CLASS –XII BOOK LIST 2025-26

S.NO.	SUBJECT	NAME OF THE PRESCRIBED BOOKS
	ACCOUNTANCY	PART I ACCOUNTING FOR PARTNERSHIP FIRM
		PART II ACCOUNTING FOR COMPANIES
		PART III ANALYSIS OF FINANCIAL STATEMENT
		(T.S. GREWAL)
	APPLIED	M.L. AGGARWAL (APC PUBLISHERS)
	MATHEMATICS	
	ARTIFICIAL	A TEXT BOOK OF ARTIFICIAL INTELLIGENCE
	INTELLIGENCE	BY ORANGE PUBLICATIONS
	BUSINESS	NCERT – BUSINESS STUDIES
	STUDIES	PART I PRNCIPLE AND PRACTICE OF MANAGEMENT
		PART II BUSINESS FINANCE AND MARKETING
	BIOLOGY	NCERT- BIOLOGY
	BIOTECHNOLOGY	NCERT-BIOTECHNONLOGY
	CHEMISTRY	NCERT CHEMISTRY
		CHEMISTRY LAB MANUAL (LAXMI PUBLICATIONS)
	COMPUTER	A TEXTBOOK OFCOMPUTER SCIENCE WITH PYTHON
	SCIENCE	(BY PREETI ARORA)
	ECONOMICS	INTRODUCTORY MACRO ECONOMICS AND INDIAN
		ECONOMIC DEVELOPMENT BY TR JAIN, SANDEEP GARG

ENGLISH	FLAMINGO, VISTAS
GEOGRAPHY	PART I FUNDAMENTALS OF HUMAN GEOGRAPHY (NCERT)
	PART II PEOPLE AND ECONOMY (NCERT)
	PRCTICAL GEOGRAPHY (NCERT)
INFORMATICS	A TEXT BOOK OF INFORMATICS PRACTICES WITH PYTHON
PRACTICES	BY PREETI ARORA
MATHEMATICS	NCERT-MATHEMATICS, NCERT EXEMPLAR, R.D. SHARMA
	(REFERENCE BOOK)
PHYSICAL	HEALTH AND PHYSICAL EDUCATION
EDUCATION	(SARASWATI, ME AND MINE, TOGETHER)
PHYSICS	NCERT-PHYSICS
	SIMPLIFIED PHYSICS (S.L. ARORA)
	PHYSICS LAB MANUAL (S.L. ARORA)
POLITICAL	PART I CONTEMPORARY WORLD POLITICS
SCIENCE	PART II POLITICS IN INDIA SINCE INDEPENDENCE
PSYCHOLOGY	NCERT- TEXTBOOK OF PSYCHOLOGY
HINDI	ANTRA-II AND ANTRAL-II

ACCOUNTANCY (055)

THEORY: 80 MARKS PROJECT: 20 MARKS

UNITS		MARKS
PART A	ACCOUNTING FOR PARTNERSHIP FIRMS AND COMPANIES	
	UNIT 1. ACCOUNTING FOR PARTNERSHIP FIRMS	36
	UNIT 2: ACCOUNTING FOR COMPANIES	24
		60
PART B	FINANCIAL STATEMENT ANALYSIS	
	UNIT 3: ANALYSIS OF FINANCIAL STATEMENTS	12
	UNIT 4: CASH FLOW STATEMENTS	8
		20
	PROJECT WORK	20
PART C	PROJECT WORK	
	PROJECT FILE 12 MARKS	
	VIVA VOCE 08 MARKS	

Books for reference: 1) Accountancy NCERT Book- Part I &II, 2) T. S Grewal: Volume I & II: Double entry bookkeeping, Volume-III: analysis of financial statements.

MONTH/ PERIODS	UNIT	CONTENT	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
April/35	1. FUNDAMENTAL OF PARTNERSHIP FIRM 2. VALUATION OF GOODWILL	Meaning of partnership deed, accounting treatments in the absence of partnership deed, fixed /fluctuating capital, preparation of P/L appropriation account, past adjustments, guarantee of profits. Factors affecting goodwill, methods for calculation of goodwill-average, super profit and capitalization.	a) Learn fixed capital accounts and fluctuating accounts. d) Prepare past adjustment statements. c) Prepare a profit and loss appropriation account. d) Learn different methods of calculating goodwill.	worksheet
May/32	3. CHANGE IN PROFIT SHARING RATIO 4. ADMISSION OF A PARTNER	calculation of sacrificing and gaining ratio, revaluation and reassessment of assets and liabilities, treatment of reserves, accumulated profits and losses,	a) Learn to prepare a revaluation account.b) Learn to record treatment of reserves,	Group discussion

		preparation of revaluation account. Calculation of new ratio, sacrificing ratio, treatment of goodwill, treatments reserves and accumulated profits, adjustments of capital accounts.	accumulated profits and losses. c) Learn to calculate new ratios and sacrificing ratios. d) Understand the process of preparing a revaluation account and new balance sheet.	
		SUMMER BREAK		
July/32	5. RETIREMENT AND DEATH OF A PARTNER 6. DISSOLUTION OF A PARTNERSHIP FIRM	Calculation of gaining ratio, treatment of goodwill, revaluation account, adjustments of capital account, preparation of loan account of a retiring partner. Deceased share of profit till the date of death, preparation of deceased partners' capital account and his executor's account.	a) Learn to calculate the gaining ratio. b) Learn to prepare a revaluation account. c) Prepare a loan account for a retired partner. d) Prepare an executor's account. e) Learn to prepare a realization account, partners' capital and bank account.	Group activity

August/ 32	7. FINANCIAL STATEMENT, COMMON SIZE AND COMPARATIVE STATEMENT 8. ACCOUNTING RATIOS	account, partners' capital account and bank account. Realization adjustments entries. uses of financial statement, statement of profit and loss and balance sheet, comparative and common size statements Objectives and calculation of Liquidity ratio, solvency ratio, activity ratio, profitability ratio.	a) Learn to prepare common size statements. b) understand objectives of accounting ratio c) Learn to calculate accounting ratios.	Concept mapping
Sept/16	9. CASH FLOW STATEMENT	Meaning, objectives, cash and cash equivalents, preparation of cash flow statements.	Calculate cash inflow/outflow from operating activities, financing activities and investing activities.	PPT
Oct/30	10. ACCOUNTING FOR SHARE CAPITAL	MID TERM EXAMINATION Issue and allotment of equity and preference shares, under subscription	a) Learn allotment, forfeited and reissue of shares.	PPT

		and oversubscription, calls in arrears and advance, issue of shares other than cash. Concept of private placement, ESOP, sweat equity, forfeiture and reissue of shares.	b) Understand over and under subscription of share. c) Understand call in arrears and advance entries of shares. d) Learn to record entries of issues of shares other than cash.	
Nov/30	11.ACCOUNTING FOR DEBENTURES	Meaning, types, issue of debentures, issue of debentures with terms of redemption, debentures as collateral securities, interest on debentures, writing off loss on issue of debentures.	a) Learn to record debentures as collateral securities.b) Understand to write off discount/loss on the issue of debentures.	Brainstorming
Dec/16		Revision & Pre-Board-I		
Jan/8		Revision & Pre-Board-II		
Feb/10		Practical viva		

APPLIED MATHEMATICS (241)

NO.	UNITS	Marks
ı	Number, Quantification and Numerical	11
	Applications	
II	Algebra	10
III	Calculus	15
IV	Probability distribution	10
V	Inferential statistics	05
VI	Time based data	06
VII	Financial Mathematics	15
VIII	Linear Programming	08
	Total	80
Suggested Books:	M.L. AGGARWAL, R. D. SHARMA	

MONTH &	UNITS	CONTENTS	LEARNING OBJECTIVES	SUGGESTED
NO. OF				ACTIVITES/PROJECTS
PERIODS				
APRIL (36)	UNIT II	MATRICES: Concept, notation, order, equality,	*To learn about matrices	ACTIVITY:
	ALGEBRA	types of matrices, zero and identity matrix,	and shall confine about	To study about
		transpose of a matrix, symmetric and skew	the study of basic laws of	addition of matrices
		symmetric matrices. Operation of matrices,	matrix algebra.	A and B using spread
		addition and multiplication and multiplication		sheet.
		with a scalar. Simple properties of addition,		*To perform matrix
		multiplication and scalar multiplication. Non -		multiplication by
		commutativity of multiplication of matrices and		spread sheet in excel.
		existence of non-zero matrices whose product is		
		the zero matrix (restrict to square matrices of		
		order 2). Concept of elementary row and column		
		operations. Invertible matrices and Cramer's rule		

	UNIT V INFERENT-IAL STATISTICS	and its applications. Simple applications of matrices. DETERMINANT: Determinants of a square matrix (up to 3X3 matrices), minors, cofactors and applications of determinants in finding the area of a triangle. Adjoint and inverse of a square matrix, Consistence, in consistency and number of solutions of system of linear equations by examples. Solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix. POPULATION AND SAMPLE: Population data from census, economic surveys same population. Examples of representative and non-representative sample . unbiased sampling	*To learn about determinants their explanation minors and cofactors, their elementary properties and applications *To define the conceptual knowledge of parameter and statistics *To state central limit theorem To explain the relation between population —sampling distribution —sample. * To define a hypothesis, null and alternative hypothesis	
MAY (32)	UNIT III CALCULUS	DIFFERENTIABILITY: Derivative of composite functions, chain rule, , implicit functions, concept of exponential and logarithmic functions. Applications of derivatives, Increasing /Decreasing functions, Maxima and Minima, Marginal cost and Marginal revenue using derivatives	*To learn derivatives of composition functions, chain rule, functions, logarithmic functions, exponential second order derivatives etc.	ACTIVITY: To find analytically the limit of function f(x) at x = c. and also check the 9 continuity of the function at the point. *Project suggested by CBSE.
JUNE		SUMMER VACATIONS		

JULY (32)	UNIT 1	Modulo Arithmetic-Definition and meaning,	Modulo Arithmetic-	*Functions – Demand
	NUMBERS,	Introduction to modulo operator, modular	Definition, apply	and modulus function
	QUANTIFICATION	addition and subtraction	arithmetic operations	
	AND NUMERICAL	*Congruence modulo- Definition and meaning	using modular arithmetic	
	APPLICATIONS	,solution using congruence modulo	rules.	
		*Alligation and Mixture- Meaning and	*Congruence modulo-	
		applications of rule of allegation, mean price of a	definition, apply the	
		mixture.	definition in various	
		* Numerical problems – solve real life problems	problems	
		mathematically	*Alligation and Mixture-	
		*Boats and Streams –Problems based on speed of	Rule of mixture to	
		stream and the speed of boat in still water.	produce a mixture at a	
		*Pipes and Cisterns – Calculation of the portion of	given price, find mean	
		tank filled by the pipe in unit time	price of mixture, apply	
		*Races and Games-Calculation of time, distance	rule of mixture	
		covered, speed of each player.	* Numerical problems –	
		* Numerical inequalities _ Comparison between	solve real life problems	
		two statements which can be compared	mathematically	
		numerically. Application of the technique of	*Boats and Streams –	
		numerical solution of algebraic in equations.	Difference between	
			upstream & downstream,	
			Express the problem in	
			the form of an equation.	
			*Pipes and Cisterns –	
			Determine the time taken	
			by two or more pipes to	
			fill or empty the tank.	
			*Races and Games-	
			Compare the	
			performance of two	
			players w.r.t. time,	
			distance.	

AUGUST (30)	UNIT III CALCULUS	Maxima and Minima - A point x = c is called the critical point off if and only if is defined at c and f'(c) = 0 or f is not differentiable at c. To find local maxima and minima by first and second derivative test. Contextualized real life problems. Definition of decision variable, constraints, objective functions, corner points, feasible regions and their graphical representation.	* To Determine critical points of function. *To find Absolute maximum and minimum value of function.	
	UNIT IV PROBABILITY DISTRIBUTION UNIT IV PROBABILITY DISTRIBUTION	PROBABILITY DISTRIBUTION-Definition and example of discrete and continuous random variable and their distribution. MATHEMATICAL EXPECTATION- To find expected value of discrete random variable by the probability of occurrence. Variance – Questions based on variance and S.D. BINOMIAL DISTRIBUION- Characteristics of Binomial distribution by using Binomial formula.	*To understand the concept of random variables and its probability distribution, and its expected *To calculate the variance and S.D. of random variables. *To identify the Bernoulli's Trials and	*To find Probability by complement rule.
	UNIT VIII LINEAR PROGRAMMING PROBLEMS	LINEAR PROGRAMMING- Introduction to linear programming problems and its formulations, and different types of linear programming problems. (bounded and unbounded region)	apply binomial distribution, also evaluate mean, variance and S.D *To learn linear programming problems and their graphical presentation. *To identify and formulate different types of LPP	

SEPTEMBER (16)	UNIT IV PROBABILITY DITRIBUTIONS	POISON DISTRIBUTION- Characteristics of Poison probability distribution and formula. NORMAL DISTRIBUTION — Characteristics of N.P.D., Total area under the curve = total probability = 1 . Standard normal variate	*To calculate the variance and S.D. of random variables. *To identify the Bernoulli's Trials and apply binomial distribution, also evaluate mean, variance and S.D. *To understand the condition of P.D., Evaluate the mean and variance of P.D. *To understand the normal distribution is a continuous distribution .
SEPTEMBER (16)		REVISION & HALF YEARLY EXAM	*To evaluate value of standard normal variate.
OCTOBER (30)	UNIT III CALCULUS	INTEGRATION-Simple integrals based on each method (non- trigonometric Evaluation of definite integrals using properties. Problems based in finding –Total cost when marginal cost is given. Total revenue when marginal revenue is given. Equilibrium price and equilibrium quantity and hence consumer and producer surplus. DIFFERENTIAL EQUATIONS- Definition, order, degree and examples. Formulation and solving differential equations. Applications of D.E.	*To understand the indefinite integrals of simple functions as antiderivatives. *To evaluate indefinite integrals of simple algebraic functions by different methodssubstitution, partial function, by parts.

