

PATHWAY TO PROFICIENCY

FRIDAY CLUB

GRADES III - V

AY 2025 - 26



GROW

REFLECT

INNOVATE

TRANSFORM

At St.Xavier's High School, our Friday Clubs are built on the foundation of G R I T. We are committed to providing students with dynamic opportunities to develop essential skills, explore their interests, and collaborate in meaningful ways.

- **G**row : Cultivating a mindset of continuous learning and personal development.
- **R**eflect : Encouraging self-awareness and thoughtful evaluation of progress.
- **I**nnovate : Inspiring creativity, problem-solving, and new ideas.
- **T**ransform : Empowering students to apply their learning and make a lasting impact.

Through engaging activities and experiential learning, we strive to nurture resilience, curiosity, and a passion for lifelong success. Together, we learn, lead, and thrive!



How to choose a club ?

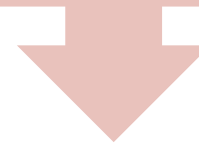


- 1) Go through this complete document
 - 2) Choose any 2 clubs of your choice – 1st preference (as 1st choice) and 2nd preference (as 2nd choice)
 - 3) We will allocate the club based on your preference – 1st choice, if space not available in the 1st choice, then 2nd choice club will be allotted.
 - 4) There are limit for every club, once the max capacity is reached, you will not be able to see the option.
 - 5) Enrollment for the clubs will be decided on a first-come, first-served basis.
 - 6) Once the data is collated, the students will be informed of their chosen club in the class.
 - 7) This form can be filled **ONLY ONCE**.
 - 8) In case of siblings, please use 2 separate email ID's to submit the responses.
 - 9) If no club choice is selected by you, then we will allocate the club based on the availability of seats.
 - 10) **The deadline to fill the form is 9th April 2025.**
 - 11) **MAIL ENTRIES WILL NOT BE ACCEPTED.**
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Form Link – Club Selection



Click on the link for club
selection



[https://forms.gle/4m2Dg
FpdzEAe81VD8](https://forms.gle/4m2DgFpdzEAe81VD8)

MOVERS & SHAKERS - DANCE

This club nurtures students' **dance skills**, while fostering **artistic creativity** through rhythm, movement, and expression. By exploring various dance forms, students develop **grace, coordination, and originality**, enhancing their ability to innovate, perform, and communicate emotions through art. 人 人



MELODY MAKERS - WESTERN MUSIC

This club enhances **creativity, discipline, and self-expression**, helping students develop a deeper appreciation for music. It also improves **cognitive skills, teamwork, and confidence**, essential for real-life communication and emotional well-being. 🎵🎵



SYMPHONY STARS - INSTRUMENTAL

This club enhances **focus, coordination, and patience**, essential for academic and personal growth. Learning to play an instrument fosters **discipline, creativity, and emotional expression**, valuable skills for lifelong success. 🎸🎹



Modern calligraphy **STYLES**

Modern
Pointed Pen *modern*

Modern
Flourishes *flourishing*

Ribbon
Letters *Ribbon
Letters*

Blending *Blend*

Faux
Calligraphy *FAUX
Calligraphy*

Shadow
Lettering *Shadow
Lettering*

Bounce
Lettering *Bounce
Lettering*

THE INKMASTERS - CALLIGRAPHY

This club helps students develop **handwriting precision, creativity, and patience**, enhancing their fine motor skills and artistic expression. These skills can be applied in real life for **design, personalized art, and professional presentation**, making written communication more impactful.



CREATIVE CANVAS - ART



This club nurtures **imagination, creativity, and fine motor skills**, allowing students to express themselves visually. These skills enhance **problem-solving, innovation, and attention to detail**, which are valuable in fields like design, architecture, and creative thinking in any profession. 🎨✨

CLAY CREATIONS - POTTERY



This club allows students to explore the art of molding and sculpting, enhancing their **hand-eye coordination, patience, and sensory skills.**

Working with clay fosters **spatial thinking and creative expression**, helping them develop a deeper appreciation for craftsmanship and design. 🏺 ✨

POWER OF WORDS – ELOCUTION



This club helps students develop **confidence, clarity, and effective communication skills** through speech and expression. Strong communication enhances their ability to **persuade, present ideas, and engage in discussions**, essential for academic and real-life success. 🎤 ✨

