer fruit can be.

The celebration ended on a high note with children posing at the vibrant watermelon-themed photo booth, capturing sweet memories of a day filled with joy, discovery, and fruity fun. It was truly a refreshing and memorable experience for everyone involved.

*When life gives
you watermelons,
make memories!"*



GOING GREEN AND RED – CELEBRATING WATERMELON DAY!



LITTLE STARS, BIG MESSAGES – ASSEMBLY TIME!

UKG-A Assembly – A Joyful Start

The UKG-A assembly marked a cheerful start to the new academic year with inspiring thoughts, the Lord's Prayer, and a lively welcome song. Children confidently spoke about new beginnings, classroom rules, and April festivals, sharing their promises for the year ahead. They were warmly welcomed with handcrafted cards by Headmistress Ms. Aparna Chandra. The presence of Russian delegates added a special touch, as they appreciated the children's performances. The assembly concluded with a vibrant Punjabi dance on the theme Baisakhi and motivating words from Director Principal Ms. Ritu Mehta, making it a memorable beginning to the new session.



Happy
Baisakhi



LITTLE STARS, BIG MESSAGES – ASSEMBLY TIME!

UKG-B Assembly – Earth Day

Students presented a heartwarming assembly on Earth Day, promoting **SDG Goal 13: Climate Action**. With confident voices, they shared impactful messages like “Save Earth, Save Life” and “Reduce, Reuse, Recycle,” showcasing their awareness and concern for the planet.

The highlight was a soulful group song followed by a vibrant dance performance, where the children dressed as nature heroes, inspiring all to protect and cherish our Earth.



LITTLE STARS, BIG MESSAGES – ASSEMBLY TIME!

KG-A Assembly – Labour Day

The students of Grade KG-A presented a touching assembly on Labour Day, promoting **SDG Goal 8: Decent Work and Economic Growth**. The young Xaverians confidently spoke about different professions, followed by a heartfelt group song and an energetic dance performance that honoured the spirit of workers. The celebration was a beautiful reminder of dignity, appreciation, and respect for every role in our community.



HONOURING HANDS THAT BUILD OUR WORLD – HAPPY LABOUR DAY

Labour Day was celebrated with great enthusiasm and joy by our Pre-Primary wing. The little ones expressed their gratitude by making heartfelt cards and distributing sweets to the ancillary staff who help keep our school running smoothly. In a touching gesture of appreciation, the children also took part in tidying up their classrooms, learning the value of dignity of labour and the importance of teamwork and respect for all kinds of work.



HONOURING HANDS THAT BUILD OUR WORLD – HAPPY LABOUR DAY



PREPARE. ALERT. AWARE – SAFETY FIRST, ALWAYS!

A Mock Emergency Evacuation Drill was successfully conducted in strict accordance with the government's safety advisory.

The drill significantly enhanced awareness, preparedness, and coordination among students, staff, and other stakeholders. It served as a vital initiative to ensure everyone is well-equipped to respond swiftly and efficiently in the event of an emergency.

St. Xavier's High School remains steadfast in its commitment to maintaining a safe and secure learning environment through regular safety training and preparedness programs.



EXCELLENCE REDEFINED – HATS OFF TO OUR SCHOOL TOPPERS!

With immense pride and joy, we celebrate the outstanding achievements of our brilliant **Grade X and XII scholars** who have showcased remarkable performance in the **CBSE 2025 AISE Examinations**.


Your dedication, perseverance, and hard work have helped you rise above every challenge and reach an inspiring milestone—one that will surely motivate your peers.

Heartiest congratulations to our shining stars and trailblazers!




EXCELLENCE REDEFINED – HATS OFF TO OUR SCHOOL TOPPERS!


Congratulations
to our board toppers
Grade X



99.4%
Kartik Atreja



98.4%
Aarav Verma



98%
Aaditri Singh

90% above – 46% of students
Distinctions – 85%
40 students scored perfect 100s

Congratulations



98%
RISHIT SINHA



98%
Siddhi Chopra



97.8%
Bhavya Rao



97.8%
Kshitij Kumar

Congratulations



97.8%
Parth Mathur



97.6%
Nabhi Josh



97.6%
Varchasva Kamboj



97%
PAVNI AGRAWAL

SPREADING SMILES, EARNING APPLAUSE – XAVERIANS SHINE EVERYWHERE!

Celebrating your amazing success with joy and pride.
May this achievement lead to even greater things ahead.



