

BLOOM PUBLIC SCHOOL

C-8 Vasant Kunj, New Delhi

Syllabus for the Session 2025-26

Class: VII

Subject: SOCIAL SCIENCE

		SYLLABUS	
MONTH	CHAPTER (NCERT Text book)	CONTENT (Topics)	Practical/Activities
April	History - Tracing the changes through a thousand years (Old ncert textbook)	-	<u>Activity</u> :-Research and Make a Presentation on different sources of history, compare & contrast between old and new map of India.
	Geography- Chapter:1 Geographical Diversity of India		<u>Activity</u> :- Map Work - Mark different geographical features of India. (Himalayas, Plateau, Aravalli hills etc.)
May	Social and Political Life (SPL)- Chapter:9 From the Rulers to the Ruled: Types of Governments		<u>Activity</u> :- Explore and make a ppt /video on various types of governments ruling different countries in the world
	History - Chapter:4 New Beginnings: Cities and States (Activity Based)		<u>Activity</u> :- Imagine you are a historian studying ancient India. Explore the types of sources (archaeological, literary, etc.) you would use to learn more about the mahājanapadas.
July	Social and Political Life - Chapter:12 Understanding Markets		<u>Activity</u> 1-You have manufactured a soap bar. Design a label for its packaging with all the mandatory information.
			<u>Activity</u> 2. Prepare a pictorial representation of the chain of markets using a product.

August	History - Chapter:5 The Rise of Empires	Activity 1:- Map work- Mark important cities and Mahajanapadas during the Mauryan Era. Activity 2- Research and collect evidence related to Ashoka's victory over Kalinga and subsequent events leading to Ashoka choosing the path of peace.
	Geography- Chapter:2 Understanding the Weather	<u>Activity: -</u> Find out various clues from nature that can help us predict the weather.
	Geography- Chapter:2 Understanding the Weather (Continued)	<u>Activity:-</u> Prepare a weather chart for your city for a week.
September	Revision for the Mid - term examination	
	Social and Political Life - Chapter:10 The Constitution of India — An Introduction	Activity:-Design a constitution booklet for your own school mentioning all the rules and regulations to be followed. (Include the Preamble).
October	History - Chapter:8 How the Land Becomes Sacred (Activity Based)	<u>Activity:-</u> Research and make a presentation on the sacred sites of your region. Enquire into why they are considered sacred. OR
		Research work on the recent Maha Kumbh Mela 2025.

	Geography - Chapter:3 Climates of India	Activity1: Draw the monsoon cycle in summers and winters on a map of India showing the direction of winds. Activity 2: Make a colourful poster showing festivals in India linked to farming and weather. Add pictures or drawings of these festivals.
November	History - Chapter:6 The Age of Reorganisation	<u>Activity</u> : Imagine you have the chance to create your own kingdom. What royal emblem would you choose, and why? What title would you take as the ruler? Write a note about your kingdom, including its values, rules and regulations, and some unique features.
	History - Chapter: 6 The Age of Reorganisation	Activity:- Mark important Indian kingdoms in the post Mauryan Period.
December	Social and Political Life - Chapter:11 From Barter to Money (Activity Based)	<u>Activity:-</u> Research and list down the measures taken by RBI to prevent illegal printing of notes and their misuse. Discuss about certain security measures.
January	History - Chapter:7 The Gupta Era: An Age of Tireless Creativity	Activity 1:- Conduct a research work on Ancient scholars and scientists- Aryabhata, Varahamihira, and Kalidasa. Activity 2:- Research on Nalanda University and its rich cultural heritage.
February	History - Chapter:7 The Gupta Era: An Age of Tireless Creativity (Continued) Revision for the	
	Annual examination	

March	Annual examination		
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Α	ASSESSMENT SYLLABUS
MID TERM EXAMINATION	1. History- Chapter: 5 The Rise of Empires
	2. Geography - Chapter:1 Geographical Diversity of India
	-Chapter:2 Understanding the Weather
	3.Social and Political Life (SPL)- Chapter:9 From the Rulers to the Ruled: Types of Governments
	-Chapter:12 Understanding Markets
PERIODIC ASSESSMENT -2	1.History- Chapter:6 The Age of Reorganisation
	2.Geography- Chapter:3 Climates of India
	3. Social and Political Life (SPL)- Chapter:10 The Constitution of India — An Introduction
ANNUAL EXAMINATION	1.History- -Chapter:5 The Rise of Empires
	-Chapter:6 The Age of Reorganisation
	-Chapter:7 The Gupta Era: An Age of Tireless Creativity
	2.Geography- -Chapter:1
	Geographical Diversity of India
	-Chapter:2 Understanding the Weather
	-Chapter:3 Climates of India

3.Social and Political Life (SPL)- -Chapter:9 From the Rulers to the Ruled: Types of Governments
-Chapter:10 The Constitution of India — An Introduction
-Chapter:12 Understanding Markets