	UNIT V INFERENTIAL STATISTICS	Growth and decay model in Biological sciences ,economics and business etc. Define hypothesis, difference between null and alternative hypothesis, Define and calculate degree of freedom, test null hypothesis and make inferences using t-test. Static for one group ,2 independent groups.	To recognize a differential equation. *To find the order and degree of a differential equation. *To apply the D.E. to solve growth and decay models.	* Statistical analysis
NOVEMEBER (32)	UNIT VI TIME- BASED DATA UNIT VII FINANCIAL MATHEMATICS	.Meaning and Definition ,secular trend ,seasonal variation, cyclical variation, irregular variation. Fitting a straight line trend and estimating the value. PERPETUITY ,SINKING FUNDS- Meaning pf perpetuity and sinking fund. Real life examples of fund . ,coupon rate, maturity rate, P.V. and relative price	*To define secular trend and analyse the method of least squares. * To solve practical problems based on statistical and interpret the result. *To explain the concept of perpetuity and sinking fund.	* Data analysis
		approach. CALCULATION OF EMI- Methods of EMI by flat and reducing balance method. CALCULATION OF RETURNS ,NOMINAL RATE OF RETURN: To formulate the calculation of rate of return, nominal rate of return. Meaning and use of CAGR. Formula for CAGR. Meaning and formula for linear depreciation, their advantage.	* To explain the concept of EMI. *To understand the concept of CAGR. *To define the concept of linear method of depreciation and its calculation	*EMI and stock market
DECEMBER (14)		REVISION AND PREBOARD EXAMINATION I		

	REVISION AND PREBOARD EXAMINATION II	
JANUARY (10) &	REVISION AND ANNUAL EXAMINATION	
FEBRUARY (10)		

ARTIFICIAL INTELLIGENCE

MONTH & PERIODS	UNIT	CONTENT (CBSE AI HANDBOOK for class XII)	LEARNING OBJECTIVES	ACTIVITY			
PERIOD3		•	T CDECIFIC CVII I C				
		<u>PART-B SUBJECT SPECIFIC SKILLS</u> UNIT 1: PYTHON PROGRAMMING - II					
		Recap of NumPy library	To Apply the fundamental	• Import and			
			concepts of the NumPy	Export Data			
	_	 Recap of Pandas Library 	and Pandas libraries to	between CSV			
	<u>UNIT-01</u>		perform data	Files and Data			
	Python	 Importing and Exporting Data 	manipulation and analysis	Frames			
	Programming-II	between CSV Files and Data	tasks				
	 Frames Handling missing value Linear Regression algorithm 		 Implement 				
			 Import and export data 	Linear			
		 Handling missing value 	between CSV files and	Regression			
		Pandas Data Frames,	algorithm on				
		Linear Regression algorithm	ensuring data integrity	Google Colab or			
March(20)			and consistency.	any Python IDE.			
		PART-C PRACTICAL & PROJECT WORK					
		 Project Guidelines-Project 	 To prepare for the project 				
		Preparation		 Capstone 			
	Project Work		 To write python codes 	Project			
		Practical Work	using suitable library				
			,				

		PART-B SUBJECT	T SPECIFIC SKILLS
	<u>Unit</u>	02 DATA SCIENCE METHODOLOGY: AN	ANALYTIC APPROACH TO CAPSTONE PROJECT
APRIL(24)	UNIT-02 Data Science Methodology: An Analytic Approach To Capstone Project	 Introduction to Data Science Methodology Steps for Data Science Methodology Model Validation Techniques Model Performance Evaluation Metrics 	 To integrate Data Science Methodology steps into the Capstone Project. To Identify the best way to represent a solution to a problem. To understand the importance of validating machine learning models To use key evaluation Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate MSE and RMSE values for the data given using MS Excel Calculate Precision, Recall, F1 score, and Accuracy from the given confusion matrix
			metrics for various Evaluate a Model machine learning tasks
		PART-C PRACTICA	L & PROJECT WORK
	Project work	 Project Guidelines- Team forming, 	To form a competent team for the project Capstone Project
		Defining the Problem	 To define the Problem from the users' perspective

			CT SPECIFIC SKILLS NG MACHINES SEE	
MAY(18)	UNIT 3: MAKING MACHINES SEE	 How Machines See Working of Computer Vision Computer Vision Process Applications of Computer Vision Challenges of Computer Vision The Future of Computer Vision(Working with OpenCV) 	To explain computer vision and its significance in visual data analysis. To understand key stages of computer vision, including acquisition, preprocessing, feature extraction, and analysis. To identify real-world applications in fields like healthcare, surveillance, and autonomous vehicles. To Analyse challenges such as ethics, privacy, and technical limitations. To Develop basic skills in using OpenCV and deploying machine learning models online	 Binary Art - Recreating Images with 0s and 1s Creating a Website Containing an ML Model Working with OpenCV to load, display and resize images
		<u>PART – A EMF</u>	PLOYABILITY SKILLS	
	CH-01 COMMUNICATION SKILLS-IV	 Introduction to communication Active listening Interviewing skills 	 To learn about communication, active listening in communication & interviewing skills 	 Traditional telephone game: to see if the message circulated stays the same

			UBJECT SPECIFIC SKILLS h ORANGE Data Mining Tool		
July(24)	UNIT 4: AI WITH ORANGE DATA MINING TOOL	 What is Data Mining? Introduction to Orange Data Mining Tool Beneficiaries of Orange data mining Getting started with Orange tool Components of Orange Default Widget Catalogue Key domains of Al with ORANGE DATA MINING TOOL 	 To develop proficiency in utilizing the Orange Data Mining tool, enabling them to navigate its interface, employ its features, and execute data analysis tasks effectively. To demonstrate the ability to apply Orange in real-world scenarios across diverse domains of artificial intelligence. 	 Load and visualize the Iris dataset using Scatter Plot and other widgets. Use classification widgets Evaluating the Classification Model with Orange Computer Vision with Orange Natural Language Processing with Orange 	
	PART – A EMPLOYABILITY SKILLS				
	CH-02 SELF MANAGEMENT SKILLS-IV	 Motivation Physiological & psychological Positive attitude Stress Goal setting Personality types, traits, disorders 	 To learn to describe the various factors influencing selfmotivation To be able to describe basic personality traits, types & disorders 	A simple trick to improve positive thinking. Watch this video: https://youtu.be/7xfltdq4jmk	

			S SUBJECT SPECIFIC SKILLS ON TO BIG DATA AND DATA ANALYTICS	
August (24)	UNIT 5: INTRODUCTION TO BIG DATA AND DATA ANALYTICS	 Introduction to Big Data Types of Big Data Advantages and Disadvantages of Big Data Characteristics of Big Data Big Data Analytics Working on Big Data Analytics Mining Data Streams Future of Big Data Analytics 	 To understand Big Data, its types, advantages and disadvantages. To recognize the characteristics of Big Data. To explain the concept of Big Data Analytics and its significance. To analyse the future trends in the field of Big Data Analytics. To understand the term Mining Data Streams. 	Performing Big Data analytics with Orange Data mining tool.
		<u>PART – </u>	C Practical & Project Work	
	PROJECT WORK	Understanding UserSolution Brain StormingSolution Designing	 To Understand the stakeholders & end users of the solution To brainstorm ideas for the Problem & Design the solution 	• CAPSTONE PROJECT
		<u>PA</u>	RT – A EMPLOYABILITY SKILLS	
	CH-03 ICT SKILLS- IV	IntroductionFilter & sorting	 To learn about ICT skills To learn filtering and sorting data using excel 	

			T SPECIFIC SKILLS NG NEURAL NETWORKS
September (12)	UNIT 6: UNDERSTANDING NEURAL NETWORKS	 Parts of a Neural Network Components of a Neural Network Working of a Neural Network Types of Neural Networks Future of Neural Networks and Societal Impact 	 To explain the basic structure and components of a neural network. To identify different types of neural networks and their respective applications. To understand machine learning and neural networks through Handson projects, interactive tools, and Python programming. Explore Machine Learning for Kids to create a neural network for identifying animals and birds. Build a TensorFlow model to convert Celsius to Fahrenheit
		<u>PART – A EMPL</u>	OYABILITY SKILLS
	<u>CH-03</u> ICT SKILLS- IV	Formulae & functions	To learn applying formulas and functions on the data
		 Protecting calc work while saving 	To protect calc work while saving

	PART-B SUBJECT SPECIFIC SKILLS UNIT 7: GENERATIVE AI				
October(24)	UNIT 7: GENERATIVE AI	 Introduction to Generative AI Working of Generative AI Generative and Discriminative models Applications of Generative AI LLM- Large Language Model Future of Generative AI Ethical and Social Implications of Generative AI 	 To know How Generative AI works. To be able to differentiate between Generative AI and Discriminative AI and identify their use cases. To explore ethical, social, and legal concerns. To gain hands-on experience using AI tools to generate creative and analytical outputs, such as images, texts, and videos. To be able to use the Gemini API to design and deploy a functional chatbot. 	Write Python code to initialize the Gemini API and create a chat bot. Use Google Gemini to craft prompts and generate text outputs.	
		PART-C Practical 8			
	PROJECT WORK	 Identify & collect data Build a Prototype Test the Solution Reflect as a team & an Individual 	 To identify and collect data for the project To build a prototype To test the solution built To reflect the learning as an individual and as a team. 	• CAPSTONE PROJECT	
		PART – A EMPLOY	ABILITY SKILLS		

	<u>CH-04</u> <u>ENTREPRENEURIAL</u> <u>SKILLS- IV</u>	 Characteristics of entrepreneurship Qualities of an entrepreneur Types of entrepreneur Roles & functions of an entrepreneur Startups Barriers to becoming an entrepreneur Entrepreneurial attitudes 	To learn about the different characteristics & qualities of an entrepreneur To learn about different types of entrepreneurs, their roles & responsibilities To learn about barriers and ways of overcoming the barriers	Collect small story/anecdote of a prominent successful entrepreneurs
		PART-C Practical &	Project Work	
	Project Work	Creating a Video Pitch	To create a video pitch for the project	CapstoneProject
November(24)		PART-B SUBJECT SE UNIT 8: DATA STO		
	<u>UNIT 8:</u> DATA STORYTELLING	 Introduction to Storytelling Elements of a Story Introduction to Data Storytelling Why is Data Storytelling Powerful? Essential Elements of Data Storytelling Narrative Structure of a Data Story (Freytag's Pyramid) 	 To understand the benefits of storytelling. To appreciate the role of data storytelling in data analysis, data science, and AI. To learn to combine data, visuals, and narrative to present complex information effectively. 	Create an effective data story using given data.

	 Types of Data and Visualizations for Different Data Steps to Create a Story Through Data Ethics in Data Storytelling 	 To gain skills to draw meaningful insights from data stories. 	
	<u>PART – A EMPLOYA</u>	ABILITY SKILLS	
<u>CH-05</u> GREEN SKILLS- IV	 Introduction to green jobs Benefits of green jobs 	 To learn about the different green jobs in the green skill space To learn about the benefits of landing a green job 	Choose any 4-5 green careers and prepare a brochure discussing all the aspects like educational qualifications, Skills etc.