EARTH CRUSADERS - SUSTAINABILITY

This club empowers students to address **global environmental challenges** by promoting eco-friendly practices and conservation. By fostering **responsibility and awareness**, it shapes them into **responsible global citizens** committed to building a sustainable future. 🌍♻️☑️



BYTE BRIGADE – TECHNOLOGY CLUB

The Tech club equips students with **coding, problem-solving, and digital literacy skills**, preparing them for the evolving AI-driven world. By fostering **innovation and computational thinking**, it empowers them to navigate and shape the future of technology. 🖥️🤖



THE SCRIBES – WRITING

This club nurtures **creativity, storytelling, and critical thinking** through creative writing and book-making. Strong writing skills enhance **communication, self-expression, and idea articulation**, essential for academic success and future careers. ✍️📖



YOUNG INNOVATORS – DESIGN THINKING

This club empowers students to develop **creative problem-solving skills** by brainstorming and prototyping innovative solutions. By fostering **critical thinking, adaptability, and a solution-driven mindset**, it prepares them to tackle real-world challenges and be future-ready. 🚀💡



THE STAGE WIZARDS – DRAMA & THEATRE



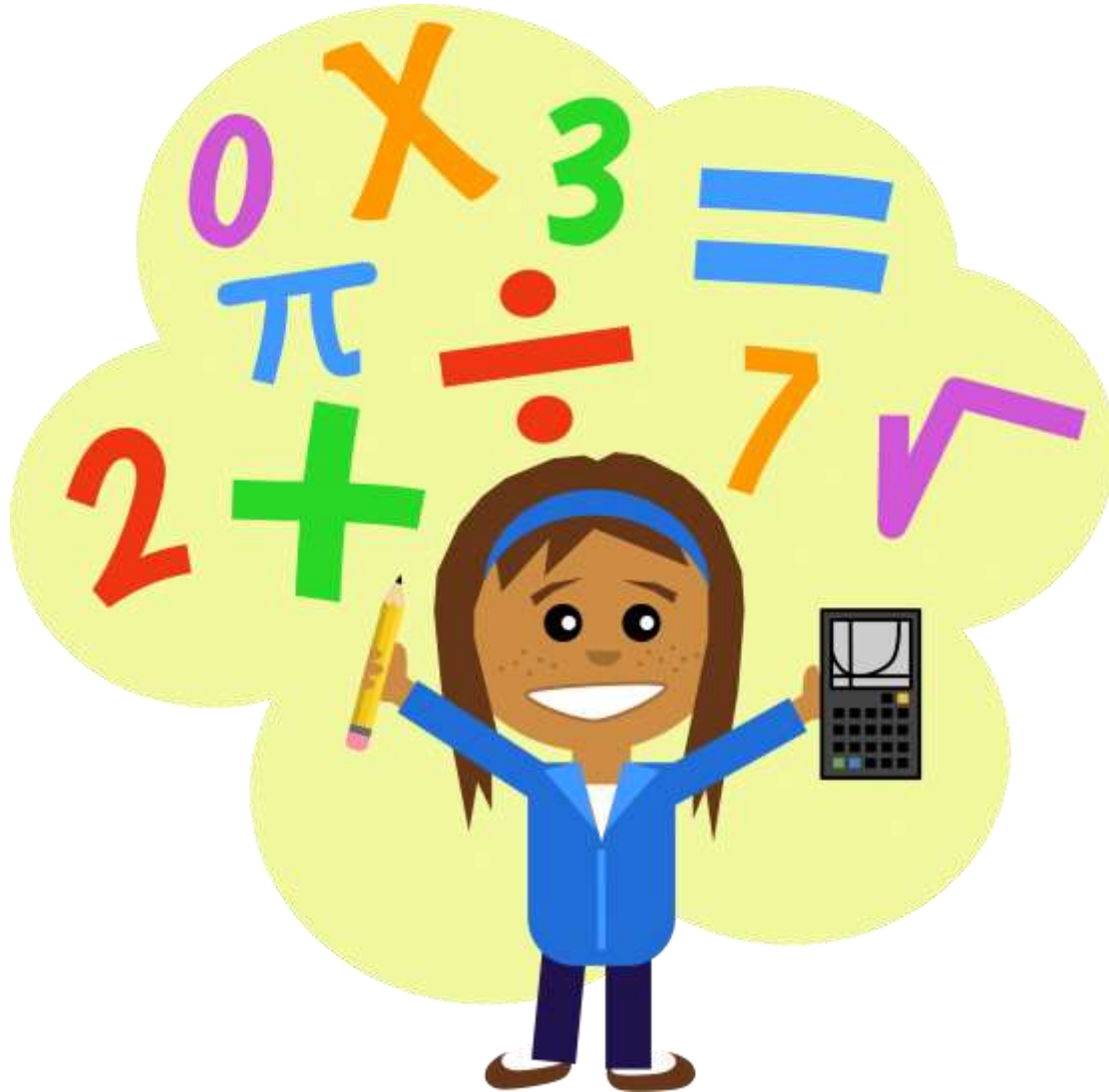
This club immerses students in the world of theater, helping them **explore emotions, build characters, and bring stories to life**. Through role-playing and performances, they develop **imagination, adaptability, and stage presence**, fostering both artistic and personal growth. 🎭

