

Inner Beam

2023-2024



J M INTERNATIONAL SCHOOL



JMIS GAZETTE- (2023-2024)

BRIEF DISSEMINATION OF KNOWLEDGE

HIGHLIGHTS OF THIS ISSUE

- **FROM THE CHAIRMAN'S DESK**
- **VICE CHAIRMAN'S NOTE**
- **FROM THE PRINCIPAL'S DESK**
- **EDITOR'S CORNER**
- **STUDENTS' PERFORMANCE AT A GLANCE**
- **SCHOOL IN MEDIA**
- **AWARDS & ACHIEVEMENTS**
- **SPORTS HIGHLIGHTS**
- **WORKSHOPS & CONFERENCES**
- **EVENT-PEDIA**
- **ACTIVITIES & ASSEMBLIES**
- **GLOBAL EXCHANGE PROGRAMME**
- **STUDENTS' DRAWER**

FROM THE CHAIRMAN'S DESK:

Dear Readers,

A Journey Towards Excellence!

As Chairman, it is with great pride that I share with you the progress we are making together. We are living in times of immense change and unprecedented opportunities, and our collective journey has been nothing short of remarkable. Each day brings new challenges, but with every challenge comes the potential for growth, innovation, and success.

Our commitment to excellence remains at the core of everything we do. Whether it's delivering world-class services, building cutting-edge products, or fostering a culture of collaboration and integrity, we continue to push boundaries and set new standards. The strength of our organization lies not only in our accomplishments but in the dedication, creativity, and passion of every individual involved.

At this pivotal moment, I encourage all of us to reflect on the values that guide us. Resilience, adaptability, and a relentless pursuit of progress will ensure that we remain at the forefront of our industry. Our shared vision is bold, and our aspirations are high, but I am confident that, together, we can achieve even greater heights. The road ahead is bright, and I look forward to the continued success we will build as one team. Let us move forward with unwavering determination, inspired by the possibilities of tomorrow and strengthened by the achievements of today.

Thank you for being an essential part of this journey. Together, we are shaping a future filled with promise and potential.

With warm regards

R B Gupta

Chairman



VICE CHAIRMAN'S NOTE

Dear Readers,

Embracing Growth and Innovation

As we turn the pages of this issue of 'Inner Beam' 2024, I am filled with immense joy for the incredible strides we have made together. Our journey has been marked by a steadfast commitment to growth, innovation, and excellence in every facet of our educational environment.



At JM International School, we believe in nurturing not just academic brilliance but also the holistic development of each student. This vision has been brought to life through our dynamic classroom engagement initiatives, pioneering programs, and a collective passion for excellence.

Our recent accolades and achievements, from being recognized among the Top Schools in Dwarka to receiving awards for our unique classroom strategies, are a testament to the hard work and dedication of our entire school community. These milestones reflect our unwavering pursuit of creating an enriching learning experience and fostering an environment where every student can thrive.

As we continue to embrace new challenges and opportunities, let us remain steadfast in our mission to inspire, educate, and empower ourselves. Together, we are shaping the future, one student at a time, and making a lasting impact on our community.

Thank you for your continued support and dedication. Here's to celebrating our achievements and looking forward to many more milestones ahead.

*Warm regards,
Yogesh Gupta
Vice Chairman*

FROM THE PRINCIPAL'S DESK

'Fostering Curiosity and Instilling a Passion for Learning'

Dear Readers,



As we explore the latest edition of 'Inner Beam' 2024, I am excited to reflect on our journey of fostering curiosity and instilling a lifelong love for learning within our school community. At JM International School, we believe that curiosity is the cornerstone of education, and nurturing this innate curiosity is essential for empowering our students to become innovative thinkers and passionate learners.

Our approach to education goes beyond traditional teaching methods. We are dedicated to creating an environment where students are encouraged to ask questions, seek answers, and explore new ideas with enthusiasm. By integrating innovative teaching practices and dynamic learning experiences, we strive to make education a journey of discovery and excitement. The achievements and accolades we celebrate in this issue are a testament to the vibrant and inquisitive spirit that defines our school. Whether through groundbreaking classroom initiatives or our commitment to holistic development, we are continuously working to inspire our students to embrace learning with curiosity and vigor.

We are shaping a future where learning is not just an obligation but a joyful and enriching experience.

*Warmest regards,
Dr. Amita Saxena
Principal*

EDITOR'S CORNER

Dear ever-evolving readers,

Welcome to this issue of 'Inner Beam' 2024, where we're not just turning pages, but flipping through a whirlwind of wit, wisdom, and wonderful classroom antics! As we dive into the latest stories and achievements from our vibrant school community, remember: learning doesn't have to be all work and no play.

In this special edition, we're celebrating the remarkable curiosity of our students—and, let's face it, their never-ending quest for answers to the most delightfully quirky questions. Who knew that asking "Why does the sun shine?" could lead to a deep discussion about solar energy and a few hilarious attempts at recreating sunspots in the science lab?

Our educators have mastered the art of blending humor with education, turning each lesson into an adventure that keeps our students engaged and excited. Because, as we all know, a good laugh often paves the way for a great learning experience.

So, as you read through these pages, let's embrace the joy of discovery and the fun of learning. Whether it's a witty classroom anecdote or a serious achievement, let's celebrate it all with the enthusiasm and humor it deserves.

Enjoy the read- a world where curiosity and fun go hand in hand!

Warmly,

Editorial Team



STUDENTS PERFORMANCE AT A GLANCE (GRADE X & XII RESULTS)

CONGRATULATIONS

SUPER ACHIEVERS OF GRADE XII (2023-24)

TOPPERS

COMMERCE STREAM

01

Saransh Jain
95.6%

02

Drishti Argal
93.8%

03

Vineet Gupta
91.4%

SCIENCE STREAM

01

Armaan Verma
93.4%

02

Vanshav Bhalla
92.6%

03

Ananya Sharma
89.2%

HUMANITIES STREAM

01

Shreya Shukla
93%

02

Gunjan Yadav
90%

03

Dishika Dahiya
87.8%

THE OTHER MERITORIOUS ACHIEVERS

SCIENCE STREAM


Lakshay Rawat
89%


Aditya Krishna
88.8%


Karm Solanki
88.2%


Nitya Suneja
88.2%


Tanishka Jangir
86.8%

COMMERCE & HUMANITIES STREAMS


Vishishti Sharma
90.6%


Kalash Suhag
88.8%


Shobhit Aggarwal
88.8%


Anushka Mehta
88.4%


Ananya Negi
86%

**HIGHLIGHTS: 100% RESULT,
197 TOTAL DISTINCTIONS**

100% STUDENTS SECURED ABOVE 60% IN ALL AGGREGATES.

90.7% STUDENTS SECURED ABOVE 70% IN ALL AGGREGATES.

61% STUDENTS SECURED ABOVE 80% IN ALL AGGREGATES.

14.8% STUDENTS SECURED ABOVE 90% IN ALL AGGREGATES.

CONGRATULATIONS

SUPER ACHIEVERS OF GRADE X (2023-24)

01



Aanya Srivastava

98%

02



Yeshwin Verma

97.4%

03



Tejaswi Nayan

96.4%

OTHER MERITORIOUS ACHIEVERS OF GRADE X



S Harshini

96%



Sanchit Kalra

94.4%



Simpi

94.4%



Aaditya Pandey

94%



Tejas Khandelwal

94%



Diya Sharma

93.8%



Neel Karan

93.8%



Vijayash Jain

92.8%



Raushita Singh Rajpoot

92.4%



Kartik Singh

92.4%



Hiten Kumar Naveen

91%



Aarush Singh

91%



Utkarsh Sharma

90.4%



Madhav Joshi

90.2%



Diksha

90%

**HIGHLIGHTS: 100% RESULT,
348 TOTAL DISTINCTIONS**

97.7% STUDENTS SECURED ABOVE 60% IN AGGREGATE.

85.2% STUDENTS SECURED ABOVE 70% IN AGGREGATE.

60.2% STUDENTS SECURED ABOVE 80% IN AGGREGATE.

20.5% STUDENTS SECURED ABOVE 90% IN AGGREGATE.

SCHOOL IN MEDIA

TIMES OF INDIA (MAY 15, 2023)

JM International School celebrates Anveshan and Environment Week

Students were encouraged to delve deeper into the realms of Science through discoveries, inventions, and innovations by doing hands-on experiments and also inspired to nurture nature.

Under the guidance and motivation of school principal Amita Saxena, various activities were conducted during the entire week. The main objective of celebrating the week was to develop the scientific spirit among the students and to encourage them to adopt scientific methods as a way of life. The school buzzed with the message that Science is a way of discovering what's in the universe and how those things work today.

Quizzes were conducted on one of the concurrent themes, 'Conserve Environment' to instill understanding among

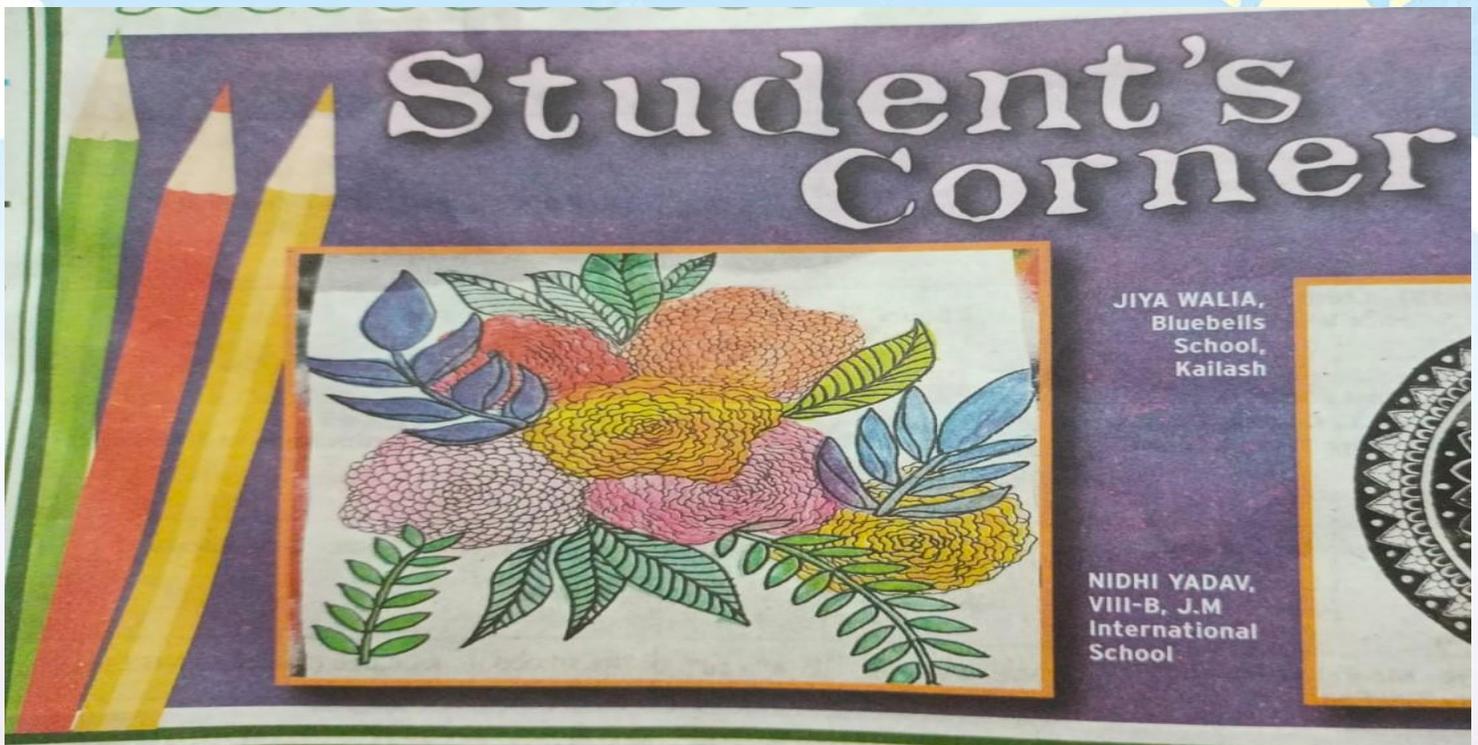
students to conserve Mother Nature and enhance reasoning and analytical skills.

The week-long celebration saw the enthusiastic participation of students in a wide range of activities such as Seed ball drive, Poster making on 3Rs, Alternative Sources of Energy,

Waste management and Sustainable Development goals, PPTs by students on contribution of eminent environmentalists to conserve nature, compost pit preparation and fun experiments of Science.

It was fascinating to observe young minds working together with great spirit and scientific temperament. The best performances in these activities, were given token of appreciation by the principal at the end of this exciting Science week.

TIMES OF INDIA (MAY 4, 2023)



DELHI TIMES (JUNE 24, 2023)

School Buzz		Aditya		97.40 (H)		Md Faraz Khan		96.60 (H)	
<p>Delhi Heritage School, Rohini organized Grand Singing Competition as part of the Cultural Fiesta under the aegis of 'Azaadi ka Amrit Mohotsav'. Each genre/category had exemplary participation with students queuing up for auditions and selection. The school wore a festive feel for the entire week as rehearsals and preparations were taken up in every nook and corner. The corridors gleamed with the artwork and creativity of the students. The day of the function continued the excitement and the judges had a real</p> <p>Delhi Heritage School, Rohini</p> <p>tough time as each participant mesmerized the audience with their rendition. The Chairman of the school, Sanjay Ahuja congratulated the students and faculty for putting up a great show. The Head of School Vibha Gupta praised the effort and the hard work put in by all stake holders in making the competition a roaring success.</p>	DAV Public School, Sahibabad, Ghaziabad		96.60 (S)		Happy Model School, Janakpuri		95.8 (S)		
	Granth Verma		96.60 (S)		Lakshay Malhotra		96.2 (C)		
	Kashish Kohli		95.60 (C)		Rashi Garg		97.2 (H)		
	Srashti Arora		97.60 (H)		Saloni Choudhary				
	Dehradun Public School, Govindpuram				Hillwoods Academy, Preet Vihar				
	Unnati Tyagi		96.00 (S)		Varun Jhunjunwala		97.75 (S)		
	Gunpreet Kaur		94.60 (C)		Arshpreet Kaur & Aryan Sharma		98.30 (C)		
	Kunal Chaudhary		95.80 (H)		Holy Cross School, Najafgarh				
	Delhi Public School, Hapur				Anshika Gahlot		95.8 (S)		
	Arjun Gautam		97.00 (S)		Mansi Aneja		97 (C)		
Vandita Goyal		97.60 (C)		Alex Kujur		91.40 (H)			
Pragya Gupta		97.40 (H)		Indira Ideal School, Janakpuri					
DLF Public School, Sahibabad				Divyam Kulshrestha		97.2 (S)			
Arnav Ranjan		96.40 (S)		Himanshu Solanki		93.8 (C)			
Sanya Taneja		96.40 (C)		Indirapuram Public School, Indirapuram					
Yash Dixit		97.40 (H)		Madhvendra Gautam		97.00 (S)			
DPSG International, Dasna				Cheruvu Sai Kartikeya		97.60 (C)			
Gopal Bansal, Anshika Gupta		95.00 (S)		Sabhyata Singh		97.00 (H)			
Soumika Agarwal		97.80 (C)		JKG International School, Vijay Nagar					
Aditri Narula		99.00 (H)		Mayank Kumar		96.00 (S)			
Greenfields Public School, Dilshad Garden				Vaishnavi		92.40 (C)			
Chirag Gaurav		98.80 (S)		Piyush Gwari		97.00 (H)			
Arpan Jain		94.60 (C)		JKG International School, Indirapuram					
Naina Sharma		96.60 (H)		Dhruv Goyal		97.40 (S)			
Gurukul, The School, Dasna				Manya Varshney		96.00 (C)			
Rachit Sharma		95.00 (S)		Vasushree Prasad		99.20 (H)			
Rishabh Arora		97.40 (C)		JM International School, Dwarka					
Shambhavi Singh		98.80 (H)		Aarnav Agarwal		96.6 (S)			
Gyan Bharati School, Saket				Aarnav Aggarwal		94.6 (C)			
Akshat Srivastava		98.40 (S)		Agrima Tiwari		91.2 (H)			
Vedika Agrawal		95.80 (C)		KDB Public School, Kavi Nagar					
Prisha Pachauri		96.60 (H)		Ishant Singh		94.80 (S)			
Hamdard Public School, Public School				Harshita Sahni		96.80 (C)			
Mohd Ammar Tanwir		94.80 (S)		Iqra Saifi		97.40 (H)			
Aamna S Qazi		93.60 (C)							
Ch Chhabildas Public School, Ghaziabad									
Sradha Shivangi		98.40 (S)							
Ishika Gupta		98.40 (C)							

Shining stars of CBSE XII

Note: Figures are in %
S: Science
C: Commerce
H: Humanities
V: Vocational

Ch Chhabildas Public School, Ghaziabad
 Sradha Shivangi 98.40 (S)
 Ishika Gupta 98.40 (C)

Hamdard Public School, Public School
 Mohd Ammar Tanwir 94.80 (S)
 Aamna S Qazi 93.60 (C)

KDB Public School, Kavi Nagar
 Ishant Singh 94.80 (S)
 Harshita Sahni 96.80 (C)
 Iqra Saifi 97.40 (H)

Incomparable views astounded me at Rajgir, Bihar

Rajgir, the place that I visited this vacation was no less than a dreamland. A beautiful city positioned in the Nalanda District in the state of Bihar, it entices the attention of the tourists from all over the globe. The place is enveloped by rocky hillocks and is placed in a valley.

I was excited to visit this place as I have heard about many folklores, tourist attraction like glass bridge, Shanti Stupa etc. The resort that I booked was near Satdhara & Bhram Kund. I enjoyed the Nature and Jungle Safari as it showcased the Wildlife Sanctuary, which provides incomparable views of the surrounding forest area and was the most interesting, as it was the first time



that I got a chance to see a lion and tiger so close, at a distance of half a meter. I also enjoyed the ropeway that gives access to the Buddhist relics and constructions of a bygone era on the hilltop, coupled with charming views, there's nothing more you can ask for!

GARVIT KUMAR, V (Aryabhata), J M International School, Dwarka

TIMES NIE (JULY 27, 2023)

Grooming young leaders for a great future



To refine the skills of good Leadership **JM International School, Dwarka** organised School Leadership Camp for classes VI-VIII. A number of activities were planned for students, during which their leadership skills were observed and shared with them. Students took part in all the activities

with great enthusiasm. They became proficient in creativity, decision-making, critical thinking, and communicative abilities by keeping their calm and strengthening their team spirits. All the activities nurtured them to be more independent, self-reliant and helped them to bond well with each other and their teachers.

TIMES NIE (AUGUST 1, 2023)

JM International organises annual Cyclothon event



JM International School, Dwarka organised and hosted its annual Cyclothon event for the year 2023 to generate greater environmental activism amongst students, teachers, parents, and the citizens of Dwarka. Ashish Sharma, "Foot Soldier of In-

dia", TedX speaker, and founder of the Duayen Foundation flagged off the event with the school principal, Dr Amita Saxena and motivated the youth. The local authorities were extremely supportive and planned for the students' safety and security throughout the ride.

TIMES NIE (AUGUST 24, 2023)

Investiture Ceremony

(PIC-BOX-JM-DWARKA-INVESTITURE) JM INTERNATIONAL SCHOOL, DWARKA: The school held its investiture ceremony. The event commenced with a motivational song by the school's choir group, Swaragini. School princi-



pal Dr Amita Saxena, guest of honor RK Sharma, renowned expert in the field of Physics, and director Yogesh Gupta addressed the trailblazers about the primary qualities of a noble leader and the importance of self-awareness. The newly elected prefectorial board were conferred upon with their posts. The ceremony concluded with a dance performance by Panache, the school dance group.

DIVYA DELHI (SEPTEMBER 24, 2023)

जे एम इंटरनेशनल स्कूल द्वारा ने किया "उमंग" थिएटर फेस्टिवल का आयोजन



दिव्य दिल्ली : दिल्ली में स्थित द्वारा के जे एम इंटरनेशनल स्कूल में "उमंग" थिएटर फेस्टिवल का आयोजन किया गया। इस कार्यक्रम को जे एम इंटरनेशनल स्कूल की प्राचार्य अमिता सक्सेना द्वारा आयोजित किया गया। इस कार्यक्रम की शुरुआत दीप प्रज्वलित करके की गई। इस अवसर पर कई मुख्य अतिथि के तौर पर एक्सपर्ट

कमिश्नर संजय जैन, वरिष्ठ पत्रकार एवं दिव्य दिल्ली न्यूज नेटवर्क के संपादक राजेश चौहान के साथ पत्रकार नीलिमा ठाकुर शामिल हुए। बच्चों के हुनर और प्रतिभा को निखारने में थिएटर फेस्टिवल का आयोजन किया गया। इस थिएटर फेस्टिवल में 6 से 12 साल के बच्चों ने हिस्सा लिया और विक्रम और बेताल की कहानों, डाम,



कर्मिंदी, कविता आदि का प्रदर्शन किया। इस मौके पर बड़ी संख्या में लोग मौजूद रहे और बच्चों का हौसला बढ़ाया। जे एम इंटरनेशनल स्कूल की प्राचार्य अमिता सक्सेना ने बताया की स्कूलों में आर्ट और कल्चर जैसे कार्यक्रम बच्चों में प्रोत्साहन का कार्य करते हैं।

Ready to take on the world

Offering All-Round Development : JMIS

JM International School believes that along with academics, co-curricular activities contribute equally to the overall growth and development of a child. Accordingly, the school plans its schedule of diverse activities woven into a holistic curriculum.

SHUBH-PRABHAT

Morning assembly is a perfect start to an action-packed day, wherein shloka, prayers, songs, and thoughts all add up to the spiritual quotient of each child. It is a vehicle to spread awareness about current social, national, and international issues.

PERFORMING ARTS AND VISUAL ARTS

In performing and visual arts, ideas, emotions, and experiences are expressed and there is a seamless integration of co-scholastic curriculum with academic subjects.