BUSINESS STUDIES (054)

Units		Marks
Part A	Principles and Functions of Management	
1.	Nature and Significance of Management	16
2	Principles of Management	1
3	Business Environment	1
4	Planning	
5	Organising	
6	Staffing	
7	Directing	
8	Controlling	
	Total	50
Part B	Business Finance and Marketing	
9	Financial Management	15
10	Financial Markets	
11	Marketing Management	15
12	Consumer Protection	1
	Total	30
Part C	Project Work	20
	TOTAL	100

SUGGESTED BOOKS FOR CASE STUDIES, HOTS, APPLICATION BASED AND REASONING:-BUSINESS STUDIES (PART A AND PART B)---BY SUBHASH DEY, ALKA DHAWAN AND POONAM GANDHI

MONTH/ PERIOD	UNIT	CONTENT	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
APRIL/3 5	PART-A 1.NATURE AND SIGNIFICANCE OF MANAGEMENT	Management-Concept, objective & Importance • Management as Science, Art & Profession • Level of Management, Management Functions-POSDCORB • Coordination-Concept Importance.	To make understand different concepts of management in any organization.	Flow chart and mind map
	2.PRINCIPLES OF MANAGEMENT (POM)	Principle of Management-concept & significance Fayol's principles of management Taylor's Scientific management-principles and techniques.	To understand the concept of POM and its application in organization	Project file work
MAY /32	3.BUSINESS ENVIRONMENT	Business environment Concept, importance, features Dimension and Demonetization	*To appreciate the importance and dimension of business eenvironment and effect on nation	Flow chart mind map and Project work for board
	PART- B 11.MARKETING	Marketing – Concept, features, functions and philosophies *Marketing Mix – 4Product-branding, labeling and packaging Price - Concept, Factors determining price Physical Distribution Promotion	To make understand 4 P's of Marketing – Concept, functions and philosophies	Flowchart mind map Project (Brain storming session)

	12.CONSUMER PROTECTION	Consumer Protection: Concept and importance scope of consumer protection. Meaning of consumer as per CPA 2019, Rights and responsibilities of consumers. Who can file a complaint? Redressal machinery Remedies available Consumer awareness - Role of consumer organizations and NGO	To uunderstand the consumertheir rights, duties according to the Consumer Protection Act, 2019 • How the legal redressal machinery under Consumer pprotection Act, 2019.	Mind map and flow chart, role play based on consumer rights and duties.
JUNE		SUMMAR VACATION	<u> </u>	
JULY/32	PART-B Unit 9: FINANCIAL MANAGEMENT	Concept, role and objectives of financial management Financial decisions: Financial Planning - concept and importance *Capital Structure – concept and factors affecting capital structure Fixed and Working Capital - Concept and factors affecting their requirements	To understand the concepts of financial management.	Draw a flow chart and create a role play showing how management take decision for financing for projects.
	UNIT 10. FINANCIAL MARKET	Concept, Functions and Types. *Money market (only concept) *Capital market and its types methods of flotation in the Primary market. Discuss the concept of capital Market. *Distinguish between primary and Secondary markets.	Understand the concept of financial Market. Will make use of depository services Discuss the methods of flotation	Project based on Stock market Dummy opening of Demat account and to do trading.

		*Stock Exchange - Functions and trading procedure *Depository services and Demat account as used in the trading procedure of Securities. *Securities and Exchange Board of India (SEBI) - objectives and functions		
AUG/32	PART-A 4. PLANNING	Concept, importance and limitation *Planning process *Describe the steps in the process of planning. *Single use and standing plans. Objectives, Strategy, Policy, Procedure, method Rule, budget and Programme	To develop an understanding of different types of plan and how any organisation go through stepwise.	PPT and crossword puzzle.
	5.ORGANISING	Concept and importance of organisational Structure (functional and divisional). Formal and informal Organization- concept. *Delegation: concept, elements and Importance.	Students will able to understand the concept of organizing as a structure and as a process.	By drawing organization structure and doing role play
SEP/16		*Decentralization: concept and importance. Revision of all chapters MID TERM EXAMINATION-2025-26	To recapitulating concept so to make themselves solving HOTS	Assignment /worksheets

	1	1	I	I
ОСТ/30	6. Staffing	*Concept and importance of staffing *Staffing as a part of Human Resource *Staffing and Recruitment process *Training and Development - Concept and importance, *Methods of training - on the job and off the job - vestibule training, apprenticeship training and Internship Training	Understand the steps in the process of staffing. To know the difference between different types of training. To appreciate the relation of Planning and Controlling.	Role play and presentation
	8.CONTROLLING	Controlling—concept and Importance *Relationship between Planning and Controlling *Steps in Controlling		Flow chart /Mind map and presentation
NOV/30	7. DIRECTING	Concept of directing and its importance. Supervision-concept Motivation-meaning, importance, Maslow's Theory-Assumption Financial and non-financial incentives Leadership-Types of leadership Communication-formal and Informal Barriers of communication and measures and how to overcome barriers.	To uunderstand different elements of Directing and how motivation and Ccommunication help in managing a organization effectively. Students will be able to know how to face viva exam for board	Presentation, Different games Role play for leadership.
DEC/16	PRACTICAL FILE REVISION OF FULL COURSE	*Sample papers *Chapter wise revision *Project files PRE-BOARD I (Full course)	Recapitulation of all concepts	Assignments Sample papers

JAN/08	PRE-BOARD II (Full course)		
FEB/10	REVISION	Students will solve their	Assignments/sample
		queries	papers

BIOLOGY (Code No. 044)

Month No	o. of Periods	Chapter	Content	Suggested Activities
		Chapter 1: Sexual reproduction in flowering plants	 Flower a fascinating organ of angiosperms Pre-fertilization – Structure and events Double fertilization Post fertilization: Structure and events Apomixis & Polyembryony 	 Prepare a temporary mount to observe pollen germination Study flowers adapted to pollination by different agencies (wind, insects, birds) Pollen germination on
April	20	Chapter 2: Human Reproduction	 The male reproductive system Female reproductive system Gametogenesis spermatogenes Gametogenesis: oogenesis Gametogenesis: oogenesis Hormonal control of gametogenesis Menstrual Cycle Fertilizations Implantation Pregnancy & Embryonic development Parturitions, lactation 	stigma through a permanent slide or scanning electron micrograph Controlled pollination - emasculation, tagging and bagging

April/May	10	Chapter 3: Reproductive health Chapter 4:	 Reproductive health problems & strategies Population Explosion and birth control Medical termination of Pregnancy Sexually transmitted diseases Infertility Mendel's laws of 	 Identification of stages of gamete development, i.e., T.S. of testis and T.S. of ovary through permanent slides (from grasshopper/mice) Meiosis in onion bud cell or grasshopper testis through permanent slides
			inheritance	
		Principles of inheritance	 Inheritance of one gene Law of Dominance Law of segregation Incomplete Dominance Co dominance Inheritance of two genes Law of Independent Assortment Chromosomal theory of inheritance Linkage & inheritance Sex determination 	

May	08	Chapter 5: Molecular Basis of Inheritance	 The DNA Structure of polynucleotide DNA The search for DNA material The genetic material is DNA Properties of genetic materials RNA world Replication Transcription Genetic Code Translation Regulation of gene expression The lac operon Human Genome project DNA Fingerprinting 	 T.S. of blastula through permanent slides (Mammalian) Mendelian inheritance using seeds of different colour/sizes of any plant Prepared pedigree charts of any one of the genetic traits such as rolling of tongue, blood groups, ear lobes, widow's peak and colourblindness Make a brochure containing information about sexual reproduction in flowering plants, pictures of male and female reproductive part and gametogenesis.
July/August	30	Chapter-6: Evolution	 Origin of life Evolution of life forms Evidences for evolution Adaptive radiation Biological evolution 	 Common disease- causing organisms like Ascaris, Entamoeba, Plasmodium, any fungus causing ringworm through permanent slides,

		Chapter-7: Human Health and Diseases	 Mechanism of evolution Hardy- Weinberg Principle A brief account of evolution Common Human diseases Immunity AIDS Cancer Drugs and alcohol abuse 	 models or virtual images. Comment on symptoms of diseases. Flashcards/models showing examples of homologous and analogous organs.
August	25	Chapter-8: Microbes in Human Welfare	 Microbes in household products Microbes in industrial products. Microbes in sewage treatment Microbes in the production of Biogas Microbes as biocontrol agents Microbes as biofertilizers 	Isolate DNA from available plant material such as spinach, papaya, etc.
September	14	Chapter-9: Biotechnology Principles and Processes	 Principles of Biotechnology Tools of Recombinant DNA technology Processes of RDT 	 Study the plant population density quadrat method.
		Revision a Chapter-10: Biotechnology and Its Application	 Material States Biotechnological application in agriculture Applications in Medicine Transgenic animals 	Model/specimen showing symbiotic association in root nodules of leguminous plants, Etc.

October	25		• Ethical issues	
		Chapter-11: Organisms and Populations	 Organism and its Environment Population Population growth Life history variation 	
			 Population interaction 	
November	19	Chapter-12: Biodiversity and Conservation	Biodiversity and its typesBiodiversity loss and its conservation	 Study the plant population frequency by quadrat method
	10		Revision	
December/ January		·	Preboard 1 Preboard 2	

BIOTECHNOLOGY

Month	No. of Periods	Chapter	Content	Suggested Activities
April	26	Unit-V: Protein and gene manipulation	Chapter 1: Recombinant DNA Technology Introduction, Tool of Recombinant DNA Technology, Making rDNA molecule, Introduction of recombinant DNA into host cells, Identification of recombinants, Polymerase Chain Reaction, DNA sequencing.	 Use of special equipment in biotechnology experiments. Isolation of bacterial plasmid DNA.
May/July	25	Unit-V: Protein and gene manipulation	Chapter2: Protein Structure and Engineering Introduction to the world of protein, Structure- function relationship in proteins, Characterization of proteins, Protein based products, Designing proteins (Protein Engineering)	 Make an interactive book containing information about RDT with relevant pictures, tools and process.
July	15	Unit-V: Protein and gene manipulation	Chapter 3: Genomics, Proteomics, and Bioinformatics Gene prediction and counting, Genome similarity, SNP's and comparative genomics, Functional genomics, proteomics, Information sources, Analysis using bioinformatics tools	 Detection of DNA by gel electrophoresis Isolation of bacteria from curd and staining of bacteria

August	30	Unit-VI Cell Culture and its Application	Chapter-1: Microbial Cell Culture and its Application Introduction, Microbial nutrition and culture techniques, Measurement and kinetics of microbial growth, Isolation of microbial products, Strain isolation and improvement, Applications of microbial products, Strain isolation and improvement, Applications of microbial culture technology.	Cell viability assay using Evan's blue dye exclusion method
September	14 Revision and Mid- Term Examination			
October	25	Unit-VI:	<u>Chapter-2: Plant Cell Culture and</u> <u>Applications</u>	 Data retrieval and database search using internet site NCBI and download a DNA and
		Cell Culture and its Application	Introduction, Cell and tissue culture, techniques, Applications of Cell and tissue culture, Transgenic plants with beneficial traits, Biosafety of transgenic plants	protein sequence from internet, analyse it and comment on it.
November	29	Unit-VI: Animal Cell Culture and Applications	Chapter- 3: Animal Cell Culture and Applications Introduction, Animal cell culture techniques, Application of animal cell culture, stem cell technology.	Reading of a DNA sequencing gel to arrive the sequence.
December	Revision and Pre- Board -I			
January	Pre -Board -II			

CHEMISTRY

Month	Period	Units	Content	Learning Objectives
APRIL	12	Halo alkanes and Haloarenes	Nomenclature of haloalkanes and haloarenes, physical properties of haloalkanes and haloarenes, nature of C-X bond, Mechanism of substitution reactions, optical rotation, uses and environmental effects of dichloromethane, trichloromethane, tetrachloromethane, iodoform, freons, DDT.	 Students will be able to – Recognize different types of alkyl halides Convert given name of alkyl halides to structure. Write the order of reactivity. Convert the given compound to another compound using the chemical reactions.
	14	Alcohol, Phenol and Ethers	Alcohols- Nomenclature, methods of preparation, physical properties of alcohols, chemical properties (of primary alcohols) identification of primary, secondary and tertiary alcohols. Mechanism of dehydration of alcohols, uses with special reference to methanol and ethanol acidic hydration of alkenes. Phenols- Nomenclature, methods of preparation, physical properties, chemical Properties of phenols, electrophilic substitution reaction of phenols.	 Name alcohols, according to IUPAC. Discuss the preparation reactions involved in the formation of alcohols. Correlate physical properties of alcohols with their structures. Discuss chemical reactions of primary alcohols. Distinguish between primary, secondary and tertiary alcohols. Name phenol and ethers according to IUPAC. Discuss the preparation reactions involved in the formation of phenols. Discuss chemical reactions of phenols.

MAY	5			
WAY	3	Alcohol, Phenol and Ethers	Ethers- Nomenclature, methods of preparation, physical properties, chemical properties of ethers and uses.	 Students will be able to – Name ethers according to IUPAC. Discuss the preparation reactions involved in the formation of phenols and ethers. Discuss chemical reactions of ethers.
	10	Aldehyde, Ketone and Carboxylic acid	Aldehyde and ketone: Nomenclature, nature of carbonyl group, methods of preparation, physical properties	 Students will be able to – Discuss the preparation reactions involved in the formation of aldehyde and ketone. Understand how to name different aldehydes and ketones.
JULY	15	Aldehyde, Ketone and Carboxylic acid	Chemical properties of aldehydes, and ketone, Mechanism of nucleophilic addition, reactivity of alpha hydrogen. Carboxylic acid: Nomenclature, acidic nature, methods of preparation, physical and chemical properties and uses.	 Students will be able to – Discuss the preparation reactions involved in the formation of aldehyde and ketone. Understand how to name different aldehydes and ketones. Discuss the reactivity of different carbonyl compounds towards nucleophilic reaction. Write the products of addition reaction to carbonyl compounds. To understand to differentiate between aromatic and aliphatic compounds.
	10	Solution	Types of solutions, expression of concentration of solutions of solids in liquids, solubility of gases in liquids, solid solutions, Raoult's law, colligative	Students will be able to- • Distinguish between ideal and non-ideal solutions.

			properties - relative lowering of vapour pressure, elevation of boiling point, depression of freezing point, Osmotic pressure,	 Express concentration of solution in different unit. Classify different types of numerical. Explain different types of colligative properties Solve different types of numerical on colligative properties.
AUGUST	3	Solution	Determination of molecular masses using colligative properties, abnormal molecular mass, Van't Hoff factor.	Students will be able to - • Explain the abnormal molar masses.
	27	Electrochemistry	Redox reactions, EMF of a cell, standard electrode potential Nernst equation and its application to chemical cells, Relation between Gibbs energy change and EMF of	 Students will be able to- Distinguish between oxidizing agent and reducing agent. Describe the formation of different types of
			a cell, conductance in electrolytic solutions, specific and molar conductivity, variations of conductivity with concentration, Kohlrausch's Law, Electrolysis and law of electrolysis (elementary idea), dry cell-electrolytic cells and Galvanic cells, lead accumulator, fuel cells, corrosion.	 cells. Find the cell potential of electrochemical cell using Nernst equation. Understand the conductivity and molar conductivity and effect of dilution. Know the use of cells in daily lives. Learn Faraday's laws Explain corrosion and ways to prevent it.

