ITL PUBLIC SCHOOL



Daily Plan-Class I



Friday 1.8.25 New Word among- in the middle of Morning affirmation I love myself I am proud of myself I am a good friend I am enough I am special I am capable I can do hard things		Day and							
1.8.25 New Word among- in the middle of Morning affirmation I love myself I am proud of myself I am a good friend I am enough I am special I am capable									
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I love myself I am proud of myself I am a good friend I am enough I am special I am capable									
I love myself I am proud of myself I am a good friend I am enough I am special I am capable									
I am proud of myself/ I am a good friend I am enough I am special I am capable	Morning affirmation								
I am a good friend I am enough I am special I am capable	I love myself								
I am enough I am special I am capable	I am proud of myself								
l am special l am capable									
I am capable									
I can do hard things									
	I can do hard things								
I believe in myself	I believe in myself								
I am patient									
I am loved									
I am creative									
ol am strong									
<u>English</u>									
Unit – Food									
Reading of the poem- Fruits for all									
Do pages 86 and 87 of the Mridang textbook									
General awareness	General awareness								
Topic – Food									
Q. Write two example each of:									
1. Body building food,									

2	2. Prote	ctive f	food				-			
3	3. Energy giving food,									
4	4. Non vegetarian food,									
						<u>Hindi</u>				
<u>v</u>	उकी मात्रा	शब्द								
Ų	<u> य</u> ुल	गुड़	पुत्र	खुश	सुबह	दुम				
<u> </u>	बुलबुल	धनुष	मधुर	पशु	मुकुट	लघु				
7	वतुर	कुमकुम								

Note- Revise for Computer assignment-1 to be held on Monday, (4/8/25)