NAVRANG

Festivals and Celebrations

- UMANG (Children's Theatre Festival)
- SRIJAN (The Annual Project Day)
- PRAYAS (Junior School Sports Carnival)
- SPARDHA (Senior School Sports Day)
- ANVESHAN (Science Week)
- INQUEST (Maths Week)
- GURU-COOL (Teachers Day Celebrations)
- SHIKSHA (Self-Teaching Day)
- JASHNE-E-BACHPAN (Children's Day Celebration)
- UTSAV (Dussehra and Navratri Celebration)
- DEEPANJALI (Diwali Celebration)
- SWATANTRA (Independence Day

- Celebration)
- RHETORIA (Interschool Competitive Event)
- MUDDA (Interschool Debate)
- UDAAN (Graduation Day)

VIVIDH

Activity Clubs

There are several clubs to help the students explore their interests and develop their latent talents and leadership under expert guidance.

EDU-DRAMA

Theatre-in-Education

Through theatre-in-education, children develop awareness of their bodies, minds, and capabilities.



ties. From action songs and developing skills (juniors) moving on to improvisation and devising drama (seniors), theatre affirms a commitment to TIE.

SABHYATA

Life Skills & Value Education

JMIS has envisioned programmes such as life skill activities and workshops, school-cinema for life skills and VEK activities around value education.

NETRATVA

Leadership Training

JMIS attaches great importance to leadership skills in children and has devised many programmes, like Students' Executive Body. Classroom programmes also encourage the development of leadership skills through monitors/CRs. The primary classes also have monitors, rear guards, buddy system, young brigade etc.

TIMES NIE (NOVEMBER 21, 2023)

JM International School hosts the battle of wits and words

JM International School, Dwarka hosted the inter-school debate competition, 'MUDDA 23'. The debate competition brought together some of the bright young minds from various schools. The competition commenced with an opening address by school principal Dr Amita Saxena, who emphasised the importance of effective communication and the art of debate in shaping well-rounded individuals. The event featured senior category teams from multiple schools, engaging in heated debates on the topic, G20 India: A strategic masterstroke. Distinguished guests Seema Wahi Mukherjee & Sonia Duggal from the academic and debating community served as judges for the competition. The judges were impressed by the



depth of research, persuasiveness, and articulation displayed by the young debaters. The atmosphere was filled with anticipation as the results were announced and the winners of the Mudda 2023 received awards from the esteemed guests and the principal. The day concluded with a sense of accomplishment and camaraderie among the students, teachers, and guests.

DELHI TIMES (DECEMBER 18, 2023)

Students of **JM International School, Dwarka** performed brilliantly at the CBSE national skating championship. The young athlete, Kalash Suhag of class XII secured two silver medals in 300mtr ring and 500mtr ring, showcasing unparalleled



JM International School, Dwarka

pro prowess on the rink. The championship was held at Gurugram Global Heights School bringing together skating talents from schools across the country. Kalash from JM International demonstrated exceptional speed and agility throughout the competition.

TIMES NIE (DECEMBER 19, 2023)

JM International School conducts 'Aakashganga'

JM International School, Dwarka organised 'Aakashganga 2023' in which various Astronomy and Space activities for classes VI-X were held for students. Activities such as, making of the sun-dial, pin-wheel galaxy, layers of the atmosphere, a telescope with reading glasses, geoboards, phases of the moon with clay, nebula Jar, and timeline of Indian scientists were done. Quiz on NASA/ISRO, Night sky



painting, and rocket making were also executed. A mock parliament was conducted, where the discussion was held to launch a new Mars Mission.

TIMES NIE (FEBRUARY 24, 2024)

JM International students visits OLD AGE HOME

JM International School, Dwarka organised a visit for students to an old age home in Dwarka. The visit was planned so that students may express their gratitude towards the elderly people and fill their lonely lives with happiness. Classes VI-VIII students had the privilege to go for the visit. Students greeted them with flowers and presented melodious songs encouraging everyone to also join them in singing. The resident shared inspiring stories, poems,

shayari and also danced with the students. Our students truly turned out to be their sunshine and brought smiles to everyone's faces. It was a rewarding experience for both the residents and students. The joy and gratitude



expressed by the elderly residents highlighted the importance of companionship and the positive impact that such interactions can have on their well-being.

जे. एम. इंटरनेशनल स्कूल द्वारका में मनाया गया 75 वां गणतंत्र दिवस



कुछ नशा तिरंगे की आन का है, कुछ नशा मातृभूमि की शान का है। हम लहराएंगे हर जगह ये तिरंगा, नशा ये हिंदुस्तान की शान का है..... !!

हर वर्ष की तरह इस वर्ष भी 26 जनवरी, 2024 की शुभ सुबह हमारे विद्यालय 'जे. एम. इंटरनेशनल स्कूल' द्वारका ने विद्यालय परिसर में 75वाँ गणतंत्र दिवस मनाया। कार्यक्रम की शुरुआत स्कूल की प्रधानाचार्य डॉ. अमिता सक्सेना जी, माननीय अतिथि गण कैप्टन मोहित, जयप्रकाश नौटियाल (स्वर्ण पदक व पैराशूटिंग के द्रोणाचार्य पुरस्कार विजेता), श्री आर के शर्मा जी, व डायरेक्टर श्री योगेश गुप्ता व श्री रोहित गुप्ता द्वारा दीप प्रज्वलित कर की गई। उनके द्वारा ध्वजारोहण व राष्ट्रीय गान के बाद चारों सदनों के छात्र-छात्राओं ने विभिन्न सांस्कृतिक कार्य प्रस्तुत किए। जिसमें एक विद्यार्थी ने "मैं भारत का संविधान" विषय पर एक कविता सुनाते हुए दिल को छू लिया तो दूसरे विद्यार्थियों ने वाद्य यंत्र मंचन, गायन, नाटक, नृत्य प्रस्तुती आदि से कार्य में चार चालीगा दिए। कार्यक्रम में गणमान्य अतिथि महोदय ने देश की अस्मिता और अखंडता को बनाए रखने की प्रेरणा देते हुए अपने अनमोल वचनों से सभी को अभिभूत किया। कार्यक्रम के अंत में प्रधानाचार्य डॉ. अमिता सक्सेना जी ने विद्यार्थियों का उत्साह वर्धन करते हुए उन्हें देश की रक्षा व उसकी शान को बनाए रखने की शपथ ली। देश भक्ति के गीत व राष्ट्रगान के द्वारा कार्यक्रम का समापन किया गया।

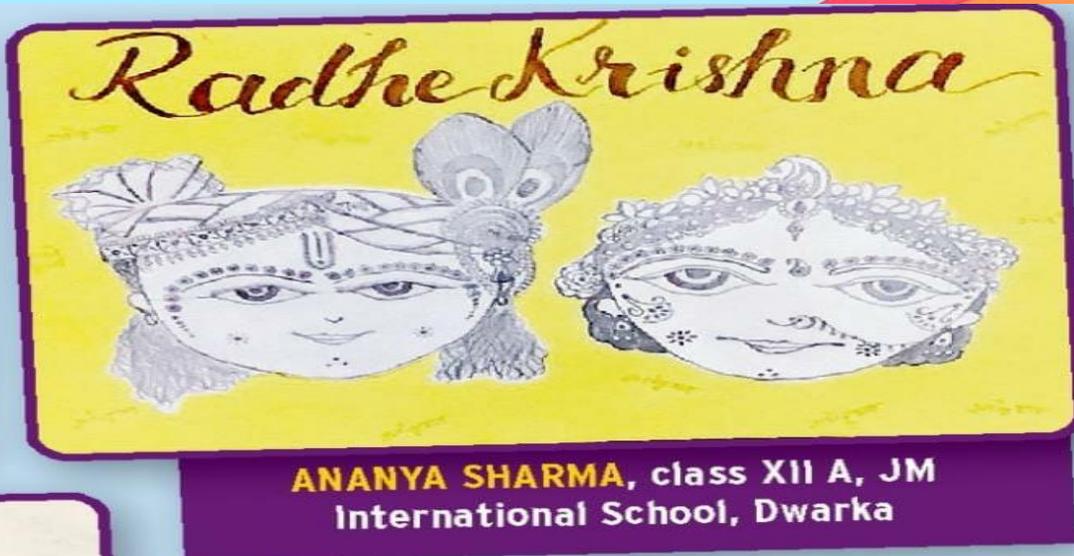
DELHI TIMES (FEBRUARY 13, 2024)

JM International School, Dwarka organised its annual junior sports day, 'Prayas'. The event started with the felicitation of the chief guests Narender Singh Saini, chief hockey coach at Sports Authority of Jharkhand, Ranchi and guest of honour Ravi Dutt, a renowned person-



ality in the field of Karate at national and international levels. School chairman R B Gupta and Mrs Gupta and directors were also felicitated by school Principal Dr Amita Saxena.

TIMES NIE (MARCH 15, 2024)



AWARDS AND ACHIEVEMENTS

SCHOOL AWARDS

JM INTERNATIONAL SCHOOL HONOURED AS ONE OF THE TOP SCHOOLS OF INDIA BY BRAINFEEED

The school was awarded the prestigious accolade by Brainfeed, recognizing it as one of the Top Schools of India. This esteemed award highlights the school's unwavering commitment to academic excellence, innovative teaching-learning methodologies, and holistic student development. The recognition celebrates the school's transformative efforts in creating a thriving learning environment and enhancing community engagement.



TOP RANKING IN TEACHER ADVANCEMENT AND WELL-BEING BY EDUCATION TODAY

The school was distinguished as the leading institution in the category of Teacher Advancement and Well-Being, according to the latest CBSE school parameters published by Education Today. This prestigious ranking underscores the school's exceptional efforts in promoting professional growth and well-being among its educators, reflecting a commitment to fostering a supportive and enriching work environment.



Education Today®
Presents

INDIA SCHOOL MERIT AWARDS
REWARDING EXCELLENCE IN EDUCATION
2023-24

Congratulations!

JM International School
Sector 6, Dwarka, New Delhi
Ranked No.1 in Teachers Advancement & Well-Being
INDIA'S TOP CBSE SCHOOLS-PARAMETER WISE

www.educationtoday.co

THE SCHOOL SECURED A PLACE IN TOP 5 RANKING LEADERS CATEGORY BY TIMES OF INDIA

Once again, we secured a prestigious spot among the Top 5 Schools in Dwarka in the LEADERS Category, as recognized in the Times of India 2023 survey. This accolade reaffirms the school's outstanding leadership and excellence in educational practices, highlighting its continued impact and prominence in the academic community.



J M International School

Dwarka Delhi

MAKING A DIFFERENCE !!!

JMIS IN TOP 10 SCHOOLS FOR 7 YEARS IN A ROW

Times School Survey 2023
has ranked JMIS, Dwarka in
TOP 10 LEADING SCHOOLS
of Dwarka



THE TIMES OF INDIA

DWARKA LEADERS

1	Indraprastha International School, Sector 10
1	Venkateshwar International School, Sector 10
2	Bal Bharti Public School, Sector 12
2	Bal Bhavan International School, Sector 12
3	Sri Venkateshwar International School, Sector 18
4	The Indian Height School, Sector 23
5	Vandana International School, Sector 10
5	J M International School, Sector 6
6	St. Thomas' School, Sector 19
7	M L Khanna Public School, Sector 6
8	Dwarka International School, Sector 12

Dwarka, Delhi

HONoured FOR INNOVATIVE CLASSROOM ENGAGEMENT BY EDUCATION TODAY

Education Today awarded the school for its outstanding "Unique Classroom Engagement Initiatives." This prestigious recognition celebrates the school's innovative approaches to enhancing student interaction and learning experiences within the classroom, reflecting its commitment to fostering an engaging and dynamic educational environment.



PRINCIPAL AWARDS

PRESTIGIOUS TOP SCHOOL EDUCATOR AWARD FOR HOLISTIC EXCELLENCE

"The Top School Educator Award," was a prestigious recognition of her outstanding contributions to holistic teaching practices. This accolade celebrates her exceptional commitment to fostering an all-encompassing educational environment that nurtures both the academic and personal development of students. Dr. Saxena's innovative approaches and unwavering dedication to excellence in education have significantly impacted the school's success and the growth of its students.



EEC AWARD BY MASTERS UNION

She was honoured with the EEC Award for being among the Top 100 Principals. This prestigious award recognized her consistent efforts and innovative approach in nurturing young learners and equipping them with essential life skills. Her dedication to education and leadership has been pivotal in shaping the students' futures, and this award celebrates her exceptional contributions to the field.



SUSTAINABILITY SUPERSTAR AWARD BY GOSHARPENER

Dr. Amita Saxena, Principal, was honoured with the Sustainability Superstar Award by GoSharpener, a platform dedicated to advancing sustainable development goals among school students. The prestigious award ceremony took place at the Chinmay Auditorium, Lodi Road, and was attended by over 100 prominent school principals, teacher coordinators, and students engaged in sustainable development and environmental protection initiatives.



HONoured AS "PRINCIPAL OF THE YEAR 2024" IN THE EDU LEADERS SUMMIT

Brainwonders awarded the prestigious "Principal of the Year 2024" accolade to Dr. Amita Saxena. This recognition celebrates her exemplary leadership and significant contributions to advancing student development and enhancing educational standards. The award was conferred during the 10th EduLeaders Summit, held at Hotel Eros, Nehru Place, New Delhi.



PRINCIPAL RECEIVES MOST INFLUENTIAL AWARD FROM SECRETARY OF CBSE

The accolade was presented by Mr. Himanshu Gupta, Secretary of CBSE, during a distinguished award ceremony organized by the Rising Indian Stars Foundation of India. The event took place at the National Stadium, New Delhi. This prestigious recognition highlights Dr. Saxena's exceptional impact on education and her inspiring leadership in shaping the future of learning.



Setting our hearts on **VICTORY!**

STUDENTS ACHIEVEMENTS

"To be prepared is half the victory."

JM International School proudly recognizes the remarkable achievements of our dedicated and talented students. Their unwavering commitment has made us incredibly proud, as they continue to excel in diverse areas such as sports, the arts, scientific endeavors, and social engagement.

OUTSTANDING ACHIEVEMENTS IN ZONAL AND STATE COMPETITIONS

Students showcased their exceptional talents in various competitions organized by the Directorate of Education (Zone 21) in 2023. Arianna Avni of Grade IX secured the 1st position in the Solo Dance Competition, while Shefali Vyas of Grade VIII achieved 3rd place in the Hindi Extempore Competition. In the Mono Acting Competition, Vanshav Bhalla of Grade XII won the 3rd place. Ritapragya of Grade XI was at the 1st position in the English Declamation Competition. Kabir of Grade XII won 1st position in the Solo Singing Light Vocal Competition. Additionally, Mahi Verma of Grade XI excelled in the Drawing Competition, winning 1st prize for her brilliant artwork. Her achievement took her to the state level, where she competed in the Directorate of Education's State Level Competition. These outstanding performances reflect the diverse talents of students and their dedication to excelling in various fields.



*Hindi Extempore :
Shefali Vyas
(Grade VIII) -
3rd Position.*



*Mono Acting
Vanshav Bhalla
(Grade XII) -
3rd Position.*



*English
Declamation
Ritapragya
(Grade XI) -
1st Position*



*Solo Dance
Arianna Avni
(Grade IX) -
1st Position.*



*Drawing
Competition
Mahi Verma
(Grade XI) - 1st
Position.*



*Solo Singing
Light Vocal
Kabir (Grade XII)
- 1st Position.*

INTER-SCHOOL COMPETITION CHAMPIONS!

STUDENTS SHINE AT INTER SCHOOL FOLK DANCE COMPETITION

Ania Yadav of Class VI A showcased her remarkable talent at the Inter School Competition organized by VVDAY School, Vikaspuri, under the



theme "Vivante - Solo Folk Dance Performance." Over 500 students from various schools participated by submitting their performance videos, with 65 students advancing to the First Online Round. Ania's exceptional performance in the final round 2023, earned JMIS the prestigious 2nd position. Performing the classical Maharashtrian folk dance "Gondhal," Ania captivated the judges with her grace and beautiful execution.

JMIS EXCELS IN BEHES DEBATING TOURNAMENT, QUALIFIES FOR NATIONALS



The School upholds the belief that debate is a celebration of ideas, encouraging students to explore and critically analyze a wide range of topics. In the debating tournament, BEHES students showcased their skills, with Bhavya from Grade XI qualifying for the Nationals. The tournament provided an enriching experience, as students engaged in thought-provoking discussions and examined questions posed by the opposing teams. Participants were evaluated on their manner, matter, and method, adding to the excitement and challenge of the event.

VICTORY IN PODCAST POEM ANALYSIS COMPETITION



Vandana International School hosted a Podcast Poem Analysis Competition, where students Vaibhavi and Ritapragya of Grade XI delivered an outstanding performance. Their insightful analysis and presentation secured them the 1st position in the competition, showcasing their literary skills and creative thinking.

JMIS STUDENTS SHINE ONCE AGAIN AT CANVERA PAINTING COMPETITION



Vandana International School saw Ansh Tomar (Grade VIII), Deetsha Ghosh (Grade IX), and Simpi (Grade X) showcasing their artistic talents in the Canvera Painting Competition. Their remarkable creativity and skill earned them the 2nd position in the competition, demonstrating their passion and dedication to the arts.

THE SCHOOL GETS THIRD PRIZE IN 'DOLLIVERSE', FANCY DRESS COMPETITION



The Fancy Dress Competition at Vandana International School, where Stuti Trehan of Grade Pallav presented an impressive portrayal of the African tribal community. Her creative and authentic costume earned her the 3rd prize, showcasing her talent and attention to detail.

STUDENTS SECURE THIRD PLACE IN YOGA COMPETITION WITH IMPRESSIVE ASANAS



Vandana International School hosted a Yoga Competition where Shivanya Dev (Grade V), Amrit Verma (Grade V), Manvi Singh (Grade VI), and Aadya Bajpai (Grade VI) earned 3rd position. The students showcased a variety of asanas and postures with precision and

grace, demonstrating their dedication to the practice of yoga and their impressive skill set.

SPARKIE STARS IN MINDSPARK CHALLENGES

Dr. Amita Saxena, Principal recognized the achievements of students who excelled in the Mindspark platform's challenges. The SPARKIE STARS, including Viraj Rawat, Ayush Kumar, Mudit Sharma, Aarna Gupta, Vihaan Redkar, Kartikey Thakur, Aryan, Jagveer Singh, Rishabh Goel, Anjali Meena, Ayansh Bhargava, Jaideep Hari, Aniket Jha, Saumyaa Aggarwal, Naman Singh, Pranjali, Srija Ghosh, and Arnav Bishnoi from grades III to VIII, were celebrated for their outstanding performance. Their success exemplifies the engaging and interactive approach of learning math through AI and collaborative efforts.



SECOND POSITION ACHIEVED IN DEBATE COMPETITION

ITL Public School hosted the Point A Point (Presentation & Debate) Competition, where Vaibhavi from Grade XI achieved 2nd place among a competitive group of 40-50 students. Her impressive performance in both the presentation and debate segments demonstrated her exceptional skills and earned her recognition in this on-the-spot competition.

STUDENTS SHINE AT SCINTILLATIONS PAINTING COMPETITION



Scintillations (Colourful Serenity) Painting Competition was held at ITL Public School. Among 30-40 participants, Mahi Verma and Shinjini Bhattacharya from Grade XI stood out by securing 2nd place in this on-the-spot painting event. Their exceptional artistry and

creativity were recognized and celebrated in this vibrant competition.

THE SCHOOL WINS SECOND POSITION IN DIGITAL CROSSWORDS COMPETITION

Krishav Singh and Ayush Kumar showcased their skills in digital crosswords and secured the 2nd prize in WAR OF WORDS competition held at Rukmini Devi Public School. Their impressive performance earned them a cash prize of ₹1500, highlighting their eloquence and persuasive abilities in this challenging event.

SECOND PRIZE WON IN PHOTOGRAPHY COMPETITION (CLICK-O-MANIAC)

Tisha Jain from Grade IX participated in the CLICK-O-MANIAC competition at Rukmini Devi Public School and her outstanding

performance earned her the 2nd prize, showcasing her skill and creativity in this engaging event.

CONSOLATION PRIZE FOR VIDEO BLOGGING EVENT (VODCAST)

Ansh Tomar and Shrishti participated in the VODCAST competition held at Rukmini Devi Public School. Their notable performance earned them a consolation prize, and they were commended for their efforts and contributions to the event.

CONSOLATION PRIZE FOR TREASURE HUNT COMPETITION (DECRYPT)

Jasmine from Grade XI competed in the Decrypt event at Rukmini Devi Public School, where students from various schools participated. Her performance earned her a consolation prize, highlighting her skills and contribution amidst a competitive field.



STUDENTS EXCEL IN INTERNATIONAL LEVEL COMPETITIONS ORGANIZED BY ILS NIGERIA

ILS Nigeria hosted international-level competitions for various grade levels. In the VII-VIII category, Shefali Vyas, Divyanshi Dhyaní, Bhavya Sharma, and Priyadarshi Divyam showcased their talents in Brain teasers, an educational board game. For grades I and II, Ritvika Mathur from

Grade II Amaltas and Niranjana Nair from Grade I Marigold also participated in Whacky Snacky, making toys using fruits and vegetables. Additionally, in the IX-X category, Jigisha, Hrishabh Raj, Swera, Akshita, and Tisha Jain from Grade IX competed in Just Gotta have an advertisement, creating advertisement jingle for eco sustainable products.

Kaustav Chauhan and Anag Narang of Grade IV participated in the Caped Crusaders, representing their version of superheroes, an event held by ILS in Nigeria witnessed impressive performance. JMIS won 2nd position for its overall contribution.

MODEL UNITED NATIONS: VICTORY SYMPHONY AS JMIS STRIKES MANY AWARDS

STUDENTS EXCEL AT MUN EVENT AT DELHI INTERNATIONAL SCHOOL EDGE

Jasmine received the Best Delegate award from the UNGA Committee, while Vaibhavi was honoured as the Best Delegate in the G20 Committee. Nayansha received a Special Mention from the UN CSW Committee. Additionally, J.M. International School was recognized as the Best School Delegation, highlighting our students' exceptional performance and dedication.



