



Daily Plan-Class I

<u>Day and Date</u>	<u>Concept/Topic/Activity</u>
<u>Wednesday</u> <u>30.07.25</u>	<u>HOME ROOM PERIOD</u> <u>New Word</u> curious – eager to learn or know something <u>Morning Affirmations</u> I am strong I am smart I am kind I am brave I am smart I am a good listener I can do hard things
	<u>Maths</u> <u>Number Names 41-50</u> Number names 41-50 in notebook. Practice assignment -Do pg. 43 of Mental Math book.
	<u>English</u> <u>Chapter- Greetings</u> Do pages (picture talk) 17 & 18 of the Mridang workbook. Practice assignment - Do page 16 of the Mridang workbook.
	<u>General Awareness</u> <u>Topic- Food</u> Word Bank (Notebook) 1 health 7. outdoor 2 wealth 8. active 3 diseases 9. hygiene 4. posture 10. routine 5. straight 11. twice 6. exercise 12. sneezing



AFFIRMATIONS

I am Strong

I am Smart

I am Brave

I am Kind

I am a Good Listener

I Can Do Hard Things

I Try New Things

I am Creative

I am a Good Friend

I Ask For Help When I Need It

I Love Learning

I am in Control of My Body

I am in Control of My Mind

I Think Positive Thoughts

I Can Do Anything I Put My Mind To

I am Loved