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SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS
SHANTI NIKETAN - NEW DELHI-21

JOYOUS ART & SPORTS INTEGRATED ACTIVITIES FOR SUMMER VACATIONS

CLASS - K.G. (2025-26)

Dear Parents,

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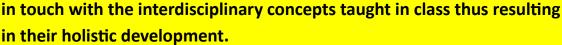
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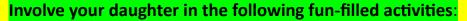
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We have made an attempt to keep our students creatively Busy during the summer vacations. It will help them keep





- Children learn best when they are active participants, so plan a schedule to be followed by your daughter during the holidays.
- Play educational games with her.
- Encourage your daughter to develop good habits and etiquettes.
- Let her watch only those programmes on TV which are appropriate for her age and while using smartphone parental supervision is necessary.
- Involve your daughter in picture reading.
- Try to tell as many interesting stories as possible that will improve her language and will enhance her vocabulary.
- Help her to narrate her favourite story in English. (explain her the moral of the story).
- Encourage her to converse in English.
- Guide your daughter in performing the weekend cleanliness tasks as mentioned in the Learner's Chronicle (Page no. 22 & 23)
- Kindly help solve the worksheets for the recapitulation of the concepts.





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Story Telling is the most powerful way to put ideas into the world.

Here are a few links of short stories for your children

Good Habits Bad Habits

https://youtube.com/watch?v=PiMqc1XzOHs&feature=share

The Horse and The Snail

https://www.youtube.com/watch?v=Qurk2Wm4mJ8

The Bear and the Bee

https://www.youtube.com/watch?v=jKi2SvWOCXc



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To enjoy co-curricular activities during vacations, here are a few links for your reference

## ART & CRAFT

Let's catch up with some creativity and have fun at the same time.

Watch the links below and bring out the young budding artist in

you.

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Hand Puppet-Tiger

https://www.youtube.com/watch?v=fWqbnZuCDI4

Origami Animal Faces

https://youtu.be/BiJtPU9uPOc?si=w-8JhqqIXYc3DiOk



## PHYSICAL ACTIVITY

Regular exercise keeps us fit and healthy.

Alphabet Yoga

https://www.youtube.com/watch?v=m5Jcmuc7jGQ

## J 77 17 17 77 Tabata Workout for kids J III. https://youtu.be/-1-s8GBpFeQ?si=rVR\_WOVX6hBaBAKj J J **VOCAL MUSIC** 77 77 77 There is music in every child. Let's nurture it and help them J to gain interest in rhythm. 77 Summer Song 77 77 https://youtu.be/3QvBpDLqAWq?si=QP3zFTh8iuKXeZv9 77 It's a Beautiful Day 77 77 https://youtu.be/nAb-HzEkzk4?si=Cm9eVV4S 8rsBo6V 77 77 77 77 DANCE 77 77 77 Just get up and dance to enhance the flexbility 77 **1777777777777** of your body! 77 J Put your hands in the air 77 77 https://www.youtube.com/watch?v=90Oe1sb5\_ag 77 77 Chicken Dance 77 https://youtu.be/WZJAIkmT3Rg?si=AF39mTmgzcSBi2hF J 77 CLAY 77 ULULUL I 77 Clay modeling helps improve eye hand coordination and build 77 77 fine motor skills. J 77 Summer Fruits IIII. 77 https://www.youtube.com/watch?v=pL-6IqUSOSY 77 Creativity with Dough 77 17 https://youtu.be/OrIVND1pp8E?si=u54eWQ7dkPFenmCr 77 J 77 J 77

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We hope you and your daughter would enjoy these activities together as we can achieve success only with your unflinching support and cooperation.

Ms. Anamika Bhasin K.G. Co-ordinator



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