ACHIEVEMENT IN G-20 SUMMIT MUN AT BAL BHARTI PUBLIC SCHOOL

Jasmine and Pingash received Special Mention awards and Vaibhavi was seen as a Distinguished Delegate as they engaged in international diplomacy and debate on critical issues such as security, economic development, and human rights.



Their active participation and insightful contributions led to several awards: Tejasvi earned the High Commendation Award along with a cash prize of ₹3000, while Archit and Tisha received the Honorable Mention Award. Additionally, Palak, Darshel, Vijayash, and Tisha were awarded Special Mention, and Aryan Roy, Utkarsh, Madhav, Shreyash, and Hrishab received Verbal Mention. The school was also honoured with the Best School Delegation Award, reflecting the overall excellence and effectiveness of our student delegates.

STUDENTS PROVED THEIR METTLE AT MUN EVENT AT SATYAWATI COLLEGE

The event was marked by dynamic debates and discussions on pressing political topics, offering an exceptional learning experience. Our delegates performed admirably, with Bhavya receiving the Special Mention Award and a cash prize of ₹3000. Ritapragya earned the High Commendation Award, while Vaibhav and Jasmine were honoured with the Honorable Mention Award. Additionally, Pingash and Pratyush received Verbal Mention Awards, reflecting the high caliber of our student participation.

STATE-LEVEL ACHIEVEMENTS IN VIDYARTHI VIGYAN MANTHAN(VVM) 2023-24

In the Vidyarthi Vigyan Manthan (VVM) 2023, a prestigious national program by Vinjana Bharti aimed at promoting science education among school students, two of our students achieved remarkable success. Soham Anand and Tisha Jain, both from Grade IX, advanced to the State Level camp after excelling through the multi-stage competition process, which includes School, State, and National levels for junior and senior students. They were honoured with trophies and certificates at the State Level Camp 2023.

JMIS IN TIMES NIE SUMMER TRAINING PROGRAM



Jasmine, a Grade XI student from our school successfully cleared the written test organized by the Times NIE and was shortlisted for the prestigious Times NIE Summer Training Program 2023-24. This program, held at the Times of India office in Film City, Noida, offered a valuable opportunity to work with

the national editorial team of *The Times of India - Student Edition*. During the training, Jasmine gained hands-on experience in journalism, focusing on the intricacies of writing and story presentation. Additionally, she will receive a letter of recommendation from the editorial team, acknowledging her accomplishments.

ALUMNI SHINE IN 'SHARK TANK' EPISODE

A significant achievement for the school was alumni Rishab Ahuja and Rohan Raj featuring in the TV show 'Shark Tank,' scheduled to air on March 5, 2024. Both Rishab and Rohan, from the Commerce batch of 2020-2021, consistently demonstrated their enthusiasm for co-curricular activities, including theatre, special assemblies, and inter-school competitions, earning accolades for the school. Their excellence extended to academics, as they achieved outstanding results in their XII board exams and are now pursuing their under graduate studies at esteemed Delhi University colleges. The school proudly celebrated their success in reaching the Top 6 in 'Shark Tank' with their innovative idea and extended our best wishes for their remarkable venture.

IMPRESSIVE PERFORMANCES IN SPELL-WELL GENIUS COMPETITION (WORD PRO)



Students delivered outstanding performances in the Spell-Well Genius Competition (Word Pro), with Ridhi (Grade III) clinching the Gold Medal for her exceptional spelling skills. Barun, Shanvi Bhatnagar, Anish (Grade III), Tamal Sadhukhan (Grade V), and Anmol (Grade IV) showcased their proficiency, each winning a Silver Medal. In addition, Anshika Negi, Niyati, Samaksh, and Arnav Khantwal (Grade III) earned Bronze Medals for their commendable efforts in the competition. These remarkable achievements highlight the dedication and talent of our students in the realm of spelling and word mastery.

OUTSTANDING ACHIEVEMENTS IN SILVERZONE OLYMPIAD: A CELEBRATION OF EXCELLENCE

Students excelled in the Silverzone Olympiad, with several securing Olympiad Rank 1 and achieving perfect scores of 100%. Ayush (Grade IV, Nilgiri), Niranjana (Grade II, Gulmohar), and Inaaya Imran (Grade II, Chinar) emerged as the top scorers, each awarded Gold Medals and gift certificates. Additionally, the school was honoured with a Performance Excellence Citation, recognizing our collective achievements. Vivaan Gupta and Niranjana (Grade II) stood out as Olympiad Toppers in Computer, securing the prestigious Gold Medal of Excellence for Olympiad Rank 1. Advaya Verma and Anushi, also from Grade II, triumphed in the General Knowledge Olympiad, earning the Gold Medal of Excellence for their exceptional performance.

OLYMPIAD ACHIEVEMENTS

Olympiad - Rank 1 (100% marks), Excellence citation and Gold medals

Toppers:

- *Ayush (Grade IV, Nilgiri)*
- *Niranjana (Grade II, Gulmohar)*
- *Inaaya Imran (Grade II, Chinar)*



SPORTS HIGHLIGHTS

JMIS BASKS IN GLORY AT DELHI STATE KARATE CHAMPIONSHIP

Two students demonstrated exceptional skill at the Delhi State Karate Championship 2023. The event, organized by the National Sports Promotion Organization (NSPO) STAIRS, took place at the Joint Labour Commissioner Hall in Karampura, West Delhi.

The championship saw fierce competition with approximately 250 participants, both boys and girls. Among the standout performers were Kabir Verma from Grade V and Prayag Bhagat from Grade VIII, both of

whom secured silver medals in their respective categories. Their achievements highlight the dedication and talent of the School's students in the martial art of karate.



KARATE KIDS CONQUER: JM INTERNATIONAL'S MEDAL SWEEP

With remarkable skill and sportsmanship at the 2023 Inter School Karate Championship, organized by the Shotokan Sports Karate-Do Association Delhi (SSKFI) at Oxford Public School, approximately 200 participants competed, and JM International school's athletes secured an impressive array of medals. Gopika Bansal of grade IX clinched gold, while twelve other students from various grades (III to VI) earned silver medals in their respective categories.



GLIDING THROUGH MEDALS: JM INTERNATIONAL SCHOOL'S SKATING PRODIGY SHINES

At the CBSE National Skating Championship held at Gurugram Global Heights School, Kalash Suhag, Grade XII, displayed her exceptional skill and determination, securing two silver medals in the 300mtr Ring and 500mtr Ring events. Competing against talented skaters from schools nationwide, Kalash's outstanding performance displayed not only impressive speed and agility but also exemplary sportsmanship.

OUTSTANDING ACHIEVEMENTS IN SKATING AT THE CLUSTER-LEVEL CHAMPIONSHIP



Remarkable achievements of two talented students at the Cluster-level Skating Championship ; Piyush Sangwan demonstrated exceptional skill and determination, bringing home not one, but two Silver Medals. In addition, Aardra also showcased her skating prowess by clinching a well-deserved Silver Medal, adding another feather to our school's cap. Both students made the school incredibly proud of their achievements, and their success

serves as a testament to their perseverance and the high level of training they received.

STUDENTS' WORKSHOPS & CONFERENCES

PROFILE BUILDING WORKSHOP

Dr. Angana Bhattacharya held a one-hour workshop on Profile Building at the School Auditorium. She discussed the importance of a strong profile, covering skills development, internships, and entrepreneurship. Using a PowerPoint, she highlighted helpful websites like w3schools.com and code.org, and stressed the value of community service. Sample profiles were shared, followed by a Q&A session addressing student queries on coding, start-ups, social work, and fashion.

WORKSHOP ON PROFILE BUILDING, SOCIAL MEDIA, AND FINANCIAL LITERACY

The School hosted a workshop for Grade XII students on profile building, social media, and financial literacy, led by Dr. Angana Bhattacharyya. She highlighted key resources like Google Digital Garage, Money Bhai, W3Schools, and WIX, and emphasized community service opportunities. Dr. Bhattacharyya encouraged students to explore summer schools, internships, and to aspire to be job creators, broadening their career and educational perspectives.



UNLOCKING ENTREPRENEURIAL POTENTIAL

Mr. Bharat Bhardwaj led a workshop, "How to be an Entrepreneur," at the school, sharing his journey from employee to launching eight successful ventures. He highlighted the importance of problem-solving, innovation, and confidence in entrepreneurship. Citing examples like Google Maps and Airbnb, he showed how small ideas can grow into global successes. Mr. Pankaj Sharma also discussed the Entrepreneurship Development Institute of India (EDII), inspiring students to take small steps toward entrepreneurship.



NAVIGATING CAREER CHOICES: WORKSHOP ON SUBJECT SELECTION

A workshop on "Interdisciplinary Approaches and Subject Selection under NEP" was held for Grade X students led by Mr. Vikram Soni from CCD. The session focused on helping students make informed career choices and build strong profiles. Mr. Soni highlighted key elements for crafting a compelling CV and raised awareness about the diverse subject options under the New Education Policy (NEP), guiding students to align them with their academic and career goals.

EXPLORING FUTURE CAREERS IN COMMERCE AND HUMANITIES

The School hosted a workshop on "Emerging Careers in Commerce and Humanities," led by Mr. Prashant Bhatia. The one-hour session covered emerging career options like Certified Fraud Examiner, Digital Marketing, and Fintech, as well as high-paying roles such as Business Analyst, Legal Professionals, and Financial Advisors. Mr. Bhatia also explored career paths in corporate sectors, law, and management, highlighting fields like corporate, human rights, and cyber law. He encouraged students to explore summer camps for further career insights, concluding with a Q&A session to address their questions.



EXPLORING NEW AGE CAREER OPPORTUNITIES

A workshop on "New Age Career Options" was held for Class IX students, led by Mr. Prashant Bhatia. The session focused on exploring emerging careers and current trends, emphasizing the importance of understanding various paths and choosing the right ones. Mr. Bhatia highlighted the value of online



summer courses for enhancing CVs and introduced Psychometric and Aptitude tests to assess career potential. The workshop concluded with a Q&A, encouraging students to seek further guidance and begin informed career planning.

MASTERING CUET PREPARATION

Mr. Deepak Madan led an engaging "CUET Session" to guide students in preparing for the Central Universities Entrance Test (CUET). He provided an overview of the syllabus, exam pattern, and participating universities, along with tips on form-filling, subject selection, and preparation strategies. Mr. Madan recommended daily exercise, reading editorials, listening to the news, and dedicating time to personal reading to boost general knowledge. The session aimed to equip students with the tools and resources for successful CUET preparation.



NAVIGATING NETIQUETTE AND CYBER SECURITY

A workshop on "Net Etiquette & Cyber Security," led by Mr. Rakesh Bhatia and Mr. Vikram Soni, focused on responsible online behavior and cyber security awareness. Mr. Bhatia, with over 20 years of experience, kicked off the session with an activity on internet addiction. The workshop covered cyber-crimes, cyber ethics, netiquette, digital footprints, and threats like cyberbullying and hacking. Practical tips on privacy settings, safe online practices, and reporting cybercrimes were shared. The session aimed to

equip students with the knowledge to navigate the digital world safely and responsibly.



UNDERSTANDING FINANCIAL LITERACY AND SOCIAL MEDIA

A session on "Financial Literacy & Social Media" for Grade XI, led by Mr. Bharat Bhardwaj, provided key insights into managing finances and using social media effectively. Mr. Bhardwaj, President and CEO of Jatin Chawla Centre for Career Development, shared strategies for saving, budgeting, and investing in life insurance and health policies. He emphasized long-term investments like PPF, Nifty Fifty, and equity schemes. The workshop also included a discussion on social media's role in personal and professional development, highlighting the importance of maintaining an authentic online profile. The session offered valuable financial guidance and allowed students to address investment-related questions.



ESSENTIALS OF INTERNSHIPS AND PROFESSIONAL DRAFT

The Career Counselling Department hosted a workshop on resume and SOP writing for Grade XI and XII, led by Mr. Bharat Bhardwaj, President and CEO of the Jatin Chawla Centre for Career Development. Mr. Bhardwaj shared insights on securing internships, writing Letters of Recommendation (LORs), job applications, and crafting Statements of Purpose (SOPs). He guided students on creating strong resumes and explained the differences between SOPs and personal statements. Students reviewed samples, identified mistakes, and learned how to avoid them. Mr. Bhardwaj also introduced platforms like Internshala and Glassdoor, highlighting the value of internships for skill development.

TIME AND STRESS MANAGEMENT

The "Target Boards - 2024" workshop for Grade X and XII, led by career coach Mr. Bharat Bhardwaj, focused on time management and stress relief for board exam preparation. Mr. Bhardwaj shared practical strategies for managing time, setting goals, and maintaining consistent study habits. He emphasized that time management is about sticking to schedules and making the most of every moment. The session also addressed managing exam-related anxiety and included relaxation techniques like yoga and a simple 40-minute exercise routine. The workshop boosted students' confidence with effective tools to improve exam performance.



TEACHER'S WORKSHOPS

<i>MONTH</i>	<i>WORKSHOP</i>
<i>APRIL</i>	<i>Comprehensive Guide on Art Integration in Classrooms</i>
	<i>Lights Camera Education, How movies can inspire and engage students in a classroom</i>
	<i>Mathematics: A Journey from Fearful to Favourite</i>
<i>MAY</i>	<i>The Future of teaching</i>
	<i>Revealing The Secrets Of Algebra</i>
	<i>Competency Based Learning</i>
<i>JUNE</i>	<i>Health & Nutrition</i>
	<i>Role of Guidance and Counselling Services in Schools</i>
	<i>Using Reflection to Enhance Student Learning</i>
	<i>From Ghana to The World: Global Perspective in Education</i>
<i>JULY</i>	<i>Idea generation and idea hand- holding.</i>
	<i>How to master basic fundamentals of life and success</i>
	<i>Counselling Approaches</i>
	<i>Unlocking creativity in educational leadership</i>
<i>AUGUST</i>	<i>Different Leadership Models</i>
	<i>Design Thinking and Innovation</i>
	<i>Idea generation and idea hand holding workshop</i>
<i>SEPTEMBER</i>	<i>entrepreneurship and prototype/product development workshop certificate</i>
	<i>Google Certified Educator</i>

	<i>entrepreneurship and prototype/product development workshop certificate</i>
	<i>Idea generation and Idea hand holding (15)</i>
<i>OCTOBER</i>	<i>Intellectual property rights workshop</i>
	<i>Digital Productivity</i>
<i>NOVEMBER</i>	<i>Counselling Techniques</i>
	<i>Cyber Safety and security</i>
<i>DECEMBER</i>	<i>Counselling Techniques</i>
	<i>Design, thinking and innovation</i>
<i>JANUARY</i>	<i>Design thinking and innovation</i>
	<i>Entrepreneurship and Prototype / Product Development</i>
	<i>Financial Literacy</i>
<i>FEBRUARY</i>	<i>CBSE CBP workshop on Learning outcomes and Pedagogy.</i>

OUTSOURCED TEACHERS TRAINING PROGRAMME BY CBSE

<i>SNO</i>	<i>NAME OF TEACHER</i>	<i>TOPIC</i>
1.	<i>Ms Ritu Arora</i>	<i>Cyber Safety And Security</i>
2.	<i>Ms. Swati Tripathi</i>	<i>English core</i>
3	<i>Ms Arti</i>	<i>inclusive education</i>
4	<i>Ms Lalita18</i>	<i>Strengthening assessment and evaluation practices</i>
5	<i>Ms. Asha Rani</i>	<i>Use of Artificial intelligence in classroom</i>
6	<i>Mr. Sandeep Kumar</i>	<i>Inclusive education</i>
7	<i>Ms. Swati</i>	<i>English core</i>

EVENT-PEDIA

ANVESHAN & THE ENVIRONMENT CONSERVATION WEEK

The School celebrated Anveshan and Environment Week, focusing on science, innovation, and nature conservation, under the leadership of Principal Dr. Amita Saxena. Activities included a quiz competition for Grades VIII-XI, testing environmental knowledge, followed by a seed ball drive to promote greenery. A poster-making competition on themes like recycling and sustainability was held for Grades V-VIII, while Grades IX-XI created PowerPoint presentations on environmentalists. Students also participated in a composting activity to enrich the school garden. The week concluded with a Science Experiment Display, highlighting creativity and teamwork

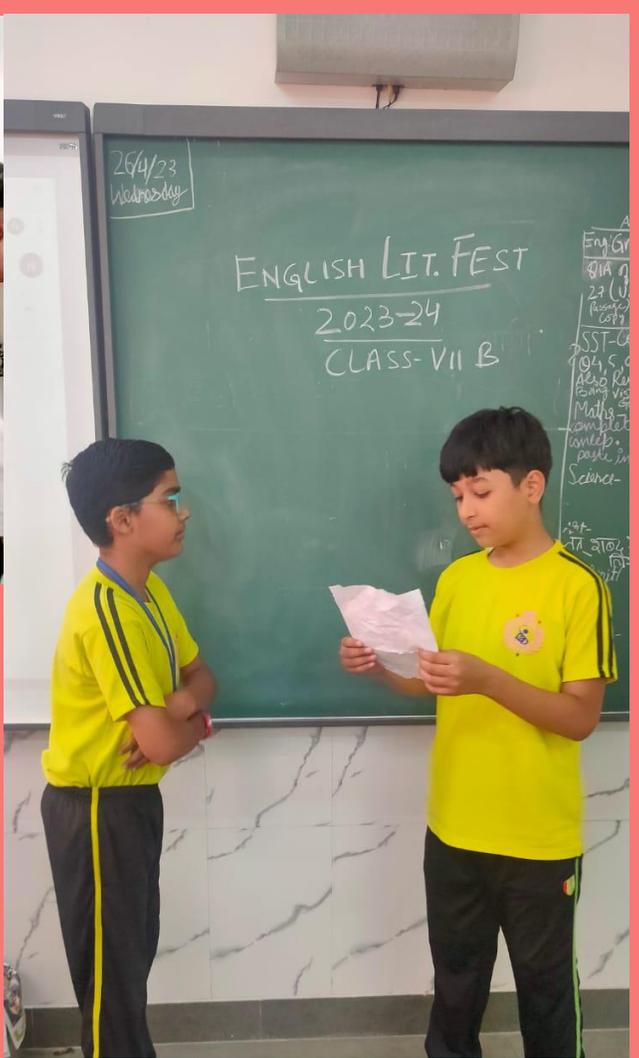




EUNOIA: LIT-FEST

The English department's Lit Fest, Eunoia, took middle school students on a journey of literary exploration. Activities like 'Pages to Keepsakes,' where students' crafted souvenirs inspired by literature, and 'Chronicles of Postcards,' where they designed postcards, sparked creativity. Through 'Readers Theater,' students brought literary works to life with costumes made from waste, while 'Picture Perception Challenge' had them decode stories hidden in images. In 'Vision Vault,' they created time-travel stories, and 'Verse Vortex' displayed their talent in slam poetry. The event ignited a passion for literature and creative expression.





INVESTITURE CEREMONY

The Investiture Ceremony at the School was a celebration of leadership and responsibility. With the theme, "Leadership is action and example," the event began with a motivational song by the choir, Surangini. Principal Dr. Amita Saxena and guest of honour Mr. RK Sharma, a renowned Physicsexpert, addressed the new leaders, emphasizing self-awareness and the qualities of noble leadership. The newly elected Prefectorial Board took an oath, pledging to uphold the school's values. The ceremony concluded with a vibrant dance performance by Panache, the school dance group.



LEADERSHIP CAMP

The school organized a Leadership Camp for Grades VI to VIII to develop key leadership qualities like integrity, self-awareness, courage, and empathy. Through a series of engaging activities, students honed their creativity, critical thinking, and decision-making skills. The camp emphasized teamwork, strategic thinking, and staying calm under pressure. Activities like Pass the Energy Circle, Public Speaking, Art & Craft, and Mindful Teamwork encouraged collaboration, independence, and confidence. Students also participated in dance, music, and theatre, strengthening their leadership and bonding with peers and teachers.



INTERNATIONAL YOGA DAY

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind, body and soul. The event began with a brief introduction to Yoga Day, followed by welcoming the guests Ms Preeti Vaid and Mr Puneet Vaid, meditators at the Isha foundation. Students practiced & performed sitting and standing asanas, importance of these was explained simultaneously. The day concluded with the speech of the Principal, Dr Amita Saxena, encouraging students to practice regular yoga to remain fit and improve concentration.



CYCLOTHON: A STEP TOWARDS A GREENER FUTURE!

The school's annual Cyclothon 2023, themed "Riding Now, Conquering Tomorrow," aimed to promote eco-friendly transport solutions and raise environmental awareness. The event, flagged off by Mr. Ashish Sharma, "Foot Soldier of India" and founder of the Duayen Foundation, and joined by Principal, emphasized the importance of sustainable transport. Supported by local authorities, the Cyclothon featured students, teachers, parents, and the Dwarka community cycling together to inspire a greener future and highlight how simple actions can combat climate change.



SRIJAN- THE PROJECT EXPO

The school hosted *Srijan: A Project Expo* themed "G20: Fostering Global Collaboration," aimed at raising awareness about the G20's role in addressing global challenges. Students from Grades III to VIII showcased models representing G20 member countries, featuring landmarks, cultural symbols, and innovations. The expo also included an art gallery with student paintings on peace and unity, and traditional dance performances highlighting cultural diversity. *Srijan* celebrated creativity, global awareness, and the importance of international collaboration.









RHETORIA

Rhetoric 2023, an inter-school competition, celebrated creativity and talent across art, dance, theater, and literature. Students showcased performances in various fields, providing a platform for self-expression and skill development. An online competition that allowed participants to explore their passions in events like wabi-sabi, the spotlight soliloquy, folklore fiesta, AD-Artistry showdown, choreo- Tales, page to stage, Talkovation-unleashing minds, and recite your muse.