SEPTEMBER	14	Chemical Kinetics	Rate of a reaction (Average and instantaneous) Factors affecting rate of reaction: concentration, temperature, catalyst; order and molecularity of a reaction, rate law and specific rate constant, integrated rate equations and half-life (only for zero and first order reactions), concept of collision theory (elementary idea, no mathematical treatment), activation energy, Arrhenius equation.	 Students will be able to- Distinguish between slow, moderate, fast reaction. Define the average, instantaneous rate of a reaction. Discuss the factors affecting rate of a reaction. Derive the integrated rate equation for the first and zero order of the reaction. Derive the half-life period for the zero and first order reaction. Differentiate between order and molecularity. Understand the collision theory.
OCTOBER	15	Amines	Amines: Nomenclature, classification, structure, methods of preparation, physical and chemical properties, uses, identification of primary, secondary and tertiary amines. Diazonium salts: Preparation, chemical reactions and importance in synthetic organic chemistry.	 Students will be able to- Provide both IUPAC and common names for amines. Differentiate primary, secondary, and tertiary amines. Utilize the pKb values of amine or the pKa values of the conjugate acids of amines and arrange the order of basicity of amines. Write the products using chemical reaction of diazonium salts.
	10	Biomolecules	Carbohydrates - Classification (aldoses and ketoses), monosaccahrides (glucose and fructose), D-L configuration oligosaccharides (sucrose, lactose,	Students will be able to- • Define the biomolecules like carbohydrates, proteins, nucleic acids, and vitamins.

			maltose), polysaccharides (starch, cellulose, glycogen); Importance of carbohydrates. Proteins -Elementary idea of - amino acids, peptide bond, polypeptides, proteins, structure of proteins - primary, secondary, tertiary structure and quaternary structures (qualitative idea only), denaturation of proteins; enzymes. Hormones - Elementary idea excluding structure. Vitamins - Classification and functions. Nucleic Acids: DNA and RNA.	 Identify different types of bonding present in different type of biomolecule. Write the classification of carbohydrate. Compare and contrast the properties of DNA and RNA. Understand the Fischer and Haworth structure of glucose, fructose and its chemical reactions. Explain the importance of vitamins in daily food materials for healthy body.
NOVEMBER	20	Coordination compounds	Coordination compounds - Introduction, ligands, coordination number, colour, magnetic properties and shapes, IUPAC nomenclature of mononuclear coordination compounds. Bonding, Werner's theory, VBT, and CFT; structure and stereoisomerism, importance of coordination compounds (in qualitative analysis, extraction of metals and biological system).	 Students will be able to - Describe the term coordination complex & ligand. Give the name of coordination compound. Describe the various type of isomerism in complex compound. Mention the hybridization in complex compound Identify low spin and high spin complex. Describe crystal field splitting energy. To appreciate the importance and applications of coordination compounds in our daily life.
	9			Students will be able to –

	D and F block elements	General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first-row transition metals – metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation, preparation and properties of K ₂ Cr ₂ O ₇ and KMnO ₄ . Lanthanoids - Electronic configuration, oxidation states, chemical reactivity and lanthanoid contraction and its consequences. Actinoids - Electronic configuration, oxidation states and comparison with lanthanoids.	 Distinguish between d & f block elements. Write the general electronic configuration of d and f block elements. Understand the physical and chemical properties of elements. Calculate their magnetic moment and expresses it in correct unit. Understand the splitting of d orbitals and explain colour of the compounds. Know the different methods used to obtain their compounds. Draw the structure of chromate, dichromate, manganate and permanganate ion. Predict the reducing and oxidizing nature of their compounds. Explain lanthanoid contraction with evidences.
DECEMBER JANUARY		Revision and Pre-boa	ards

PRACTICALS:

March

Determination of concentration/molarity of KMnO4 solution by titrating it against a standard solution of

- i. Oxalic acid
- ii. Ferrous ammonium sulphate (Mohr salt)

April

Determination of one cation and one anion in a given salt.

May

- 1. Determination of one cation and one anion in a given salt.
- 2. Investigatory project

<u>July</u>

Determination of one cation and one anion in the given salt.

<u>August</u>

Determination of one cation and one anion in the given salt.

September

Chromatography- separation of mixtures of red and blue ink by paper chromatography and determination of Rf values OR Separation of pigments from extracts of leaves and flowers by paper chromatography and determination of Rf values.

<u>October</u>

Tests for the functional group present in the organic compounds- unsaturation, alcoholic, phenolic, aldehydic, ketonic, carboxylic and amino (primary groups).

November

- **1.** Preparation of inorganic compounds potash alum, ferrous ammonium sulphate.
- 2. Characteristic tests of carbohydrates, fats and proteins in pure samples and their detection in given foodstuffs.

COMPUTER SCIENCE

for problem solving (analysing the problem, developing an algorithm, coding, testing and debugging). representation of algorithms using flowchart and pseudo code, decomposition. Knowledge of data types, Operators Flow of control introduction, use of indentation, sequential flow, conditional and iterative flow control. • Conditional statements: if, if-else, if-elif-else, flowcharts, logic development. absolute value, sort 3 numbers and divisibilit a number. 2)Generating pattern, summation of series, finding the factorial of positive number etc.	MONTH	PERIODS	CONTENT	LEARNING OBJECTIVES	SUGGESTED ACTIVITY
function, while loop, flowcharts, break and continue statements, nested loops. Strings: introduction, indexing, string operations. Lists: introduction, indexing, list Control of the statements of the module of the statements of the statement of the	April	30	Introduction to problem solving: Steps for problem solving (analysing the problem, developing an algorithm, coding, testing and debugging). representation of algorithms using flowchart and pseudo code, decomposition. Knowledge of data types, Operators Flow of control introduction, use of indentation, sequential flow, conditional and iterative flow control. • Conditional statements: if, if-else, if-elif-else, flowcharts, • Iterative statements: for loop, range function, while loop, flowcharts, break and continue statements, nested loops. Strings: introduction, indexing, string operations. Lists: introduction, indexing, list	To understand the usage of collections for advance python	2)Generating pattern, summation of series, finding the factorial of a positive number etc. 3)To design at least five interfaces and link them as a module. The programs of the module

May	27	Dictionary: introduction and operations. Functions in Python Functions: types of function (built-in functions, functions defined in module, user defined functions), creating user defined function, arguments and parameters, default parameters, positional parameters, function returning value(s), flow of execution, scope of a variable (global scope, local scope.	To implement a modular approach to programming.	1)To design at least five interfaces and link them as a module. The programs of the module should be based on python data collections.
		SUMMER BRE	AK	
July	30	Data File Handling Types of files (Text file, Binary file, CSV file), relative and absolute paths. • Text file: opening a text file, text file open modes (r, r+, w, w+, a, a+), closing a text file, opening a file using with clause, writing/appending data to a text file using write () and write lines(), reading from a text file using read(), readline() and readlines(), seek and tell	To understand the concept of data files as data storage and manipulations.	To make program interfaces on: 1) Text file writing, reading and manipulating. 2) Binary file as record I/O based operations. 3) CSV to export data for further usage.

		methods, manipulation of data in a text file. • Binary file: basic operations on a binary file: open using file open modes (rb, rb+, wb, wb+, ab, ab+), close a binary file, import pickle module, dump() and load() method, read, write/create, search, append and update operations in a binary file. • CSV file: import csv module, open / close csv file, write into a csv file using csv.writerow() and read from a csv file using csv.reader()		
August	32	Data Structure Stack, operations on stack (push & pop), implementation of stack using list. Introduction to queue, operations on queue (enqueue, dequeue, is empty, peek, is full), implementation of queue using list. Exception Handling in python Errors and Exceptions. Handling Exceptions in Python, debugging.	To understand stack /queue operations. To understand the exception handling and using try block and exception block.	1)To design a program interface on stack push and pop using list as DS. 2)Using Python pdb lib for debugging.

September	16	Data Management		
		Relational databases: Concept of a database, relations, attributes and tuples.	To understand the concept of RDBMS. To create tables with	 Table Creation/ data types/ constraints. Alter Table Options.
		keys- candidate key, primary key, alternate key, foreign key; Degree and cardinality of table.	validations.	
		MID TERM EXAMINATION		
October	28	Data Management and SQL SQL - DDL ,DML,DQL,TCL	To learn and apply	1) Table Creation/ data types/ constraints.
		DDL CREATE ,ALTER ,DESC	tuple inserting,	2)
		DML -INSERT ,UPDATE ,DELETE	updating and deleting.	Adding/Updating/Deleting
		DQL- SELECT(Clauses , operators , group	To learn and apply all	Tuples.
		by ,order by, aggregate functions)	clauses of select query.	3) Alter Table Options.
		JOINS - Natural ,Equi ,outer and inner.		4) Agg Functions
November	32	Interface Python with SQL	To learn the steps to	1)Python Stub program to
		Connecting to MySql from Python.	establish connection,	connect and send queries
		Connection , cursor object and	creating connection	to MySql Server.
		methods.	objects , cursor objects	
		Computer Networks Evolution of networking: introduction	and executing queries.	2)Exception handling
		to computer networks, evolution of		programs with commit
		networking (ARPANET, NSFNET,		and rollback.
		INTERNET)		
		Data communication terminologies		

December	18	Revision for Pre board exam	Annual Project as s/w de	esign.
		 Transmission media: Wired communication media (Twisted pair cable, Coaxial cable, Fiber-optic cable), Wireless media (Radio waves, Microwaves, Infrared waves) Network devices Network topologies and Network types: types of networks (PAN, LAN, MAN, WAN), networking topologies (Bus, Star, Tree) Network protocol: HTTP, FTP, PPP, SMTP, TCP/IP, POP3, HTTPS, TELNET, VoIP, wireless/mobile communication protocol such as GSM, GPRS and WLL Mobile telecommunication technologies: 1G, 2G, 3G, 4G and 5G Introduction to web services: 	Case Study based concepts for network setup.	3)Practical and Project file for annual assessment.

Economics (030)

Part A	Introductory Macro Economics (40)	Marks
Unit 1	National Income and Related Aggregates	10
Unit 2	Money and Banking	6
Unit 3	Determination of Income and Employment	12
Unit 4	Government Budget and the Economy	6
Unit 5	Balance of Payments and Foreign exchange rate	6
Part B	Indian Economic Development (40)	
Unit 6	Development experience and Economic Reforms	8
Unit 7	Current challenges facing Indian economy	22
Unit 8	Development experience of India- comparison with neighbors	10
Part C	Annual Project (20)	

Suggested Books: Introductory Macro Economics and Indian Economic Development written by TR Jain, JP Goel, IC Dhingra, ID Mangla, Sandeep Garg, and Deepashree.

Month/ Period	Unit	Content	Learning Objective	Suggested Activity
April / 35	PART A: Introductory Macro Economics Unit 1: National Income and Related Aggregates (continued)	Macro Economics: Its meaning, Some basic concepts of Macro Economics, Consumption Goods, Capital Goods, Final Goods, Intermediate Goods, Stocks and	To understand nature of Goods used. To study the flow of Money within sectors. To understand concept related to National Income	Prepare list of Formula using flow charts.

May / 32 Periods	Unit 1: National Income and	Flows, Gross investment and Depreciation. Circular Flow of Income: Real Flow, Money Flow. Concepts related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP), Net Domestic Product (NDP) at Market price and at Factor Cost. Real and Nominal GDP, Methods of Estimating	To understand different methods of calculating N.I.	Compare Indian currency with other
	Related Aggregates UNIT 2 : Money and Banking(continued)	National Income, GDP and Welfare. Unit 2: Money and Banking: Its meaning, Supply of Money-Currency held by the Public and Net Demand deposits held by Commercial banks. Money Creation by Commercial banking	To understand how Money is circulated and created in the economy	currencies in the world.
		System.		

July / 32	Unit 2: Money and	Central bank and its	To understand the role and	
	Banking	functions (example of	working of RBI in India.	
		the RBI): Bank of issue,		
		Banker to Government,		
		Banker's bank,		
		Controller of credit		
		through Bank Rate, CRR,		
		SLR, Repo rate, Open		
		market operations,		
		Margin requirement.	To analyse how countries	To discuss the
	Unit 3:	UNIT 3: Aggregate	solve their economic	scenario of
	Determination of	demand and its	problems and attain stability.	depressions occurred
	Income and	components, Propensity		in the world after
	Employment	to consume and		industrialisation
	(continued)	propensity to save		
		(average and marginal).		
		Short run equilibrium		
		output: Investment		
		Multiplier Meaning of		
		Full employment and		
		involuntary		
		unemployment.		
		Problems of excess		
		demand and deficient		
		demand; Measures to		
		correct them- changes in		
		the government		
		spending, taxes and		
		money supply.		

