

SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS SHANTI NIKETAN - NEW DELHI-21

JOYOUS ART & SPORTS INTEGRATED ACTIVITIES FOR SUMMER VACATIONS

CLASS - K.G. (2025-26)



Dear Parents,

We have made an attempt to keep our students creatively Busy during the summer vacations. It will help them keep in touch with the interdisciplinary concepts taught in class thus resulting in their holistic development.

Involve your daughter in the following fun-filled activities:

- Children learn best when they are active participants, so plan a schedule to be followed by your daughter during the holidays.
- Play educational games with her.
- Encourage your daughter to develop good habits and etiquettes.
- Let her watch only those programmes on TV which are appropriate for her age and while using smartphone parental supervision is necessary.
- Involve your daughter in picture reading.
- Try to tell as many interesting stories as possible that will improve her language and will enhance her vocabulary.
- Help her to narrate her favourite story in English. (explain her the moral of the story).
- Encourage her to converse in English.
- Guide your daughter in performing the weekend cleanliness tasks as mentioned in the Learner's Chronicle (Page no. 22 & 23)
- Kindly help solve the worksheets for the recapitulation of the concepts.



Story Telling is the most powerful way to put ideas into the world.

Here are a few links of short stories for your children

Good Habits Bad Habits

<https://youtube.com/watch?v=PiMqc1XzOHs&feature=share>

The Horse and The Snail

<https://www.youtube.com/watch?v=Qurk2Wm4mJ8>

The Bear and the Bee

<https://www.youtube.com/watch?v=jKi2SvWOCXc>



To enjoy co-curricular activities during vacations, here are a few links for your reference

ART & CRAFT

Let's catch up with some creativity and have fun at the same time. Watch the links below and bring out the young budding artist in you.

Hand Puppet-Tiger

<https://www.youtube.com/watch?v=fWqbnZuCDI4>

Origami Animal Faces

<https://youtu.be/BiJtPU9uPOc?si=w-8JhqqIXYc3Di0K>



PHYSICAL ACTIVITY

Regular exercise keeps us fit and healthy.

Alphabet Yoga

<https://www.youtube.com/watch?v=m5Jcmuc7jGQ>

Tabata Workout for kids

https://youtu.be/-1-s8GBpFeQ?si=rVR_WOVX6hBaBAKj

VOCAL MUSIC

There is music in every child. Let's nurture it and help them to gain interest in rhythm.

Summer Song

<https://youtu.be/3QvBpDLgAWg?si=QP3zFTh8iuKXeZv9>

It's a Beautiful Day

https://youtu.be/nAb-HzEkzk4?si=Cm9eVV4S_8rsBo6V

DANCE

Just get up and dance to enhance the flexibility of your body!

Put your hands in the air

https://www.youtube.com/watch?v=90Oe1sb5_ag

Chicken Dance

<https://youtu.be/WZJAikmT3Rg?si=AF39mTmgzcSBI2hF>

CLAY

Clay modeling helps improve eye hand coordination and build fine motor skills.

Summer Fruits

<https://www.youtube.com/watch?v=pL-6IgUS0SY>

Creativity with Dough

<https://youtu.be/OrIVND1pp8E?si=u54eWQ7dkPFenmCr>

We hope you and your daughter would enjoy these activities together as we can achieve success only with your unflinching support and cooperation.

Ms. Anamika Bhasin
K.G. Co-ordinator