INDEPENDENCE DAY

On India's 76th Independence Day, the school hosted a vibrant celebration to honor the sacrifices of freedom fighters and celebrate the spirit of independence. The ceremony, attended by distinguished guests including Group Captain R C Tripathi, Mr. Muniru Kadiri, and Chairman R.B Gupta, was a blend of patriotism and cultural vibrancy. The event began with the hoisting of the Indian National Flag, followed by a cultural program showcasing India's heritage through dance, songs, a historical performance, and a state tableau. The day also featured the Paritosh award ceremony, recognizing exceptional student achievements. The event left a lasting impact, rekindling patriotism and inspiring a sense of responsibility towards the nation's progress.



TEACHERS DAY

The Teacher's Day event at JM International School was a heartfelt celebration of our educators' dedication and hard work. Organized by the student council, the event featured cultural performances, including dance, music, skits, and poetry, all honoring teachers. Students expressed their gratitude with handmade cards, flowers, and letters, creating emotional moments. Director Mr. Yogesh Gupta and Principal Dr. Amita Saxena highlighted the vital role of teachers in shaping the future. The event was a resounding success, strengthening the bond between teachers and students.



UMANG: ANNUAL THEATRE FEST (GRADE I & II)

GRADE I

Grade I students presented *Umang - An Annual Theatre Fest* on "Honesty Unlocks All Doors," featuring a captivating musical drama. The chief guest, Mr. Rajesh Babbar, a renowned theatre personality, and guest of honor, Mr. Neeraj Sharma, a professional vocalist, joined esteemed guests Mr. R.K. Sharma and Director Mr. Yogesh Gupta. The event began with a lively action song, followed by Ganesh Vandana and dances, culminating in a drama about a man who rises through honesty and intelligence. Parents and guests were moved by the juniors' enthusiasm and dedication.



GRADE II

Grade II students presented a captivating skit based on the Indian folklore "Vikram Betaal." The event began with a lamp lighting ceremony by Chief Guest Mr. Sanjay Jain, Mr. Rajesh Chauhan, and the school directors. The Grade II choir kicked off with the song *Hum Yahin Jeeyenge*, highlighting the importance of nature conservation. Students showcased their public speaking skills by reciting poems and stories. The skit, brilliantly adapted, brought the characters of King Vikramaditya and Betaal to life with impressive acting, costumes, and set designs. The event also featured dance, music, and art from various Indian regions, celebrating cultural diversity.



A Battle of Wits and Words

The school hosted the highly anticipated Inter-School Debate Competition, *MUDDA '23*, bringing together bright minds from various schools for a day of lively discussions. The event began with an inspiring address from Principal Dr. Amita Saxena, highlighting the importance of communication and debate in personal development. Senior teams debated the topic, *G20 India: A Strategic Masterstroke*, encouraging critical thinking and creativity. Judges Ms. Seema Wahi Mukherjee and Ms. Sonia Duggal, experts from the debating community, evaluated the participants. The event concluded with the announcement of winners, who received awards from the guests and Principal, leaving a lasting sense of accomplishment and camaraderie.



AKASHGANGA

AkashGanga, with various Astronomy and Space activities for Grades VI-X, was held. Activities such as, Making of Sundial, Pinwheel Galaxy, Layers of atmosphere, Telescope with reading glasses, Geoboards etc.



HALLOWEEN CELEBRATION

On the occasion of Halloween day students worked together to create a thrilling Haunted House. Dressed in spooky costumes as monsters, ghosts, and devils, they set out to scare away harmful spirits, adding to the eerie fun of the day.



SAMPOORNA RAMAYANA

To ignite the festival spirit and to inculcate the cultural value, Sampooran Baal Ramleela was organized by the school in association with Bal Utsav Ramleela society, Dwarka. Students participated wholeheartedly. Under the constant guidance and support of our Principal Dr. Amita Saxena, the teachers prepared the Grade III students who put up a spectacular show. Students dressed up as Rama, Seeta, Dashrath, Hanuman, Jatayu, Ravana, Ram Sena, Ravan Sena etc. enacted Ramayana. It really helped students to boost their confidence and provide them with immense joy and pleasure. They all learnt how Lord Rama got victory over evil.



EXCURSION

GRADE ANKUR- II: A VISIT TO ECO-ADVENTURE CAMP

An adventure camp for Grades Ankur - II to Eco Adventure Park was organised where children participated with full enthusiasm in a series of thrilling activities like Wall Climbing, Balance Beam, Commando Crawl, Tunnel Crossing, Burma Bridge etc .The experiential rides were truly fun filled and children also enjoyed the camel cart, tractor and bullock cart rides. They observed the clay moulding on the Potter's Wheel and spinning yarn. Children had sumptuous meals and the day culminated with a magic show followed by dance on peppy tunes. It was a joyful trip with loads of adventure and excitement, thus making it a memorable day for the students.



GRADE III-V: A FUN-FILLED ADVENTURE TO JOYGAON,

An exciting excursion to Joygaon, Bahadurgarh, was organized for students of Grades III-V, offering them a lively, safe, and positive environment to build confidence and self-esteem while promoting physical fitness. The students participated in a variety of thrilling activities, including Zip Line, Commando Crawl, Rock Climbing, Mirror Maze, Fun Rides, Tractor Ride, and Camel Ride.

These activities not only strengthened their motor skills but also fostered teamwork and cooperation. The students' energy and enthusiasm were truly commendable, and they relished delicious meals throughout the day. It was an enriching and joyful experience for everyone involved.



GRADE VI-VIII: ADVENTURE DAY TRIP TO ROCKSPORT

Students of Grades VI-VIII embarked on a day trip to Rocksport, immersing themselves in the natural beauty and lush greenery of the surroundings. The day was filled with adventure activities like Zip Line, Commando Net, Burma Bridge, Spot Climbing, Tractor Riding, and more. The rural experience was further enriched with pottery making, offering a unique hands-on learning opportunity. The trip proved to be an unforgettable experience, helping students build essential skills such as self-confidence, collaboration, leadership, problem-solving, and teamwork, all while having fun. All activities were conducted in a safe environment, ensuring a secure and enjoyable experience. Students also had a chance to spend meaningful time with friends and enjoyed healthy, nourishing food. The day ended with DJ dance masti, leaving everyone with lasting memories of their exciting visit.



GRADE IX-XII: A TRIP TO RANGMANCH

The school organized an educational trip to Rangmanch Farms for Grades IX-XII, offering a refreshing break after mid-term assessments. Located in Delhi NCR, Rangmanch provided students with a chance to unwind and engage in adventure activities like Ziplining, Rappelling, Rock Climbing, and more. The day also featured fun activities like Archery, Pistol Shooting, Cricket, Badminton, and indoor games such as Table Tennis and Pool. Students enjoyed cultural performances like the Kathputli Dance and participated in Pottery Classes. The trip was a great success, leaving students energized and excited.



ART INTEGRATED PROJECT

The Art-integrated project combined creativity and learning across subjects. In the Travelogue project, students wrote articles and created greeting cards, blending language skills with artistic expression. The cuisine exploration project merged art and social science, where students crafted informative pieces on geography, culture, and food.



SAYONARA

As the school approached the end of 2023, the students were in full spirit to begin the year 2024. Grade Ankur and Pallav students had fun at DJ dance party. Students of Grades I to VIII made Gratitude cards for their teachers whereas students of Grades IX to XII wrote their resolutions for upcoming year and displayed them in the classes.



PRAYAS: ANNUAL SPORTS DAY (JUNIOR)

Prayas embodied the spirit of sportsmanship, inspiring students to refine their talents and aim for excellence. The event began with the felicitation of Chief Guest Mr. Narender Singh Saini, Chief Hockey Coach at the Sports Authority of Jharkhand, and Guest of Honour Mr. Ravi Dutt, a renowned Karate expert. The Chairman, Sh. R.B. Gupta, and Directors also attended.

The day started with a torch relay, followed by recreational races, drills, and competitive athletic events. Parents participated in races with equal enthusiasm. The Principal and dignitaries awarded medals and certificates to the winners, and the event concluded with the release of colorful balloons, marking the success of Prayas 2023. Junior students also showcased their talents during the event.



SPARDHA: ANNUAL SPORTS DAY (SENIOR)

Spardha was celebrated with great enthusiasm, with Mr. RK Sharma, Former Principal of NK Bagrodia Public School, as the Chief Guest. Directors Mr. Yogesh Gupta, Mr. Rohit Gupta, and Principal Dr. Amita Saxena also attended.

The event buzzed with energy as athletes from all four houses—Democratic, Sovereign, Republic, and Secular—competed for the top spot. The day was filled with intense competition, highlighting physical skills and sportsmanship. Winners were awarded medals, and students left with smiles, reflecting the true spirit of sports. Mr. Sharma praised the event's planning and execution, while the Director and Principal encouraged students to uphold their sportsman spirit.



GANTANTRA DIWAS

To celebrate the Republic day, students and teachers came together to put up a spectacular show in the school premises. The event was graced by hon'ble dignitaries retired Dy. Commandant (ITBP) Mr. Jai Prakash Nautiyal, the "Poetic Pilot" Capt. Mohit, Shri R.K. Sharma along with Directors- Mr. Yogesh Gupta and Mr. Rohit Gupta and Principal, Dr. Amita Saxena. The event was conducted in two parts, with a flag hoisting ceremony and national anthem in the school ground followed by a cultural programme with special focus on the theme "Nation First" in the school auditorium. Multiple cultural performances by the school group of orchestra, Goonj, Swarangini, choir group, Rangmanch, theatre group and Panache, school dance group together left the spectators spell bound.



MATHS WEEK

The School celebrated Mathematics Week to develop student's intuitive higher order thinking skills. It was to commemorate the birth anniversary of Srinivasa Ramanujan. The objectives of the activities were to promote interest in Mathematics, to enhance their problem-solving skills, conceptual knowledge and help them overcome the fear of Mathematics through games, puzzles, and challenges.



FAREWELL

The school hosted a heartfelt farewell for the graduating class of XII, filled with emotions, performances, and lasting memories. The event blended nostalgia and optimism as the Head of the Institution wished students success in their future endeavors. The stage came alive with soulful music, energetic dance performances, and a theatrical segment that evoked both laughter and tears.



ART FEST -कला कौशल

“Art helps us see connections and brings a more coherent meaning to our world.”

The Art Fest 'Small Hands, Big Art' celebrated creativity and artistic expression, with esteemed guests Boishali Sinha, Assistant Art Director at Sanjay Leela Bhansali Productions, and Ms. Sapna Sharma, a veteran visual artist. Students showcased their talents through various themes like Space Art, Tribal Art, Doodle Art, Thumb Painting, and Van Gogh-inspired works.

Principal Dr. Amita Saxena highlighted the importance of art in education for fostering critical thinking and emotional expression. The event concluded with a prize distribution, honoring students for their exceptional contributions.



UDAAN: GRADUATION DAY

GRADE ANKUR

Udaan - Graduation Day for Grade Ankur was a vibrant celebration combining storytelling and environmental awareness. The "Jungle Safari" theme featured students dressed as animals, inspiring the audience to protect nature.

The event began with a lamp lighting ceremony by Chief Guest Ms. Simi Srivastava, a renowned storyteller, along with the School Directors and Principal. The show kicked off with an energetic performance of "Roar," celebrating nature's beauty.

The highlight was the musical play "Jungle Safari," where students showcased their acting and dancing talents, promoting environmental conservation. The event concluded with the distribution of graduation certificates, marking students' achievements as they move forward.



Udaan - Graduation Day was a lively celebration filled with joy. The event began with a lamp lighting ceremony by Chief Guest Mr. Animesh Singhal, an artist, alongside the School Directors and Principal. This year's theme, "Anokhi Khichadi," inspired by the Akbar-Birbal story, was brought to life through vibrant student performances. Dressed in colorful costumes, the students enchanted the audience with their enactment of the tale. The event concluded with the distribution of graduation certificates, marking the students' transition to the next chapter of their educational journey.



ACTIVITIES & ASSEMBLIES

APRIL

"KICKSTARTING THE NEW SESSION: SETTING GOALS FOR SUCCESS"

Grade XII presented the first assembly of the session on the theme "Setting Goals." The assembly marked the beginning of a new chapter in the students' lives. The students were given helpful tips on setting goals. The principal welcomed the students back, offering her blessings for a successful year ahead.



EARTH DAY CELEBRATION

From creative crafts to discussions on simple actions like saving energy and keeping the environment clean, students participated enthusiastically in Earth Day celebration. They were encouraged to plant saplings, engage in eco-friendly crafts, and take an oath to keep the environment clean.



GREET AND MEET ACTIVITY

At JMIS, we believe the first day of school should be an unforgettable experience. The "Greet and Meet" activity allows teachers and students to introduce themselves, followed by fun ice-breaking activities. Grades Ankur to V engaged in activities like "We Are the Hoppers," "Seize it Forever," "Dumb Charades," and "All About Me" to foster connections. Grades VI and VII participated in "People Hunt" and "Thanks for the Compliment," while Grades VIII and IX did "Tall Thomas" and "Letter to Yourself." These activities helped students get comfortable with new classmates and set a positive tone for the year ahead.



MAY-JUNE

WELLNESS SESSION

The Isha Yoga Foundation conducted a Wellness Session for students. The session aimed to help students relieve exam stress and reconnect with life's beauty. Volunteers from the Foundation introduced practices like Yoga for Success (Neck Practices), Yoga for Peace (Nadi Shuddhi), and Yoga for Joy (Nada Yoga).



MOTHERS' DAY

Grade II Amaltas dedicated an assembly to all the loving mothers on the occasion of Mother's Day. Students showcased a mix of activities, including a poem, skit, and dance, celebrating mothers. The assembly concluded with the National Anthem. Afterward, they created handmade gifts for their mothers, such as personalized cards and crafts, reflecting their love and appreciation.



ZERO SHADOW DAY CAME ALIVE ON THE CAMPUS!

It is often said that your shadow is your only faithful follower, but students proved this wrong by observing Zero Shadow Day on 9th May at 12:12 PM, the local noon for that day. This astronomical event occurs when the sun is directly overhead, causing one's shadow to fall directly beneath their feet, making it seem to vanish. Students witnessed this fascinating phenomenon and gained an opportunity to learn more about and appreciate the natural world around us.



VALUE OF HARD WORK

Grade XII students conducted a thoughtful morning assembly on "Labor Day." The assembly began with the Morning Prayer, bringing peace and serenity to all. This was followed by the Thought of the Day and updates on national and international news. A heartfelt poem, highlighting the simple goals, aspirations, and dreams of a laborer, was recited. Students also shared insightful facts about Labor Day, emphasizing the importance of recognizing and appreciating the hard work across all occupations. The event concluded with the National Anthem.



JULY

KNOW YOUR ABILITIES

Students of Grade V Aryabhata, under the guidance of their class teacher, presented an assembly emphasizing the importance of knowing our abilities. The assembly began with a prayer and followed by the news segment. A student then shared an inspiring thought for the day. Several students spoke about various ways to discover one's abilities. The assembly concluded with a rendition of the song "Hum Honge Kamyab," leaving the children motivated to stay determined and achieve their goals.



EXPLORING THE WONDERS OF SCIENCE

Science has been central to human evolution, empowering us with knowledge and continuously astonishing us with its discoveries. In the Grade V Bhaskar assembly on the 'Wonders of Science,' students shared information and groundbreaking discoveries made by great scientists.



RAKSHABANDHAN:

Grade II presented a heartfelt assembly on a festival celebrating sibling bonds, Rakshabandhan. The students delivered insightful speeches about the festival's significance and the sacred connection between brothers and sisters in India.



FOOD DONATION DRIVE - GOONJ 'RAHAT'

Committed to fostering social responsibility, a food donation drive in collaboration with Goonj 'RAHAT' was organized. Students and staff donated large amounts of food grains and other items.



CHANDRAYAAN-3 CELEBRATION

A visual show and interactive session was organized for students across all grades to celebrate the historic success of India's Chandrayaan-3 mission, which made a groundbreaking landing on the Moon's south polar region.

The students expressed their excitement through thunderous applause and chanting slogans like 'Vande Mataram,' while congratulating the ISRO team for their remarkable achievement in space exploration.



VISIT TO PRINTING PRESS

Grade XII students visited a printing press in Sahibabad in collaboration with S. Chand Publishing House. They learned about the entire book printing process, from content creation to design, pre-press, printing, and post-press, including types of colors, binding, and book components like ISBN and preliminaries.



SEPTEMBER

CLEANLINESS DRIVE

As part of the celebrations of Swacchta Abhiyaan, a cleanliness drive was organized from Grades Ankur- X. Students along with the teachers and supporting staff cleaned their classes, corridors, school ground, activity classes, keeping all the safety measures at prime. Litter was collected in paper bags and cloth bags. They showcased their sensitivity and awareness towards mother Earth and vowed to bring a change in themselves and in the community. The Principal awarded the best clean venues and motivated the students for enthusiastically participating in the drive and appreciated the values of Shramdaan and respect towards dignity of labour.



SPECIAL ASSEMBLY ON GANESH CHATURTHI

Special assembly was conducted by Grade Pallav Blue students on Ganesh Chaturthi. The significance of the festival was explained with the help of an informative video describing the significance of Ganesha and how Ganesha acquired the trunk was also explained. The day was further celebrated by Ganesh Vandana followed by Ganpati procession. The festive feeling rushed with the beautiful dance performance on the song 'Oh My friend Ganesha'.



JANMASHTAMI CELEBRATION ASSEMBLY

The birthday of Lord Krishna was celebrated with great joy and enthusiasm by the students of Grades Ankur and Pallav on the occasion of Janmashtami. Pallav Red presented a special assembly, where the children came dressed as little Radhas and Krishnas, bringing the festive spirit to life.

The students shared insightful information about the life of Lord Krishna, enriching the celebration with stories and teachings. Traditional dances to Janmashtami songs filled the air with energy, while the little ones recited shlokas and narrated mythological stories of Radha and Krishna. A vibrant group dance performance further enhanced the festive atmosphere. The celebration concluded with an interactive session centered on Lord Krishna's life and teachings.



OCTOBER

GANDHI JAYANTI CELEBRATIONS

The school celebrated Gandhi Jayanti with great enthusiasm, hosting special assemblies where students dressed as Mahatma Gandhi and reenacted the iconic Dandi March, raising freedom slogans around the school premises. This was followed by a short story emphasizing the importance of i Jayanti.



NAVY WORKSHOP

A workshop on Navy recruitments and prospectz was organized for the students of Grades IX & X. It aimed to provide valuable insights into the navy's expertise, operations and career possibilities.



NOVEMBER

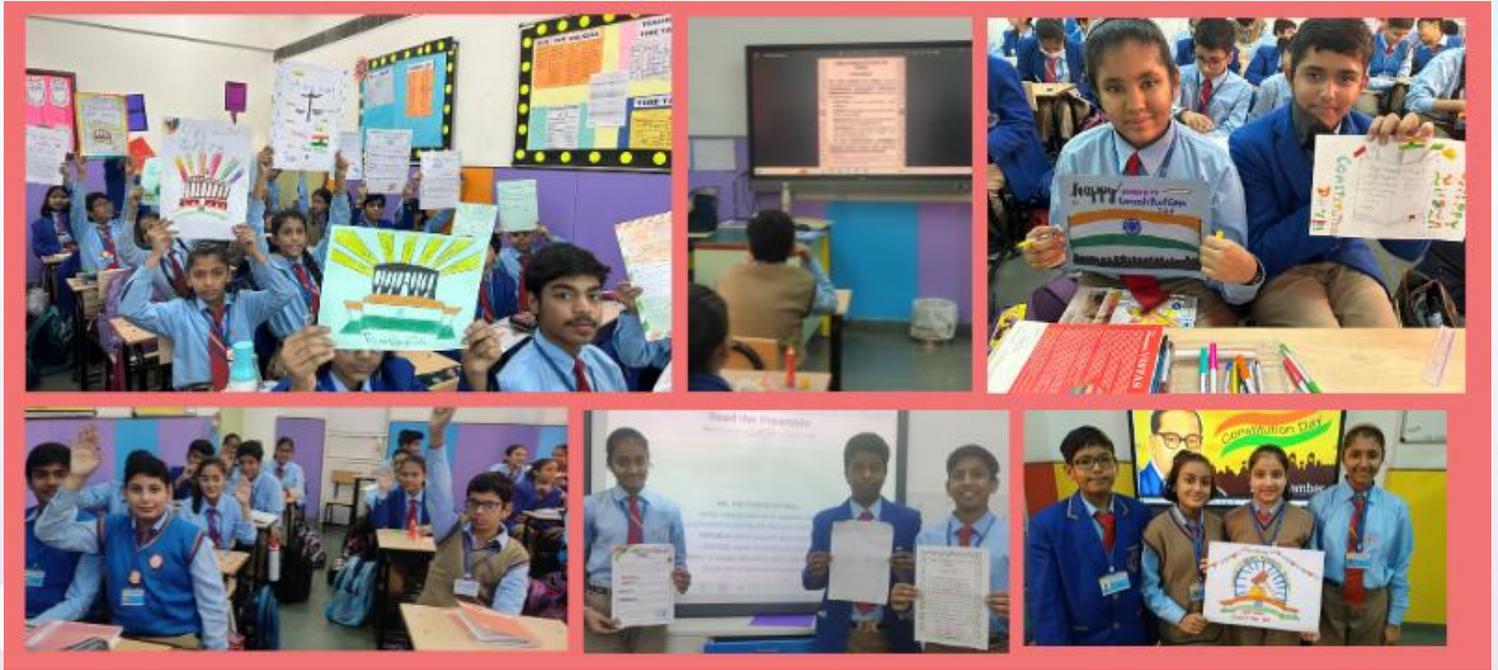
ASSEMBLY ON GURU NANAK DEV JI'S TEACHINGS

Grade V, Bhaskar presented an enlightening assembly dedicated to the teachings of Guru Nanak Dev Ji. The assembly began with a soulful morning prayer, followed by the news update, thought for the day, and the sacred "Ek Onkar" prayer. Students shared insightful reflections on Guru Nanak Dev Ji's profound teachings, highlighting values such as compassion, charity, and goodwill. A mesmerizing Shabad rendered by the students filled the atmosphere with serenity, leaving the audience spellbound. The assembly served as a powerful reminder of the importance of kindness and unity, fostering a deep sense of spiritual connection and responsibility among the students.



