

TIME TABLE (KINDERGARDEN)

THEME: MY FAMILY

DAYS	8:00am-8:10am	8:10am-8:40am	8:40am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00 noon
	Domains➤	Positive Habits	Language & Literacy Development	Numeracy Development	L U N C H B R E A K	Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (5.5.25)	Free-Play (Settling Time)	Welcome	RHYME ON MY FAMILY "My family's love shines bright and true, With laughter and joy, we spend our days a new. Mom's warm hugs and Dad's gentle care, Make our home a happy place to share. Siblings play, and friends come by, We share our love and never say goodbye. Together we laugh, play, and grow, In our family's love, our hearts glow." https://youtu.be/KjI5sPWcD-o?feature=shared	COUNTING FAMILY MEMBERS The teacher will ask each student to share how many family members they have, encouraging them to think about their families and what makes them unique. As each student enthusiastically shares their number, they will take turns writing it on the digital board. This interactive activity will not only create a visual tally of family sizes in the classroom but also foster a sense of community as students reflect on their diverse backgrounds and experiences.		BRAIN-GYM EXERCISES The teacher will lead some brain gym exercises with the students to improve their focus and coordination. 1. Lazy 8s: Drawing figure-eights with arms or fingers. - Steps: 1. Hold arms straight out to the sides or use fingers. 2. Draw a figure-eight pattern in the air. 3. Start at the center and move arms/fingers in a smooth motion. 2. Brain Buttons: Massaging specific points on the body. - Steps: 1. Use fingertips to massage the "brain buttons" (soft spots just below the collarbone). 2. Rub gently in a circular motion.	TRIBAL HANDICRAFT OF MAHARASHTRA "GOND ART PAINTING" The teacher will start by drawing a detailed picture on the chart, showcasing various patterns and designs of Gond Art. She will then ask the students to closely observe these patterns and encourage them to create their own artworks. As they do this, they will explore the intricate connections between nature and art, deepening their appreciation for Gond art's cultural significance.	HOW CAN FAMILY MEMBERS HELP EACH OTHER IN THEIR DAILY LIVES 1. Listening: Being present and actively listening to each other's thoughts and feelings. 2. Encouragement: Offering support and encouragement to help each other build confidence and achieve goals. 3. Sharing household chores: Dividing up tasks and responsibilities to make life easier for everyone. 4. Caring for each other when sick: Providing care and support when a family member is ill or injured. 4. Being present: Spending quality time together and being present in each other's lives.



Cleanliness Checkup

Prayer & Group
Singing

DISCUSSION ON :

1. Who all stay with you in your house?
2. What is your father's and mother's name?
3. How many siblings do you have?
4. How do you help your family members??

**INTRODUCTION
OF
LETTER 'F'
"f":**

◆ Ff for Father, Ff for Family, Ff for Fish, Ff for Fan, Ff for Fruits, Ff for Flag, Ff for Five , etc.



3. Balance Exercises

Standing on one foot or walking along a straight line.





- Steps:

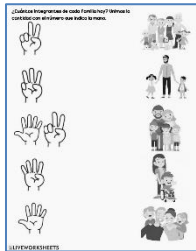



1. Stand on one foot, with the other foot lifted.
2. Hold balance for a few seconds.
3. Switch feet and repeat.
4. Alternatively, walk along a straight line, focusing on balance.



