| TIME TABLE (KINDERGARTEN) | | | | | | | | |
|---------------------------|---------------------------------|----------------------------------|--|--|----------------------------|---|--|---|
| THEME: RAINY SEASON | | | | | | | | |
| DAYS | 8:00am- 8:10am | 8:10am- 8:40am | 8:40am-9:10am | 9:10am-9:55am | 9:55a m- 10:35a m | 10:35am-11:05am | 11:05am-11:35am | 11:35am-12:00 noon |
| | Domains> | Positive Habits | Language & Literacy Development | Numeracy | L | Physical Development | Aesthetic Development | Socio-Emotional Development |
| MONDAY (28.7.25) | Free-Play (Settling Time) | s Checkup Prayer & Group Singing | LEARNING KASHMIRI GREETING Students will learn a few greetings of Kashmir 1. Hello: नमस्ते (Namaste) - 'Assalamu alaikum' in Kashmiri 2. Good morning:'Sabar karukh' in Kashmiri language. INTRODUCTION To introduce letter 'g', the teacher will encourage the students to name things that start with sound of 'g' i.e 'ग', then she will tell them that gum boots that we wear during rainy season starts with letter 'g'. She will also name other objects that starts with 'g' like grasshopper, grass, gorilla, glass, gift, grandparents. ACTIVITY: "G" Hunt with Toys Materials: Basket of small toys or classroom objects. Activity: Teacher will put different things in a box and will ask children to find out items that begin with g like goat, grapes (plastic or pic), gorilla, guitar (toy), gift, etc. Then, she will ask | corner on the school ground. As there will be significant amount of water in the jars, teacher will show those jars to children and ask them 'Which jar has more/less rain'? | U N C H B R E A K | RAINY DAY AEROBICS SEASON The teacher will organize aerobics sessions with moves inspired by the monsoon (e.g., splashing movements for rain, jumping over puddles), and will encourage kids to get moving with energetic exercises like jogging in place, jumping jacks, and dancing to rain-themed music. | (Tissue paper umbrella) The students will be given a worksheet where they have to colour and decorate the umbrella. Materials Needed: | quietly, close their eyes, and take deep breaths. Goal: The students will learn calm-down techniques and body |

| | them to sort the objects and keep them in a different basket. (Say each word aloud emphasizing the /g/ sound) | | | ACTIVITIES: 1. My Mini Garden Tray Objective: The teacher will give children a hands-on feel for gardening. Materials: Seedlings, small tray with soil, stones, etc. How to Do: Each child will make a | |
|--------------------------------|--|--------------------------------|---|--|---------------------------|
| | | | | mini garden tray with plants, pebbles, labels. They will observe it daily and water it. | |
| | | | | 2.Trash or Treasure Sorting Game Objective: The teacher will make students understand the difference between waste and reusable items. Materials Needed: | |
| | | | | Real or toy items (paper, banana peel, plastic bottle, toy parts, cloth, wrappers, etc.) Two baskets labeled: | |
| Free-Play Welcome | (REVISION OF KASHMIRI GREETING | WORKSHEET Students will in the | SHIKARA BOAT RACE | Trash and Treasure | MAKE A MINI |
| (Settling Cleanlines s Checkup | Students will learn a few greetings of Kashmir | dots(1-17)to complete | The Shikara boat race is a fun and engaging | | "JAMMU VILLAGE MARKET" |

| TUESDAY (29.7.25) | Time) | Prayer & Group Singing | 1. Hello: नमस्ते (Namaste) - 'Assalamu alaikum' in Kashmiri 2. Good morning:'Sabar karukh' in Kashmiri language. | the picture of the famous apple of J& K and then colour it. |
|----------------------|--------------------|------------------------------|---|---|
| | | | Discussion On: Food we eat during 'Rainy Season' | |
| | | | *Which is your favorite favourite activity during rainy season? *Name the foods that you enjoy in the rainy season. | e gus |
| | 74.5% | | Introduction of व्यंजन | |
| | 6 | | ' 11' | |
| | | | Students will learn to recognize and explore words | |
| | | V E | that begin with vyanjan 'भ':भेड़,भालू,भुट्टा | |
| | | | | |
| | Free-Play | Welcome | LEARNING SHORT SENTENCES IN KASHMIRI LANGUAGE | NUMBER NAME STORY TALK |
| WEDNESDAY | | Cleanliness | 1. How are you?: "Khyay chus tsi?" (ख्याय चुस तसी) | One Apple, Two Friends |
| (30.7.25) | (Settling Time) | Checkup | 2. I'm fine: "Barak chus kon" (बरक चुस कों) | One day, a little boy named Avi found one |
| | | Prayer & Group Singing | 3. What's your name?: "Tsi chu su naam?" (तसी चू सु नाम) | red apple under a tree. He picked it up and said, |
| | | | Discussion On: 'Festivals that fall during Rainy Season' | "O-N-E, one apple! Just for me!" |
| | | | *Talk about Teej, Raksha Bandhan, Independence Day, Janmashtami etc. *Which is your favourite festival? | Just then, his friend Meera came by. |
| | | | * What you do during that festival? | Avi looked at the |