Gaurangi Sharma
Grade: UKG-A

Secured 1st position in the
11th Gurgaon Skaters Roller
Skating Championship 2025

Mayra Agarwal
Grade: UKG-B

Secured 1st position in Lawn
tennis on PTS sports day in
Ryders Sports Academy



Tarini Bishnoi
Grade: KG-E

Secured 2nd position in ISKF
Open International Karate
Championship 2025



SPREADING SMILES, EARNING APPLAUSE – XAVERIANS SHINE EVERYWHERE!

 **Adyasha Prusty**
Grade: KG-E

Secured 1st position in 30th
Roller Skating Championship
DDA Sports Complex, New
Delhi



 **Aarvi Sinha**
Grade: KG-A

Runner Up, secured a gold
medal in EduJunior National
level Online
Storytelling Competition

 **Aanya Jain**
Grade: KG-A

Secured a silver medal for
outstanding performance in
EduJunior National level
Online Fancy Dress
Competition



SPREADING SMILES, EARNING APPLAUSE – XAVERIANS SHINE EVERYWHERE!



Gunmay Sareen (KG B), Spriha Sarkar (KG G), Mishika Agrawal (KG C), Vedant Sharma (UKG A), Aarohi Arora (KG B), Ravya Goyal (KG D)

Participants of EduJunior National level
Online Fancy Dress and Storytelling Competitions

Proud moment as the school lifted the shield of Excellence award, a shining symbol of hard work and outstanding participation in the EduJunior National level Online Competitions



Congratulations



SPREADING SMILES, EARNING APPLAUSE – XAVERIANS SHINE EVERYWHERE!

**Participated in Euphoria 2025 (Group Dance)
DLF QEC, INNOVATIVE SCHOOL RIDGE VALLEY
(ECHOES OF TRADITION)**



**Aashvi Pandey KG D, Rida Amola KG-A, Eliza Najjar KG
D, Jiana Maggon UKG B, Aashi Adhikari UKG A**



Dimple Yadav (P.E Teacher)

**Secured a silver medal for Punjab women's
hockey team in 1st Hockey India Masters Cup
2025 (Women) held at Chennai, Tamil Nadu from
18 to 27 June 2025**

CULTURAL EXCHANGE PROGRAMME

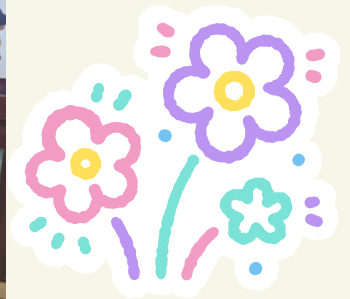


The **Indo-Russian Exchange Programme** was a remarkable cultural and educational journey. Beginning with a warm arrival in St. Petersburg. Students experienced hands-on learning during **Engineering Day**, followed by immersive visits to **Pavlovsk Palace & Park**, where history came alive, and **Saint Petersburg Mining University & Museums**, blending science with art and heritage. A highlight of the tour was a prestigious meeting with the city government officials, where our school Director, Mr. Mohit Sachdeva, represented the school and engaged in meaningful dialogue with key educational and cultural dignitaries. The Exchange Programme beautifully reflected the spirit of bridging cultures and hearts.

SUN, FUN, AND LEARNING – SUMMER CAMP ADVENTURES



Day 1 of the Summer Retreat was a joyful start, filled with Zumba and Cosmic Yoga. Children enjoyed a captivating storytelling session during Kathashala, explored colour mixing in STEAM, and expressed themselves through unique art techniques at the Creative Oasis. Physical activities like Splash Pool, Skating, and Gymnastics kept the energy high. The day concluded with an inspiring Global Talk session, indeed, a vibrant beginning!



Day 2 was specially designed to meet the developmental needs of our young learners. In Creative Oasis, children created vibrant art using paper, clay, stones, and paints. The rhythmic beats of Harmony Trails had children singing and dancing joyfully. Sessions like Brain Booster and Global Talk promoted social skills, teamwork, and confidence.



SUN, FUN, AND LEARNING – SUMMER CAMP ADVENTURES



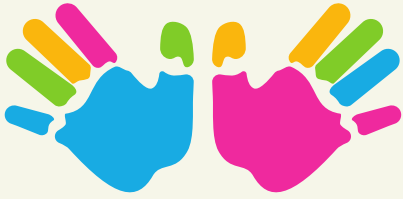
Day 3 began with a Sculpting Activity, where children created miniature characters to express emotions and stories. An engaging English session kept spirits high with vocabulary games, storytelling, and creative writing activities. Each activity added to the campers' growing confidence, creativity, and joyful summer memories.



