



Brain International School

Recognised Senior Secondary School, Affiliated to CBSE
Vikas Puri, New Delhi

EVS Worksheet

Name- _____ Class II- _____ Date- _____

Ques 1. State whether the given statements are true (T) or false (F):

1. We need energy to work.

2. Clothes protect our body from dust.

3. Fruits are unhealthy for us.

4. We should eat junk food.

5. Leather is used to make belts.



Ques 2. Fill in the blanks with the help of the given words-

rice, meals, Body-building, eggs, meat, Water



DRINK
WATER!



1. _____ helps clearing waste from the body.

2. _____ food helps us to grow tall and strong.

3. An example of energy giving food is _____.

4. We should eat all our _____ on time.

5. People who eat _____ and _____ are non vegetarians.



Ques 3. Unjumble the following words -

1. CCONOO- _____

2. FLIED - _____

3. MSUCLSE- _____

4. UFNIORM- _____

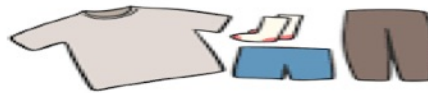


Ques 4. Answer the following questions-

a. Write any two good food habits.

Ans _____

b. Why do we wear clothes?



Ans _____

c. Which food item is called complete food? Why?

Ans _____