August / 32	Unit 4:	Unit 4: Government	To study different tools used	To compare the
	Government	Budget - Meaning,	in the economic system to	changes in the
	budget and	objectives and	solve economic problems.	government policy
	Economy.	components.		under different
		Classification of	To understand the process of	budgets.
		Receipts- Revenue	budgeting done by the govt.	
		Receipts and Capital		
		Receipts; classification		
		of expenditure- Revenue		
		expenditure and Capital		
		expenditure. Balanced,		
		surplus and deficit		
		budget. Measures of		
		Govt. Deficit- Revenue		
		deficit, fiscal deficit,		
		primary deficit-meaning.		
September	Unit 5: Balance of	Unit 5: Balance of	To analyse how the country	To compare
/16	Payments	Payment Accounts-	deals with international	exchange rate of
, = -		meaning and	community and manage its	different currencies
		components, BOP	funds.	with Indian currency
		Surplus and deficit-		,
		meaning, Foreign		
		Exchange Rate- Meaning		
		of Fixed and Flexible		
		rates and Managed		
		Floating. Determination		
		of Exchange Rate in a		
		free market, Merits and		
		demerits of flexible and		

		fixed exchange rate. Managed Floating exchange rate system.		
		MID TERM EXAM	INATION	
October /30	PART B: Indian Economic Development: Unit 6: Development Experience (1947- 1990) and Economic Reforms since 1991	Unit 6: A brief introduction of the state of Indian economy on the eve of independence. Indian economic system and common goals of Fiveyear plans. Main features, problems and policies of agricultural (institutional aspects and new agricultural strategy), Industry (IPR 1956; SSI-role and importance) and Foreign Trade Economic Reforms since 1991: Features and appraisal of Liberalisation, Privatisation and Globalisation, Concept of Demonetization and GST.	To gain knowledge about state of our country before and after independence. To study the efforts taken by the government to solve economic crisis.	Make comparative analysis of Indian economy before and after Independence under different sectors

		UNIT 7: Human Capital Formation: How people become resource; Role of Human capital in economic development; Growth of Education Sector in India.		
November / 30	Unit 7: Current challenges facing Indian Economy.	Rural Development: key issues- Credit and marketing-role of cooperatives; agricultural diversification. Alternative farming, organic farming. Employment: Growth and changes in work force participation rate in formal and informal sectors; problems and policies. Sustainable Economic Development: Meaning, Effects of Economic Development on resources and Environment including global warming.	To study various challenges our country is facing since independence and the efforts taken by government to solve them.	Collect information about the government initiatives under different development parameters.

December/16	Unit 8: Development	Unit 8: Development Experience of India- A	To analyse the extent of success of Indian economic	Collect information about
	Experience of India	comparison with neighbors. India, Pakistan and China. Issues: Economic growth, population, Sectoral development and other Human development Indicators.	issues, in comparison with China and Pakistan.	China and Pakistan and compare it with India.
December		PRE-BOARI	D EXAMINATION 1	
January / 8	PART C: Development of Project in Economics	Preparation of Project Report in the form of Practical File.	To prepare a report on the knowledge acquired by the students after the completion of syllabus.	Preparation of Project on any topic from syllabus
January		PRE-BOAR	D EXAMINATION 2	
February /10	Revision	Revision/Practical Exam.	Clarification of doubts	Viva Voce

ENGLISH CORE (301)

MONTH & PERIOD	(CONTENT/TOPIC	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
APRIL (27)	Flamingo	The Last LessonMy Mother at sixty-six (Poem)	To encourage students to share their insights on the emotional nuances of the poem/prose.	
	Vistas	• The Third Level		
	Writing Skill	Notice Writing Reading Comprehension		
MAY (24)	Flamingo	The Lost Spring	To deepen understanding through creative activities	Students to write a creative response, such as
	Vistas	The Tiger King	related to the themes of the chapters	a letter from one character to another or a diary
	Writing Skill	Letter to Editor Job Application		entry reflecting on the challenges faced.
JUNE	SUMMER BRI	EAK	,	,
JULY (26)	Flamingo	Keeping Quiet (Poem)	To assess comprehension through a reflective	Discussion of PROJECT FILE [ALS]

	Writing Skill ASL PROJECT DISCUSSION	Invitations & RepliesReport WritingArticle Writing	discussion and written responses.	
AUGUST (29)	Flamingo	Deep Water	To understand the contextual elements presented in the	Students to share their insights on the themes of
	Vistas	 Journey to the End of the Earth The Enemy	images.	female empowerment and artistic expression.
SEP. (16)	Flamingo	RattrapIndigoGoing PlacesThing of Beauty [Poem]	To engage students and introduce the historical context and themes	Brief written response where students express their personal
	ASL	LISTENING ACTIVITY		connections to the themes of the chapters.
	MID -TERM E	EXAMINATION		
OCTOBER	Flamingo	Poets and PancakesThe Roadside Stand (Poem)	To introduce students to the themes and narrative techniques.	
(23)	Vistas	Memories of Childhood		
	Flamingo	The InterviewAunt Jennifer (Poem)	To assess written responses for	Conducting a thematic

NOV. (28)	Vistas	On the Face of it	understanding of theme analysis, interpretation, and personal reflection	exploration, discussion, focusing on how societal structures contribute to challenges faced by artists.
DEC. (20)	writing skills Flamingo & V chapters & Po	on: Revision of entire listas: Revision of all petry.	To enable written communicative skills i.e. how to correspond in official matters particularly.	Worksheets For Practice
	PRE-BOARD I			
JANUARY 16		tivity the whole syllabus and sample papers	 To Recapitulate To gain confidence with regular practice 	
	PRE-BOARD I	l		
FEB. (10)	Practice of Sa	imple Papers	 Assess written responses for understanding of theme analysis, interpretation and personal reflection. 	Worksheets For Practice

GEOGRAPHY

воок:

- 1. FUNDAMENTALS OF HUMAN GEOGRAPHY [NCERT]
- 2. INDIA: PEOPLE & ECONOMY [NCERT]
- 3. PRACTICAL GEOGRAPHY [NCERT]

PART - 1

UNIT	NAME	WEIGHTAGE
1	HUMAN GEOGRAPHY	3
2	POPULATION DISTRIBUTION, DENSITY & GROWTH HUMAN DEVELOPMENT	8
3	ECONOMIC ACTIVITIES	19
	MAP WORK	5
	TOTAL	35

PART – 2

UNIT	NAME	WEIGHTAGE
1	POPULATION DISTRIBUTION, DENSITY & GROWTH	5
2	HUMAN SETTLEMENTS	3
3	RESOURCES PLANNING & SUSTAINABLE	10
	DEVELOPMENT	
4	TRANSPORT & COMMUNICATION	7
	INTERNATIONAL TRADE	
5	GEOGRAPHICAL PERSPECTIVE ON SELECTED ISSUES	5
	MAP WORK	5
	TOTAL	35

MONTH & PERIODS	UNIT	CONTENT	LEARNING OBJECTIVES	ACTIVITY SUGGESTED
April 35	HUMAN GEOGRAPHY WORLD POPULATION	Human Geography: Nature & scope World Population: a] Distribution, density & growth of population. b] Determinants of population change, pattern & structure. c]Population Composition.	To know about the different demographic structures around the world.	Discussion on pattern of population growth in the world.
	HUMAN DEVELOPMENT	Sources of Data: Types of data & data collection. Human Development: Concept, indicator & International comparison. Primary activities: Gathering, pastoralism, types of farming, mining. Data Processing: Measures of Central Tendency—Mean, Median, Mode	To know about various economic activities performed around the world and their role in Human Development	Role play on different economic activities

May 32	ECONOMIC ACTIVITIES	Secondary activities: Factors affecting location of industries ,types of industries ,major industries around the world.	To understand various economic activities performed around the world and their significance.	Class presentation by students on types of industries
		Tertiary Activities: service sector, BPO & KPO activities, Digital divide Data Processing :Measures of Central Tendency –Mean		
		,Median, Mode SUMMER VACATION		
July 32	ECONOMIC ACTIVITIES	Tertiary Activities: service sector, BRO & KPO activities, Digital divide. Transport &	To understand various economic activities performed around the world & their significance.	Map work for railway routes, canals, air ports & sea ports.
		Communication: Significance of good network of transport & communication,		

		important highways, transcontinental railway routes, Panama & Suez canal. Representation of Data: Bar Graphs		
August 32	INTERNATIONAL TRADE	International Trade: Volume, & balance of trade & Regional Trade Blocs in the world. Population: Distribution,	To find out various social, economic & political aspects behind the different phases of population growth in India.	Collage on process of migration in India.
	POPULATION	density, growth & composition, phases of population growth in India. Migration: types, causes, consequences		
	LAND RESOURCES	Land Resources and Agriculture: Land utilisation, degradation & conservation. Agricultural reforms. Representation of Data:		
September	HUMAN SETTLEMENT	flow diagram , pie charts Human Settlement:	To know about the	
16		Classification of urban &	development of	

		rural settlements on different basis.	human societies with the passage of time	
		MID TERM EXAMINATION		
October 30	MINERAL & ENERGY RESOURCES	Mineral & Energy resources: types of minerals, distribution of mineral ores in India, sources of energy. Planning & Sustainable Development: types of planning, case studies.	To understand the importance of natural resources & their role in economic development of the nation.	Map making with rotring method.
		Representation of Data: Thematic maps- dot, choropleth, isopleths.		
November 32	TRANSPORT & COMMUNICATION	Transport & Communication International Trade. Spatial Information System	To know the role of service sector in the economy.	Data collection & report making.
December 16	GIS	Geographical aspects on selected issues Revision of complete syllabus	To understand environmental issues & their adverse effects on human society	

		PRE BOARD EXAMINATION -I	
January 08	REVISION	SAMPLE PAPERS	
		PRE BOARD	
		EXAMINATION - II	
February	REVISION	Practice papers &	
12		worksheets	

INFORMATICS PRACTICES (065)

MONTH	PERIODS	CONTENT	LEARNING OBJECTIVES	SUGGESTED ACTIVITY
April	30	Data Management II Revision Of Data Management I Relational databases: Concept of a database, relations, attributes and tuples. keys- candidate key, primary key, alternate key, foreign key; Degree and cardinality of table. SQL - DDL ,DML,DQL,TCL DDL CREATE ,ALTER ,DESC DML -INSERT ,UPDATE ,DELETE DQL- SELECT(Clauses ,operators , group by ,order by, aggregate functions) JOINS - Natural ,Equi ,outer and inner.	To understand the concept of RDBMS. To create tables with validations. To learn and apply tuple inserting, updating and deleting. To learn and apply all clauses of select query.	1) Table Creation/ data types/ constraints. 2) Adding/Updating/Dele ting Tuples. 3) Alter Table Options. 4) Agg Functions.
May	27	MORE ON SQL Ordering records -order by clause Group by clause with having. Group by with aggregate functions (min(),max(),sum(),count(),avg()) Functions in SQL 1) String functions 2) Numeric functions 3) Date and Time functions	To learn and apply select clauses order by for sorting data. To learn and apply group by with having and agg functions.	 Select query on tables with order by clause options. Select query on tables with group by and having clause.

		SUMMER BREA	AK	
July	30	Data Handling using Pandas Introduction to Python libraries- Pandas, Matplotlib. Data structures in Pandas Series and data frames. Series: Creation of series from ndarray, dictionary, scalar value, mathematical operations.	Create a pandas series from different methods.	1)Create series from ndarray,list, dictionary etc.
		Series attributes, head and tail functions, selection, indexing and slicing. Data Frame: Creation of data frames from dictionary of series, list of dictionaries, text/CSV files, display, iteration.	Create pandas dataframe objects from different methods.	2)Create pandas objects from ndarry , nested list ,list ,series
		Operations on rows and columns: add (insert /append), select, delete (drop column and row), rename, Head and Tail functions, indexing using labels, Boolean indexing Importing/Exporting Data between CSV files and Data Frames.		3)Create a csv file by exporting dataframe

		Descriptive Statistics: max, min, count, sum, mean, median, mode, quartile, Standard deviation, variance. Dataframe operations: Aggregation, group by, Sorting, Deleting and Renaming Index, Pivoting. Handling missing values – dropping and filling.	Read and write data from csv file to dataframe Apply aggregate functions on dataframe data.	data using different parameters of to_csv() function and read_csv() function.
August	32	Purpose of plotting, drawing and saving of plots using Matplotlib (line plot, bar graph, histogram). Plotting from a dataframe object.	Customizing plots: color, style (dashed, dotted), width; adding label, title, and legend in plots.	Take data from an open source (e.g. data.gov.in), aggregate and summarize it. Then plot it using different plotting functions of the Matplotlib library.
September	16	Societal Impacts Digital footprint, net and communication etiquettes, data protection, intellectual property rights (IPR), plagiarism, licensing		

		and copyright, free and open source software (FOSS), cybercrime and cyber laws, hacking, phishing, cyber bullying, overview of Indian IT Act. E-waste: hazards and management MID TERM EXAMINATION		
October	28	Computer Networks Evolution of networking: introduction to computer networks, evolution of networking (ARPANET, NSFNET, INTERNET) • Data communication terminologies • Transmission media: Wired communication media (Twisted pair cable, Coaxial cable, Fiber- optic cable), Wireless media (Radio waves, Microwaves, Infrared waves).	Case Study based concepts for network setup.	Practical and Project file for annual assessment.
November	32	 Computer Networks Network devices Network topologies and Network types: types of networks (PAN, 	Case Study based concepts for network setup.	Practical and Project file for annual assessment.