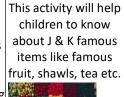
physical activity where students will mimic the movements of famous Dal lake Shikara boat. The students will be divided into 6 teams of 6 students. Starting from a designated line, each student each will began the race and will row the boat towards the finish line.



TRADITIONAL HEADGEAR OF JAMMU make a mini village in - DOGRA TOPI

/Introduce children to a key cultural symbol of the Dogra community in Jammu)

The students will draw dogra topi by making different patterns and colour it. It is a famous wear of J & K that protects the people from cool breeze during winters.



The teacher will

the class. She will

make stalls of shawls.

fruits, dry

fruits, vegetables etc.

Then, the students

will act as buyers and

sellers.



JADUI PITARA

The teacher will put different J& K objects in a jadui pitara and call each child to pick one out. The child will then imitate or tell about the object. For instance, if a child picks a picture of Kashmiri kangri, they might say, "The heater keeps me hot during winters" etc.



The teacher will divide students into teams and will have them rhyme a relay through a course while carrying small baskets of fruits commonly found in J&K, like apples or apricots. The students will sort and collect fruits that are famous in J & K and will complete the race by reaching to the finishing point.

apple, then at Meera, and said,

KASHMIRI FRUIT RELAY

MY FRIEND WEARS A SMILE (MIRROR DRAWING)

Materials: A4 sheet, crayons, smiley stickers. Each child will draw a smiling picture of her/his friend. The teacher will write on each sheet: "This is my friend ___ (name) because he/she makes me smile!"



| DISCUSSION ON 'FRIENDSHIP DAY' The teacher will lead a discussion on Friendship Day, exploring its significance and encouraging students to reflect on the role of friends in their lives. e.g., 1. Who is your true friend in the class? 2. What all activities we do with friends? | "If I eat this one apple, Meera will be sad." So Avi had a great idea! He went to the fruit basket near the tree and found another apple! He smiled and said, "Now I have T-W-O, two apples — one for me and one for Meera!" The two friends sat down and enjoyed their apples together. They laughed, shared, and learned: ** "O-N-E, one apple is not enough to share." ** "T-W-O, two apples make two friends happy!" INGTRODUCTION OF NUMBER NAMES 1 & 2 After the number story session, the teacher will instruct them to practice it in the notebook. COUNT WITH A-H | RAINDROP YOGA | FRIENDS | RAIN WATER |
|--|--|-------------------------------------|---------|-------------------------|
| rer & FAMILY TERMS bup Students will learn Kashmiri family | In this engaging and exploratory | Students will participate in a yoga | COLLAGE | HARVESTING Teacher will |

