



Brain International School

Recognised Senior Secondary School, Affiliated to CBSE
Vikas Puri, New Delhi

EVS Worksheet

Name- _____ Class II- _____ Date- _____

Ques 1. State whether the given statements are true (T) or false (F):

1. We need energy to work. _____
2. Clothes protect our body from dust. _____
3. Fruits are unhealthy for us. _____
4. We should eat junk food. _____
5. Leather is used to make belts. _____



Ques 2. Fill in the blanks with the help of the given words-

rice, meals, Body-building, eggs, meat, Water



DRINK WATER!



1. _____ helps clearing waste from the body.
2. _____ food helps us to grow tall and strong.
3. An example of energy giving food is _____.
4. We should eat all our _____ on time.
5. People who eat _____ and _____ are non vegetarians.



Ques 3. Unjumble the following words -

1. CCONOO- _____

2. FLIED - _____

3. MSUCLSE- _____

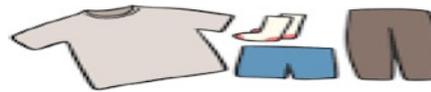
4. UFNIORM- _____



Ques 4. Answer the following questions-

a. Write any two good food habits.

Ans _____



b. Why do we wear clothes?

Ans _____

c. Which food item is called complete food? Why?

Ans _____