CONSTITUTION DAY CELEBRATION

The day began with the reading and collective recitation of the Preamble, followed by discussions on its core principles. Students engaged in activities like essay writing, poster making, and quizzes, deepening their understanding of the Constitution's ideals. The day served as a reminder of the students' responsibility to uphold the values of the Constitution as future leaders and responsible citizens.



ASSEMBLY ON AIR AND NOISE POLLUTION AWARENESS

The students of Grade X presented an engaging and informative class assembly, on the theme "How to Control Air and Noise Pollution." Students discussed various measures to prevent these types of pollution and emphasized the importance of taking action to create a healthier environment for future generations.



DECEMBER

ASSEMBLY ON WINTER SEASON

Grade II Gulmohar presented their class assembly on the topic 'Winter Season', beginning with a morning prayer to bring peace and serenity. Students spoke about the season, recited a poem, and performed a dance. The teacher discussed the importance of woollen clothes and ways to protect against the cold, as well as common winter illnesses like flu and cough. The assembly concluded with the National Anthem



CHRISTMAS FIESTA



Christmas marks an occasion about giving and forgiveness. Tiny tots of Grade Ankur presented a special assembly with gaiety. Positivity and cheerfulness was infused in the air through the winsome assembly presentation. It started by singing Christmas carols and performing merry dances dressed up as angels. The surprise element towards the end of the assembly was when Santa Clause arrived and distributed sweets among children and left everyone brimming with joy.



FIRE SAFETY MOCK DRILL

A mock fire and evacuation drill was conducted for students and teachers from Grades Ankur to XII to raise awareness about fire safety and emergency response. The drill aimed to assess the school's preparation for a fire emergency and educate everyone on firefighting techniques and safety measures.



BUILD BACK BIODIVERSITY

To raise awareness about the importance of protecting biological resources and embrace the theme "We are a part of the solution," students of Grades III to VIII performed various activities like making bird feeders, shoe box habitats, graffiti art on ecosystem restoration, engaging discussions to showcase their learning and understanding.



VEER BAL DIWAS'

The spirit of the Chaar Sahibzaade inspires unwavering commitment to righteousness. To honor their legacy, students engaged in discussions on bravery, courage, and faithfulness. Stories of Sahibzade Zorawar Singh and Fateh Singh, who embraced martyrdom to uphold their values, were shared.



DISABILITY AWARENESS WEEK

The School observed Disability Awareness Week with the purpose to raise awareness about disability issues and promote an inclusive environment within the school. Activities included a special assembly discussing the importance of the International Day of Persons with Disabilities (IDPD), a pledge ceremony where students committed to supporting inclusivity.



JANUARY

SPECIAL ASSEMBLY - GANTANTRA

The assembly was organised by Grade Ankur-Orange on the special occasion of GANTANTRA. The assembly began with discussion on importance of Republic day followed by a Hindi poem recitation on " झंडा ".

Wearing tricolor caps and badges, the tiny tots of Ankur-Orange enjoyed celebrating the true spirit of unity and depicted brotherhood and oneness through a skit based on Unity in Diversity. This special occasion echoed with patriotic fervor when kids danced on patriotic tunes. The school auditorium was resplendent in the shades of tricolor. Principal, Dr. Amita Saxena spoke about the significance of the Republic and praised the kids for the spectacular show on this important occasion.



CELEBRATING THE SPIRIT OF FESTIVALS

As the festive season approached, the school celebrated Makar Sankranti with enthusiasm. The festival, marking the Sun's transition into Capricorn, was celebrated with a series of engaging activities for Grades I to XI, including kite making, sharing sweets like gajak and peanut chikki, Pongal pot decoration, digital rangoli, and watching videos showcasing how festivals like Lohri, Pongal, and Bihu are celebrated across India.



FARMERS DAY

The school celebrated Farmers' Day with a special assembly presented by the students of Grade IX. The assembly commenced with a heartfelt prayer, followed by the day's news updates and a thoughtful quote. Students then shared insightful facts about the significance of Farmers' Day, shedding light on the pivotal role farmers play in our lives. A highlight of the assembly was a poignant skit that portrayed the various challenges faced by farmers, evoking both empathy and awareness. Following the skit, a student recited a beautiful and inspiring poem, "Woh Kisan Hai," which eloquently captured the invaluable contributions of farmers to the economy and society.

The assembly concluded on a note of gratitude and reverence, with an acknowledgment of the immense dedication and sacrifices of farmers, who are the backbone of our nation.



FEBRUARY-MARCH

BASANT PANCHAMI CELEBRATIONS:

Basant Panchami, celebrating Goddess Saraswati, marks the arrival of spring and honors wisdom and learning. Students also learned about the cultural and religious significance of Basant Panchami. Through prayers and reflection, the school community united in reverence, seeking the goddess's blessings for success and enlightenment.



COLORS OF JOY AND UNITY: CELEBRATING HOLI TOGETHER!

The Holi celebrations at the school were a vibrant and joyful occasion, bringing together all staff members to embrace the spirit of the festival of colors. With its rich cultural significance and lively festivities, Holi was observed with great enthusiasm, encouraging everyone to participate in a spirit of unity and joy.



93.5 RED FM'S "CLASS LAGEGI" CONDUCTED FOR STUDENTS AND PARENTS!

An interactive session was held for students and parents, focusing on mental health, stress, and anxiety, in collaboration with Red FM 93.5. Led by RJ Swati, producer Ashish Mehra, and psychologist Ms. Praggopati, the session covered topics like understanding mental health, identifying stress signs, and improving well-being.

A meditation exercise helped students practice relaxation techniques. Ms. Praggopati highlighted the importance of seeking help, while RJ Swati kept participants engaged in discussions. Principal Dr. Amita Saxena encouraged students to stay optimistic and strive for excellence.

The session concluded with a positive message: "Nothing can dim the light that shines from within."



GLOBAL EXCHANGE PROGRAMME

RIGHTS OF WOMEN AND GIRLS

*A videoconference on **Rights of Women and Girls** was hosted by Generation Global, connecting students from India, UAE, and Indonesia. Facilitated by Ms. Vijaylaxmi, the session featured Ms. Pinky Cupino and included a group discussion on gender equality.*

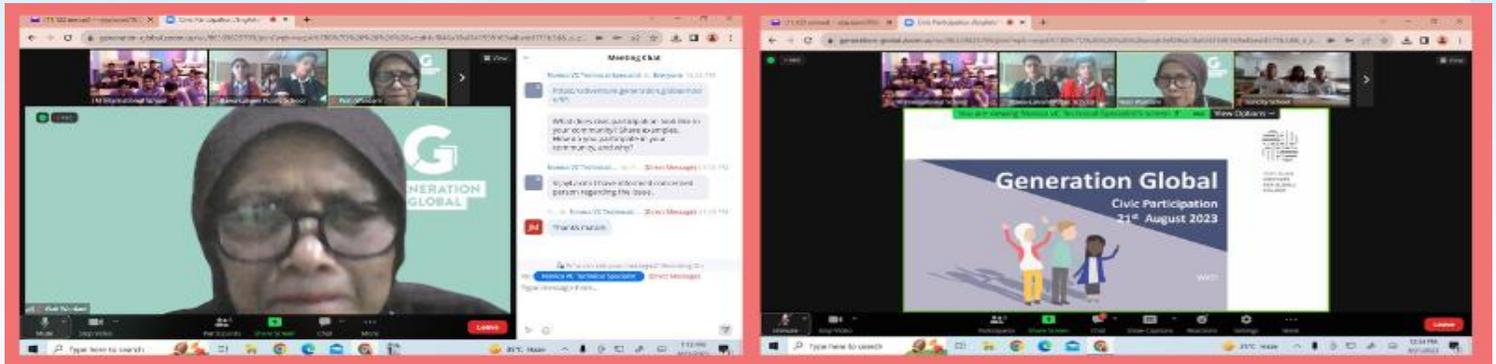
Grade VIII student Ruchika shared a personal story about societal expectations on gender and clothing. The session explored topics such as gender disparities, women's rights, and the role of governments in promoting equality. The engaging dialogue provided valuable insights, making it a truly enlightening experience for all.



CIVIC PARTICIPATION

*Generation Global organized a videoconference on **Civic Participation**, connecting students from Bawa-Lalvani Public School, JM International, and SunCity School. Facilitated by Ms. Vijaylaxmi and led by Ms. Wati Wardani, the discussion allowed Grades VIII and XI students to share their views on civic participation and its impact on their communities.*

Students highlighted activities like Yogathon, Cyclothion, donation drives, and plantation initiatives. Engaging questions, such as the link between plantation drives and global warming, sparked thoughtful conversations. The session concluded with reflections on the diversity of civic participation, offering valuable insights on civic responsibility.



FAKE NEWS AND SOCIAL MEDIA

Generation Global organized a videoconference on *Fake News and Social Media*, connecting students from India and SMA Negeri 3 Painan, Indonesia. Facilitated by Ms. Vijaylaxmi, the session allowed Grades XI and XII students to share insights and experiences on the impact of fake news, especially during the pandemic.

The discussion focused on the spread of misinformation on platforms like Twitter, TikTok, and WhatsApp, covering topics like COVID-19 vaccination and the Manipur incident. Students shared strategies they've used to combat fake news, and debated questions like how to identify it and if truth can have multiple perspectives. The session concluded with valuable reflections, deepening students' understanding of the topic.



- Everyone enters the dialogue as a unique individual
- Dialogue is as much about listening as it is about speaking
- You're here to learn more about one another
- Dialogue involves being generous
- Be self-aware
- Own it!

STUDENT DRAWER

2023-24



ANKUR

ENRICHMENT ACTIVITIES

Grade Ankur has conducted a series of engaging enrichment activities that focused on both cognitive and motor skills development. The children participated in a variety of hands-on learning experiences, such as capturing their first day in school through photographs in the “Seize a Capture” activity, confidently reciting rhymes like “I’m Special” and “Ek Billi Humari” in public speaking sessions, and exploring shapes through activities like “Walk Along the Shape” and sorting objects by size and color. Other activities included creating smiley faces with bindis, learning about hygiene through the “Messy Monster” activity, and experimenting with the volcanic eruption model. The children also enjoyed the wristband activity, where they learned about the color red, as well as exploring scientific concepts like solubility and the sensory “I Spy with My Nose.” Cultural learning was incorporated through the “Gandhinama” activity, where children dressed as Mahatma Gandhi and participated in a Dandi March. Through these diverse activities, the students showed active participation, creativity, and a genuine enthusiasm for learning.



PALLAV

ENRICHMENT ACTIVITIES

Grade Pallav engaged in a variety of enriching, activity-based learning experiences designed to foster creativity, confidence, and social skills. Through hands-on activities, students learn at their own pace, participating in activities like "Greet & Meet" for the Welcome activity, "Book Balancing" during Science Hour, and "Walk Like Animal" in skill-building exercises. Celebrations such as Earth Day and Mother's Day allowed children to express gratitude and gain a deeper understanding of important social events. Public speaking was another key area of focus, with children confidently reciting Hindi and English rhymes. Art Integrated Learning was highlighted through creative activities like "Number Art," while "Magic Box" under Young Explorers engaged children's curiosity and problem-solving abilities. These interactive learning activities not only helped in the development of cognitive and motor skills but also in fostering teamwork, communication, and emotional intelligence, ensuring the students stayed positively occupied and fully involved in their learning journey.



GRADE I

ENRICHMENT ACTIVITIES

Grade I students participated in activities that boosted creativity, confidence, and learning. They acted out characters in Dumb Charades, improved coordination in Throw a Ball, and expressed themselves through Finger Puppets. Hindi Recitation and Public Speaking activities like the Friendship Poem and Declamation on My Teacher enhanced communication skills. The Mother's Day Activity showed artistic talent, while the Plants Are Our Best Friends and Salad Activity taught healthy habits. Matra Activity and Skip Counting strengthened vocabulary and pattern recognition. Sound of Objects improved focus, and the Hindi Declamation on Independence Day deepened their understanding of the event.



GRADE II

ENRICHMENT ACTIVITIES

Grade II students participated in activities that enhanced their cognitive, creative, and motor skills. They learned number values, practiced alphabetical order, and improved fine motor skills through Thumb Printing. Public speaking was boosted with poems, and Earth Day raised environmental awareness. Math skills grew with Addition and Division activities, while creative tasks like Pasting and Leaf Printing developed motor skills. The Food Groups Activity promoted healthy eating, and Constitution Day deepened their understanding of national values



GRADE III

ENRICHMENT ACTIVITIES

Grade III students engaged in dynamic activities that boosted creativity, cognitive growth, and skills. They improved public speaking and dialogue delivery through Role Play, enhanced vocabulary with Adjective Advertisements, and retold the Akbar and Birbal story through comic strips. Poem Recitation helped with language skills, while an EVS Symposium promoted teamwork and research. The Movement of Earth activity explained day-night cycles and seasons, and Leaf Explorers and Collage Making nurtured creativity. Weather Vane crafting taught about wind direction. In math, students practiced operations with Number Cards, learned time with a 3D Clock Model, and visualized fractions with Origami. Kidney Beans reinforced multiplication. These activities fostered curiosity and a deeper understanding of various subjects.



GRADE IV

HEALTHY SCREEN TIME

Healthy screen time keeps our eyes and body feel good. It helps us sleep better by avoiding screen use before bed. Balancing screen time with outdoor activities keeps us active. It ensures we have time for hobbies and face-to-face interactions. Too much screen time can cause headaches and fatigue. Limiting screen time helps us focus better on tasks. It encourages healthier lifestyle overall. Taking breaks from screens prevents eye strain and posture problems. Healthy screen habits promote mental well-being and creativity. Finding a balance ensures we enjoy technology without it controlling our lives.

Kaustav Chauhan

IV- ARAVALI

Healthy screen time involves setting limits on electronic device usage, balancing it with physical activity, and engaging in interactive and educational activities. It's about using technology in a limit, taking breaks. Limiting watching screens before bedtime promotes sound sleep.

Navtej

IV- Aravali

Screen time can be fun and educational if we use it wisely. Healthy screen time means balancing the time we spend on screens with other activities.

It's good to take breaks, play outside, and spend time with family and friends. When we use screens for learning, like watching educational videos or playing educational games, it can be beneficial. But it's important not to spend too much time on screens and to follow our parents' rules.

GRADE IV

Let's enjoy screen time in a healthy way!

Tanvi

IV- Nilgiri

Healthy screen time refers to time which one needs to spend watching screen in order to have a healthy mind and body. One should fix a particular time that he should spend on the screen. Screen time should be something positive and constructive.

Shreyan Rao

IV-Shivalik

The amount of time modern children spend in front of screens is staggering and alarming. Not only does their eyesight suffer because of the excessive pressure, but their social life is also damaged as they circumscribe their own abilities to interact with other children. Children lack the adult perspective to recognize the danger, which is why their screen time should be restricted. Ultimately, children's screen time should be limited because it damages them physically and decapitates their social abilities.

Omansh Shukla

IV-NILGIRI

Ananya Goyal

IV Shivalik

Healthy Screen Time

By age group

Age Group	Screen Time
INFANT Birth	NO HOURS
TODDLER Age 2-3	1 HOUR PER DAY
ELEMENTARY SCHOOL AGE - 5-12	1-2 HOURS PER DAY
TEEN & ADULT AGE 13-20	2 HOURS PER DAY

HOW PARENTS CAN HELP

1. Ensure kids have 1 hour of physical activity each day
2. Remove TV sets from your child's bedroom
3. Limit kids total screen time to no more than 1-2 hours per day

Ananya Goyal
IV-Shivalik
C-Section

GRADE IV

TIPS FOR SUSTAINABLE LIVING IN SCHOOL

"In the vibrant world of education, fostering sustainability is the key to a thriving future. From recycling initiatives to energy conservation projects, schools can empower students to embrace eco-friendly practices. Integrate sustainable living into the curriculum, cultivating a consciousness that transcends the classroom. By instilling the values of reduce, reuse, and recycle, educational institutions become powerful agents of positive change. Through sustainable initiatives, schools not only nurture responsible citizens but also contribute to a healthier planet. It's not just a lesson; it's a commitment to a sustainable legacy."

*Navyata
IV-Shivalik*

YOUNG TRAVELER

FUN WITH A SHARK

*On a crazy ocean ride, I landed on a shark chasing a whale,
Sliding down from its head to tail, I am living a fairytale,
Dolphin, octopus, little fish followed us leaving a trail,
Oh My! We all crashed into a giant snail.*

*Yahvi Kumar
IV-Nilgiri*

GRADE IV

MY LIFE TREASURES

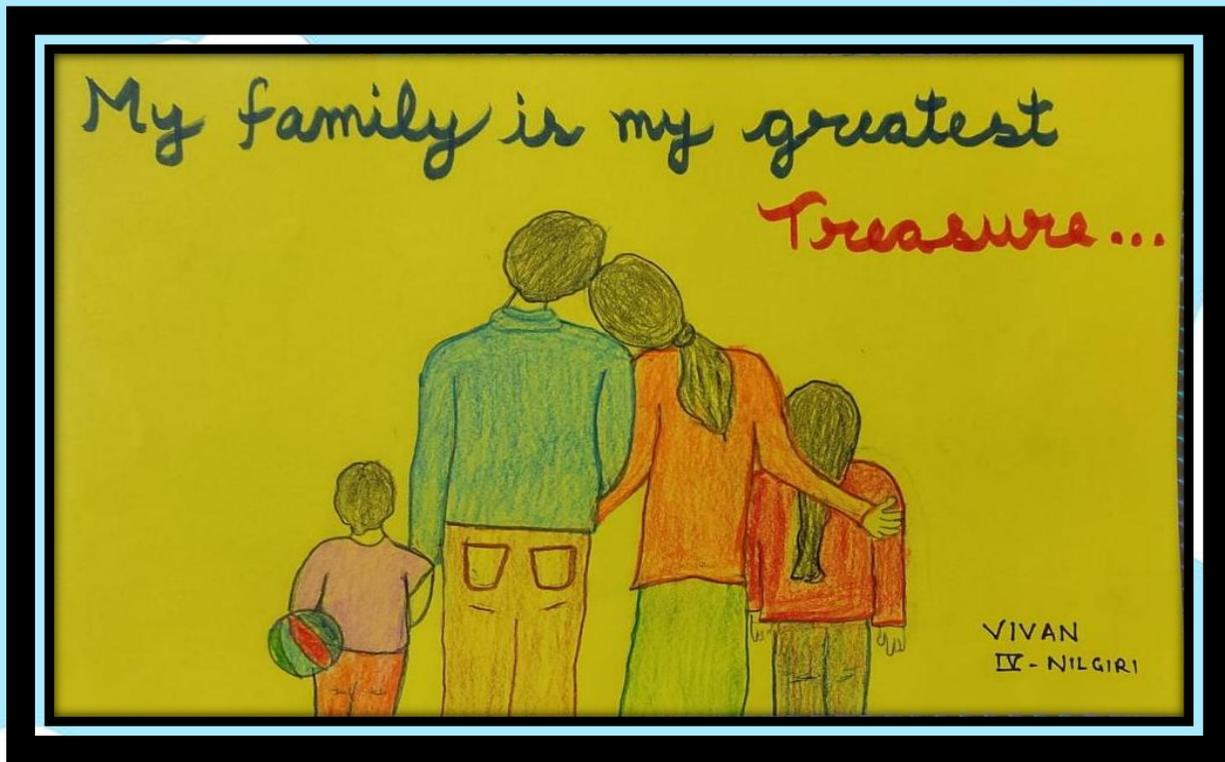
My life's treasure is my family. I value my deep family network more than anything else in my life because of my family's unconditional love, understanding, and continuous support to me. Those aspects always help me to keep going and to become stronger. Without my family, I could not accomplish anything. My family is the most precious treasure that I have been blessed with in my life.

*Ashwath Garg
IV-NILGIRI*

For me,
The treasure of my life is MY FAMILY!
I love to spend every moment happily,
My father is bold and strong
And always inspire me a lot,
My mother is caring,
And as beautiful as her heart
My little sister is cute and naughty,
I love to play with her.
For me, each moment spend with family
Is a gift to cherish and a memory for a lifetime!!

*Arihant Garg
IV-Nilgiri*

GRADE IV



Vivan
IV Nilgiri



Aaradhya Sil
IV Aravali

GRADE IV



In my heart, a treasure so bright,
Sparkling like stars in the night.
Hugs from mom, laughter with friends,
Moments of joy that never end.
My life's treasure, precious and true,
Filled with love, just like it grew.
Forever in my heart, shining so fine,
My treasures of life, forever mine.

Kimairaa Bedi
IV

Aravali



Ananya Deep
IV-Shivalik



GRADE IV



Ahana Negi
IV-Nilgiri

Life & treasure isn't found in possessions, but in moments etched with resilience and joy. From overcoming challenges to celebrating triumphs, each thread weaves a unique story. It's not about what I have, but the simple richness of experiences that define my journey- the moments of a life well-lived.

Akshita Maan
IV Nilgiri

My little sister who is a source of boundless joy, laughter, and a reservoir of unconditional love is my life's treasure. Together, we navigate the challenges of growing up, every day is an adventure, an exploration of the world through the lens of curiosity and wonder.

Arsh Singhal
IV-Nilgiri

GRADE V

NATURE- THE ESSENCE OF LIFE

"Nature is the true essence of life, a precious gift that surrounds us with its beauty, wonder, and magic. It is the source of our existence, providing us with the air we breathe, the water we drink, and the food we eat. Nature's splendor inspires us, nurtures us, and rejuvenates us."

Let us cherish and protect this precious gift!

Prince

V- Aryabhata



Gaurav
V- Aryabhata

GRADE V

Nature is everything around us. We all depend on nature for everything we do. It provides us with essentials that keep us alive.