| (31.7.25) | Time) | Cleanlines | 1. Father: "Mole" (मोल) | numeracy activity, | session which will | The teacher will make | introduce students |
|---|-----------|------------|---|---------------------------------|-------------------------|--|-------------------------|
| | | s Checkup | 2. Mother: "Mal" (माल) | teacher will | invite them to imagine | a class collage of J & | to the concept of |
| | | | 3. Brother: "Bruh" (ब्रुह) or "Bhai" (भाई) | transform the | themselves as a part of | K. the students will be | rainwater |
| | | Prayer & | 4. Sister: "Bahan" (बहन) or "Suru" isn't | classroom into a | a rainy day scene— | given a white chart | harvesting as a |
| | | Group | common "Bahan" is used more | fun-filled discovery | while stretching like | paper with an outline | simple yet impactfu |
| | | Singing | 5. Grandfather: "Nana" (नाना) or "Bab" | zone where little | clouds, dripping like | of J& k on Map. Then, | way to care for the |
| | | | (ৰাৰ) | learners will | raindrops, and jumping | the students will | Earth. Using real-life |
| | | | 6. Grandmother: "Nani" (नानी) or "Dadi" | become 'a-h | over puddles! They will | paste cut-out pictures | examples and |
| | | | (दादी) | detectives'(small/ | perform different yoga | of J&K's famous | simple |
| | | | | capital letters). | poses like - | landmarks, food, or | demonstrations, like |
| | | | REVISION OF LETTERS | Cutouts of big letter | ™Cloud Pose | cultural symbols and | collecting rainwater |
| | | | (a-h) | (a-h) will be hidden | Raindrop Pose | will create a collage. | in a barrel or |
| | | | Students will revise letters (a-h) and do sequence writing in their | around, in the | - | | container to water |
| | | | notebook. | room. Students will | T Umbrella Stretch | | plants, creating a |
| | | | notebook. | be given a number | Seriog Jump | | garden that collects |
| | | | | card, and their | Rainbow Reach | | and filters |
| | | | | mission will be to | | | rainwater, using |
| | | | | search the room | | Jammu Kashmir | collected rainwater |
| | | | | and find the | | Total Control | to water plants in |
| | | | | flashcard and match | | | the classroom |
| | | | | the number they've | | number of the second se | or school garden |
| | | | | been given with it. | | | etc., will help them |
| | | | | | | | grasp how collecting |
| | | | | | | | rainwater reduces |
| | | | | | | | water wastage, |
| | | | | | | | replenishes |
| | | | | | | | groundwater, and |
| | | | | | | | supports eco- |
| | | | | | | | friendly practices. |
| | | | DECADIT: 11 ATION | CEE AND COURT | DACCING THE DADGE | TRADITIONAL LARGE | CTODIEC OF DIG! |
| | Free-Play | Welcome | RECAPITULATION OF | SEE AND COUNT (PICTURE READING) | PASSING THE PARCEL | TRADITIONAL JAMMU & KASHMIR DANCE | STORIES OF RICH |
| | (Settling | Cleanlines | KASHMIRI | The teacher will show | Children will sit in a | The teacher will make | HERITAGE AND |
| FRIDAY | Time) | s Checkup | FAMILY TERMS | students a picture of | circle and take turns | the whole class practice | CULTURE OF J & K |
| (1.8.25) | | Prayer & | & GREETING | rainy day relating it | | a few folk dance forms | Students will listen to |
| , ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | Group | Students will revise family terms and | with real-life | various objects. When | of J & K. | the richness of J&K |
| | | Singing | greetings: | scenario. | the music stops or the | Here are some | and the love their |
| | | | 1. Father: "Mole" (मोल) | Then, she will ask | teacher signals, the | traditional folk dances | people have. The |
| | | | 2. Mother: "Mal" (माल) | questions: | child holding the | of Jammu and Kashmir: | teacher will also tell |
| | | | 3. Brother: "Bruh" (ब्रुह) or "Bhai" (भाई) | - "How many | object will identify it | 1. Rouf | the historical story of |
| | | | | umbrellas do you | and say a few words | - A traditional folk | J & K through story |

- 4. Sister: "Bahan" (बहन) or "Suru" isn't common "Bahan" is used more
- 5. Grandfather: "Nana" (নানা) or "Bab" (ৰাৰ)
- 6. Grandmother: "Nani" (नानी) or "Dadi' (दादी)

GREETINGS

- 1. Hello: नमस्ते (Namaste) –'Assalamu alaikum'
- 2. Good morning: सुप्रभात (Suprabhat) 'Sabar karukh'.

RECAPITULATION 'Rainy Season'

*Which is your favorite rainy season activity?

*Name the foods that you enjoy in the rainy season.

*What are the games you play in water?

*What do you like to draw or paint that reminds you of rain?

Introduction of Vyanjan

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Students will learn to recognize and explore words 'फ'

फल (fruit), फालसा,फूल (flower), फावड़ा (shovel), फैन (fan), फिल्म (film), फर्नीचर (furniture), फव्वारा (fountain), फर्श (floor), फाइल (file), और फरिश्ता (angel)

ACTIVITY: Students will be given purple chart paper and teacher will instruct them to make small balls like फालसा and paste them inside a basket that they all draw in their scrap files. (They will then decorate the basket by colouring them).

see?"

 What you all see in the sky during rain?
 Count the umbrellas, puddles, butterfly etc.

A RAINY DA



about it—such as its name, color, shape, or use. This activity promotes vocabulary development, observation skills, turn-taking, and confidence in speaking

dance performed by Kashmiri women.

 Characterized by graceful movements and rhythmic clapping

2. Dumhal

- A traditional dance performed by the Wattal tribe in Jammu and Kashmir.
- Characterized by energetic movements and traditional attire.

narration.

