
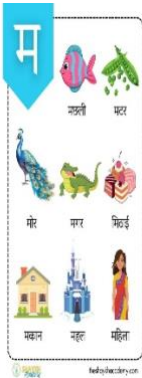




| TIME TABLE (KINDERGARDEN) |                           |  |  |  |  |   |  |  |
|---------------------------|---------------------------|--|--|--|--|---|--|--|
| THEME: RAINY SEASON       |                           |  |  |  |  |   |  |  |
| DAYS                      | 8:00am-8:10am             | 8:10am-8:40am  | 8:40am-9:10am  | 9:10am-9:55am  | 9:55am-10:35am                                     | 10:35am-11:05am   | 11:05am-11:35am  | 11:35am-12:00 noon   |
|                           |                           |  |  |  |  |   |  |  |
|                           | Domains➤                  | Positive Habits  | Language & Literacy Development  | Numeracy   | L<br>U<br>N<br>C<br>H<br><br>B<br>R<br>E<br>A<br>K | Physical Development  | Aesthetic Development  | Socio-Emotional Development  |
| MONDAY (14.7.25)          | Free-Play (Settling Time) | Welcome<br>Cleanliness Checkup<br>Prayer & Group Singing | LEARNING Circle time<br><br>The teacher will introduce a new state (Jammu & Kashmir) to the students by explaining to them the lovely state in the north of our country. People often call it “Heaven on Earth. “ What makes Kashmir special? Flowers-Big gardens full of bright tulips and other beautiful flowers bloom in spring. Snow - In winter, it snows a lot. | JUMPING IN THE PUDDLE [Number Hop Game]<br><br>Jumping in the Puddle is a fun number hop game that helps children with number recognition, counting, and gross motor skills. To play, place puddle cutouts with numbers 1–10 written on them on the floor. Call out a number and ask the child to jump onto the puddle with that number.. Adding music or a rain sound track can make the activity even more engaging and joyful.<br><br>Numbers |  | WINDY WALK<br><br>“Windy Walk” lets them move gracefully with scarves to the sound of rain or wind music, supporting rhythm and full-body movement. | SNAIL TRAILS OF CREATIVITY<br><br>Children will draw a colorful snail and color it. This activity will help them develop fine motor skills and creativity. | RHYME ON RAINY SEASON<br><br>Pitter-patter on the ground,<br>Raindrops falling all around.<br>Umbrellas up, boots on feet,<br>Splashing puddles down the street!<br><br>Clouds are grey, the breeze is cool,<br>No sun shining over school.<br>But we can dance, jump, and play. |

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| <b>TUESDAY<br/>(15.7.25)</b> | Free-Play<br>(Settling<br>Time) | Welcome                | <b>Introduction of letter 'u'</b><br><b>Teacher will introduce letter u its phonic sound and formation to the students by using different objects displayed in the class like umbrella, utensils, uniform etc.</b> | <b>Shikaara Number Ride</b><br>This is an engaging numeracy activity inspired by the beautiful shikara boats of Dal Lake in Jammu and Kashmir. To play this game, children will be provided with paper boats numbered from 1 to 10, a tray filled with water or a large sheet designed to look like a lake, and a dice. Each child takes a turn rolling the dice, then finds the shikara (paper boat) that matches the number shown. They place the boat on the "lake" and count the number aloud. |  | <b>CLOUDY CRAWL</b><br>Children are encouraged to crawl through the tunnel as if moving through a rainy cloud to reach the "sunny side" at the end. This imaginative activity not only engages their creativity but also helps in developing upper body strength and body coordination in a playful and safe way. | <b>MONSOON MUSIC MOVEMENT</b><br>Children use simple instruments like a rainstick, tambourine, or bottle with rice to mimic the soft patter of raindrops while listening to gentle rain music. They form a "rain rhythm band" and follow patterns of soft and fast beats, enhancing their sense of rhythm and coordination. | Children will dance to the folk music of Jammu and Kashmir<br><br><a href="https://youtu.be/enet0gL42u0?si=U_fw7UqyoDASv3">https://youtu.be/enet0gL42u0?si=U_fw7UqyoDASv3</a> |
|                              |                                 | Cleanliness Checkup    |  |  |  |   |   |   |
|                              |                                 | Prayer & Group Singing |  |  |  |   |   |   |
|                              |                                 |                        |    |  |  |   |   |   |