December	18	Revision for Pre board exam	Annual Project as s/w design.
		• Introduction to web services.	
		5G	
		 Mobile telecommunication technologies: 1G, 2G, 3G, 4G and 	
		GSM, GPRS and WLL	
		TELNET, VoIP, wireless/mobile communication protocol such as	
		PPP, SMTP, TCP/IP, POP3, HTTPS,	
		• Network protocol: HTTP, FTP,	
		topologies (Bus, Star, Tree)	
		LAN, MAN, WAN), networking	

MATHEMATICS (041)

NO.	UNITS	MARKS
1	RELATIONS AND FUNCTIONS	08
2.	ALGEBRA	10
3.	CALCULUS	35
4.	VECTOR AND THREE DIMENSIONAL GEOMETRY	14
5.	LINEAR PROGRAMMING	05
6.	PROBABILITY	08

SUGGESTED BOOKS: NCERT EXAMPLER, M L AGGARWAL, R. D. SHARMA, R S AGGARWAL

MONTH & NO. OF PERIODS	UNITS	CONTENTS	LEARNING OBJECTIVES	SUGGESTED ACTIVITES
APRIL (36)	Chapter 2	INVERSE TRIGONOMETRIC FUNCTIONS: Definition, range, Domain, Principal value branch. Graphs of inverse trigonometric functions.	*To understand the graph of inverse trigonometric functions and its domain and range.	*Graph of $\sin^{-1}x$ By using the graph of sinx and demonstrate the concept of mirror
	Chapter 3	MATRICES: Concept, notation, order, equality, types of matrices, zero and identity matrix, transpose of a matrix, symmetric and skew symmetric matrices. Operation of matrices, addition	*To learn about matrices and shall confine about the study of basic laws of matrix algebra.	*To study about addition of matrix A and B by using spreadsheet.

		and multiplication and multiplication with a scalar. Simple properties of addition, multiplication and scalar multiplication. Non -commutativity of multiplication of matrices and existence of non-zero matrices whose product is the zero matrix (restrict to square matrices of order. Invertible matrices and proof of uniqueness of inverse, if it exists; (here all matrices will have real entries.)		
	Chapter 4	DETERMINANT: Determinants of a square matrix (up to 3X3 matrices), minors, cofactors and applications of determinants in finding the area of a triangle. Adjoint and inverse of a square matrix, Consistence, in consistency and number of solutions of system of linear equations by examples. Solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix.	To learn about determinants their explanation minors and cofactors, their elementary properties and applications.	ACTIIVTY: To find analytically the limit of function f(x) at x = c. and also check the continuity of the function at the point.
MAY (30)	CHAPTER 12 LPP	LINEAR PROGRAMMING- Introduction to linear programming problems and its	*To learn linear programming	

		formulations, and different types of linear programming problems. (bounded and unbounded region)	problems and their graphical presentation.	
	CHAPTER 5	CONTINUITY AND DIFFERENTIABILITY: Derivative of composite functions, chain rule, derivative of inverse trigonometric functions', implicit functions, concept of exponential and logarithmic functions. Derivative of logarithmic and exponential functions, of second order.	*To know about the important concept of continuity and Differentiability *To learn derivatives of composition functions, chain rule, inverse trigo functions, logarithmic functions, 2 nd order derivative exponential functions.	
JULY (28)	CHAPTER 6		,	
, ,	AOD	APPLICATION OF DERIVATIVES; Application of derivatives: rate of change of bodies, increasing /decreasing functions, use of derivatives.	*To study application of derivative in various disciplines such as engineering, science and many other fields. *To learn how	*To understand the concept of local maxima and local minima and point of inflection
		Maxima and minima (second derivative test as a provable tool). simple problems. that illustrate base principles and understanding of the subjects as well as real –life situations).	derivative can be used to determine to rate of change of quantities, *To find turning point, Problem of related to maxima and minima.	*To verify Rolle's theorem
	CHAPTER 7	INTEGRALS: Introduction,		*To evaluate the
	INTEGRALS	integration as an inverse process		definite

		of differentiation, methods of integration, integrals of some particular functions, integration by partial fractions, by parts. Definite Integral, Fundamental theorem of Calculus	*To study indefinite and definite integrals and their elementary properties including some techniques.	integral $\int_a^b \sqrt{1-x^2}$ as limit as sum and verify by integration form
AUG.	CHAPTER 1	RELATION AND FUNCTIONS:	* To learnt different	*To demonstrate
(32)	RELATONS AND FUNCTIONS CHAPTER 8 APPLICATION OF INTEGRALS	Introduction , types of relation, types of functions. Applications of integrals: Introduction, area under simple curves.	types of relations and functions. *To study about composition and inverse of functions * To learnt formula to calculate areas of geometrical figures including triangle rectangle and circles.	function which is one but not onto.
SEPTEMBER (16)		REVISION & MID TERM EXAM		

TER 9 Introduction, basic concepts, General and particular solutions of a differential equation, whose general solution is given, methods of solving first order, first Degree differential equations. * To study basic concepts related to differential equation, general and particular solutions.	*To verify that angle in semi - circle is a right angle using vector method.
PTER 10 OR BRA Vector algebra: Introduction, some basic concepts, types of vectors, addition of vectors, multiplication of a vector by a scalar, product of two vectors. * To study some basic concepts about vectors, their relation in space, types of vectors and their properties. Applicability of vectors in various areas.	

NOVEMBER (32)	CHAPTER 11 (THREE- DIMESNSION AL GEOMETRY	Three Dimensional Geometry: Introduction, direction Cosines and directions of a line, equation of a line in space, angle between two lines, shortest distance between two lines,	* To study direction cosines, direction ratios of line joining two points. S.D. between two lines, distance of a point from a plane.	*To verify the distance between two points by distance formula.
	CHAPTER 13 PROBABILITY	PROBABILITY: Introduction, conditional probability, multiplication theorem on probability, independent events, Bayes theorem, Random variables and its probability distributions and its mean.	*To study different types of probabilities and its application in actuarial science and other fields.	* To explain the concept of conditional probability
DECEMBER (14)		REVISION AND I-PREBOARD EXAM		
JANUARY		II-PREBOARD EXAM		
(10)		Revision of Annual Examination in		
FEBRUARY		the month of January and		
(10)		February		

PHYSICAL EDUCATION

Month/Periods	Unit Name & Topics	Specific Learning Objectives	Suggested Teaching Learning process
April /13	 Management of SportingEvents Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) Various Committees & their Responsibilities (pre;during & post) Fixtures and their Procedures – Knock-Out (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments. Intramural & Extramural tournaments – Meaning, Objectives & Its Significance Significance And the state of the sta	 To make the students understand the need andmeaning of planning in sports, committees, and their responsibilities for conducting the sports event or tournament. To teach them about the different types of tournaments and the detailed procedure of drawing fixtures for KnockOut, League Tournaments, and Combination tournaments. To make the students understand the need for the meaning and significance of intramuraland extramural tournaments. 	 Lecture-based instruction, Technology-basedlearning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.

5. Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)	To teach them about the different types of community sports and their importance in our society.	
April /13 Children & Women in Sports 2 1. Exercise guidelines of WHO for different age groups. 2. Common postural deformities-knock knees flat foot, round shoulders Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures. 3. Women's participation in Sports — Physical Psychological, and social benefits. 4. Special consideration (menarche and menstrual dysfunction)	 To make students aware of the common postural deformities To make students awareof women's sports participation in India and about the special conditions of women. To make students understand menarche and menstrual dysfunction among women athletes. 	 Lecture-basedinstruction, Technology-basedlearning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learningand Expeditionary learning.

(0	Female athlete triad osteoporosis,amenorrhea, eating disorders.	To make them understand about female athlete triad.	
mea Dise 1. C T K P M P D S	ga as Preventive asure for Lifestyle ease 3 Dbesity: Procedure, Benefits & Contraindications for Fadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha - Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhanpranayama. Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana,Bhujang asana, Shalabhasana, Dhanurasana, Supta- Vajarasana,	 To make students understand about the main life style disease - Obesity, Hypertension, Diabetes, Back Pain andAsthma. To teach about different Asanas in detail which can help as a preventive measures for lifestyle diseases. 	 Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.

Paschimottanasan-a, Ardha-Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati. 3. Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasan-a, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, Gomukhasana Matsyaasana, Anuloma-Viloma. 4. Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, Ardha Halasana, Sarala Matyasana,

Gomukhasana,

UttanMandukasan-a,	
Vakrasana,	
Bhujangasana,	
Makarasana, Shavasana,	
Nadi-	
shodhanapranayam,	
Sitlipranayam.	
5. Back Pain and Arthritis:	
Procedure, Benefits &	
Contraindications of	
Tadasan,	
Urdhawahastootansana,	
Ardh-Chakrasana,	
Ushtrasana, Vakrasana,	
Sarala Maysyendrsana,	
Bhujandgasana,	
Gomukhasana,	
Bhadrasana,	
Makarasana, Nadi-	
Shodhana pranayama.	

May/07 Physical Education and Sports for CWSN (Children with Special Needs - Divyang) 4 1. Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics)	•	To make students understand the concept of Disability and Disorder. To teach students about the types of disabilities & disorders, their causes,		Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning
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	 Concept of Classification and Divisioning in Sports. Concept of Inclusion in sports, its need, and Implementation; Advantages of Physical Activities for children with special needs. Strategies to make Physical Activities assessable for children with special needs. 	 and their nature. To make them aware of Disability Etiquette. To make the students understand the advantage of physical activity for CWSN. To make the students aware of different strategies for making physical activity accessible for Children with Special Needs. 	Expeditionary learning.
July /12	 Sports & Nutrition Concept of balanced diet and nutrition Macro and Micro Nutrients: Food sources & functions Nutritive & Non-Nutritive Components of Diet Eating for Weight control 	 To make students understand the importance of a balanced diet To clear the concept of Nutrition – Micro & Macronutrients, Nutritive & non-Nutritive Components of diet To make them aware of eating for weight loss and the results of the pitfalls of dieting. 	 Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.

 A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths 	To understand food intolerance & food myths	
5. Importance of Diet in Sports-Pre, During and Post competition Requirements		

July/13 Test & Measurement in Sports

 Fitness Test – SAI Khelo India Fitness Test in school:

> Age group 5-8 years/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test

Age group 9-18yrs/ class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Partial Abdominal Curl Up, Push-Ups for boys, Modified Push-Ups for girls).

- To make students understand and conduct SAI KHELO INDIA Fitness Test and to make students Understand and conduct General Motor Fitness Test.
- To make students to determine physical fitnessIndex through Harvard Step Test/Rockport Test
- To make students to calculate Basal MetabolicRate (BMR)
- To measure the fitness level of Senior Citizens through Rikli and Jones

- Lecture-based instruction,
- Technology-based learning,
- Group learning,
- Individual learning,
- Inquiry-based learning,
- Kinesthetic learning,
- Game-based learning and
- Expeditionary learning.

0 M	Continu Cities of Fite continu	
2. Measurement of Cardio-	Senior Citizen FitnessTest.	
Vascular Fitness –		
Harvard Step Test –		
Duration of the Exercise		
in Seconds x100/5.5 X		
Pulse count of 1-1.5 Min		
after Exercise.		
3. Computing Basal		
Metabolic Rate (BMR)		
4. Rikli & Jones - Senior		
Citizen Fitness Test		
Chair Stand Test for lower		
body strength		
Arm Curl Test for upper		
body strength		
Chair Sit & Reach Test for		
lower body flexibility		
Back Scratch Test for		
upper body flexibility		
 Eight Foot Up & Go Test for agility 		
Six-Minute Walk Test for		
Aerobic Endurance		
5. Johnsen – Methney Test		
of Motor Educability (Front		
Roll, Roll, Jumping		
Ton, Ton, oamping		

Aug/10	Half-Turn, Jumping full-turn Physiology & Injuries in Sport 1. Physiological factors determining components of physical fitness 2. Effect of exercise on the Muscular System 3. Effect of exercise on the	 Understanding the physiological factors determining the components of physical fitness. Learning the effects of exercises on the Muscularsystem. Learning the effects of exercises on Cardiovascular system. 	 Lecture-basedinstruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learningand Expeditionary learning.
	Effect of exercise on the Muscular System	Muscularsystem. • Learning the effects of exercises on	Kinesthetic learning,Game-based learningand

		Understanding the Management of Injuries	
Aug/10	Biomechanics and Sports 1. Newton's Law of Motion & its application in sports 2. Types of Levers and their application in Sports. 3. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports 4. Friction & Sports 5. Projectile in Sports	 Understanding Newton's Laws of Motion and their application in Sports. Make students understand the lever and its application in sports. Make students understand the concept of Equilibrium and its application in sports. Understanding Friction in Sports. Understanding the concept of Projectile in sports. 	 Lecture-basedinstruction, Technology-basedlearning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learningand Expeditionary learning.
Aug/10	Psychology and Sports 1. Personality; its definition & types (Jung Classification & Big Five Theory)	 To make students understand Personality &its classifications. To make students 	 Lecture-based istaten Technology-based learning, Group learning, Individual learning,

		Revision	
Sept /14		- MID TERM ASSESSMENT	
	Mental Imagery, Self- Talk, Goal Setting		
	5. Psychological Attributes in Sports – Self-Esteem,		
	Meaning, Concept & Types of Aggressions in Sports	To make students understand Psychological Attributes in Sports.	
	Reasons, Benefits & Strategies for Enhancing it	To make them aware of aggression in sports and types.	
	Motivation, its type & techniques. 3. Exercise Adherence:	 understand motivationand its techniques. To make students about exercise adherence and strategies for enhancing adherence to exercise. 	 Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.