Day 4 was a colourful blend of creativity, and culture. The day began with a delightful puppet show. Energies soared during the dance session. The highlight of the day was the 'Tie and Dye' activity, where children turned plain handkerchiefs into vibrant works of art. The Global Exploration of Africa introduced them to its rich culture and wildlife, culminating in the creation of beautiful African masks and necklaces

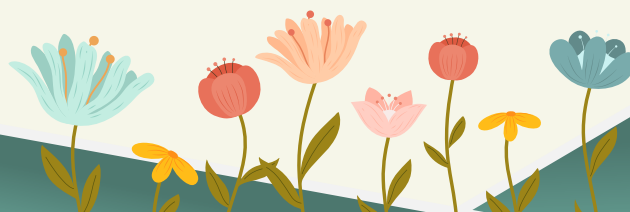
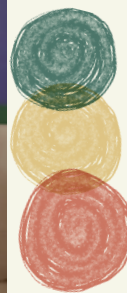
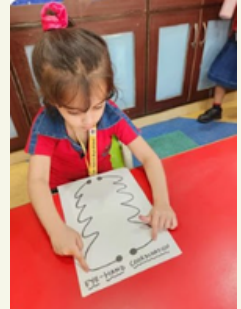


SUN, FUN, AND LEARNING – SUMMER CAMP ADVENTURES



We wrapped up the fun-filled Summer Camp on a high note. Throughout the week, children explored new cultures, created vibrant photo frames, solved puzzles, and engaged in lively language sessions. From dancing with joy to gliding on skates and stretching through gymnastics, each activity sparked confidence and happiness. The splash pool brought refreshing fun. The grand finale was filled with group dances, songs, a skit, and teacher performances—capturing the spirit of summer and the magic of shared learning.

Heartfelt thanks to our parents for their trust and support. Here's to more joyful journeys ahead!

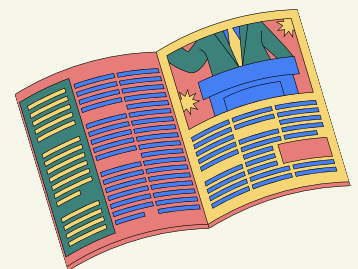
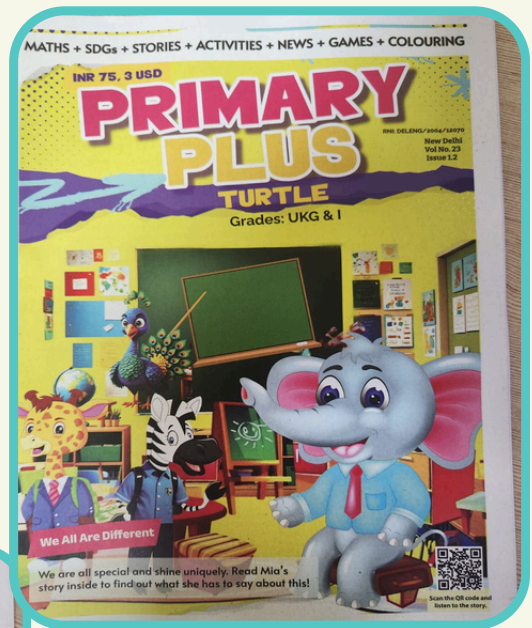
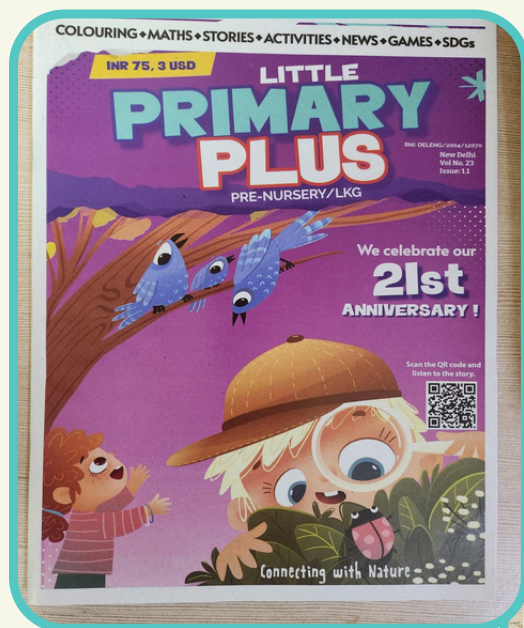


PRIMARY PLUS FOR EXTRA READING

Our school has introduced **Primary Plus** for extra reading, a vibrant magazine designed to make learning exciting and meaningful. Each edition includes relatable stories and fun activities based on science, general knowledge, and the Sustainable Development Goals (SDGs).