GLOBETROTTERS – GENERAL AWARENESS



This club broadens students' horizons by enhancing their **awareness of global events, cultures, and innovations**. By staying informed, they develop **critical thinking, curiosity, and a well-rounded perspective**, preparing them to engage meaningfully with the world. 🌍☐

INFINITY MINDS – MATH



This club helps students develop **logical thinking, problem-solving, and analytical skills**, essential for real-life decision-making. From managing finances to understanding patterns and technology, math empowers them to navigate the world with confidence.

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GLIDE & RIDE – SKATING

The club enhances **balance, coordination, and concentration** through structured skating techniques. By improving **focus, agility, and perseverance**, it helps students build confidence, discipline, and physical fitness. 🛼🏆





MARTIAL MASTERS – TAEKWONDO

This club **hones strength, agility, and self-discipline** while teaching the art of self-defense. Through structured practice, students develop **mental focus, quick reflexes, and confidence**, shaping both their physical and inner strength.



BREATHE & BALANCE – YOGA

The **Yoga Club** helps students develop **strength, flexibility, and focus**, while also improving **posture and concentration**. Breathing exercises and relaxation techniques teach them to **stay calm, manage stress, and build resilience**—skills that support both learning and daily life. Yoga nurtures **health, mindfulness, and positivity** for overall well-being! ☐ ♂☐✦✦



TALES & TREASURES – BOOK CLUB



The Book Club nurtures a love for reading through **engaging discussions, book reflections, and creative podcasts**. By analyzing stories and sharing insights, students develop **critical thinking, communication skills, and storytelling abilities**, inspiring budding authors. 📖✨

YOUNG ENTREPRENEURS – CEO'S IN THE MAKING

This club introduces students to **mini-business projects, marketing, and branding**, fostering creativity and strategic thinking. Through hands-on experiences, they develop **financial literacy, problem-solving skills, and leadership qualities**, preparing them for real-world success. 💡📈



THE KINDNESS CREW – SPREADING GRATITUDE

The Kindness Crew inspires students to **spread gratitude, positivity, and mindfulness**, fostering a culture of empathy and compassion. In a fast-paced world, small acts of kindness can make a big difference, empowering children to create a more caring and connected community. 💖 ✨



HEADLINE MAKERS – JOURNALISM & MASS MEDIA



The club gives students real-life experience in **news reporting, storytelling, and media analysis**. Through investigative writing and broadcasting, they develop **research, communication, and critical thinking skills**, preparing future journalists and media professionals. 📰 □

THE TASTY TWIST – FLAMELESS COOKING



Flameless cooking is a **creative and essential life skill** that promotes **self-sufficiency, critical thinking, and healthy eating**. It teaches students to prepare nutritious meals safely while encouraging **problem-solving and innovation**. By experimenting with flavors and techniques, they develop **creativity and adaptability**, making smart food choices for a healthier future! □ ✨



As we embark on this journey of exploration and growth, our **Friday Clubs** serve as a platform for students to **challenge themselves, collaborate, and create with purpose**. With **GRIT** at the core, we are shaping **future-ready learners** who embrace challenges, think critically, and lead with confidence.

Together, we cultivate an environment where **learning is an adventure, reflection is a habit, innovation is a drive, and transformation is a reality**. Let's inspire, empower, and thrive—one Friday at a time!

Thank
You!