



**BLOOM PUBLIC SCHOOL**  
**C-8 Vasant Kunj, New Delhi**  
**Syllabus for the Session 2025-26**

**Class: VII**

**Subject: SOCIAL SCIENCE**

<b>SYLLABUS</b>			
<b>MONTH</b>	<b>CHAPTER ( NCERT Text book)</b>	<b>CONTENT (Topics)</b>	<b>Practical/Activities</b>
<b>April</b>	<b>History</b> - Tracing the changes through a thousand years (Old ncert textbook)	-	<u>Activity</u> :-Research and Make a Presentation on different sources of history, compare & contrast between old and new map of India.
<b>May</b>	<b>Geography</b> - Chapter:1 Geographical Diversity of India	<ul style="list-style-type: none"> <li>-The Himalayas</li> <li>-How Himalayas were formed</li> <li>-The Cold Desert of India</li> <li>-The Gangetic Plains</li> <li>-The Great Indian Desert or the Thar Desert</li> <li>-The Peninsular Plateau</li> <li>-India's Amazing Coastlines (East &amp; West)</li> <li>-Indian Islands</li> <li>-The Sundarbans Delta</li> <li>-The Hills of the Northeast</li> </ul>	<u>Activity</u> :- Map Work - Mark different geographical features of India. (Himalayas, Plateau, Aravalli hills etc.)
	<b>Social and Political Life (SPL)</b> - Chapter:9 From the Rulers to the Ruled: Types of Governments	<ul style="list-style-type: none"> <li>-What is the Government?</li> <li>-Functions of Government</li> <li>-What is Democracy?</li> <li>-Democratic Governments around the World</li> <li>-Principles of Democratic Government</li> <li>-Different forms of Democratic Government</li> <li>-Other forms of Government around the World</li> <li>-Why Democracy matters?</li> </ul>	<u>Activity</u> :- Explore and make a ppt /video on various types of governments ruling different countries in the world

<b>July</b>	<b>History -</b> Chapter:4 New Beginnings: Cities and States (Activity Based)	-Janapadas and Mahājanapadas -Early Democratic Traditions -More Innovations -The Varna Jati System -Developments Elsewhere in India	<b>Activity:-</b> Imagine you are a historian studying ancient India. Explore the types of sources (archaeological, literary, etc.) you would use to learn more about the mahājanapadas.
	<b>Social and Political Life -</b> Chapter:12 Understanding Markets	-What is a Market? -Prices and Markets -Markets Around Us -Wholesale and Retail Markets -The role of Markets in People's Lives -Government's role in the market	<b>Activity 1-</b> You have manufactured a soap bar. Design a label for its packaging with all the mandatory information.  <b>Activity 2.</b> Prepare a pictorial representation of the chain of markets using a product.
<b>August</b>	<b>History -</b> Chapter:5 The Rise of Empires	-What is an Empire? -Features of an Empire -Trade & Trade routes and guilds -The Rise of Magadha -The Arrival of the Greeks -The Mighty Mauryas -Life in the Mauryan period -The fragile nature of Empires	<b>Activity 1:- Map work-</b> Mark important cities and Mahajanapadas during the Mauryan Era.  <b>Activity 2-</b> Research and collect evidence related to Ashoka's victory over Kalinga and subsequent events leading to Ashoka choosing the path of peace.
	<b>Geography-</b> Chapter:2 Understanding the Weather	-Weather and it's Elements -Weather Instruments -Weather Stations -Predicting the Weather	<b>Activity:-</b> Find out various clues from nature that can help us predict the weather.
<b>September</b>	<b>Geography-</b> Chapter:2 Understanding the Weather (Continued)		<b>Activity:-</b> Prepare a weather chart for your city for a week.
	<b>Revision for the Mid - term examination</b>		

