

Brain International School

Vikas Puri, New Delhi

Dated: 22/05/2025

Ref no: BIS/563/25

Dear Parent

We would like to inform you that as per the circular received from CBSE regarding the importance of skill subjects for the future prospects of the students, we are introducing Yoga as an option along with Physical Education.

We have an expert and well trained faculty for the same. Yoga also enriches the other subjects when taken as a combination like Psychology and Yoga, Biology and Yoga.

You are requested to share your responses with your Class teacher at the earliest.

Principal