Despite its crucial importance, we degrade nature due to our greed. Since humans have been depleting its resources as if there were no tomorrow. Human activities like animals, cutting down trees, releasing harmful gases, and polluting rivers are taking a toll on the natural world. To help preserve nature, we should plant more and more trees and support afforestation.

Sarthak Rawat

V Bhaskar

Nature is like a big, wonderful playground with trees, flowers, and animals. It gives us fresh air to breathe and water to drink. When we care for nature, it stays beautiful and healthy.

Let's all make our contribution to keep nature happy!

Charvi

V- Aryabhata

Nature is our home and provides us with all we need to live. It has forests, rivers, and amazing animals everywhere. If we respect and protect nature, it will stay beautiful forever. Together, we can make sure nature always thrives!

Divyanshi

V- Aryabhata

Nature is full of wonders, from tall trees to tiny flowers. It gives us food to eat and clean water to drink. By taking care of nature, we help it stay strong and healthy.

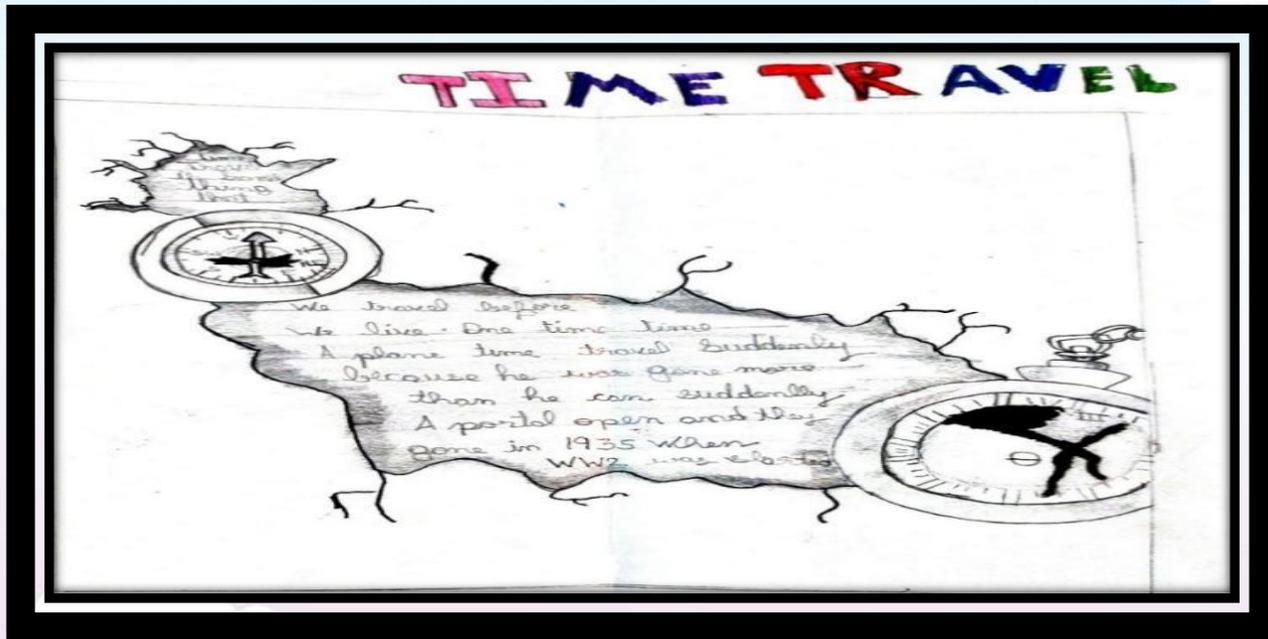
Let's all work together to protect our precious environment.

Hardik

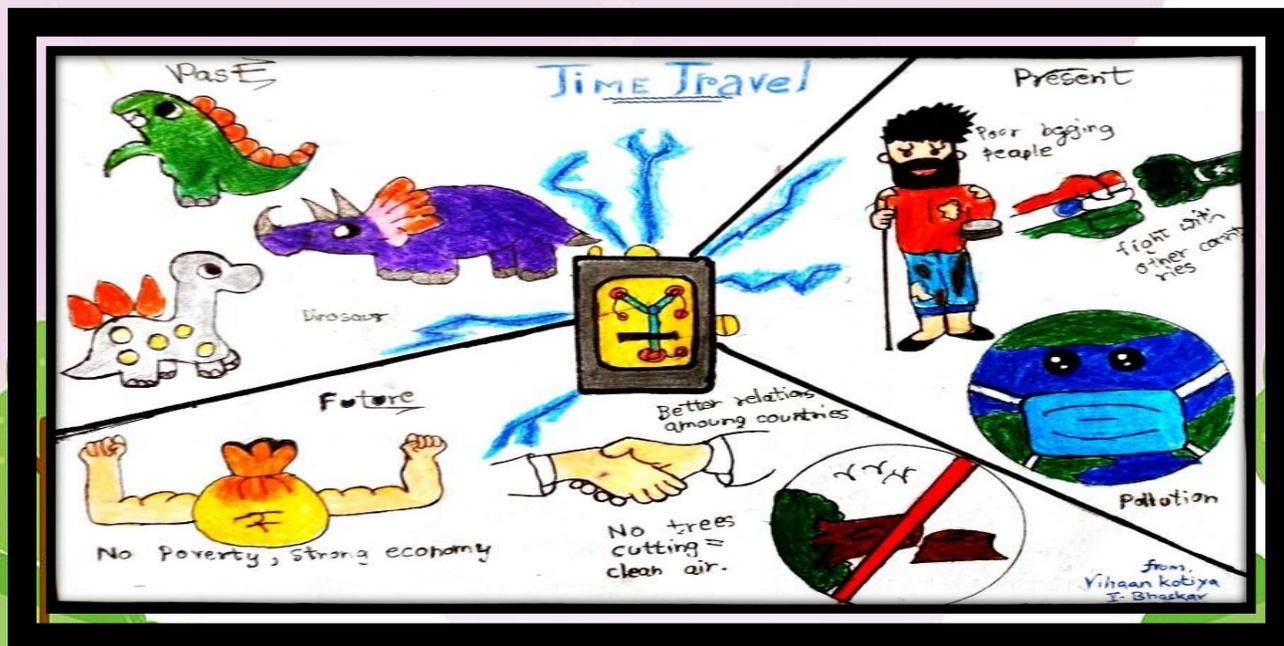
V- Aryabhata

GRADE V

TOPIC - TIME TRAVEL



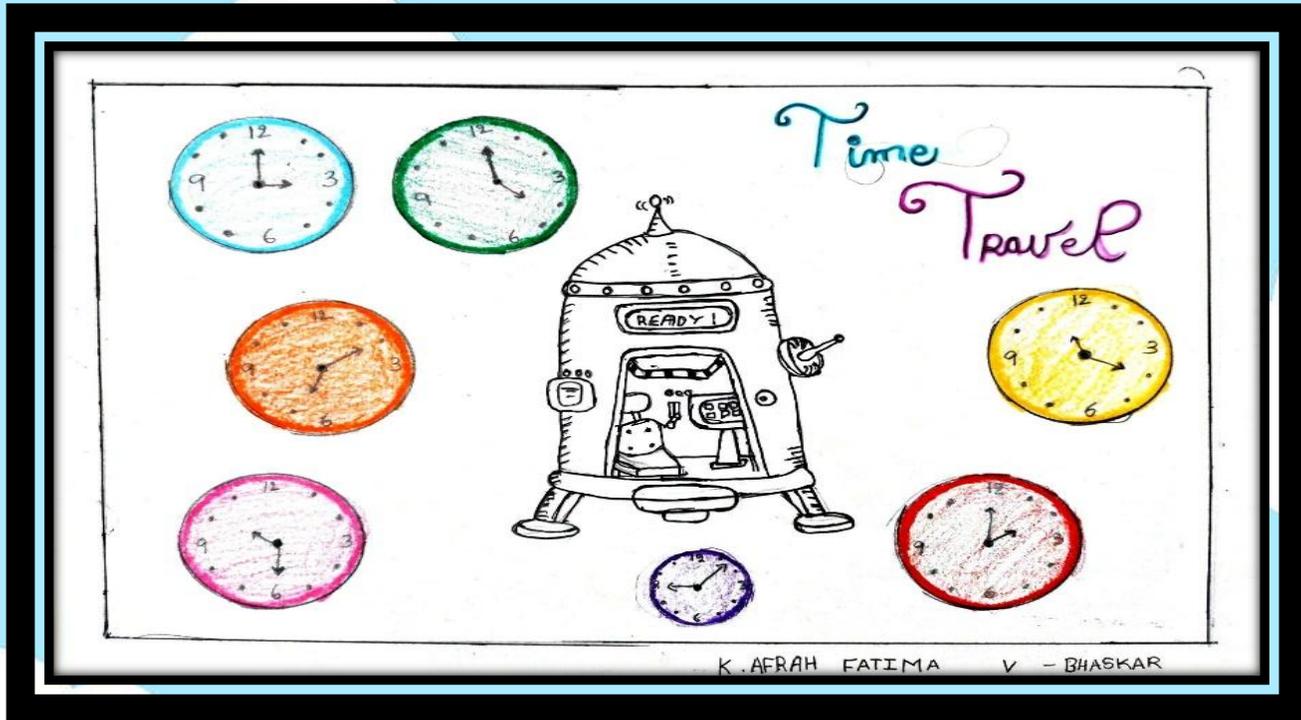
Aarav Sehrawat
V Bhaskar



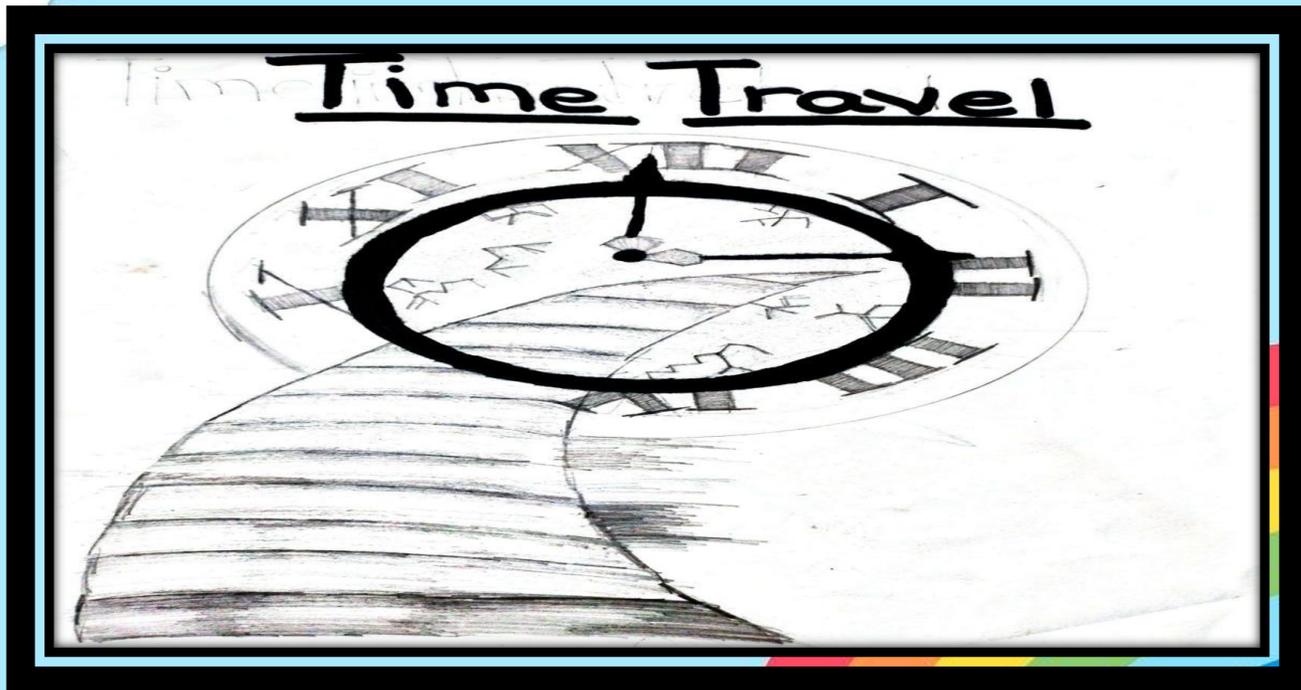
Vihaan Kotia
V Bhaskar



GRADE V

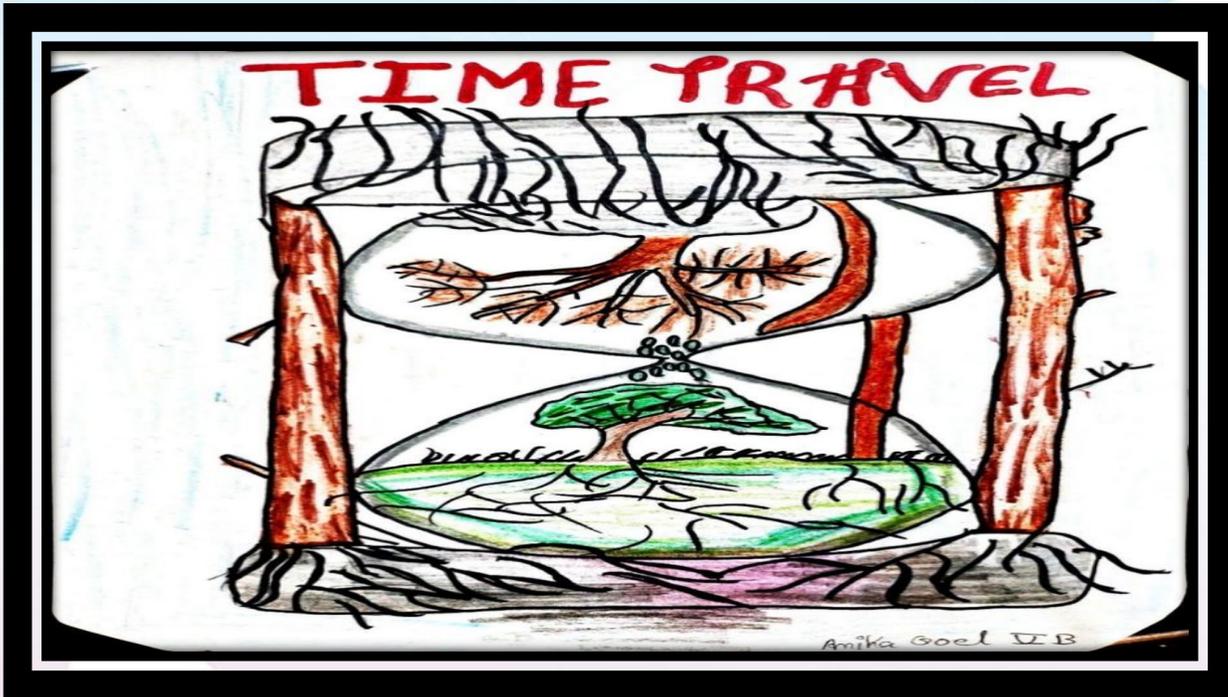


K. Afra Fatima
V- Bhaskar



Alia Diwan
V - Bhaskar

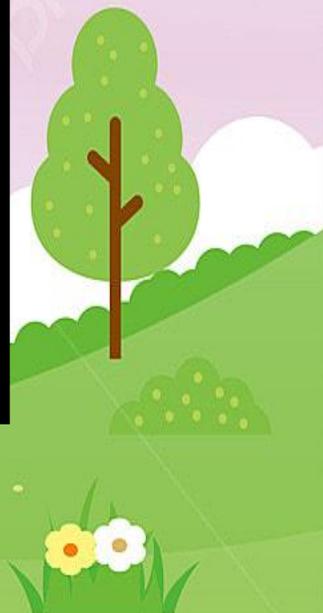
GRADE V



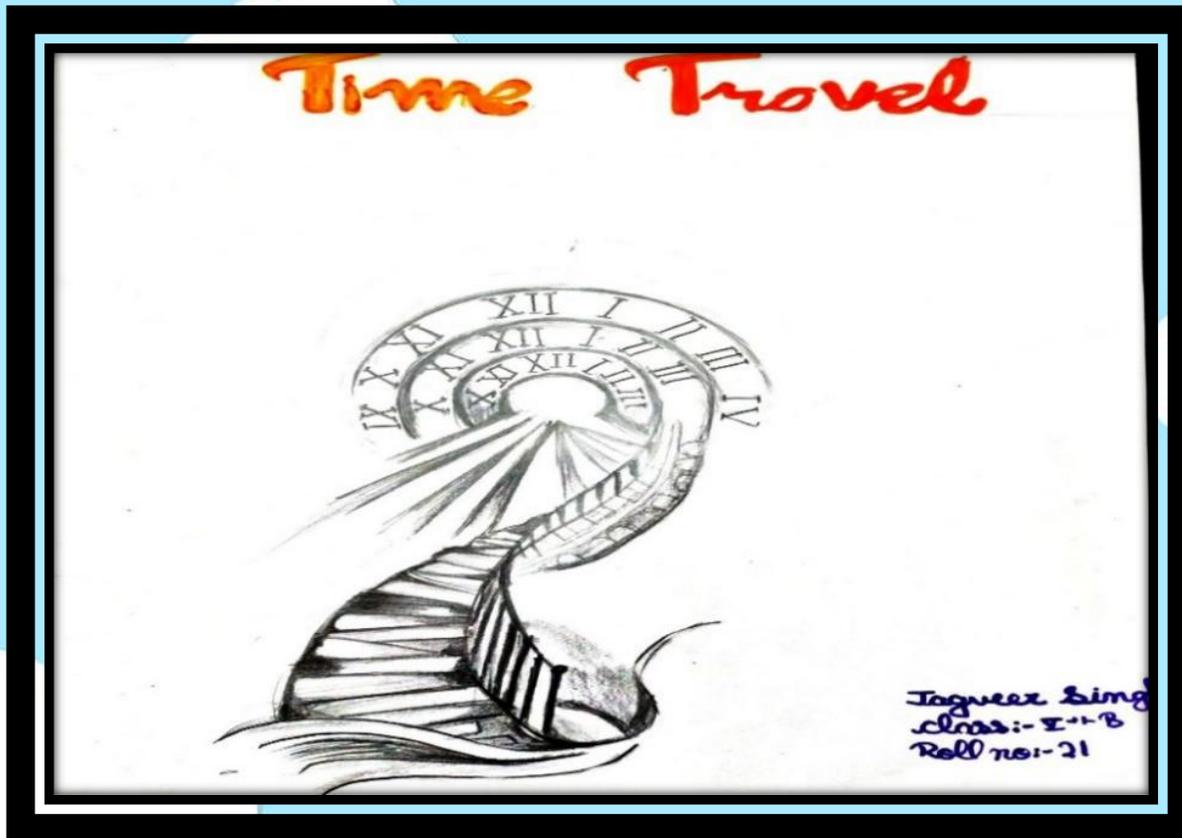
Anika Goel
V - Bhaskar



Vanshi
V - Bhaskar



GRADE V



Jagveer Singh

V- Bhaskar

Time travel means going to the past or future with a special machine. Imagine visiting dinosaurs or seeing future inventions! It's fun to think about, even if we can't do it yet. Stories about time travel let our imaginations soar.

Aryan

V- Aryabhata

Time travel is like having a magical clock that lets you visit different times. You could meet famous people from history or see what life is like in the future. It's an exciting idea that helps us dream big. Who knows what adventures might have for us?

Vihan Kotiya

V- Rohini

GRADE V

Imagine hopping into a time machine and zooming to the past or future! I could see knights and castles or flying cars and robots! Time travel is a fun idea that shows up in many books and movies. It makes us wonder about all the possibilities.

Yuvansh

V- Rohini

Time travel is the idea of moving through time like we move through space. I wish to explore ancient civilizations or discover future cities. It will be a cool concept that helps us learn about history and dream about tomorrow. Thinking about time travel can be so much fun!

Garvit Kumar

V- Aryabhata

PEER HELP

Friends at school help each other learn and have fun. We play games together and share stories. Good friends make school a happy place and help each other with solutions to the problems.

Swasti

V-Aryabhata

Having good friends in school means always having someone to talk to and play with. Friends can help with homework and make classes more fun. It's important to be kind and helpful to our friends.

Akshita

V- Aryabhata

GRADE V

INSPIRATIONAL

WOMEN

CHARACTERS IN FICTION

Cinderella

Cinderella, a timeless tale of hope and transformation, tells the story of a young girl who rises above her circumstances to find true love and happiness. Despite being reduced to a life of servitude by her wicked stepmother and stepsisters, Cinderella's kindness, grace, and beauty shine through. With the help of her fairy godmother, she attends the prince's ball, capturing his heart. Her journey reminds us that 'true beauty comes from within, and that with courage and perseverance, even the most unlikely dreams can come true'.

Aadi

V- Bhaskar

POEM

*Merida, with her bright red hair,
In Brave, she faces a challenge rare.
With her bow, she's strong and bold,
A princess whose story is told.
She shows us courage, in trials and strife,
A simple hero in everyday life.*

Aradhya Panthri

V-Aryabhata

In school, my classmates have become my great friends. We cheer each other up and share exciting adventures. Good peer relationships make school days enjoyable and help everyone feel included.

Anika Goel

V- Bhaskar

GRADE V

Working together with friends in school makes learning easier. My friends support me and we solve problems as a team. Building strong friendships help everyone feel happy and confident.

Khushjot

V- Bhaskar

GRADE (VI-VIII)

NURTURE – NATURE

OUR RESPONSIBILITY TOWARDS NATURE

*In nature's tapestry, we're woven to roam,
As stewards, it's our sacred, humble home.
From mountains high to pristine shores so grand,
We guard Earth's beauty and protect its strands.*

*With reverence, tread upon the forest floor,
With harmonious care, we must explore.
The call resounds in whispers of the trees,
To be nature's guardians, preserve with ease.*

*With wisdom's torch, we light the path so clear,
To safeguard Eden, hold its beauty near.
In this great task, our purpose we impart,
Preserving nature's wonders, each beating heart.*

DAKSH KUMAR

VII A

Our responsibility towards nature is paramount. We must save and cover the terrain for future generations. This involves sustainable practices, reducing waste, conserving resources and by minimizing pollution,

GRADE (VI-VIII)

Deforestation and embracing eco-friendly habits.

