




TIME TABLE (NURSERY)

THEME: RAINY SEASON (JAMMU & KASHMIR)

DAYS	8:00am-8:10am	8:10am-8:40am	8:40am-9:10am	9:10am-9:55am	9:55am - 10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00 noon
	Domains	Positive Habits	Language & Literacy Development	Numeracy Development	F R U I T A N D L U N C H B R E A K	Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (21.7.25)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	RIDDLES : I fall from the sky, drip-drop sound, I make the flowers bloom all around. You open your umbrella when I come down— What am I? <u>* Rain</u> You hold me up when skies turn grey, I keep the raindrops far away. I come in colors—red, blue, or black— Open me wide and rain rolls back! <u>* Umbrella</u> I go on your feet when it's wet, So your socks don't get upset! I'm rubbery and fun to wear,	INTRODUCTION OF "V" Teacher will bring a magical "Jadui Pitara" filled with fun letter V items or flashcards like van, vest, vegetables, and violin, volume, vanilla ice cream, volcano etc . Each child will pick one object/ flashcard, say its name, how it's used and share a fun fact. Then, they'll play a pairing game by matching big and small objects. This exciting activity builds vocabulary, seasonal awareness, and early math skills in a playful way!		YOGA SESSION Students will perform a simple breathing exercise. 1.)Rainbow Pose (Side Stretch / Standing Crescent) 2.)Umbrella Pose (Mountain Pose with Arms Wide) 3.) Frog Pose (Malasana - Squat Pose) 4.)Butterfly Pose 5.) Snail Pose (Child's Pose)	SKILL INDIA DAY-1 GLASS MIRROR DECOR  Students will make 'Glass Mirror Décors' on round MDF boards and will beautify it with paints & small mirrors, to hang them on their walls.	RHYME SESSION "Kashmir, So Bright and Fair" Kashmir is a land of snow and light, With gardens blooming, a lovely sight. Mountains tall and rivers that sing, What a joy this place does bring! Shikaras float on Dal so wide, With flowers dancing side by side. Apples red and skies so blue— Kashmir is magic, pure and true!
								

Splash in puddles—if
you dare!

*** Rain Boots /**
Gumboot

You'll see me flash
when clouds are near,
A zig-zag light that can
cause fear!

I light the sky with a
sudden spark,
Then comes thunder—
loud and dark!




*** Lightning**






I come out after the
rain is done,
With seven colors
under the sun.
I curve up high for all
to see,
A magical bow just for
me!

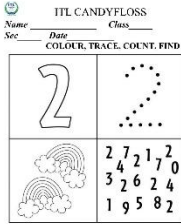




*** Rainbow**

I'm soft and grey, float
in the sky,
Sometimes I cover the
sun up high.
When I get full, I start
to rain—
Guess who I am again
and again?

*** Cloud**

TUESDAY (22.7.25)	Free-Play (Settling Time)	Welcome	SELF-CARE TIPS DURING THE RAINY SEASON	SHAPE A LETTER, COUNT IT BETTER!		RAINY RUSH	SKILL INDIA DAY-2	STORY
		Cleanliness Checkup	Teacher will share tips forself-care during rainy season. The tips are as follows: *Use rain coat & umbrella when you go out. *Keep a safe distance from sick people. *Always bathe with antiseptic soap. *Always apply a mosquito repellent cream. *Wear long sleeved shirts & full-length bottom.	Children will use ice cream sticks to form the letters E, F, H, I, L, T, and V, reinforcing their alphabet recognition through hands-on play. Each letter will be built by arranging the sticks, encouraging fine motor skills. After forming a letter, children will count the number of sticks used and match it to the correct number card, building basic numeracy.		Children will stand in a straight line, each holding a colorful umbrella. When the teacher will say, “Rain! Rain! Go!”, the child at the front will run a short distance (to a marked spot) while holding the umbrella, and then will run back, passing the umbrella to the next child in line.	FRIDGE MAGNETS 	Meena was a little girl who lived in a beautiful place called Kashmir. Her house was near big mountains, green gardens, and sparkling rivers.
		Prayer & Group Singing	REVISION OF LETTER ‘V’ 			Students will mould the fevicryl clay into different shapes and will paint it with their favourite colours. In this way, they will make their creative fridge magnets to showcase it on their fridge.	Every morning, Meena wore a colorful phiran (a warm Kashmiri dress) and helped her grandma. Grandma made Pashmina shawls that were soft like clouds. Meena loved to touch the wool and watch the pretty patterns. One day, Meena visited the market with her papa. She saw people selling paper mâché boxes, carpets, and wooden toys. Everything was full of colors and flowers! She also saw a man making Kangri—a little fire pot people use to keep warm in winter. Meena smiled and said, “Wow! Our Kashmir is full of magic!” At night, Meena sipped warm Kahwa tea with almonds and listened to her mother sing a sweet Kashmiri song. Meena felt happy and proud. She said, “Kashmir is not just beautiful outside, but also full of love and art inside!”	

