

TIME TABLE (KINDERGARTEN)

THEME: RAINY SEASON

DAYS	8:00am-8:10am	8:10am-8:40am	8:40am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00 noon
	Domains	Positive Habits	Language & Literacy Development	Numeracy	L U N C H B R E A K	Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (7.7.25)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	LEARNING SIKKIMESE GREETING Students will greet each other with a warm "Namaste" "Subha prakaash" (Good morning) "Rati Shubha Hos" (Good night) Discussion On: 'Rainy Season' #What do we call the season when it rains a lot? # What sound do raindrops make on the roof? INTRODUCTION OF LETTER 'm' Meet the magical letter 'm' Things around us in the rainy season that begin with "m"	FILL WITH DROPS The teacher draws different-size drops and asks the children to fill them (with the help of a dropper) by counting how many drops they have to fill. This hands-on exercise develops their fine motor skills, hand-eye coordination, and counting abilities.		RAINY DAY AEROBICS SEASON The teacher will organize aerobics sessions with moves inspired by the monsoon (e.g., splashing movements for rain, jumping over puddles), and will encourage kids to get moving with energetic exercises like jogging in place, jumping jacks, and dancing to rain-themed music.	FUN WITH CLAY The teacher will give students different colorful clay and say, "Let's create mushrooms that grow in the rainy season!" Students will then make mushrooms using clay, shaping and molding caps and stems. This fun activity develops their creativity and fine motor skills while introducing a seasonal theme.	STORY SEASON "My Rainy Day Friend" 🌧️ The teacher will narrate a story about rain to the children on a rainy day. "One rainy day, a little cloud felt lonely. But soon, she found a friend who danced in the rain with her. That friend shared their umbrella, splashed in puddles, and made her smile again. Discussion: 1. What makes you feel happy on a rainy day? 2. Have you ever helped a friend when they were feeling lonely or scared?



- Mm for Monsoon
- Mm for Mushroom
- Mm for Mud
- Mm for Muddy puddles.



3. What can we do to make someone feel like sunshine on a rainy day?

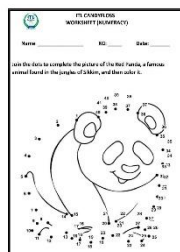
**TUESDAY
(8.7.25)**

Free-Play
(Settling
Time)

Welcome
Cleanliness Checkup
Prayer & Group
Singing

LEARNING SIKKIMESE GREETINGS
Students will greet each other with a warm Julay (जुलै) "hello"
"Tapai kasto hunuhuncha?" (तपाईं कस्तो हुनुहुन्छ?) - How are you?
- "Ma thik chu." (म ठिक छु) - I'm fine.
- "Dhanyabaad" (धन्यवाद) - Thank you.
- "Nachhaara" (नछाडा) ya "Alvida" (अलविदा) - Bye.

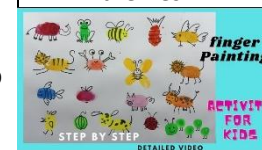
Worksheet
Students will join the dots to complete the picture of the Red Panda, a famous animal found in the jungles of Sikkim, and then color it.





FROG JUMPING RACE

The Frog Jumping Race is a fun and engaging physical activity where students will mimic the movements of frogs. Starting from a designated line, the students will hop on their feet, making frog sounds like "ribbit" as they jump towards the finish line. This activity encourages students to be creative and imaginative while getting some exercise. By hopping like frogs, students will develop their gross motor skills and have a blast while doing it.

THUMB PAINTING
The students will create thumb paintings of rainy-season animals like frogs, ducks, and snails in their craft files. This fun activity encourages creativity and fine motor skills while exploring seasonal themes.