October	<b>Social and Political Life -</b> Chapter:10 The Constitution of India — An Introduction	-What is a Constitution? -Why do we need a constitution? -Writing the Constitution of India -How was our Constitution developed? -What all events influenced our Constitution -Key features of the Constitution of India -The Constitution is a living document -Understanding the Preamble	<u>Activity:-</u> Design a constitution booklet for your own school mentioning all the rules and regulations to be followed. (Include the Preamble).
	<b>History -</b> Chapter:8 How the Land Becomes Sacred (Activity Based)	-What is Sacredness? -Pilgrimages -Becoming aware of Sacred Geography -Sacred Ecology -Mountains and Forests -Trees, forests and Sacred Groves -Sacred Geography beyond India	<u>Activity:-</u> Research and make a presentation on the sacred sites of your region. Enquire into why they are considered sacred.  OR Research work on the recent Maha Kumbh Mela 2025.
November	<b>Geography -</b> Chapter:3 Climates of India	-Weather, Seasons and the Climate -Types of Climates in India -Factors determining the Climate -The Monsoons -Climate and our lives -Climate s and Disasters -Climate Change	<u>Activity1:</u> Draw the monsoon cycle in summers and winters on a map of India showing the direction of winds.  <u>Activity 2:</u> Make a colourful poster showing festivals in India linked to farming and weather. Add pictures or drawings of these festivals.
	<b>History -</b> Chapter:6 The Age of Reorganisation	-Surge of the Shungas -The Satavahanas -Life under the Satavahanas -Kingdoms and Life in the South -The Cholas -The Cheras -The Pandyas -The emergence of the Kushanas	<u>Activity:</u> Imagine you have the chance to create your own kingdom. What royal emblem would you choose, and why? What title would you take as the ruler? Write a note about your kingdom, including its values, rules and regulations, and some unique features.

<b>December</b>	<b>History -</b> Chapter: 6 The Age of Reorganisation		<u>Activity:-</u> Mark important Indian kingdoms in the post Mauryan Period.
	<b>Social and Political Life -</b> Chapter:11 From Barter to Money (Activity Based)	-Why do we need money? -Basic functions of money -The journey of money -Coinage, Paper money, other forms of money	<u>Activity:-</u> Research and list down the measures taken by RBI to prevent illegal printing of notes and their misuse. Discuss about certain security measures.
<b>January</b>	<b>History -</b> Chapter:7 The Gupta Era: An Age of Tireless Creativity	-The new power (Warrior king) -Travellers account on Indian society in the Gupta Age -Glimpses of the Gupta Empire -Governance and administration -New ideas and wonders:The classical Age -The Quest for Beauty -The Decline of the Guptas	<u>Activity 1:-</u> Conduct a research work on Ancient scholars and scientists- Aryabhata, Varahamihira, and Kalidasa.  <u>Activity 2:-</u> Research on Nalanda University and its rich cultural heritage.
<b>February</b>	<b>History -</b> Chapter:7 The Gupta Era: An Age of Tireless Creativity (Continued)  <b>Revision for the Annual examination</b>		
<b>March</b>	<b>Annual examination</b>		

## ASSESSMENT SYLLABUS

<b>PERIODIC ASSESSMENT -1</b>	<p>1.<b>History</b> - Tracing the changes through a thousand years (Old ncert textbook)</p> <p>2.<b>Geography</b>- Chapter:1 Geographical Diversity of India</p> <p>3.<b>Social and Political Life (SPL)</b> -Chapter:9 From the Rulers to the Ruled: Types of Governments</p>	
<b>MID TERM EXAMINATION</b>	<p>1.<b>History</b>- Chapter:5 The Rise of Empires</p> <p>2.<b>Geography</b> -Chapter:1 Geographical Diversity of India</p> <p>-Chapter:2 Understanding the Weather</p> <p>3.<b>Social and Political Life (SPL)</b>- Chapter:9 From the Rulers to the Ruled: Types of Governments</p> <p>-Chapter:12 Understanding Markets</p>	
<b>PERIODIC ASSESSMENT -2</b>	<p>1.<b>History</b>- Chapter:6 The Age of Reorganisation</p> <p>2.<b>Geography</b>- Chapter:3 Climates of India</p> <p>3.<b>Social and Political Life (SPL)</b>- Chapter:10 The Constitution of India — An Introduction</p>	

<p><b>ANNUAL EXAMINATION</b></p>	<p><b>1.History-</b>          -Chapter:5 The Rise of Empires</p> <p>-Chapter:6 The Age of Reorganisation</p> <p>-Chapter:7 The Gupta Era: An Age of Tireless Creativity</p> <p><b>2.Geography-</b>          -Chapter:1 Geographical Diversity of India</p> <p>-Chapter:2 Understanding the Weather</p> <p>-Chapter:3 Climates of India</p> <p><b>3.Social and Political Life (SPL)-</b>          -Chapter:9 From the Rulers to the Ruled: Types of Governments</p> <p>-Chapter:10 The Constitution of India — An Introduction</p> <p>-Chapter:12 Understanding Markets</p>	
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