We can ensure a healthier planet for all living-beings. By inculcating eco-friendly habits, we can reduce the damage already done to nature. We can educate ourselves and future generations to avoid further damage and to nurture the earth. Our responsibility towards nature should be a pledge to be servants of the earth.

AARAV CHOUDHARY

VII B



Akshat Singh

VII B

Wildlife is an essential aspect for living organisms. It is our responsibility to create a shield between our misdemeanor and the precious nature.

GRADE (VI-VIII)

Healthy food, clean water, garden-fresh air, multiple species of plants, animals and humans make nature worth appreciating. Our first responsibility is to plant more and more saplings.

We should use bicycle as an alternative for cars and bikes, to reduce the pollution and live greener and healthier.

DON'T BE MEAN, JUST KEEP IT GREEN.

Rimjhim Rani

VII A

GUARDIANS OF NATURE

They say, " You are the guardians of trees and forests".

And the irony says, "The trees are being harnessed"!

Where is the promise you made years ago to protect wildlife, natural habitats and the rivers flow?

Who is going to raise awareness about the environmental issues?

If you are the one doing the misuse!

We must reduce carbon footprints and take a look into the nature's glimpse!

When was the last time we used more public transports or used less electricity to heat and cool our homes?

Oh humans! The keeper of the keys!

Hear the whispers of the breeze,

In harmony with trees, our actions can bring peace.

Debadrita

VIII C

GRADE (VI-VIII)

THE BIGGEST ENVIRONMENTAL CHALLENGE

*Stepping on the grass, treading down without care,
Causing pollution, making the sun and light rare.
The nature is asking for help but the condition is despair,
Is this action truly fair?*

*I long to see the stars, shining bright and clear,
But pollution dims their light, a truth we must adhere to.
I yearn to understand why they pollute but the answers remain unclear.*

*Aashi Gupta
VIII B*

GLOBAL PERSPECTIVES

We all are aware that global problems like pollution, global warming, etc. can create problems for humans and can affect the health. At the same time, the planet, human population and our biodiversity cannot remain untouched.

Due to global warming, natural disasters like hurricanes, floods can also be caused. We should organize some campaigns for students. It will help them to understand that global warming and related problems are not good. They will learn how we can reduce and can save our planet.

*Diksha
VIII A*

GRADE (VI-VIII)



Kratika Varshney
VII B

GO GREEN AND SAVE GREEN

*Sorry nature, for all evils we humans have attempted,
Thanks for the patience you have kept.
Thanks for the trees whose shade give us peace.
Thanks for your help,
Thanks for the inherent herbs.
Your patience makes you odd,
You are yourself a God.*

Atharva Sharma
CLASS VII B



GRADE (VI-VIII)

FEMINISM AND

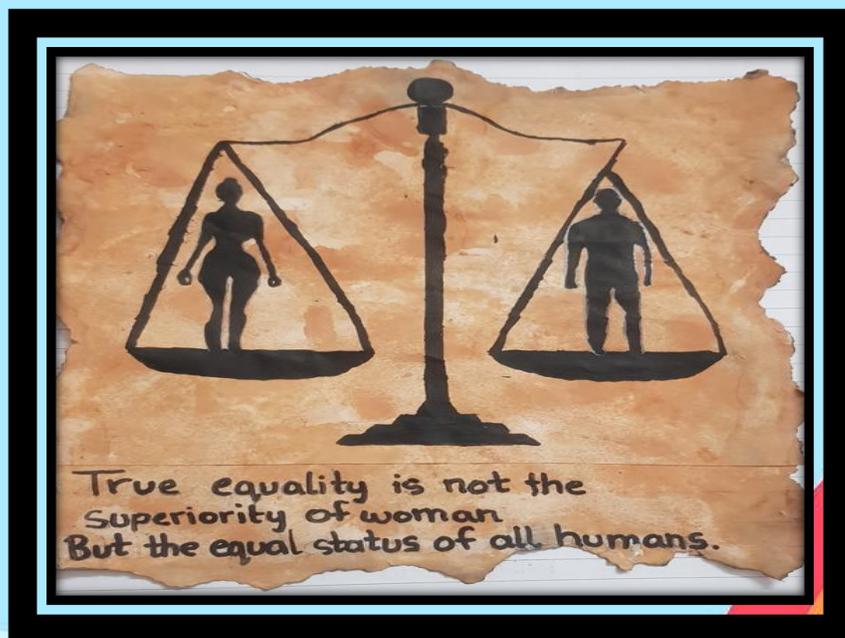
WOMEN EMPOWERMENT

Women in power are transforming leadership by breaking traditional barriers and challenging stereotypes. They bring diverse viewpoints and innovative ideas to their roles, making a significant impact in fields once dominated by men. Their leadership promotes inclusivity and drives progress by demonstrating that success isn't defined by gender. These trailblazers inspire others with their resilience and determination, paving the way for future generations.

Celebrating their contributions enrich our understanding of leadership. Their success creates a ripple effect, influencing global perspectives on equality and opportunity. Embracing and learning from their experiences helps build a fairer world for everyone.

Naman Singh

VII C



Pranjali

VIII

GRADE (VI-VIII)

WOMEN OF 2040

*I wonder how women in the future would be,
Compared to now they could be more free.
They will not be judged on the basis of their gender,
They'll be stronger and smarter and never surrender.
All the women will fight for their rights,
They will invent things which everyone likes.
They will end gender discrimination,
And help women facing violation.
Women have already gone so far,
Who knows if they'll reach the star.*

Saumyaa Aggarwal

VII-B

In 2040, women will continue to play a vital role in shaping the world. They will be leaders, scientists, artists, and more. Technology will offer exciting opportunities for women, with careers in fields like artificial intelligence and space exploration.

The women of 2040 will be strong, confident, and unstoppable, breaking down barriers and proving that they can achieve anything they desire to. The future is bright for women, and they will continue to inspire the world with their achievements and contributions.

Sanchita

VII B

Women Empowerment

"Empowerment of a women leads to development of a good family, good society and ultimately a good nation" by Dr. A P J Abdul kalam.

Women empowerment is the act of granting women equal rights and opportunities in society. It is a widely discussed concept in today's world, focusing on the upliftment of the female gender.

Domestic violence against women has been prevalent, the traditional superiority of men over women is being dismantled through empowerment.

Women possess immense patience and effort, which can significantly contribute to the development of their country.

GRADE (VI-VIII)

When given the right support, women have excelled in every field. In India, for example, women have successfully taken on diverse roles, from Prime Minister to astronaut, entrepreneur, and many more. Additionally, women are often considered the backbone of a family. They manage domestic chores, nurture children, and handle multiple responsibilities, demonstrating remarkable multitasking abilities.

We need to boost their confidence and empower them to make their own decisions at every stage of life. This is how we can work towards achieving women empowerment.

Triman Kaur

VI C

Women in Power

Women in power have made significant strides over the years, breaking barriers in politics, business, and various fields. Their presence in leadership roles is essential for promoting gender equality and fostering diverse perspectives in decision-making. Research shows that organizations with women in leadership often experience better governance and ethical practices. By empowering women, societies can unlock their potential and create more equitable communities.

Ridham Joshi

VI A

MIND MATTERS

'To fall in love with yourself is the first secret to happiness.'

When you have a strong sense of self-love, you understand your own value and treat yourself in a loving way. Despite what the perfectionists think, loving yourself doesn't mean that you don't hold yourself to a high standard. Without being optimistic towards ourselves, we may find it hard to be motivated. Many studies suggest that we need self-love in order to take action, take chances, and welcome new opportunities in life.

ARYAN SETHI

VII C

GRADE (VI-VIII)

SELF-LOVE

Self-love means accepting yourself entirely. It involves embracing both the good and the bad aspects of yourself, and appreciating them. Improving your mental well-being, caring for your health, and pursuing what you love are all integral parts of self-love.

A crucial aspect of self-love is avoiding comparisons with others. When you compare yourself to someone else, you will always find flaws. In the process of trying to change these perceived flaws, you risk altering who you truly are and losing your authentic self.

It is important to remember that perfection is unattainable—not for you, not for me, and not even for those who appear perfect! We should love ourselves as we are because attempting to change ourselves excessively is not self-love; it is merely evading our true selves.

“Self-love is like a cup of tea in the evening; without it, you feel empty.”

*M. Wilson
VII C*

Self-love is an act of honoring your own needs and desires. It's about taking time for self-care and nurturing your physical, emotional, and mental health. It's about being kind to yourself, even when you fall short of your expectations. Practicing self-love requires you to acknowledge and forgive your own mistakes.

*Deeksha Thakur
VI-C*

Value of self-love

Self love is a cornerstone of emotional well-being and personal growth. It is not at all about being egotistical or self-centred. By cultivating self love, individuals can develop a positive self-image. It's important to note that developing self love is a journey, not a destination. Be patient with yourself and celebrate your progress no matter how small.

*Aikam Kaur
VIII C*

GRADE (VI-VIII)

Resilience is the result of successfully adjusting to difficult or challenging survival experience etc. How to overcome this? We can help by connecting with nature and the people around us, learning from your experiences, building confidence, self-awareness, mindfulness, self-care, acquiring more hobbies, being socially active, reading books and even seeking professional advice. One of the best ways is to do meditation, yoga, exercise which makes us feel relaxed.

“No one escapes pain, fear and suffering. Yet from pain can come wisdom, from fear can come courage, from suffering can come strength- if we have the virtue of resilience.”

Bhavya Sharma

VIII A

When you Love others, don't forget to look after yourself.

Loving others isn't a bad thing, but ignoring yourself for others can be. You have to practise loving yourself because others are going to fake it . Self-love is not selfishness. You cannot truly love others, until you know how to love yourself.

Sometimes keeping yourself as a second thought and friends at first can hurt vigorously. Always listen to your heart.

Hansika Chugh

VII B

*Embrace your joys, sorrows, failures, and success,
Each wrinkle, each triumph, each moment and distress.*

Every fear confronted, every dream chased,

It's all part of your story, beautifully laced.

Gaze beyond your reflection, dive into your core,

Discover the strength, you didn't know you wore.

This is not selfishness, it's learning to fly.

To flutter in the wind, under the broad sky,

Self-love, self-value, a treasure indeed,

A poetic mantra, for every heart in need.

Krithika Kumar

VII B

GRADE (VI-VIII)

The meaning of Self-love is when you accept yourself the way you are. Treat yourself with kindness. When you love yourself, you have a view of yourself. Without self-love, you're likely to be highly self-critical and fall into people's perfectionism.

You may neglect your own needs and feelings because you don't value yourself. Sometimes, you may self-sabotage or make decisions that aren't in your interest.

But let me tell you that self-love is necessary. Don't do injustice with your soul. At the same time, remember, not to be Narcissists because they won't acknowledge or take responsibility for their mistakes and flaws.

Diksha Sangwan

CLASS- VII A

*Self-love is something you should know,
Because this is the thing that will help you to grow.*

*If you look into the mirror,
You should find a friend.*

*Don't be in a hurry,
And don't pretend.*

*Self-love is for everybody,
There should not be any discrimination here.*

Self-love is what makes you care.

Dhruv Kumar

VII A

Have you ever wondered what does this term mean? Self love is a feeling that everyone must have. The way we treat ourselves is the way we handle things and treat other people. Love yourself despite the failures and wrong decisions because these things will help us to grow. Self love means accepting yourself fully as you are.

Bhuvika

VII B

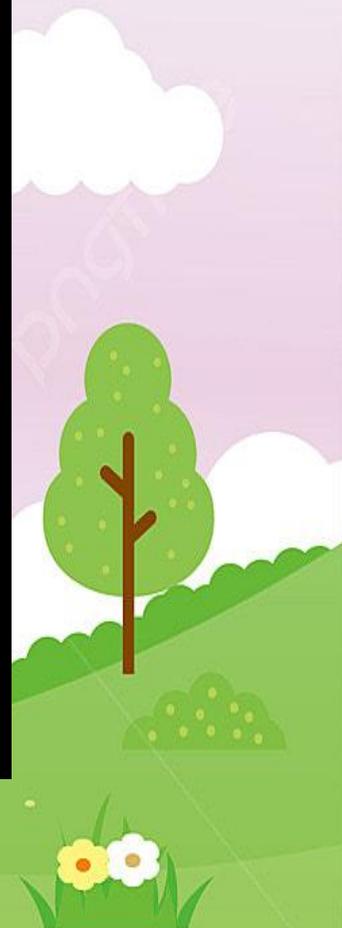
GRADE (VI-VIII)



Bhumi Bhalla
VII C



Monika
VII B



GRADE (VI-VIII)

Anger can often be seen as a manifestation of the ego. It undermines our health and can ruin even the happiest moments. When we reflect on how harshly we have scolded or expressed our anger, we may realize the significant impact it may have had on others. This approach is not pragmatic, as it ultimately causes us suffering and leads to side effects such as increased anxiety and blood pressure.

The best way to protect ourselves from the adverse effects of anger is through meditation and emotional control. Even when we feel the urge to yell, we should strive to ignore it, forgive, and maintain composure.

Aadya Bajpai

VI A

Anger is an emotion that everyone experiences at some point. It is an innate quality in every human. Only some people can manage their anger effectively, and those individuals are quite rare. Anger can cause a person to lose their composure and react irrationally, which may have long-lasting effects.

Controlling anger is challenging, but it is not impossible. To manage anger, we need to remain composed and learn to forgive others. It might not always be easy to stay calm, but remember that it is better to forgive than to regret. Giving in to anger and reacting unwisely can lead to more trouble.

To control anger, we must practice patience and tolerance. These qualities are remarkable and represent wise actions when we are angry. By remaining patient, we can avoid making reckless decisions and actions.

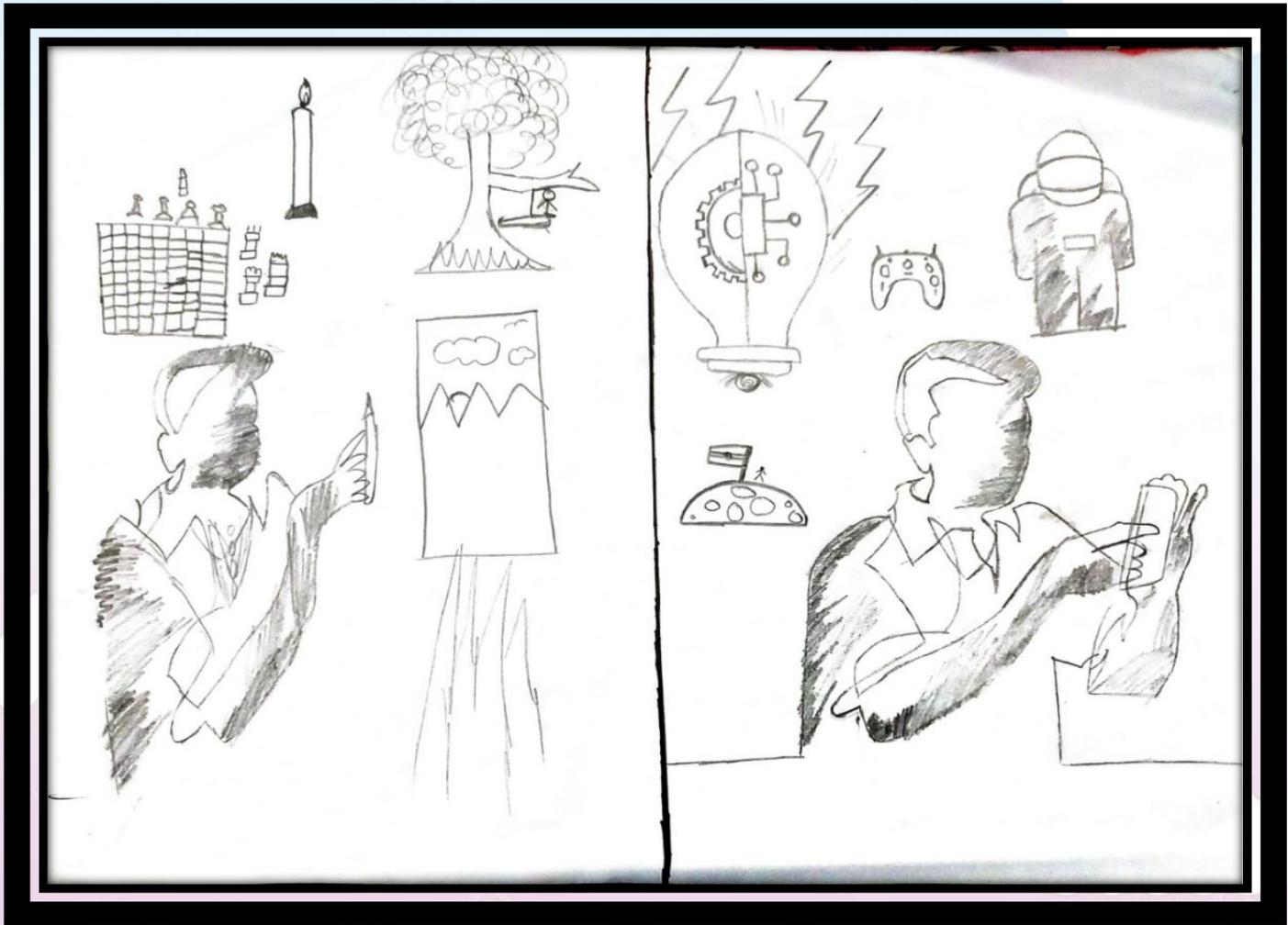
Triman Kaur

VI C



GRADE (VI-VIII)

FUTURE INNOVATORS



Mohammad Danyal
VIII A

As today we all can see an enormous change in our technology. Each and everything has changed with the whirlwind's rhythm. When we go a little further back in time, we can see that people used to live without phones. Not only this, we can see tremendous change in the work of AI. Boffins are still busy researching new technologies which can lead to drastic change in their way of living. Many future notions are also about smart AI homes. I am Curious? Are you ?

Naitik Vats
VIII A

GRADE (VI-VIII)

Space travel will become a common mode of transport, allowing us to travel to places such as colonies on solar planets, and planetary moons. Companies will be experimenting with virtual reality devices. They can be used in a variety of ways including visual representations of blueprints, virtual scale models of products in development or for simple things like virtual team meetings

In the next 1000 years, we can expect AI and robots that are more sophisticated and versatile than ever to be integrated into our daily lives. From self-driving cars and drones to humanoid robots and virtual assistants, these technologies will continue transforming how we work, play and interact with the world.

Nilesh Chaudhary

VIII A



Mannat
VIII B

GRADE (VI-VIII)

LIFE IN A NUTSHELL



IKIGAI is a Japanese term that can be interpreted in many ways worldwide. At its core, IKIGAI means having a sense of purpose and feeling motivated. Research shows that mental and physical health are interconnected and that our determination to achieve certain goals can greatly impact our approach to life.

We can say that IKIGAI is a key factor behind Japan's high life expectancy. Maintaining a healthy, stress-free life style sustains our mental well-being. It allows us to focus on our goals and responsibilities. It helps individuals to find inner peace, leading to a happy life.

*Shefali Vyas
VIII A*

IKIGAI – THE ART OF LIVING

*There is always something that you can succeed in this world,
No matter how hard or awkward it is.*

Everyone is not good at everything,

But they can always do something that suits their likings.

This is what the true pleasure of the art of living explains,

To be living in the present and taking it slow .

For that enjoying the process of life and following it wherever it goes,

Surrounding ourselves with true faithful friends,

Trying to enjoy the bliss of paradise with them.

Smiling and keeping ourselves active,

To change the perspective and discover the true person hiding.

Reconnecting with nature will surely go a long way,

If early in the morning you listen to the chirping of birds, it will make your day.

Last but not the least, try to express gratitude.



GRADE (VI-VIII)

*For it is the only thing to overcome your attitude.
So do me a favour, talk to the person living inside,
Be amazed and try to find the purpose of your life.*

*Srija Ghosh
VIII B*



*Prakriti
VIII A*

GRADE (IX-XII)

TOPIC: LIFE IN A NUTSHELL

In today's fast paced world, time is a precious resource that we often find ourselves struggling for. Balancing hectic school and extra curricular work schedules along with some time for leisure activities become troublesome. However, mastering the art of time management allows us to regain control over our schedule and maximize our productivity.

To achieve success in the art of time management, one must be clear with their goals and priorities. A well structured schedule or time table must be created in which regular breaks must be added in order to avoid overworking. One must learn to say no, often trying to help someone out of kindness leads to a hectic day as one's own work efficiency is affected. Multitasking must be avoided, instead one must identify the key tasks that yield the best results and prioritize them. One must remember that time is a finite resource, and how it is chosen to be managed makes the difference in achieving success in life.

Saakshi Goel

IX C

IDEALISM VS REALISM

Two opposing worldviews that influence how we perceive the world are idealism and realism. Idealists frequently have a positive outlook on life, highlighting the importance of ideas, morals, and the possibility of good change. Conversely, realists have a realistic stance that is based on practicality and they frequently doubt lofty ideas. Realistic thinking offers a sobering check on expectations, while idealism encourages optimism and creativity. The interaction of various viewpoints is essential in forming our choices, laws, and group efforts to improve the future.

By Saiyasha Nair

IX-B

GRADE (IX-XII)

IT'S NEVER TOO LATE

The notion that opportunities diminish with age is a misconception. Life is a continuum as learning and growth, irrespective of age. Many success stories exemplify achievements made in later years. From career shifts to creative pursuits, individuals continue to discover new passions and fulfill dreams. The key lies in determination and embracing change. As long as one possesses the will to evolve, the mantra, 'it's never too late', resonates as a powerful reminder to pursue aspirations relentlessly.

Archit Jha

IX A

It is never too late for any of us to start a new journey. We should never let our age hinder our dreams. Every person's life offers them a chance for reinvention and growth at any stage. The timeline phase inspires us to embrace opportunities, reaffirming that the journey of self-discovery and achievements has no age limits. The idea that age is a limiting factor is a misconception that can hold people back from pursuing their passion. It serves as a powerful reminder that 'life's journey is not bound by age'.