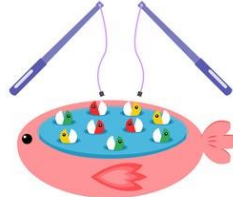



BRAIN GYM



TUESDAY (6.5.25)	Free-Play (Settling Time)	Welcome	DISCUSSION ON FAMILY TERMS IN MARATHI LANGUAGE Family Members in Marathi 1. Mother (Aai): आई 2. Father (Baba): बाबा 3. Brother (Bhai): भाऊ 4. Sister (Behen): बहीण 5. Grandmother (Ajji): आजी 6. Grandfather (Ajoba): आजोबा	PRACTICE OF NUMBERS 1-60 The teacher will enthusiastically divide the students into small groups, explaining that each child will take turns threading 10 colorful macaroni pieces onto a long string. As they work together, one student will carefully add their 10 macaronis, and then the next will follow same, adding another 10. They will continue this delightful process until they reach a total of 60 vibrant macaroni pieces on the string. All the while, the students will joyfully count aloud from 1 to 60, celebrating each step of their creative collaboration.	MARATHI DANCE The students will immerse themselves in the vibrant rhythms of Marathi culture as they join their teachers for an exhilarating dance session featuring the lively Lavani song! This engaging dance experience is not only a chance to move and groove, but it also fosters a deeper cultural appreciation. Through this dynamic form of expression, students will have the opportunity to learn the intricacies of a new dance style while celebrating the rich traditions and heritage of Maharashtra.	LITTLE CHEF'S,BIG FLAVORS "SEVPURI" MAKING As part of a fun classroom activity, a mother will visit the school to teach students how to make sevpuri, a popular snack from Maharashtra. The session will start with a brief introduction about sevpuri and its cultural significance, followed by a short talk on food hygiene and safety. The mother will then demonstrate the step-by-step process of making sevpuri using ingredients like puffed rice, onions, tomatoes, potatoes, chutneys, sev, and spices, along with the students. This activity will help students learn about local food, follow simple instructions, and enjoy teamwork. It's a fun way to mix learning with hands-on experience!	STORY SESSION IMPORTANCE OF FAMILY This story promotes socio-emotional development in kids by showing them the value of strong family relationships, emotional intelligence, and effective communication.
		Cleanliness Checkup					
		Prayer & Group Singing	This discussion can help kids learn and appreciate the Marathi language and culture, while also fostering a sense of connection to their family and heritage.				
WEDNESDAY (7.5.25)	Free-Play (Settling Time)	Welcome	MRATHI <small>MARATHI LANGUAGE</small>	WORKSHEET (COUNT FAMILY MEMBERS)	JUMPING ROPE The students will hold the ends of a rope,	PIYUSH-MAHARASHTRIAN DRINK	FINGER PUPPET The teacher will introduce family
		Cleanliness Check Up					

		Prayer & Group Singing	<p>session on 'My Family'. The students will sing along and do actions on the same.</p> <p>"My family is wonderful, you see, Mommy cooks food for you and me, Daddy plays with me every day, My siblings are friends in a special way.</p> <p>We play together, we laugh with glee, We have so much fun, just wait and see, Grandma tells stories of long ago, Grandpa's jokes make us all go "Ho Ho!"</p> <p>My family loves me, that's true, We care for each other, through and through, We're a team, a happy crew, My family is special, that's what I do."</p>	<p>The teacher will first do the oral counting from 1-50. She will then ask about the number of family members each student has. She will then, explain the worksheet where the students will count the family members and match them to the correct number.</p> 	<p>standing in pairs for their other friends to run and jump over the rope one-by-one. To add some challenge, the teacher will guide the students how to increase or decrease the height of the rope for the students while playing the game.</p> <p>This will help the students to work in teams and be patient waiting for their turns. It will also boost their gross motor skills and will aid in developing a problem solving attitude.</p> 	<p>This activity includes parents as partners. The parent along with the whole class will prepare a popular Maharashtrian treat-Piyush, which is a refreshing drink, made with shrikhand and buttermilk.</p> <p>Piyush cools down the summer heat."</p> 	<p>members through finger puppets. Then, she will encourage students to make their own puppets by using face cutouts, paper rolls etc.</p> 
THURSDAY (8.5.25)	Free-Play (Settling Time)	Prayer & Group Singing	<p>DISCUSSION ON FUN FACT ABOUT GOAN</p> <p>1. Beaches: Goa has beautiful</p>	<p>FIND ME ?</p> <p>The teacher will prepare a special "jadui pitara" filled</p>	<p>GAME: FISH CATCHING</p> <p>In this exciting</p>	<p>FAMILY IN A HOUSE</p> <p>This fun and engaging craft activity, called "Family in a House," is</p>	<p>ROLE PLAY ON THEIR FAVOURITE FAMILY MEMBER</p>
		Cleanliness Check Up					

