



DELHI PUBLIC SCHOOL

Sector 102A & 103, Dwarka Expressway, Gurugram

Session: 2026-27

HEALTH AND WELLNESS POLICY

At DPS, Dwarka Expressway, health is seen as a holistic combination of physical, mental and social well-being. As parents and guardians are the first health educators and care providers, they must work in partnership with the school to ensure the safety and well-being of the child. Parents are required to kindly fill in the pre-admission Health Record Form with past, current, complete, and accurate information about the child's health. All information provided will be maintained confidential and will be shared only if required to ensure the safety and well-being of your child or required by law.

MEDICAL FACILITIES

- At DPS, Dwarka Expressway, we provide only basic first aid, initial care of illness or injury occurring in the school and not medical aid.
- Child's well-being is an integral part of our health and wellness policy. School has a full-time experienced nursing staff who has worked in reputed hospitals and full-time counselor available to address any issue that the students may wish to discuss.
- The school infirmary is fully equipped with beds, wheelchair, nebulizer, oxygen cylinder, thermometer, first aid and other emergency medicines available at all times. The infirmary has a well settled and time-tested system of replenishment of all medicines below MSL (minimum stock levels) and also tracks expiry dates. First aid boxes are placed on each floor, strategically located in all school buses.
- Nursing/Trained Staff in first aid will be available during extended school hours.

POLICY AND RESPONSIBILITY

- Children suffering from a contagious illness/disease such as Viral Flu, Measles, Chickenpox, Tuberculosis etc. are expected to stay at home to recuperate. A medical fitness certificate will be required to be submitted to the school the day the child rejoins the school.
- School will inform the parent/guardian of any injury or condition for which the child was provided assistance.
- The treatment for injuries that occurred at home is the responsibility of the parent/guardian. Monitoring the progress or managing a child's on-going medical condition is the sole responsibility of the parent/guardian.
- During an emergency and in case of serious injury and/or health condition, the authorized staff who are trained in the basics of first aid will give first aid when appropriate. All efforts will be made to contact the parent/guardian/emergency contact in the event of emergency. In the event of a parent/guardian/emergency contact not being reached, the child will be transferred to the nearest and most appropriate hospital/medical care facility center as determined by the school based on the condition of the child. Payment of all costs and fees related to such emergency care or treatment by the parent directly to the hospital/medical care center and/or reimburse the school in full on all the costs incurred.
- During any medical emergency, Parent/Guardian/any relative known to the child should reach to the school/hospital at the earliest and not expect the school to take care of everything.
- In case the child suffers from any condition that requires special attention such as asthma, allergies, diabetes, epilepsy etc., the parent/guardian is required to provide clear written

instructions on school communication portal on the kind of care and treatment required to address the condition. The instructions must include the side effects of the medication provided and the medical protocol followed in the past and have prepared for. The school shall at any point of time may call the parent/guardian to arrange external support/external health care to provide regular assistance in such special management cases.

- Parents/guardians need to inform before the admission / promptly in case the child has any condition that prevents or restricts the child's ability to participate in any school outdoor/indoor activity including any sport or tournament.
- Many physical activities and sports have inherent risks of injury associated with such activity. However, school takes all reasonable precautions but it cannot be held liable and does not assume any liabilities of any nature for any such injury.
- The school keeps a small stock of fever and pain reduction medication (acetaminophen, ibuprofen, or antihistamine, etc.) and medicines for stomach upsets/ nausea, and oral rehydration (Electro and ORS), topical ointment for minor cuts or wounds. The school health staff will administer the appropriate medication based on an assessment of the symptoms. If the parent/guardian has any objection to the school nurse providing any medications under any circumstances or without informing the parent/guardian, please inform us by writing on the School Communication Portal.
- Any specific medicine given to the student will only be permissible with the approval of the principal.
- The parent shall submit to the school requisite medical proof to account for the absence of the child.
- Due to any medical emergency, if the student is not able to give his/her assessment/exams, no retest/re-exam will be conducted in this case. However, the school holds the right to decide to give average marks in such cases, only after submission of authentic medical certificates along with supportive documents.
- Oral/enteral medication is not allowed to be carried by the child. If found unwell, the school will take the consent of the parent.

POLICY UPDATES

- Keeping with the enhancement of medical sciences and inputs from our health advisors, the school may from time to time amend and/or make necessary changes in the present health and wellness policy and/or all other policies of the school.
- The school shall not be able to provide any specific intimation of any change in any school policy and parents are requested to keep himself/herself/themselves updated with all the policies of the school and/or any amendments made time to time as shall be provided on the website/ school communication portal.

I/We confirm that we have read the policy document thoroughly and have clarified any queries or doubts, if any, with the school staff prior to signing this document.

Delhi Public School
Dwarka Expressway 102A & 103
Gurugram

Parent Signature _____