

HAPPY TOOTH, SAD TOOTH

EVENT: Dental health and hygiene awareness through art

DATE: 22 July 2025

CONDUCTED BY: Prep Classes

Our little learners from the **Prep Classes** engaged in a fun and meaningful art activity titled “**Happy Tooth & Sad Tooth**”, designed to teach the importance of **dental health and healthy eating habits**.

Children enthusiastically illustrated a **happy tooth**, decorated with pictures of **healthy food items** like fruits, vegetables, and milk, and a **sad tooth** filled with drawings of **sugary treats** such as candies and chocolates. This visual comparison helped them understand how different foods affect their teeth and overall oral health.

The activity not only raised awareness about the benefits of **good oral hygiene** but also encouraged children to make healthier food choices. It further supported the development of their **fine motor skills, coloring, and drawing abilities**, making learning both fun and impactful.

With smiling faces and thoughtful creativity, our young artists learned that **a healthy smile begins with healthy choices!**