Oct/20	 Training in Sports Concept of Talent Identification and Talent Development in Sports Introduction to Sports Training Cycle – Micro, 	 Making the students understand the concept of talent identification and methods in sports Making the students understand sports 	 Lecture-basedinstruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning,
	 Meso, Macro Cycle. 3. Types & Methods to Develop – Strength, Endurance, and Speed. 4. Types & Methods to Develop – Flexibility and Coordinative Ability. 5. Circuit Training - Introduction & its importance 	 training and the different cycle in sports training. Making the students understand different types & methods of strengths, endurance, and speed. Making the students understand different types & methods of flexibility and coordinative ability. Making the students understand Circuit training and its importance. 	 Game-based learning and Expeditionary learning.
Nov/ Dec/ Jan		- Revision	

(PRACTICAL/ PROJECTS ETC.)

PRACTICAL	(Max. Marks 30)
Physical Fitness Test: SAI Khelo India Test, Brockport Physical Fitness Test (BPFT)*	6 Marks
Proficiency in Games and Sports (Skill of any one IOA recognized Sport/Game of Choice)**	7 Marks
Yogic Practices	7 Marks
Record File ***	5 Marks
Viva Voce (Health/ Games & Sports/ Yoga)	5 Marks

- ➤ *Test for CWSN (any 4 items out of 27 items. One item from each component: Aerobic Function, Body Composition, Muscular strength & Endurance, Range of Motion or Flexibility)
- **CWSN (Children With Special Needs Divyang): Bocce/Boccia, Sitting Volleyball, Wheel Chair Basketball, Unified Badminton, Unified Basketball, Unified Football, Blind Cricket, Goalball, Floorball, Wheel Chair Races and Throws, or any other Sport/Game of choice.
- **Children with Special Needs can also opt any one Sport/Game from the list as alternative to Yogic Practices. However, the Sport/Game must be different from Test 'Proficiency in Games and Sports'

***Record File shall include:

- > Practical-1: Fitness tests administration. (SAI Khelo India Test)
- > Practical-2: Procedure for Asanas, Benefits & Contraindication for any two Asanas for each lifestyle disease.
- ➤ **Practical-3:** Anyone one IOA recognized Sport/Game of choice. Labelled diagram of Field & Equipment. Also, mention its Rules, Terminologies & Skills.

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- ➤ **Practical-3:** Anyone one IOA recognized Sport/Game of choice. Labelled diagram of Field &Equipment. Also, mention its Rules, Terminologies & Skills.

PHYSICS

MONTH/ PERIODS	UNIT	TOPICS	LEARNING OBJECTIVES
APRIL (18)	RAY OPTICS AND OPTICAL INSTRUMENTS	Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lens maker's formula, magnification, power of a lens, combination of thin lenses in contact, refraction of light through a prism. Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.	 To make the learners understand the applications of different lenses, mirrors and optical instruments in our daily life. Also, make them aware of mathematical formulae and their applications. To make them able to understand numerical problems.

APRIL (8)	DUAL NATURE OF RADIATION AND MATTER	Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation-particle nature of light. Experimental study of photoelectric effect, Matter waves-wave nature of particles, de-Broglie relation	To make the learners aware about the dual nature of radiation of light i.e. (particle and wave) along with experimental and Mathematical Verification.
MAY (10)	ATOMS AND NUCLEI	Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model of hydrogen atom, Expression for radius of nth possible orbit, velocity and energy of electron in nth orbit, hydrogen line spectra (qualitative treatment only). Composition and size of nucleus, nuclear force Massenergy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission, nuclear fusion.	 To make the learners understand the basic structure of atom, composition of nucleus, Theories given by different scientists Rutherford &Bohr's Atomic Model etc.) In addition, its importance in one life.

MAY (5)	SEMICONDUCTOR ELECTRONICS: MATERIALS, DEVICES AND SIMPLE CIRCUITS	Energy bands in conductors, semiconductors and insulators (qualitative ideas only) Intrinsic and extrinsic semiconductors p and n type junction Semiconductor Diode-I-V Characteristics in forward and reverse bias, application of junction diode as a rectifier	To make the learners aware about the semiconductor electronics
JULY (15)	ELECTRIC CHARGES AND FIELD)	Electric Charges; Conservation of charge, Coulomb's law-force between two-point charges, forces between multiple charges; superposition principle and continuous charge distribution. Electric field, electric field due to a point charge, electric field lines, electric dipole, electric field due to a dipole, torque on a dipole in a uniform electric field. Electric flux, statement of Gauss's theorem and its applications to find field due to infinitely long straight wire, uniformly charged infinite plane sheet and uniformly charged thin	To make the learners understand the theoretical and mathematical concepts of Electric charges and the properties and electrostatic forces and fields of different charge distribution.

JULY (10)	ELECTROSTATICS (ELECTROSTATIC POTENTIAL AND CAPACITANCE)	spherical shell (field inside and outside) Electric potential, potential difference, electric potential due to a point charge, a dipole and system of charges; equipotential surfaces, electrical potential energy of a system of two-point charges, and of electric dipole in an electrostatic field. Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarization, capacitors and capacitance, a combination of capacitors in series and in parallel, the capacitance of a parallel plate capacitor with and without dielectric medium between the plates, energy stored in a capacitor. (No derivation, formulae only)	To enable the learner to • Appreciate the knowledge of electric charges and fields • Find the analogy between gravitational force and electrostatic force • Identify electrostatic force as conservative force
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AUGUST (18)	CURRENT ELECTRICITY	Electric current, the flow of electric charges in a metallic conductor, drift velocity, mobility and their relation with electric current; Ohm's law, electrical resistance, V-I characteristics (linear and nonlinear), electrical energy and power, electrical resistivity and conductivity; temperature dependence of resistance. Internal resistance of a cell, potential difference, and emf of a cell, a combination of cells in series and in parallel, Kirchhoff's rules, Wheatstone bridge	 Derive and define drift velocity, mobility, electric current, Draw V-I graphs for ohmic and non ohmic materials and Resistivity Temperature graphs for different materials Derive the equivalent resistance in series and parallel combination Define and write the relation between internal resistance and emf, equivalent emf and internal resistance in series and parallel combination Write and apply Kirchhoff's rules Describe the construction and the principle of Wheatstone bridge Solve numerical problems based on the above topics
AUGUST (12)	MOVING CHARGES AND MAGNETISM	Concept of magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop. Ampere's law and its applications to infinitely long straight wire. Straight	To enable the learner to: Concept of magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop.

	solenoids (only qualitative treatment), force on a moving charge in uniform magnetic and electric fields • Ampere's law and its applications.	
SEPTEMBER (14)	REVISION FOR MID-TERM EXAMINATION	
OCTOBER (8)	Force on a current-carrying conductor in a uniform magnetic field, force between two parallel current-carrying conductors-definition of ampere, torque experienced by a current loop in uniform magnetic field; Current loop as a magnetic dipole and its magnetic dipole moment moving coil galvanometer-its current sensitivity and conversion to ammeter and voltmeter.	

OCTOBER (8)	MAGNETISM AND MATTER	Bar magnet, as an equivalent solenoid (qualitative treatment only), magnetic field intensity due to a magnetic dipole (bar magnet) along its axis and perpendicular to its axis (qualitative treatment only), torque on a magnetic dipole (bar magnet) in a uniform magnetic field (qualitative treatment only), magnetic field lines. Magnetic properties of materials- Para, dia - and ferro - magnetic substances with examples, Magnetization of materials, effect of temperature on magnetic properties	 To enable the learner to: Earth's magnetic field and magnetic elements. Para-, dia- and ferro - magnetic substances
OCTOBER (9) NOVEMBER (12)	ELECTROMAGNETIC INDUCTION AND ALTERNATING CURRENT	Electromagnetic induction; Faraday's laws, induced EMF and current; Lenz's Law, Self and mutual induction. Alternating currents, peak and RMS value of alternating current/voltage; reactance and impedance; LCR series circuit (phasors only), resonance, power in AC	 Changing magnetic field induces electromotive force (EMF) in a circuit. They will be able to calculate EMF and determine the direction of induced current using the right-hand rule in certain cases. Derivation of Mean or average value of a.c. Root – meansquare (rms) or effective or

		circuits, power factor, wattless current. AC generator, Transformer.	virtual value of a.c. Impedance, For LCR series circuit
NOVEMBER (4)	ELECTROMAGNETIC WAVES	Basic idea of displacement current, Electromagnetic waves, their characteristics, their transverse nature (qualitative idea only). Electromagnetic spectrum (radio waves, microwaves, infrared, visible, ultraviolet, X-rays, gamma rays) including elementary facts about their uses.	To enable the learners to understand Derivation of Displacement current and Numerical based on electromagnetic wave velocity
NOVEMBER (13)	WAVE OPTICS	Wave front and Huygens's principle, reflection and refraction of plane wave at a plane surface using wave fronts. Proof of laws of reflection and refraction using Huygens's principle. Interference, Young's double slit experiment and expression for fringe width (No derivation final expression only), coherent sources and sustained interference of light, diffraction due to a single slit, width of central maxima (qualitative treatment only)	To enable the learners to understand Huygens's Principle, and diffraction Interference patterns and single slit diffraction pattern

PRACTICALS

- Record of at least 8 Experiments [with 4 from each section], to be performed by the students.
- Record of at least 6 Activities [with 3 each from section A and section B], to be performed by the students.
- The Report of the project carried out by the students.

LIST OF EXPERIMENTS

SECTION A

- 1. To determine resistivity of two / three wires by plotting a graph for potential difference versus current.
- 2. To find resistance of a given wire / standard resistor using meter bridge.
- 3. To verify the laws of combination (series) of resistances using a meter bridge.

OR

To verify the laws of combination (parallel) of resistances using a meter bridge.

4. To determine resistance of a galvanometer by half-deflection method and to find its figure of merit.

SECTION B

- 1. To find the value of v for different values of u in case of a concave mirror and to find the focal length.
- 2. To determine angle of minimum deviation for a given prism by plotting a graph between angle of incidence and angle of deviation.
- 3. To determine refractive index of a glass slab using a travelling microscope
- 4. To draw the I-V characteristic curve for a p-n junction diode in forward and reverse bias.

LIST OF ACTIVITIES

SECTION A

- 1. To assemble the components of a given electrical circuit.
- 2. To study the variation in potential drop with length of a wire for a steady current.
- 3. To draw the diagram of a given open circuit comprising at least a battery, resistor/rheostat, key, ammeter and voltmeter. Mark the components that are not connected in proper order and correct the circuit and also the circuit diagram.

SECTION B

- 1. To identify a diode, an LED, a resistor and a capacitor from a mixed collection of such items.
- 2. Use of multimeter to see the unidirectional flow of current in case of a diode and an LED and check whether a given electronic component (e.g., diode) is in working order
- 3. To observe refraction and lateral deviation of a beam of light incident obliquely on a glass slab.

POLITICAL SCIENCE (028)

Chapter No.	Chapter Name	Marks Allotted
	PART-I INDIAN CONSTITUTION AT WORK	
1	The End of Bipolarity	6
2	Contemporary Centres of Power	6
3	Contemporary South Asia	6
4	International Organizations	6
5	Security in the Contemporary World	6
6	Environment and Natural Resources	6
7	Globalisation	4
	Total	40
	PART-II POLITICAL THEORY	
1	Challenges of Nation-Building	6
2	Era of One-Party Dominance	4
3	Politics of Planned Development	2
4	India's External Relations	6
5	Challenges to and Restoration of the Congress System	4
6	The Crisis of Democratic Order	4
7	Regional Aspirations	6
8	Recent Developments in Indian Politics	8
	·	40
	PRACTICAL	20
	TOTAL	100
	Suggested reference book:- Political Science By - B .B.Tayal, Oswal and Sample Paper	

MONTH	PERIODS	CONTENT	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
April	35	Ch:2 The End of Bipolarity	To make students understand about the disintegration of USSR.	Role play
		Ch:4 New centers of power Part-B Ch:1 Challenges of nation building	To make students learn about the European union and alternative centres of political and economic power.	Find out about BRICKS
May	32	Ch:5 Contemporary South Asia Ch:6 United Nations and its organizations	To make the student aware about different International Organisations & their role in maintaining peace in the world.	Analyse the role of UNO in the present day situation.
July	32	Ch:7 Security in Contemporary world PART-B Ch:3 Planned development	To make students aware about POSCO	To find out the latest countries who have become democratic in the last few years.
August	32	Ch:8 Environment and natural resources Ch:9 Globalization	To make students aware about the recent developments in the political system of India How different countries of the world are inter connected through globalization.	Discussion in the class on the causes of environmental degradation. Discussion on the impact of globalization.

