

ST. THOMAS' SCHOOL

Goyala Vihar, Near Sec-19, Dwarka, New Delhi – 110071

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FOOD MENU - JULY 2025

DATE	DAY	MENU
1-Jul-25	Tuesday	WHITE CHANNA + RICE + SWEET
2-Jul-25	Wednesday	(WHEAT) PAO BHAJI + SALAD + DRINK
3-Jul-25	Thursday	IDLI SAMBAR + COCONUT CHUTNEY
4-Jul-25	Friday	VEG MACRONI + FRUIT
5-Jul-25	Saturday	HOLIDAY
6-Jul-25	Sunday	HOLIDAY
7-Jul-25	Monday	PANCH MEL DAL + PARATHA
8-Jul-25	Tuesday	SOYA PULAO + RAITA
9-Jul-25	Wednesday	MATAR + KULCHA (WHEAT) + SALAD + ICE CREAM
10-Jul-25	Thursday	VEG KHICHDI + CURD
11-Jul-25	Friday	SHAHI PANEER + CHAPATI
12-Jul-25	Saturday	HOLIDAY
13-Jul-25	Sunday	HOLIDAY
14-Jul-25	Monday	RAJMA + RICE + CHAPATI
15-Jul-25	Tuesday	VEG NOODLES + DRINK
16-Jul-25	Wednesday	DAL TADKA + RICE
17-Jul-25	Thursday	SEASONAL VEGETABLE + PARATHA
18-Jul-25	Friday	KADHI + RICE + CHAPATI
19-Jul-25	Saturday	HOLIDAY
20-Jul-25	Sunday	HOLIDAY
21-Jul-25	Monday	MIX VEGETABLE + PARATHA + ICE CREAM
22-Jul-25	Tuesday	BLACK CHANNA + RICE + CHAPATI
23-Jul-25	Wednesday	AALOO SABZI + POORI + SWEET
24-Jul-25	Thursday	IDLI SAMBAR + COCONUT CHUTNEY
25-Jul-25	Friday	DAL MAKHANI + PARATHA
19-Jul-25	Saturday	HOLIDAY
20-Jul-25	Sunday	HOLIDAY
28-Jul-25	Monday	DAL + RICE + CHAPATI
29-Jul-25	Tuesday	AALOO PARATHA + CURD
30-Jul-25	Wednesday	WHITE CHANNA + POORI + SWEET
31-Jul-25	Thursday	VEGETABLE BIRYANI + RAITA