							
WEDNESDAY (23.7.25)	Free-Play	Welcome	MINI QUIZ: LET'S LEARN ABOUT KASHMIR!	INTRODUCTION OF NO 2	MIRROR-MIRROR	SKILL INDIA DAY-3	DANCE
	(Settling Time)	Cleanliness Check Up Prayer & Group Singing	<p>1.) What do people ride on the lake? - Shikara or Car? * Answer: Shikara</p> <p>2.) Which flower grows in the Garden? - Tulip or Rose? * Answer: Tulip</p> <p>3.) Which fruit is famous in Kashmir? - Apple or Banana? * Answer: Apple</p> <p>5.) Can we see snow in Kashmir? - Yes or No? * Answer: Yes</p> <p>6.) Do sheep live in Kashmir? - Yes or No? * Answer: Yes</p>	<p>PEGGY THE PLATE'S NUMBER GAME!</p> <p>Children will clip colorful pegs around a paper plate. The teacher will ask them to remove 2 pegs and count how many are left. Children can also sort pegs by color, match the number of pegs to numbers written on the plate, or create coloured patterns. This playful task builds counting skills, early math concepts, and fine motor coordination—all while keeping little hands busy and minds engaged!</p> 	<p>Children will face the teacher and copy simple movements like reaching up, touching the ground, rotating like the sun, and stretching to the sky, jumping on muddy peddel, dancing in rain. Later, they will repeat the activity in pairs, taking turns to lead and follow.</p> 	<p>BASKET OF DELIGHT- BASKET WITH ICE-CREAM STICKS</p>  <p>Students will make a basket for the storage sticking the popsicles in the symmetry outside an empty box and will add a decorative handle to it. They will then decorate the basket with mirrors, beads, buttons, artificial flowers etc.</p>	<p>Children will dance onto the folk music of Jammu and Kashmir</p> <p>https://youtu.be/e2WjEDkRldc?si=D_rWdPldU3wVS9Zb</p> 

THURSDAY (24.7.25)	Free-Play (Settling Time)	Welcome Cleanliness Check Up Prayer & Group Singing	DISCUSSION ON FESTIVALS, WHICH FALLS DURING RAINY SEASON. Students will be shown pictures of festivals that falls during the rainy season like Independence Day, Raksha Bandhan, Janmashtami, Teej Rath Yatra, Eid-ul-Adha (Bakrid) etc. Teacher will then have a brief discussion about it.	REVISION OF NO-2 WORKSHEET  TERRIFIC TWOS ON ME! Let's count what comes in twos on our body—2 eyes to see, 2 ears to hear, 2 hands to clap, and 2 feet to run! We also have 2 shoulders to shrug and 2 nostrils to smell—let's point and count them all with a giggle and a cheer! 		'JAMUN BALANCING GAME' Students will balance a jamun on a spoon and walk towards the finishing line. 	SKILL INDIA DAY -4 Artistic Bottles -Bottle Art  Students will paint the glass bottles and make different designs on them. They will then be taught how they can reuse these painted bottles putting flowers and artificial decoatives items into them and using them as home decors.	TULIP GARDEN OF KINDNESS The "Tulip Garden of Kindness" is a joyful classroom activity that encourages students to practice and recognize acts of kindness. Inspired by the famous tulip gardens of Kashmir, children receive a colorful paper tulip each time they help a friend, share, or show gratitude. These tulips are then added to a classroom wall display, creating a blooming garden filled with kind deeds. At the end of the week, the class gathers to reflect on the tulips and celebrate their growing "Garden of Goodness." This activity nurtures empathy, promotes positive behavior, and builds a warm, caring classroom community. 
FRIDAY (25.7.25)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group	BRAVE HEART TALK Teachers will discuss and ask students following questions: "Students, do you know who keeps us	PICTURE PUZZLE In 'Spot the Difference' activity, students will look at two similar pictures and find three (3) differences. They will use		"MOVE & MATCH – THE MAGIC NUMBER GAME!" Children will begin by standing in a big circle. As cheerful music plays,	SKILL INDIA DAY -5 Coaster Crafting – Jute Coaster	KARGIL DIWAS (VEER GATHA COMPETITION) To honor the bravery of our soldiers on Kargil Diwas, students will recite Veer

