



CREDENCE HIGH SCHOOL

HYGIENE POLICY



HYGIENE IS OUR PRIORITY



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FUNCTION	For maintaining cleanliness and promoting good hygiene practices
STATUS	Implemented
REVIEW SCHEDULE	Annual
REVIEWED BY	<ul style="list-style-type: none">• School Doctor Dr. Mathivathani• School Nurse Ms. Aarya
LAST REVIEWED ON	April 2024

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OUR VISION

To be an institution that nurtures free and happy minds thereby empowering students to excel and contribute to the society in the field of their choice.”

OUR MISSION

Tailor an inclusive and supportive campus that offers a sense of belonging, happiness, physical safety and intellectual freedom to all of our students

Harvest the innate talent of each child to build a school community of individual achievement and collective excellence

Instill an acute sense of values and ethics in each of our students so they may be always known for their personal integrity and probity

Nurture an international cross-section of students so they may learn to live in a globalized world and contribute in building a united, tolerant, caring society

Kindle and keep alive the spark of curiosity in our students through the provision of ICT facilities and resources that support a research – oriented, independent and enquiry based learning.

OBJECTIVE:

To prevent the spread of infection and to promote high standard hygiene in day to day work with children and adults.

Credence High School, Dubai promotes a high standard of health and hygiene in its day-to-day work with children. It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

PERSONAL HYGIENE

- Hands washed after using the washroom.
- Children with pierced ears are not allowed to try on or share each other’s earring.
- Children are encouraged to shield their mouth when coughing and sneezing.
- Parents should provide sufficient suitable sanitary wear for girls as required.

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HAND HYGIENE

Students, faculty and staff should be instructed about the correct technique for hand washing, including the importance of washing hands before eating or preparing food, after touching any skin lesions (“sores”) and wounds or clothing contaminated by drainage from lesions and wounds, and after using the toilet.

- Step 1: Wet hands: Turn on faucet and wet hands with running water.
- Step 2: Rub palms together.
- Step 3: Rub the back of hands.
- Step 4: Interlink with fingers.
- Step 5: Cup your fingers.
- Step 6: clean the thumb.
- Step 7: Rub palms with your fingers.

- Rinse hands under running water.
- Dry hands with paper towels or air dryers.
- If available, use a paper towel to turn off faucet handles.

The recommended hand washing time is at least **20 seconds**, so make sure you complete all the steps and don't rush through them

HYGIENE

Students, faculty and staff should be provided information about general hygienic measures, including the following:

- Keep your hands clean by washing thoroughly with soap and water. Use a sanitizer when soap and water not available.

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- **Keep others protected by practicing good sneeze and cough etiquette. (Cover your mouth and nose when you cough and sneeze).**
- Avoid sharing, eating and drinking in the same utensils.
- Avoid sharing towels, clothing, or uniforms.
- Avoid sharing personal items.
- Keep cuts and abrasions clean and covered with clean, dry bandages until healed.

HYGIENE FOR SPORTS PARTICIPANTS

In addition to the previously mentioned recommendations, sports participants should be provided these recommendations:

- Do not share towels, clothing or uniforms.
- Don't store wet, dirty clothing in lockers.
- Avoid sharing personal equipment.
- Keep equipment clean. Follow coach's directions about cleaning the equipment.
- Keep cuts, abrasions and wounds covered with clean, dry bandages. Persons with draining wounds or infections are not allowed to participate in practices or games until the wound has stopped draining.
- Report any cuts, abrasions or wounds to the coach and school nurse.

RESPONSIBILITIES OF PUPILS

All pupils are expected to:

- Exercise personal responsibility for the hygiene and safety of themselves and their fellow pupils.

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- Wear school uniform, PE kit for sports and exercise, indoor footwear when in the school building, and appropriate footwear for outdoors. Ensure that the used/ sweaty wears are regularly washed / dry cleaned.
- Regular showering, oral hygiene, trimming of hair and nails for a healthy self.
- Observe all the hygiene and safety rules of the school and in particular the instructions of the teaching staff in the event of an emergency.
- Use and not willfully misuse, neglect or interfere with things provided for safety purposes.