		Prayer & Group Singing	<p>beaches like Palolem, Baga, and Calangute.</p> <p>2. Food: Goan cuisine includes delicious seafood, bebinca (a sweet dessert), and vindaloo (a spicy dish).</p> <p>3. Culture: Goa has a rich cultural heritage, with influences from Portugal and India.</p> <p>4. Festivals: Goa celebrates festivals like Carnival, Shigmo, and Ganesh Chaturthi.</p>	<p>with various items related to Goa, such as bright sunglasses, beautiful seashells, a stylish beach hat, and intricately crafted wooden items that reflect the region's culture. Each student will take turns selecting one object from this magical box and will share its significance. They will explain how that particular item is used, its relevance to Goa's unique lifestyle, or any interesting facts associated with it. This activity aims to enhance students' understanding of Goa's rich heritage and encourage them to engage creatively with the items they discover.</p>	<p>activity, children will set off on a "Goan Fishing Adventure," where they will use colorful magnet fishing strings to catch an assortment of vibrant fish. With a countdown timer set for 30 seconds, each child will dive into the fun, competing to see how many fish they can catch in such a short time. Once the time is up, they will gather with smiles and laughter to count their catches, celebrating their accomplishments together. This hands-on experience not only adds an element of friendly competition but also allows kids to enhance their fine motor skills and refine their hand-eye coordination playfully and engagingly.</p>	<p>perfect for young children to creatively express their family members using simple materials like popsicle sticks, markers, and glue. To begin, children create a house frame by gluing together colored popsicle sticks—two for the sides, one at the bottom, and two at the top forming a triangle for the roof. Once the frame is dry, each child takes additional plain popsicle sticks and draws their family members on them using markers, adding facial features, clothes, hairstyles, and even pets if they wish. These decorated sticks are then glued vertically inside the house frame to represent their family standing together. A label "My Family" is added to the bottom of the house. This activity helps children develop fine motor skills, understand family roles, and express themselves through art.</p>	<p>The students will be invited to dress up as their favorite family member for a fun and engaging activity. Each student will have the opportunity to share a few lines about their chosen family member, highlighting their qualities, interests etc.</p>
			 <p>INTRODUCTION OF LETTER 'p'</p> <p>"p":</p> <p>◆ Pp for Parents, Pp for Papa, Pp for pet, Pp for papaya, Pp for parrot, Pp for pear, Pp for pin , etc.</p>			 <p>All About Family Roles</p>	

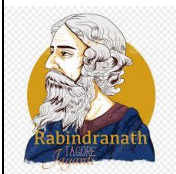
**FRIDAY
(9.5.25)**

Free-Play
(Settling
Time)

Welcome
Cleanliness Checkup
Prayer & Group
Singing

**DISCUSSION ON
RABINDRANATH
TAGORE JAYANTI**

Today (9/5/25) is Rabindranath Tagore Jayanti! He was a great poet, writer, and artist. He wrote many beautiful poems and songs. He also wrote our National Anthem – "Jana Gana Mana"! People remember him on this day and celebrate it.



NUMBER BINGO

The students will play number bingo along with the teacher.

**REVISION OF
NUMBERS 1-60**

**1-60 Number
BINGO**

50	8	26	27	25
54	45	17	24	22
19	9	FREE SPACE	10	53
21	33	28	12	35
6	20	46	44	48



**YOGA
(FAMILY POSES)**

The teacher will conduct a yoga session, focusing on family poses that promote connection and togetherness.

Participants will be provided with a warm atmosphere and will be guided to perform poses such as tree pose, warrior pose etc connecting them with the role of our family members.

1. Mom's hug (tree pose)
2. Dad's strength (warrior pose)
3. Brother/sister love (partner pose)
4. Family circle (circle pose)



**CARD MAKING
ON MOTHER'S DAY**

In celebration of Mother's Day, students are asked to unleash their creativity by crafting heartfelt gratitude cards for their mothers. This special activity allows each child to express their love and appreciation through colorful designs, heartfelt messages, and personal touches that reflect their unique relationships. These beautiful cards will serve as a tangible reminder of their affection and care, making their mothers feel cherished and valued on this significant day.



**BRIEF TALK ABOUT
DIFFERENT TYPES OF
FAMILY :**

The teacher will discuss about different types of family with Children, and ask the do you know what a family is? A family is a group of people who love and care for each other! Every family is special and different, and that's okay!

1. Big Family (Joint Family): This family has grandparents, parents, uncles, aunts, and cousins—all living together!

2. Small Family (Nuclear Family): This family has just parents and their children living together.

Then, she will ask few questions like :

1. Who do you live with at house?
2. What do you love most about your family?
3. Can every family look the same?
4. How can we show love and kindness to our family?

