





ITL PUBLIC SCHOOL

Daily Plan-Class I

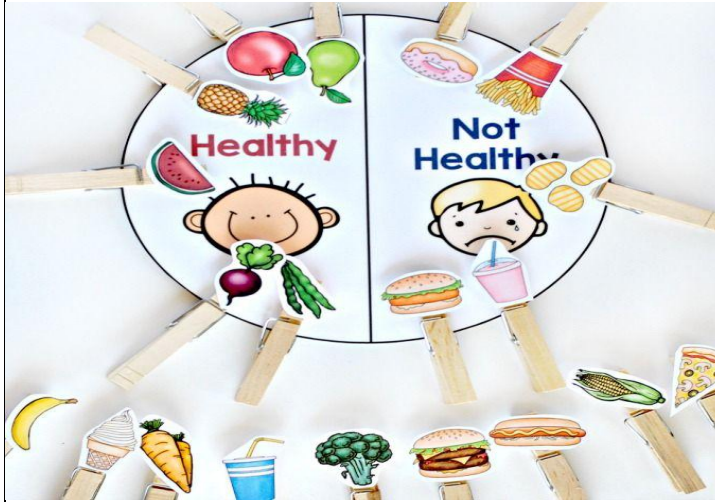


Day and Date	Concept/Topic/Activity
<u>Friday</u> <u>25.7.25</u>	<u>Home room period</u> <u>New Word</u> along- in company with <u>Morning affirmation</u> <div style="text-align: center;">  <p> I love myself I am proud of myself I am a good friend I am enough I am special I am capable I can do hard things I believe in myself I am patient I am loved I am creative I am strong </p>  </div>
	<u>Hindi</u> <u>श्रुतलेख</u>
	<u>English</u> Unit – My family Do page no. 30 ,34, 35 of the Mridang textbook

General awareness

Topic –Food

Activity and Introduction of balanced diet



Write any 3 healthy eating habits in notebook.

Note- Revise for Hindi assignment-1 to be held on Monday, (28/7/25)