Sep.	16	Ch:4 India's foreign policy	To make students aware about India's nuclear policy and external relations	Debate and Discussion
		MID TERM EXAMINATION		
October	30	Ch:5 Parties and party system in India	To make them understand about the different political parties and election commission	Role play
		Ch:6 Democratic resurgence		
Nov.	30	Ch:8 Regional Aspirations	To make students aware about Indian politics	Group Activity and Poster making
		Ch: 9 Indian		
		Politics recent:		
		Trends and		
		development		
Dec.	16	Revision	To make students understand and revise all the concepts related to different chapters.	
		PRE-BOARD EXAMINATION		
January	08	_		
		PRE-BOARD EXAMINATION		
Feb.	10	Practice Papers &	BOARD EXAMINATION	
		worksheets		

PSYCHOLOGY (037)

Prescribed Books:

Psychology, Class XII, Published by NCERT

Theory Paper :3 Hours

Marks: 70

Units	Topics	Marks
ı	Variations in Psychological Attributes	13
II	Self and Personality	13
III	Meeting Life Challenges	9
IV	Psychological Disorders	12
V	Therapeutic Approaches	9
VI	Attitude and Social Cognition	8
VII	Social Influence and Group Processes	6
	Total	70

COURSE CONTENT

MONTH/ PERIODS	UNIT	TOPIC	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
APRIL (35)	1.	Variations in Psychological Attributes The topics in this unit are: Introduction Individual Differences in Human Functioning Assessment of Psychological Attributes Intelligence Psychometric Theories of Intelligence, Information Processing Theory: Planning, Attention-arousal and Simultaneous successive Model of Intelligence, Triarchic Theory of Intelligence; Theory of Multiple Intelligences. Individual Differences in Intelligence Culture and Intelligence Emotional Intelligence Special Abilities: Aptitude: Nature and Measurement Creativity	Students will be able to evaluate on the concept of intelligence and will also be able to assess intelligence using various psychological tools. They will also be able to assess the 'g' factor of intelligence.	1.Mind map preparation 2.Class presentation (BYOD)

MAY	2.	Self and Personality	Students will be able	1.Mind map
(32)		The topics in this unit are:	to evaluate on the concept of self and	preparation 2. Prepare a
		personality and will	questionnaire as a	
		2. Self and Personality	also be able assess	Self-report
		3. Concept of Self	personality using	measure.
		Cognitive and Behavioural aspects of Self	various psychological	3. Test
		5. Culture and Self	tools.	administration
		6. Concept of Personality		
		7. Major Approaches to the Study		
		of Personality		
		Type Approaches		
		 Trait Approaches 		
		 Psychodynamic Appraoch and 		
		Post Freudian Approaches		
		Behavioural Approach	Cturdomto usili bo oblo	
		Cultural Approach	Students will be able to administer	
		Humanistic Approach	psychometric test	
		8. Assessment of Personality	successfully	
		 Self-report Measures 	,	
		 Projective Techniques 		
		Behavioural Analysis		
		PRACTICAL:TEST -1		
JNE		SUMMER VACATION		•

JULY	3	Meeting Life Challenges	Students will be able	1. Make a power
(32)		The topics in this unit are:	to mention the various sources of stress and	point presentation on the various
		1. Introduction	discuss the various	stress management
		2. Nature, Types and Sources of	strategies to manage	techniques.
		Stress	stress.	2. Mind map
		3. Effects of Stress on Psychological		preparation
		Functioning and Health		3. Test
		Stress and Health		administration
		 General Adaptation Syndrome 		
		 Stress and Immune System 		
		• Lifestyle		
		4. Coping with Stress		
		 Stress Management Techniques 		
		5. Promoting Positive Health and		
		Well-being		
		• Life Skills		
		Positive Health		
		PRACTICAL:TEST -2	Students will be able to administer psychometric test	
			successfully	

AUGUST	4	Psychological Disorders	Students will be able	1.Presentation of
(32)		The topics in this unit are:	to state the difference	the categories of
			between normal and	the disorders on a
		1. Introduction	abnormal behaviour.	chart paper.
		2. Concepts of Abnormality and	They will also be able	2. Mind map
		Psychological Disorders	to mention all the	preparation
		 Historical Background 	categories of	3. Test
		3. Classification of Psychological	psychological disorder.	administration
		Disorders		
		4. Factors Underlying Abnormal		
		Behaviour		
		5. Major Psychological Disorders		
		 Anxiety Disorders 		
		 Obsessive-Compulsive and 		
		Related Disorders		
		 Trauma-and Stressor-Related 		
		Disorders		
		Somatic Symptom and Related		
		Disorders		
		 Dissociative Disorders 		
		Depressive Disorder		
		Bipolar and Related Disorders		
		Schizophrenia Spectrum and		
		Other Psychotic Disorders		
		Neurodevelopmental Disorders		
		•		
		Disruptive, Impulse-Control and Conduct Disorders		
		and Conduct Disorders		

		 Feeding and Eating Disorders Substance Related and Addictive Disorders PRACTICAL:TEST -3	Students will be able to administer psychometric test successfully	
SEPT (16)	5.	The topics in this unit are: 1. Nature and Process of psychotherapy • Therapeutic relationship 2. Types of Therapies • Behaviour Therapy • Cognitive Therapy • Humanistic-Existential Therapy • Alternative Therapies • Factors contributing to healing in Psychotherapy • Ethics in Psychotherapy Rehabilitation of the Mentally III	Students will be able to illustrate all the psychological therapies for the different disorders.	1.Role play 2. Case study discussion 3. Mind map preparation
		MID TERM EXAMINATION	ON	

OCT (30)	6.	Attitude and Social Cognition The topics in this unit are: 1. Introduction 2. Explaining Social Behaviour 3. Nature and Components of Attitudes 4. Attitude Formation and Change • Attitude Formation • Attitude Change • Attitude Change • Attitude-Behaviour Relationship 5. Prejudice and Discrimination Strategies for Handling Prejudices.	Students will be able to define attitude and discuss the A-B-C components of attitude. They will also be able to elaborate on the concept of prejudices.	1.Case study discussion 2. Mind map preparation 3. Test administration
NOV (30)	7.	Social Influence and Group Processes The topics in this unit are: 1. Introduction 2. Nature and Formation of Groups 3. Type of Groups 4. Influence of Group on Individual Behaviour • Social Loafing	Students will be able to define group and differentiate between group and crowd. They will also be able to discuss the various elements of group.	1.Case study preparation 2. Mind map preparation

	Group Polarisation		
	RECAITULATION OF UNIT 1,2&3		
DEC	PROJECT: CASE PROFILE	Students will be able	
(16)	PRACTICAL:TEST -4	to build case profile	
	PRACTICAL:TEST -5	with all the	
		requirements needed	
		for that.	
		Students will be able	
		to administer	
		psychometric test	
		successfully.	
	PRE BOAF	RD 1	
JAN	REVISION	Students will be able	Worksheets, oral
(8)		to recapitulate the	discussion
		portions of syllabus	
	PRE BOAF	RD 2	
FEB	REVISION	Students will be able	Worksheets, oral
(10)		to recapitulate the	discussion
		portions of syllabus	

Practical schedule:

60 Periods

A. Development of case profile:

Using appropriate methods like interview, observation & psychological tests.

B. **Test administration:**

Students are required to administer and interpret five psychological tests related to various psychological attributes like intelligence, aptitude, attitude, personality, etc.

C. In the Practical examination, the student will be required to administer and interpret two psychological tests.

Distribution of Marks:

Practical File and Case Profile	10 Marks
Viva Voce (Case Profile & Two Practical exams)	05 Marks
Two Practical exams (5 marks for conduct of practical exams and 10 marks for reporting)	15 Marks
Total	30 Marks

QUESTION PAPER DESIGN CLASS – XII (2023-24)

Board Examination: Theory

Time: 3	Time: 3 Hours Maximum		Marks: 70	
S. No.	Competencies	Total Marks	% Weightage	
1	Remembering and Understanding: Exhibiting memory of previously learned material by recalling facts, terms, basic concepts, and answers; Demonstrating understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions and stating main ideas	25	35%	
2	Applying: Solving problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way	31	45%	
3	Formulating, Analysing, Evaluating and Creating: Examining and breaking information into parts by identifying motives or causes; Making inferences and finding evidence to support generalizations; Presenting and defending opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria; Compiling information together in a different way by combining elements in a new pattern or proposing alternative solutions	14	20%	
	Total	70	100%	

II. Practical: 30 Marks

पाठ्यक्रम (2025-26) कक्षा बारहवीं विषय हिंदी

माह	इकाई	विषयवस्तु	कला समेकित गतिविधियाँ
		1 पाठ्यपुस्तक 2.गद्य 3. पद्य 4 व्याकरण 5 लेखन 6. अंतराल	
अप्रैल / 26		गद्य-प्रेमधन की छाया स्मृति,सुमिरिनी के मनके पद्य- देवसेना का गीत,कार्नेलिया का गीत व्याकरण-जनसंचार के माध्यम- प्रिंट माध्यम अंतराल- सूरदास की झोपड़ी	भारत की विशेषताओं पर एक रचनात्मक लेख लिखिए
मई/ 22		गद्य- सुमिरिनी के मनके,संवदिया पद्य- सरोज स्मृति(निराला), यह दीप अकेला व्याकरण-जनसंचार के माध्यम- रेडियो,समाचार लेखन	हिंदी परियोजना कार्य के विषयों का चुनाव किया जाएगा
जुलाई /26		गद्य — गांधी ,नेहरू और यास्सेर अराफात , कुटज पध—- बारहमासा,एक बूंद व्याकरण—- इंटरनेट ,कहानी की रूपरेखा,फीचर लेखन	परियोजना कार्य से संबंधित विषय के बारे में छात्रों को जानकारी देकर कार्य करवाया जाएगा
अगस्त/24		गद्य— शेर, पहचान ,चार हाथ , साझा पद्य— भरत राम का प्रेम बनारस (केदारनाथ अग्रवाल) अंतराल— बिस्कोहर की माटी व्याकरण—नाटक की रूपरेखा	भरत के त्याग और समर्पण की किसी एक घटना का सचित्र वर्णन कीजिए बनारस शहर की विशेषताओं का सचित्र वर्णन कीजिए
सितंबर /12	अर्धवार्षिक परीक्षा	व्याकरण—- आलेख लेखन रचनात्मक लेखन अपठित गद्यांश अपठित काव्यांश (करवाए गए कार्य की पुनरावृति)	श्रवण वाचन कौशल करवाया जाएगा

अक्टूबर /22		गद्य— जहां कोई वापसी नहीं पद्य— विद्यापति की पदावली ,दिशा (केदार नाथ सिंह), तोड़ो अंतराल—- अपना मालवा खौ उजरो सभ्यता	विस्थापन की समस्या पर लेख लिखिए
नवंबर /25		गद्य—दूसरा देवदास पद्य— कवित (घनानंद),वसंत आया(रघुवीर सहाय) व्याकरण- कविता की रूपरेखा, सभी पाठों के बहुविकल्पीय प्रश्न उत्तर	पाठों के कार्य प्रपत्र करवाए जाएंगे
दिसंबर /12	प्री बोर्ड परीक्षा	सभी कविताओं की सप्रसंग व्याख्या (पुनरावृति)	
जनवरी /10 फरवरी /10	प्री बोर्ड परीक्षा	यू लाइक सैंपल पेपर यू लाइक सैंपल पेपर	

शैक्षणिक उददेश्य -

गृद्य---गद्य विधा के माध्यम से जीवन के परिवेश, समकालीन यथार्थ वह चुनौतियों के प्रति सजग रहना। भाषा साहित्य को मजबूत करना। सृजनात्मक साहित्य की सराहना, उस का आनंद उठाना और उसके प्रति सृजनात्मक और आलोचनात्मक दृष्टि का विकास करना।

पद्य-विद्यार्थियों में साहित्य ज्ञान, रस, अलंकार भाषा व भाव विकसित करके उसकी महत्व उपयोगिता को समझना। विविध किवयों की रचनाओं को पढ़ना वह साहित्य के प्रति अनुराग उत्पन्न करना। व्याकरण- 1.संचार माध्यमों में प्रयुक्त हिंदी भाषा की प्रकृति से अवगत कराना और नवीन विधियों के प्रयोग की क्षमता को बढ़ाना। 2. अमूर्त विषयों पर प्रयुक्त भाषा का विकास और कल्पनाशीलता और मौलिक चिंतन के लिए प्रयोग करना। 3. कविता व कहानी के प्रति छात्रों के मन में अनुराग लिखने के लिए प्रेरित करना।