

**SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS
SHANTI NIKETAN – NEW DELHI**



**NURSERY 2025-26
JOYOUS ART AND SPORTS
INTEGRATED ACTIVITIES FOR
FOR SUMMER VACATIONS**



Dear Parents,

We hope that children enjoyed their first spell in school as much as we enjoyed getting to know them. Summer vacations are just round the corner, we would like our children to have a nice time and remain constructively busy. Teachers have shared activity links and made fun activity booklet which are designed under AIL (Art Integrated Learning) catering to holistic development of the children and inter-disciplinary approach.

Involve your daughter in the following fun-filled activities.



Plan a schedule for your daughter's activity time for the vacation and help her in completing the worksheets.

Involve your daughter in **picture reading**. Try to tell as many interesting stories as possible that will improve her language and go a long way in enhancing vocabulary.

Let her watch only those **programmes on TV** which are appropriate for her age group.

Talk to your daughter about her immediate environment and take her around for **nature walk**. Help her observe and encourage her to ask more questions.

Generate her interest in playing some **educational games** and also play with her.

Encourage your daughter to develop **good habits and etiquettes**.

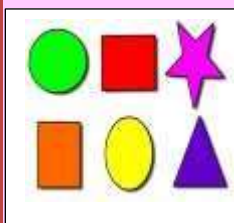
Improve her skills in recognizing objects. Show her as many things of **different shapes** as you can and help her identify them.

Motivate your daughter to make cut-outs of different **shapes**, i.e., a circle, square, triangle and a rectangle from newspapers and old magazines.

Encourage your daughter to identify and draw pictures/objects (age appropriate) using as many **colours** (red, blue, yellow, green, etc.) as she can.

Read a story from any **story book** to your daughter every night before putting her to bed.

Guide your daughter in performing the **weekend cleanliness tasks** as mentioned in the Learner's Chronicle (page numbers- 22 & 23)



STORY TELLING

Story telling is the most interesting way to nurture your child's personality and improve their creative abilities.

From gaining good virtues to increasing your child's vocabulary, here are links of few stories we have compiled for you.

<https://youtu.be/FaoevMkMu1M?feature=shared> (Believe in yourself)

<https://youtu.be/I0Z8A4u3CtI?si=iSQhjHKGGUdFuvjk> (The Wind and the Sun)

<https://youtu.be/VN9uSvAPqU4?si=7hLOl-CmOrGIUGuj> (The Magic Pencil)

ART & CRAFT

Let's catch up with some creativity, and have fun at the same time. Watch the links above and bring out the young budding artists in you.

<https://youtu.be/dUXk8Nc5qQ8?si=g3F7tioyMpU> (Paper Handprint Bunnies)

<https://youtu.be/ayFG5Ow4wXI?si=SOBYpc0401YfOXgb> (DIY-Animal hand puppet)

VOCAL MUSIC

Rhymes and songs are a powerful source in early literacy and help children to become interested in rhythm.

<https://youtu.be/ZNj5VGBLCXE?feature=shared> (Germs song for Children)

<https://youtu.be/OzKY5YHnOTg?si=Hve-K3wqb3pKXgdm> (Who took the cookie?)

DANCE

Children can explore and control their body movements through dance. It improves their confidence and self-esteem.

<https://youtube.com/watch?v=B5yehhCgL1I&feature=shared> (A Ram Sam Sam)

https://youtu.be/WZJAIkmt3Rg?si=ZRfUj_JtCJrlvnHY (Chicken dance song)

P. T.

Exercise helps children develop strong bones and muscles. It helps in their gross motor development making them more active and energetic.

https://youtu.be/_9UG0g9YOR8?feature=shared (Learn Body Parts)

<https://youtu.be/FB5-7tIiX-I?si=3EAXgr-Qyf8ws049> (Easy Exercises for kids at home)

CLAY

Clay modeling helps improve eye-hand co-ordination and build fine motor skills.

<https://pin.it/7MFNthnXC> (3d Basic Shapes)

https://youtu.be/dXMU5w0iT30?si=8_n26zmu7KQSZPrF (make fruits)

We hope you and your daughter would enjoy these activities together as we can achieve success only with your unflinching support and co-operation.

Nursery Co-ordinator

Ms. Pooja Pahujani

