

St. Mary's School, Dwarka
Mid – Day Meal Planner for the Month of July 2025

02.07.2025	Wednesday	Choley, Poori & Halwa
03.07.2025	Thursday	Mix Dal Rice
04.07.2025	Friday	Mix Vegetable, Paneer and Chapati
07.07.2025	Monday	Kadhi Rice
08.07.2025	Tuesday	Gheeya Chana Dal & Chapati
09.07.2025	Wednesday	Rajma Rice
10.07.2025	Thursday	Mutter Aloo & Chapati
11.07.2025	Friday	Dal Rice
14.07.2025	Monday	Kofta Curry Chapati
15.07.2025	Tuesday	Vegetable Pasta Fruit
16.07.2025	Wednesday	Lobiya Rice
17.07.2025	Thursday	Mix Veg Paneer Chapati
18.07.2025	Friday	Dal Makhni Rice
21.07.2025	Monday	Kadai Paneer Chapati
22.07.2025	Tuesday	Rajma Rice
23.07.2025	Wednesday	Mix Dal Rice & Dessert
24.07.2025	Thursday	Seasonal Veg Chapati
25.07.2025	Friday	Kadhi Rice
28.07.2025	Monday	Mix Veg Paneer Chapati
29.07.2025	Tuesday	Kala Chana Rice
30.07.2025	Wednesday	Mutter Nutrela Chapati
31.07.2025	Thursday	Veg Chowmein Fruit

Ritu Bhatia
Teacher-In-Charge

Sheela Dewar
Proprietor

R. Bhatia
Vice Principal

P. K. Singh
Principal

Seasonal Vegetables subject to availability.