The magazine features activities that help develop multiple intelligences such as logical, emotional, and visual-spatial. It also includes fascinating tales about the latest technologies, such as Virtual Reality.

Primary Plus is a wonderful tool to equip children with the skills to thrive in today's world. The magazine will inspire curiosity, build essential skills, and foster a lifelong love for reading. We are delighted to share that 170 children have already subscribed for this wonderful learning experience.



A SALUTE TO THE SOUL – CELEBRATING INTERNATIONAL YOGA DAY!

21ST JUNE 2025



International Yoga Day was celebrated with great enthusiasm, highlighting this year's theme — “Yoga for One Earth, One Health.” The session was gracefully led by Ms. Vandana Gupta, a trained Yoga practitioner under the guidance of Yoga Guru Ms. Sindu Sanjith. It was thoughtfully structured into four parts — a soulful prayer connecting with the five elements, calming Pranayama exercises, rejuvenating Yoga Asanas including Surya Namaskar and Hatha Yoga postures, and a peaceful Mantra Meditation focused on OM chanting. The day reaffirmed the role of Yoga in promoting physical, mental, and spiritual well-being, leaving everyone inspired to adopt a healthier lifestyle. The event saw active participation from staff and parents.



EMPOWERING EDUCATORS THROUGH CONTINUOUS LEARNING

Rhythmic Play and Movement Workshop by Kaleido Education

Our dedicated Pre-Primary teachers enthusiastically participated in the workshop, gaining valuable insights to integrate rhythm and movement-based approaches in the classroom with renewed passion and creativity.



MS. NALINI KAPOOR, MS.SHUCHI MALHOTRA, MR.EDIZ TOKSOY(RESOURCE PERSON), MS.SHALINI GROVER, MS. ESIN TOKSOY(RESOURCE PERSON), MS. SWATI GOEL, MS. SHILPA BALI, MS.SUJATA CHAUDHURI, MS.KANIKA BHARDWAJ, MS. VIDHI DAWAR, MS.SIMRAN KAUR, MS. JYOTI SAWARIYA



EMPOWERING EDUCATORS THROUGH CONTINUOUS LEARNING

Our teachers actively engage in professional development to bring fresh ideas and effective strategies into the classroom. Here's a glimpse of their recent training.



MS. SHEETAL VERMA
PRE-PRIMARY TEACHER

Jolly Phonics Training – CPD College

Gained structured methods to teach phonics, blending, and decoding, enhancing early reading and writing skills in young learners.



MS. RUCHI GANDHI
PRE-PRIMARY TEACHER

Reading Workshop – Harper Collins

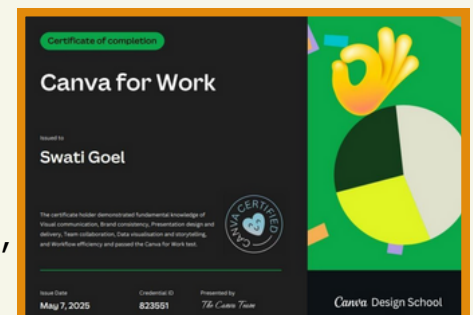
Learnt practical ways to build a reading culture by encouraging student choice, reading aloud, and creating engaging reading spaces.



MS. SWATI GOEL
PRE-PRIMARY TEACHER

Canva for Education – Certified by Canva

This certification covered key skills in visual communication, brand consistency, presentation design, team collaboration, data visualization, storytelling, and workflow efficiency. It also included successful



EMPOWERING EDUCATORS THROUGH CONTINUOUS LEARNING



MS. SIMRAN KAUR
PRE-PRIMARY TEACHER

FLN Coding Skills – Podar Institute

Learnt foundational coding concepts and classroom integration techniques to boost logical thinking and digital literacy.



MS. VIDHI DAWAR
PRE-PRIMARY TEACHER

Reggio Emilia Approach Workshop

Understood the role of the child, environment, and educator in inquiry-based learning and aims to foster exploration and expression in the classroom.



MS. SUJATA
PRE-PRIMARY TEACHER

Social Emotional Learning Counselor Training Program by Skillstrat Consulting.