WATER HARVESTING ACTIVITY
The teacher will give the children buckets or trays to collect rainwater and explain the importance of rainwater harvesting through this activity. In this activity, children will learn various ways to collect water, such as:
- Creating channels or small streams to collect water
They will understand the importance of water conservation and learn how rainwater can be safely stored and preserved for future use, leading to water

			<p>Discussion On: 'Rainy Season'</p> <p>*Which is your favorite rainy season activity? *Name the foods that you enjoy in the rainy season.</p> <p>Introduction of ཡེནན 'ཅ'</p> <p>Students will learn to recognize and explore words that begin with letter 'ཅ' —ཅཏཱ་, ཅཏཱ་, ཅཏཱ་.</p>		<p>The activity promotes physical activity, creativity, and teamwork, making it an enjoyable experience for the students..</p> 		<p>savings and environmental benefits.</p> 
WEDNESDAY (9.7.25)	Free-Play (Settling Time)	Welcome	<p>LEARNING SIKKIMESE FAMILY TERMS</p> <p>Students will learn Sikkimese family terms to greet each other in Sikkim, like" and father: ལུ་མ་, Mother: Aama (ཨ་མ་).</p>	<p>NUMBER STORY TALK "Tara's Raindrop Race" 🐢</p> <p>It was a rainy day, and little Tara the Turtle 🐢 was playing near a puddle. Suddenly, she looked up and saw 30 big raindrops falling from the sky. She giggled and said, "Let's count them backwards as they fall!"</p>	<p>SIKKIM MOUNTAIN TREASURE HUNT</p> <p>The teacher will organize a fun "Sikkim Mountain Treasure Hunt" for kids. A treasure map of Sikkim's mountains will be created, and pictures or toys related to Sikkim's culture and wildlife will be hidden. Kids will search for these treasures, learning about Sikkim while</p>	<p>NUMBER DRAWING</p> <p>The teacher will give each child a scrap file and ask them to draw a number. Then, they'll create a rainy object based on that number.e.g. - Child draws number 1 and creates a picture of an umbrella. - Child draws number 2 and creates a picture of rain boots.</p>	<p>JADUI PITARA</p> <p>The teacher will put different rainy objects in a Jadui Pitara and call each child to pick one out. The child will then have to say a few lines about the object they pick. For instance, if a child picks an umbrella, they might say, "The Umbrella keeps me dry in the rain."</p>
		Cleanliness Checkup					
		Prayer & Group Singing					

**Discussion On:
'Rainy Season'**

*What are the games you play in water?

*What do you like to draw or paint that reminds you of rain?

☁️ SPLASH! One raindrop fell —
"29 more to go!" said Tara.

☁️ SPLASH!
Another one —
"28 now!"

Tara kept counting backwards with each splash:
"27... 26... 25...
24... 23..."

Her friend Ricky the Rabbit 🐰 came hopping by and asked,
"Tara, what are you doing?"

Tara smiled,
"I'm playing the Raindrop Race — counting each drop as it falls!"

Ricky joined her happily.
Together they counted:
22... 21!


And then — the rain stopped! 🌈

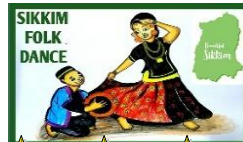









**BACK COUNTING
30-21**



developing problem-solving skills and teamwork.