Manya Shukla

IX A

IKIGAI - THE JAPANESE ART OF LIVING

Ikigai is a combination of two words: iki, meaning 'life' or 'alive', and gai, meaning 'benefit' or 'worth'. Ikigai can be translated as 'a reason to live', 'a reason to get up in the morning', or 'waking up to joy'. It is similar to the French term 'raison d'être' or 'reason for being'. It is said to have evolved from the basic health and wellness principles of traditional Japanese

GRADE (IX-XII)

medicine, which holds that physical well being is affected by one's mental-emotional health and sense of purpose in life. *Ikigai* is a philosophy that helps people find their passion, talent, mission, and vocation in life. It is the intersection of what you love, what you are good at, what the world needs, and what you can be paid for.

Ikigai is not necessarily a fixed goal or destination, but rather a dynamic and evolving process that guides one's actions and decisions in life. *Ikigai* can help people achieve a state of flow, which is when they are fully immersed and engaged in an activity that brings them enjoyment and mastery. *Ikigai* can also inspire people to contribute to society and make a positive difference in the world. *Ikigai* is believed to be one of the factors that contribute to the longevity and happiness of the people in Okinawa, Japan, which is known for having the highest life expectancy in the world.

SHRISTI GUPTA

IX-B

IKIGAI - THE ART OF SIMPLE LIVING

We all tend to love Japanese culture! We love reading about their mangas, the traditional kimonos they offer, and more or less have at least for once have tried holding chopsticks for eating, and have miserably failed. *Ikigai* is a Japanese term referring to having a purpose in life. According to the writer, *Ikigai* is the feeling of accomplishment and fulfilment that follow when people pursue their passion. In social terms, *Ikigai* refers to the skills that are accepted by the society through volunteering and circle activities

GRADE (IX-XII)

in general. It is a Japanese concept which involves discovering what you love, what you are good at and lastly what you can get paid for in the coming future. If you really challenge yourself to get better, you would keep getting yourself one step closer to your "IKIGAI".

Swera Singh

IXB



Sana Anwar

IX A

GRADE (IX-XII)

COPING WITH CHANGES IN LIFE

Change is an inevitable process, yet no one is ready to move their cheese. Experiencing comfort in their shell is what people believe. Changes are never at ease but in order to strengthen one's personality in all aspects, changes are important. Coping with changes help you to realize a new version of yourself, handling and managing all angles of life.

Riya

XI B

ROLE OF POWER DYNAMICS IN A NATION

Power dynamics is a combination of power and capability of a nation that fulfills the national interest and goals. Healthy power dynamics encourage each partner to understand each other, and to achieve the goal whereas unhealthy power dynamics may lead to conflicts and disputes.

In fact, many of the experts believe that power dynamics plays a key role in technological, social as well as sustainable development. Knowing how to use the power appropriately is an important skill, hence, it will also help the nation to run smoothly.

Mishika

XI B

A nation is said to be democratic when people choose their own representatives, but does that minimise the role of power dynamics? In our nation, the rich are only getting richer and poor are only getting poorer. Why does this happen?

GRADE (IX-XII)

Nobody seems to care about who they choose as their representatives unless and until they make laws or provision that affect them, which is exactly what is giving them power rather than waiting for your existing

government to do something that affects us. Don't you think giving some actual thought in the voting while you're choosing is more effective?

I just want to say when you're giving such people power who can actively choose to ruin your life, you're automatically losing your own power in a nation. It is important to make your voice known so that it doesn't get lost. Let's unite to make the right choice!

Ankur

XI A

ROLE OF POWER DYNAMICS

Power Dynamics in modern life is way different to the history shared with power in every nation. Today, Power dynamics is influenced by the role of citizens where as history puts a contrast to this statement, it holds a very important role in either making the nation or breaking the nation but this totally depends upon the people involved in the power dynamics and those who influence it.

Power Dynamics can either be a boon for country resulting in prosperity but sometimes if people in power are not chosen correctly, it can result in breaking of nation.

Pingash Vohra

XI B

YOUTH LED SOCIAL IMPACT

Youth is the most powerful word. This word has various aspects hidden in it. When we talk about youth, we feel there is a vibe of energy, power, strong desire, and most importantly, which can create a revolution. A fact can be

GRADE (IX-XII)

stated that collective youth can create a social impact towards an issue. The voice of youth is the most powerful weapon which a country can use. During the time of partition of India and East Pakistan, most of the youth studying in Delhi University protested for the struggles which were being faced by the refugees of Bangladesh living in India and also the people struggling in Bangladesh due to partition. This voice alarmed every citizen of the country. Such power presented by the youth socially, alerted the people and created a small impact, but this was a crucial step to

achieve success for a revolution. Not only one, but many protests held by you have created a valuable impact and questioned the negative impacts for which they were protesting, so we can say that being a youth, you have the power to bring changes against the things which are harmful and devastating for our country, environment, and people.

-Vishishti Sharma

XII B

NURTURE-NATURE

Nature is a source of endless wonder and awe. Environmental Studies is a field of academic exploration that engages complex relationships between humans and the natural world.

One of the most critical roles of EVS is raising awareness about the importance of the environment and the problems it faces. It promotes sustainable resource management by developing strategies for efficient resource use, waste minimization, and ensuring access for future generations.

In a world facing unprecedented environmental challenges, EVS is crucial for addressing these environmental challenges. It is a call to action and a pathway to a sustainable and harmonious co-existence with nature.

BY: DEEPAK MISHRA

CLASS: IX-B

GRADE (IX-XII)

SUSTAINABLE ARCHITECTURE (DIARY ENTRY)

Nov.20,2023 1:11 pm

Dear Diary,

Today was such an exciting day! My day started with a cup of tea and reading the newspaper with my father. I got to know how fast technology is growing in India, how good India has been doing in the field of architecture. Recently, I got to know about an under construction highway that is being made using plastic. Bricks are being made using ashes that are very light in weight and stronger than the normal bricks used in houses. Alternatives like these are so important these days and coming up with such solutions solves the current issues of the resources which are depleting at much larger scale. I wish India finds more ways out to improve its architecture. That's it for now, I'll see you again at night with more interesting facts and stories....

Jahnvi Sharma

XI A

November 21, 2023

Dear Diary

How magnificent it was that our ancestors built the seven wonders of the world! Here we are lacking the bare minimum skills of creating something as specular as they did.

In today's time, it is impossible to create wonders such as Taj Mahal and Red Fort as we don't have enough resources like before. And the irony is we are the cause behind it!

Now as we are getting more opportunities through new technologies, architectures, we can show their innovations by creating new projects and can overcome the hype of classic monuments.

Udit

XI B

GRADE (IX-XII)

FEMINISM

'Wake up call against patriarchy'

Patriarchy, a system that has dominated societies for centuries, is facing an awakening. It's time to sound the alarm against patriarchy. This social system imposes gender norms that decide how men and women should behave, and gives power and dominance to the males. As a result, toxic masculinity, a product of patriarchy, encourages men to follow the rigid ideals of manhood and distance themselves from so called "feminine" traits. This eventually affects women's rights and equality. In this case, women empowerment is a crucial step to ensure their safety, respect their choices and support them. Furthermore, the wake up call against patriarchy is a crucial demand for transformation. It aims to eradicate a system of injustice and in turn, promote the values of dignity and freedom of all individuals irrespective of their gender.

AKSHITA

IX-C

My Favorite Season- The Fall Of Patriarchy

*In the crisp embrace of autumn's air,
I find solace in the fall of patriarchy's glare.
Leaves dance freely, shedding old constraints,
As voices rise, breaking societal restraints.*

*The fall of patriarchy, a transformative art,
Unveiling equality, a brand new start.*

*The world awakens to a harmonious call,
As patriarchal walls begin to fall.*

*With every gust of wind, a revolution whispers,
Empowering voices, lifting spirits as it lingers.
Embracing diversity, breaking gender norms,
Autumn's essence, a catalyst for reform.*

In the fall of patriarchy, we find our voice,

GRADE (IX-XII)

*A symphony of change, a cause to rejoice.
For in this favorite season, we stand tall,
Witnessing the transformation, breaking down the wall.*

Hargun Randhawa
IX C

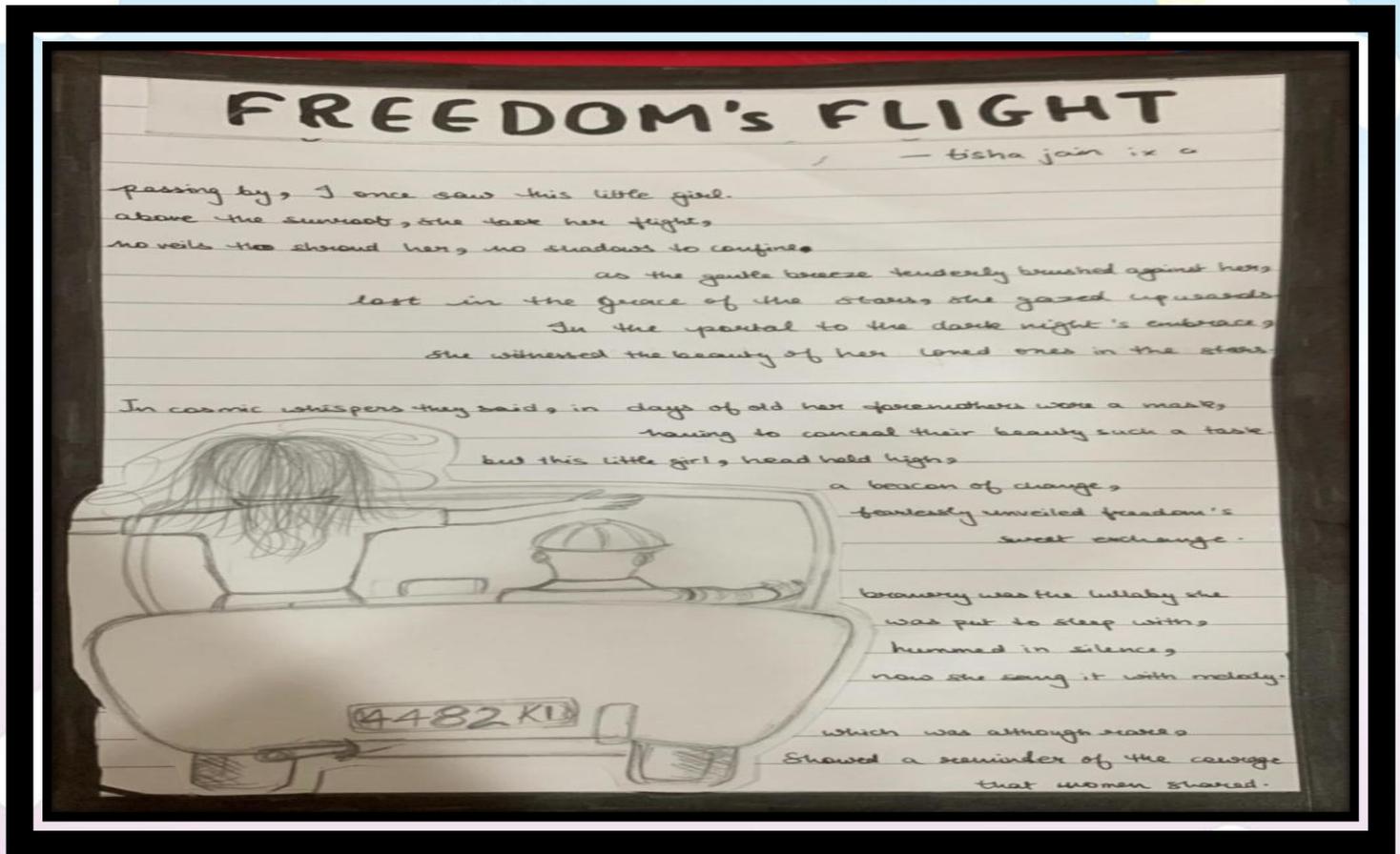


Gopika Bansal
IX C



Guneet Garg
IX B

GRADE (IX-XII)



Tisha Jain
IX A

Challenges in feminism, who admires ?

It's time for 2 a.m shower
to get perturbed by every stretchmark
to worry about the fall of hair
and to get insecure when men don't admire.

Why live up to expectations of society?
When we girls haven't signed a character's treaty,
so just live as per your own will!
And do not make your life still!
Atleast, be confident about your body,
as questioning you is a right of nobody!!

Vishishti Sharma
XII A



GRADE (IX-XII)

MODERN FEMINISM

*For women who love with all their heart,
For women who never fear a new start!*

*The pain, the hurt, the hidden fear,
Under every smile, laugh and giggle we hear
The suffering and sacrifices towards their goal
The thunders they endure, without telling any soul*

*They are warriors, souls so bright,
Shining stars in the dark of night.
Their spirits unbroken, wills unshaken,
They stand tall, with hearts unspoken.*

Priyadarshi Harsh

XI B

To Be Silenced

*Feminist, they said, as if it was an insult,
'Man-hater', 'One of those girls' he sneered,
Their words hit me, like fireballs from a catapult,
Under their hate filled gazes, all I wanted to do was to disappear.
'A touch of reality' was what I needed,
They wanted to bind me to their shackle like toes,
But for freedom and choice I kept pleading,
Trying to get out of their web of lies.*

*They might nail me as well to a wall,
try to silence my desperate call,
but they know deep down it's all futile,
cause one day this burning fire will be all worth while.*

Jasmine

XI B

GRADE (IX-XII)

GLOBAL PERSPECTIVES

Global Issues and Activism

The 2023 Gaza conflict brought attention to the Middle East's ongoing issues on a global level once more. The battle served as a sobering reminder of how urgently diplomatic and activist actions are required to address the root causes of this ongoing disaster. Worldwide, activists and concerned citizens call on governments to promote long-term solutions and conduct demonstrations universally. Coordinated actions are required for a more stable and peaceful future for the world, and the current events of Gaza further prove this.

Saiyasha Nair

IX-B

A HEALTHY DEMOCRACY

*Democracy must come to the nation,
To end the hypocrisy of domination,
For building the pillars of the nation,
Which requires a healthy cooperation.
So that human rights are guaranteed to
Each and every citizen,
Views matter, unlike the color.
Representation is required for the tricolor,
A healthy democracy will benefit the nation,
In its each and every decision.
Strong leaders to reform the world,
To end the power of underworld.
We need a healthy democracy,
To reform this world!*

Hrishabh Raj

IX-A

GRADE (IX-XII)

MIND MATTERS

Body Image and Self Esteem

Body image is the mental picture we have of our body and how we see ourselves. Whereas self esteem is how we value and respect ourselves as a person. In today's time, people are very much concerned about their beauty and looks. One should feel happy the way they are, as nobody is perfect in this ordinary world.

Alankrit

XI B

Bullying is an act of teasing or harassing someone, whether it is verbally, non verbally or done on an online mode. Bullying is the most common in schools among the students, and now has taken the form of Cyber Bullying. It is emerging as a big threat in upcoming times and is common in youth due to Social Media.

Let's not become the victims but act as active citizens of our country!

Madhav Joshi

X B

Body Image and Self Esteem,

*I don't know what it feels to have a perfect body,
Where having these lungs which keep breathing in,
Suffocate on the idea that 'I Am Not Enough'!*

*Because to know that you are loved and feel loved;
Are not the same, maybe
not my cup of tea!*

*Life seems to be unfair,
Things seem complicated, Self-worth seems to be burning,
Efforts turn out worthless!*

Loving myself has never been this 'hard'

GRADE (IX-XII)



*Pampering myself has never been this 'hard'
Finding myself amidst in the sea of chaos & noise
Looking for something, I already was!!*

*Bhavya
XI A*

Mind Matters: Dealing With Stress

In the bustling world of academia, it's easy to get lost in the whirlwind of assignments, exams, and extracurricular activities. Amidst this chaos, our mental well-being often takes a back seat. It's essential to recognize the signs of stress and equip ourselves with coping mechanisms. From mindfulness techniques to seeking support from friends and teachers, there are myriad ways to alleviate stress. Remember, taking care of your mental health is as important as acing your exams. Let's foster a supportive environment where everyone's wellbeing truly matters.

*Rudraksh
IX C*

*When it's your friend, you're at ease, it's true,
But when it's your foe, it drains the best of you.
Stress! The weight we carry in our mind,
In this struggle, the strength of our thoughts we find.*

*Make stress your comrade, not your foe,
For it's a part of life that all must know.
In balance, it can fuel your inner fire,
Yet unbridled, it may consume your entire desire.*

*Embrace the storm, don't let it weigh you down,
Turn it around, make it your golden crown.
Take a breath, release what no longer serves,
And soon, serenity, your restless mind deserves.*

In nature's beauty, find solace and peace,



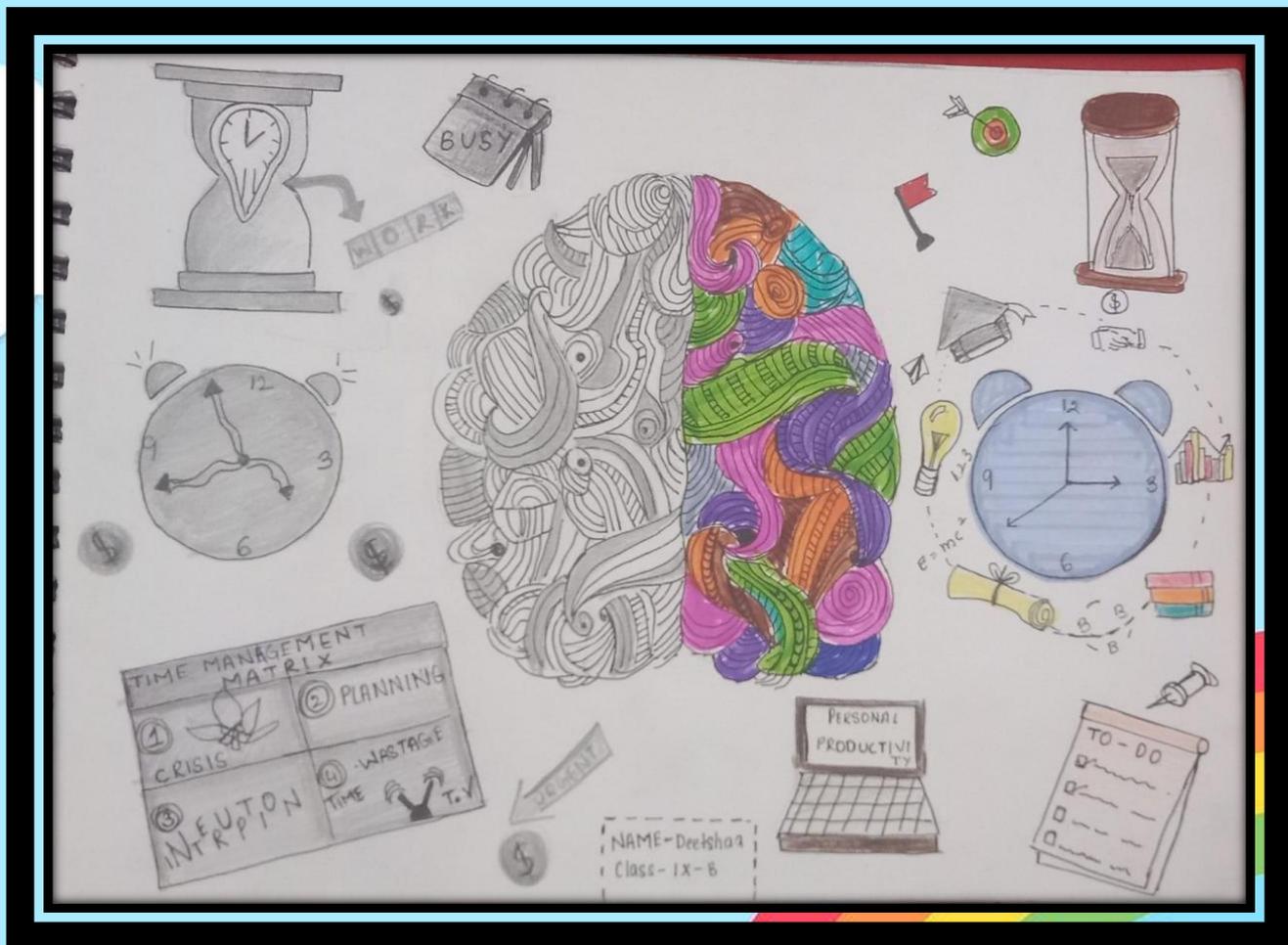
GRADE (IX-XII)

*Let worries and troubles finally cease.
Meditate and laughter, as allies true,
Nurture your mind, and it will nurture you.*

*Remember, my friend, in this life's grand plan,
The power to conquer stress lies in your own hand.
In the end, we see, it's true, mind matters the most!
For within its realm, our struggles are embossed.*

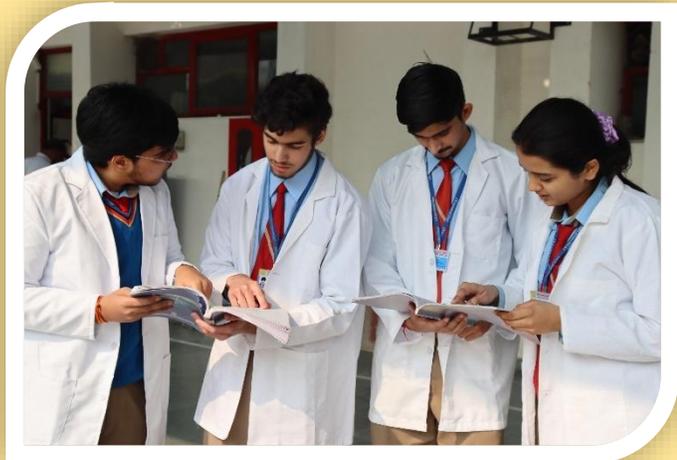
Kashish Prakash

IX-B



*Deetsha
IX B*

INNER BEAM



J M International School

A Senior Secondary School Affiliated to C.B.S.E. (Centrally Air - Conditioned)

Sector- 6, Dwarka, New Delhi - 110 075