Gained knowledge and practical tools to facilitate techniques to foster empathetic and socially aware learning environments.



EMPOWERING EDUCATORS THROUGH CONTINUOUS LEARNING

Teacher Enrichment Workshops – Nurturing Learning Beyond the Classroom
Before the children returned from their summer break, our dedicated teachers engaged in a series of insightful workshops to deepen their understanding and enhance classroom practices.

On June 26, Ms. Nalini and Ms. Ruchi Gandhi conducted a session on “The Connection between Behaviour, Brain, and Senses”, exploring how sensory experiences influence children’s behaviour and learning.



On June 27, Ms. Shilpa and Ms. Swati led a lively workshop on “Rhythmic Play and Movement”, highlighting how rhythm and movement support holistic development.

* On July 1, Ms. Vidhi Dawar conducted an HPC session on “Documentation and Assessment of Children’s Drawings”, focusing on how art reflects a child’s thoughts and growth.

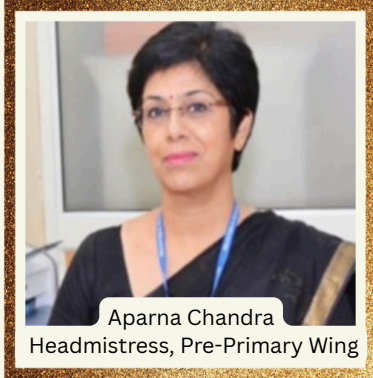


On the same day, Ms. Simran Kaur presented a session on “Coding Skills for Young Children and its Connection with Foundational Literacy and Numeracy”, showcasing innovative ways to blend tech skills with early learning goals.

These sessions not only refreshed our educators’ perspectives but also enriched them with new tools and strategies to make learning more meaningful and engaging for every child.

TEACHER'S CORNER- VOICES THAT INSPIRE

OPTIMAL BRAIN DEVELOPMENT IN EARLY CHILDHOOD



Aparna Chandra
Headmistress, Pre-Primary Wing

The process of brain development begins in the 3rd week of gestation and continues into early adulthood, however, the first three years of a child's life are most crucial as these are the peak years of brain development and everything that happens to the child affects the brain and that in turn affects how he learns.

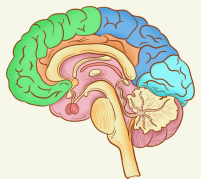
How the brain grows and works?

- A child is born with about 100 billion neurons not connected to functional networks.
- Endogenous and exogenous stimulation leads to 'neurons that fire together, wire together' developing long lasting synaptic connections which in turn develops the brain and enables the child to do complex activities and impacts quality of learning in later life.
- After the child is born, each neuron has 2500 synapses connecting it to other cells. But, by the time the child is 3 years old, his brain becomes a sponge of fascinating new information with synapses soaring to 6 times high with 700 synaptic connections being made every second.
- What is remarkable is that this rate of growth is not matched at any other time during child's life span so 'use this window of opportunity or lose it'. By the time we are adults we have half as many synapses as when we were three and so the first 3 years are known as the magic years due to rapid growth in sensory abilities of babies.



Gift of Neural Plasticity

- The brain possesses an amazing property to mould itself to new conditions, new learning. Brain is more plastic during first few years than it will ever be again in life. Learning alters the structure of the brain at cellular level which goes to form our memory.
- The brain cells change in different ways. As for school learning where we need to learn, relearn, remember and reuse the whole information, more the number of revisions, the stronger are the synaptic connections making learning better and reproduction faster. Whereas information not of much use is lost due to weak synaptic connections making it short term memory.



Why do parents need to focus on those early years?

- Parents' job begins the moment the child is born and they need to know that it is important to catch them when they are young enough to benefit.
- Parents are the MOST important people in a child's life during those early years. They can either impact the child positively or negatively in these early years. Whatever happens during this period actually goes into child's development in the middle years and later on affecting him/her for the life time.
- The experiences and interactions the child has will lead to connections being formed in the brain cells. To impact the child positively, strong connections need to be formed by way of strong positive relationships. Relationships bring experiences. If they are negative and stressful then they would actually hurt those connections and influence brain development adversely.

TEACHER'S CORNER- VOICES THAT INSPIRE

OPTIMAL BRAIN DEVELOPMENT IN EARLY CHILDHOOD

What can Parents do to nurture a child's brain?

