				TIME T	ABLE (NU	RSERY)		
				THEME: RA	INY SEASO	ON		
DAYS	8:00am- 8:10am	8:10am- 8:40am	8:40am-9:10am	9:10am-9:55am	9:55am - 10:35a m	10:35am-11:05am	11:05am-11:35am	11:35am-12:00 noon
	Domains _{>}	Positive Habits	Language & Literacy Development	Numeracy Development	F R U	Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (7.7.25)	Free-Play (Settling	Welcome	LEARNING BUDDHA'S 9 TEACHINGS	INTRODUCTION OF NO.9 Number Story Talk	I T	YOGA SESSION Students will perform	WORKSHEET The students will do	JADUI PITARA The teacher will put different rainy objects in
	Time)	Group Singing	Shower kind words & be	Number Story: "Nina's Nine New Friends" Once upon a time, there was a cheerful little ladybug named Nina She lived in a colourful garden full		various asanas inspired by the rainy season like frog pose, bridge pose (rainbow arch), duck walk etc, to remain fit and healthy during monsoon season.	Panda, the famous animal from the jungles of Sikkim.	the Jadui Pitara and call each child to pick one object out of the box. The child will then have to say a few lines about the object. For instance, if a child picks an umbrella, they might say, "The Umbrella keeps me dry in the rain".
			helpful Students will learn to be kind and caring towards friends, plants, and animals through a pep talk		U N C H B R E			
				Tinu the Turtle 🖘				

				Meenu the Mouse Coco the Cat Bebo the Bird Ruffy the Rabbit Dolu the Dog Gina the Giraffe Pinky the Pig And finally Zuzu the Zebra! Nina shouted with joy, "Yay! I have 9 new friends to play with!" They all held hands and made a circle. Nina counted them one by one: 1 2 3 4 5 6			
				Then they sang and danced together, celebrating friendship and fun. "We are 9 and we love to play, Jump and clap and dance all day!"			
TUESDAY (8.7.25)	Free-Play	Welcome	LEARNING BUDDHA'S	LET'S COUNT THE RAINY OBJECT	CLIMB THE MOUNTAIN	FUN WITH CLAY The teacher will	DANCE SESSION FOLK MUSIC SIKKIM
	(Settling Time)	Cleanliness Checkup	Develop a sharing	Students will identify and count objects seen during the rainy	In the activity "Climb the Mountain," children will pretend	give students different colorful clay and say, "Let's	Students will enjoy dancing to the traditional folk music of

		Prayer & Group Singing	be greedy Students will learn to share and not be greedy through a story "Bubu the kind Bunny" Bubu, a little white bunny, lived in a forest and loved helping others. He shared his leaf umbrella with Tuki the turtle and helped Momo the baby bird when she fell. Bubu's kindness made his friends happy and filled his heart with joy. He learned that kindness is like a little light that shines bright in the forest. Moral: Being kind, helping others, and sharing make everyone happy	PRACTICE OF NO. 9 Students will trace No. 9 in the notebook.	to climb Mt. Kanchenjunga, the tallest mountain in Sikkim. Mats or soft stepping stones are placed in a zig-zag line to look like a mountain path. The children will step from one mat to another as if they are real mountain climbers. This fun game will help children improve their balance and body movement while using their imagination. It will also give them a simple idea about the mountains in Sikkim and make learning active and exciting.		Sikkim, exploring its rhythm and culture through simple movements.
MEDNEC	Fune Dis-	Moles		DICTUDE DE A DIVIG	DUTTEDELIES IN THE	TEADING AND	VIDTUAL TOUR
WEDNES DAY (9.7.25)	Free-Play	Welcome Cleanliness Check Up	LEARNING BUDDHA'S TEACHING Quiet Listening	PICTURE READING Students will look at the picture and	BUTTERFLIES IN THE ORCHID GARDEN In this activity, children will pretend	PASTING Children will tear purple and green	VIRTUAL TOUR Children will take a virtual tour of Sikkim, exploring its

picture of the orchid, Sikkim's state flower. They will paste the pieces inside a flower outline. This activity will build fine motor skills and help them connect to Sikkim's nature.	<u> </u>
state flower. They will paste the pieces inside a flower outline. This activity will build fine motor skills and help them connect to Sikkim's nature.	<u> </u>
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mountains, animals, flowers, and culture through pictures and videos.

https://youtu.be/9iJoj
A2Pq4?si=eMU2DRvumltN
5hpf



			INTRODUCTION OF 'E' The students will paste letter E-related pictures in the earth e.g, Egg, Elephant, Eagle, etc. Later students will trace letter E in the notebook.				
THURSDAY (10.7.25)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	a joyful and	flashcard holding a colorful umbrella with a number (1–5) written on it. Children will be given raindrop cutouts and guided by the teacher to	different rainy weather. When the teacher says, "It's thundering!" they will pretend to put their hands on ears. If the teacher says, "Muddy puddle!" they will jump up and	The students will create thumb paintings of rainy-season animals like frogs, ducks, and snails in their craft files. This fun activity encourages creativity and fine motor skills while exploring seasonal themes.	WATER CONSERVATION Students will discover various sources of water, including rivers, lakes, oceans, groundwater, and rainwater. They'll understand where water comes from and its significance in our daily lives. This knowledge will help them appreciate the importance of conserving water and using it wisely.
			interactive Magic Jar Activity. Each child will receive heart-	count and match the correct number of raindrops to the	down like they are in a puddle. When they hear, "Cold wind!" they will hug		

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shaped cutouts	number shown on	themselves and turn		
and will be	their umbrella.	slowly. This game will		
encouraged to		help children listen,		
drop a heart into	This joyful activity	move their bodies,		
the Magic Jar	helps children learn	and enjoy the rainy		
whenever they	counting from 1 to 5			
use a magic word	in a hands-on,			
during the day.	engaging way while			
This heartwarming	enjoying a rainy day			
activity helps	theme filled with			
children	color,	season through play		
understand the	nature, and fun!			
power of gratitude				
and apology,				
gently guiding				
them to walk the				
path of				
compassion and				
respect—just				
like Buddha taught				
GURU PURNIMA				
Students will				
chant guru mantra				
along with teacher				
गुरुर्ब्रह्मा				
गुरुर्विष्णुर्गुरुर्देवो				
महेश्वरः गुरुः				
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PRACTICE OF				
LETTER E				
Students will				
practice letter E.				

hel 2. Q and I 3. Sh	Kind words and Elping friends. Quiet listening peace Share and don't be greedy		
4. Sa be th	Say sorry and chankful Be yourself		