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| WEDNESDAY<br>(16.7.25) | Free-Play<br><br>(Settling Time) | Welcome                | Introduction of<br>अक्षर म<br><br>Students will to recognise and write अक्षर म<br><br>म<br><br>and explore words that begins with it. Students will write it .<br>मटर , मछली ,<br>मेंढक<br><br> | <b>MEMORY GAME<br/>RAINDROP<br/>NUMBER<br/>MATCH</b><br><br>In this activity, there are two sets of cards: one set has numbers from 1 to 6, and the other set has pictures showing raindrops ranging from one to six. All the cards are placed face down. Children take turns flipping over two cards—one from each set. If the number card matches the number of raindrops on the picture card, the child makes a successful match and keeps the pair. If the cards do not match, they are flipped back, and the child must try to remember their positions for the next turn. |  | <b>THUNDER CLAP<br/>GAME</b><br><br>In this game, the teacher calls out weather-related words, and children respond with specific actions. When they hear “Thunder!”, they clap their hands quickly. When the word “Rain!” is called, they gently tap their knees. On hearing “Lightning!”, they freeze in place like a statue. By mixing up the order and speed of the commands, children learn to listen carefully and react quickly, making it an exciting way to improve focus and motor skills during a rainy day.. | <b>FREE HAND<br/>DRAWING</b><br><br>Rainy day drawing with crayons and water children first use crayons to draw rainy weather scenes—like clouds, raindrops, puddles, and rainbows—on thick paper. Once their drawing is complete, they gently brush water over the picture, watching the colors blend and soften, creating a magical, rainy effect. This activity encourages children to explore different art tools and textures while enhancing their creativity, fine motor skills, and appreciation for how colors and materials interact in unique ways. | Kashmiri feelins are learning about Jammu and Kashmir through fun feelings activities! children will make Kashmiri puppets and help them express emotions like happy, sad, and shy. We’ll sit in a circle and pass a Kashmiri cap while giving kind compliments to our friends. We will also make a big kindness tree by adding leaves whenever someone does something nice. While listening to soft Kashmiri music, we’ll share how it makes us feel, and we’ll gift paper cups of Kahwa filled with kind words to our children. be Kashmir! |  |  |  |  |
|                        |                                  | Cleanliness Checkup    |   |   |  |  |  |   |  |  |  |  |
|                        |                                  | Prayer & Group Singing |   |   |  |  |  |   |  |  |  |  |
| THURSDAY<br>(17.7.25)  | Free-Play<br><br>(Settling Time) | Prayer & Group Singing |   | Number Practice<br>Page 22-23<br>Backward Counting  |  | APPLE PICKING<br>FROM KASHMIR<br><br>In this game the children will collect the  | RAINBOW WITH<br>CLAY<br><br>Students will make a rainbow with different  | Circle time pep talk on rainy seasons<br><br>Always wear your raincoat and boots  |  |  |  |  |
|                        |                                  | Cleanliness Checkup    |   |   |  |  |  |   |  |  |  |  |
|                        |                                  | Prayer & Group Singing |   |   |  |  |  |   |  |  |  |  |

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|                             |                              | Singing                |   |  |  | <p>Red paper apples are stuck on the wall at various heights, and the children are encouraged to stretch, reach, or jump to "pick" them and place them in small baskets.</p>   | <p>colours of clay</p>   | <p>before stepping out, and never jump in puddles – they can be slippery! If your clothes get wet, tell your teacher or mummy right away. Wash your hands often, drink clean water, and eat warm food to stay healthy. Don't touch frogs or insects, just look at them from far. And remember, if you sneeze or cough, use your tissue or elbow. Let's all stay happy, healthy, and safe this rainy season!"</p> |
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| <b>FRIDAY<br/>(18.7.25)</b> | Free-Play<br>(Settling Time) | Welcome                | <b>Introduction of letter c'</b>  | <b>PICK AND MATCH</b>  |  | <b>RAINBOW STRETCH</b>   | <b>SHORT STORY ON A RAINY DAY</b>   | <b>Question Answer</b>   |
|                             |                              | Cleanliness Checkup    |   |  |  |  |   |  |
|                             |                              | Prayer & Group Singing | <p>introduce letter c its phonic sound and formation to the students by using different objects displayed in the class like candle; carrot, cake etc.</p> | <p>The children will count the objects related to the rainy season and will place it in front of the number.</p> |  | <p>. In this stretching routine, each movement is named after a color of the rainbow to make it fun and imaginative. Children are guided to "Reach the Red" by stretching their arms high above their heads, then "Touch the Blue" by bending down to touch their toes, and finally "Bend like a Rainbow" by doing gentle side stretches. This colorful approach encourages full-body movement</p> | <p><a href="https://youtu.be/cb59LqLq-3A?feature=shared">https://youtu.be/cb59LqLq-3A?feature=shared</a></p> <p>This activity will help develop visual memory recall, and allows children to express their thoughts and emotions in a joyful and imaginative way.</p> | <ol style="list-style-type: none"> <li>1. Who loves to see mountains covered with snow?</li> <li>2. Have you seen soft wool?</li> <li>3. Did you know Jammu and Kashmir has fluffy sheep that give us wool?</li> <li>4..Who loves apples</li> </ol>   |

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|  |  |  |  |  | while helping children<br>become more aware<br>of how their bodies<br>move and stretch. |  |  |
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