- Focus on kids much before they get into school.
- Secured attachment & relationships – This is most important in a child's life and it comes from a parent who is extremely responsive, especially at a time when the child is stressed. Lack of response all the time from the parents is not a good situation. It could effect a child's relation with other people as well.
- Play with babies and respond immediately to their stress. Observe the baby and pick up on your baby's cues.
- Create language rich environment. Joint family or grandparents are a buffer or protective factors.
- Lack of relationships leads to low self-esteem in the child, more so because they are not verbal at this stage.
- This deprivation affects their behavior later in school, impacts their ability to learn, inquisitiveness and ability to cope in a class of 25-30.

The Dance of life

- Genes and environment are absolutely inextricable partners in this dance of life.
- Genes supply the rough blue print and then stimulation from the environment, whether a light impinging on the retina or a mother's voice on the auditory nerve, turn genes on and off.
- Till the age 6 the stimulation has to be enriching and frequent as this is the period when the synapses are extensive. It clearly points to the vulnerability of the 1st six years which is determined by the environment surrounding a child



Brain during 3-6 years age

- Much evidence confirms that after the age of three, brain is sponge-like ready to acquire new skills rapidly.
- Rear base of the cerebellum is all set for well-coordinated play activities and fine motor skills.
- The inner brain structure, hippocampus, undergoes maturation and well connected to the frontal lobe thus enhancing spatial understanding for cognitive learning and the connections between the two hemispheres are strengthened by increased myelination.
- Production of synapses is at peak facilitating attention, memory, language, and problem – solving and thinking. Hence everything that goes around the child impacts his brain, everything he sees, hears, touches, smells builds up connections in the brain cells.
- Specifically planned enriched learning experiences given at this stage help in acquiring specific learning competencies such as reading, writing, singing, dancing, playing musical instruments, swimming etc with great ease.

These enhanced insights into the linkages of brain and process of early development caution us as to how to protect our little ones from experiences that have serious lifelong consequences and at the same time give them the best they deserve for realizing their potential.

TEACHER'S CORNER- VOICES THAT INSPIRE



IT'S MY FIRST DAY OF SCHOOL



Dear teacher
It's my first day of school
First time away
from my mama
New place, new faces

I might cry
I might stomp
or pout and frown
I might run around
I might not understand
right away

But I hope you understand
It's my first day of school

I might not sit at a place
I might not eat on my own
I might forget to sip water
I might misplace my things



But I hope u understand
It's my first day of school

I might not be at ease
I might not talk much
I might not make friends
I might not share

But I hope you understand
It's my first day of school

But I promise,
very soon
I will settle
And I will make
this school
my favourite place
And you, my favourite teacher !



- Ruchi Gandhi Chawla
Pre Primary Teacher

BONDED IN BELIEF: FEEDBACK THAT INSPIRES

"With mutual belief and respect, we grow stronger. These words from our parents inspire and guide us every day."

Thank you so much for all the effort you put for creating such a positive and nurturing environment for our son. We truly appreciate the encouragement, care, and support you give him each day. It means a lot to us and makes a big difference in his growth and happiness at school.

Thank you, Kanika ma'am and Sarita ma'am.

Regards

Shikha Babbar KG E

love



Hello ma'am, I just wanted to take a moment to express my sincere gratitude for all that you do. Your support & dedication have made a significant impact on Harika's and she loves coming to school. We are truly thankful for the positive environment you've created and the care you've shown.

love



Just wanted to share a quick note of appreciation after today's PTM. Dheera Ma'am has played such a special role in our family's journey – first as Romir's teacher last year and now as Rabani's class teacher. She has always been approachable, deeply loving, and brings out the best in our children.

love



Hello maaam shanaya has come in your class for only 4 days and trust me she is super happy and i am amazed to see your spectacular skill of handling shanaya after what she had gone through, also thanks alot for making her participate in the song where she is gaining back her confidence . This has happened because of your support . Thanks alot maam . I really appreciate your gesture for doing things for shanaya and accepted her in ur class ..we as parents are super happy... Thanks again .. anything for me anytime im just a call away.. All the best!!! 🙌❤️🙌

Also wanted to take a moment to thank Rajni Ma'am. Even though it's only been about a month since Rabani joined her class, she's already taken a liking to her – which, as parents, we always notice and value. It's never easy to form a quick connection with little ones, but Rajni Ma'am has made the transition feel very smooth and comforting. We're looking forward to seeing how the year unfolds under her care. It was lovely meeting her at the PTM today!





*“The best way to
make children good is to
make them happy.”*

—Oscar Wilde



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