

## LITTLE TASTE TESTERS

**ACTIVITY: Tasting Activity: Exploring Water and Flavors**

**DATE: 6 August 2025**

**CONDUCTED BY: Pre School A**

Our curious little learners from **Pre-School A** had an exciting day exploring the magic of **flavours** through a fun and hands-on **tasting activity**. The focus was on understanding that **plain water**, though essential to life, is naturally **tasteless**—but can change its taste when different ingredients are added!

The children eagerly tasted **sweet water** with sugar, **salty water** with salt, and **sour water** with lemon juice. Their expressions ranged from surprise to delight as they discovered how one clear liquid could taste so different based on what was mixed into it.

This sensory activity not only introduced the concept of **flavours**—sweet, salty, and sour—but also helped them build vocabulary, develop observation skills, and understand cause and effect in a fun and interactive way.

The activity was a perfect blend of **learning through experience**, and it left the children excited to share their discoveries at home.