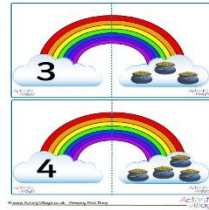
THURSDAY (10.7.25)	Free-Play (Settling Time)	Prayer & Group Singing	LEARNING SIKKIMESE FAMILY TERMS Students will learn Sikkimese family terms to greet each other in Sikkim, like "Grandfather" - Hajurbuwa (हजुरबुवा) or - Aaju (आजु) Grandmother: - Hajurama (हजुरआमा) - Aaju (आजु)	WATER MEASUREMENT FUN Students will explore and understand basic measurement concepts by comparing volumes of water. They'll learn to describe containers as "full," "half," or "empty," and compare amounts using terms like "less" and "more." Through hands-on experiments with water-filled container. Students will develop their vocabulary, critical thinking, and comparison skills.	WATER BALANCING RELAY RACE Students start at a designated point and carefully carry a bucket of water to the finishing line. The student who reaches the finish line first with the most water remaining in the bucket is declared the winner. This engaging activity promotes physical coordination, balance, and fine motor skills while encouraging students to focus, concentrate, and develop their problem-solving abilities.	GRATEFUL FOR YOU Students will make a special thank-you card for their teacher, showing appreciation for their help and support on the occasion of Guren purnima. This will be a thoughtful gesture to acknowledge the teacher's efforts and care.	VIRTUAL TOUR OF SIKKIM The Children will be taken on a virtual tour of Sikkim using a PowerPoint presentation. They'll be shown beautiful pictures and videos of Sikkim's mountains, animals, flowers, and culture. This will help kids learn about Sikkim's natural beauty and rich heritage in a fun and engaging way.
		Cleanliness Checkup	DISCUSSION ON 'GURU PURNIMA' The teacher will lead a discussion on Guru Purnima, exploring its significance and encouraging students to reflect on the role of teachers in their lives. e.g., 1. What does a teacher mean to you? 2. How do teachers help us learn and grow?				
		Prayer & Group Singing					

			<p>3. Ways to Show Appreciation to Teachers.</p> <p>Introduction of व्यंजन 'व '</p> <p>Students will learn to recognize and explore words that begin with a letter- वर्षा, वायु, वन, वृक्ष, वहन, etc.</p>					
FRIDAY (11.7.25)	Free-Play (Settling Time)	Welcome	RECAPITULATION OF LEARNING SIKKIMESE GREETINGS & FAMILY TERMS Students will greet each other with a warm "Namaste" "Subha prakaash"(Good morning) "Rati Shubha Hos" (Good night) Julay (जुलै) "hello" "Tapai kasto hunuhuncha?"	PICK AND MATCH The children will participate in a hands-on counting activity where they will count various objects related to the rainy season, such as umbrellas, raincoats, boots etc. After counting each set, they will place the objects in front of the corresponding number card, helping them develop number recognition, one-to-one correspondence, and thematic vocabulary	PASSING THE PARCEL Children will sit in a circle and take turns passing around various objects related to letter 'r'. When the music stops or the teacher signals, the child holding the object will identify it and say a few words about it—such as its name, color, shape, or use. This activity promotes vocabulary development,	TRADITIONAL SIKKIMESE DANCE-KAGYED CHHAM The Kagyed Chham is a traditional masked dance festival celebrated in Sikkim, particularly among the Bhutia community. It showcases the rich cultural heritage, spiritual themes, and vibrant performances. Children will learn basic kagyed Chham dance steps through fun and rhythmic movement.	SOURCES OF WATER During the rainy season, the teacher will ask students to explore various sources of water, including rivers, lakes, oceans, groundwater, and rainwater, to understand where water comes from and its significance in our daily lives. This knowledge will help them appreciate the importance of conserving water and using it wisely, especially as they	
		Cleanliness Checkup						
		Prayer & Group Singing						
								

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 - "Ma thik chu."
 (म ठिक छु) - I'm fine.
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 (धन्यवाद) - Thank you.
 - "Nachhaara"
 (नछाडा) ya "Alvida"
 (अलविदा) - Bye.
 Grandfather
 - Hajurbuwa
 (हजुरबुवा) or
 - Aaju (आजु)
 Grandmother:
 - Hajurama
 (हजुरआमा)
 - Aaju (आजु)

RECAPITULATION
'Rainy Season'
 *Which is your favorite rainy season activity?
 *Name the foods that you enjoy in the rainy season.
 *What are the games you play in water?
 *What do you like to draw or paint that reminds you of rain?

related to the rainy season.



observation skills,
 turn-taking, and
 confidence in
 speaking

witness the
 replenishment of
 water sources during
 the rainy season.

