



Brain International School

Vikas Puri, New Delhi

ASSIGNMENT NO. 2

SUBJECT: PSYCHOLOGY

CLASS-XII

MAY,2025

CHAPTER 2: SELF AND PERSONALITY

VERY SHORT ANSWER TYPE QUESTIONS (2 Marks)

1. Describe Type A personality?
2. What do you understand by Type-B personality?
3. What do you understand by Type C personality?
4. Explain the term reaction formation.
5. What did Carl Jung mean by collective unconscious?
6. Describe the two procedures of behavioural analysis.

SHORT ANSWER TYPE QUESTIONS (3 Marks)

1. Define the meaning of self.
2. Define cultural approach to study personality.
3. What is self-concept?
4. Define self-efficacy.
5. Explain the term self-regulation.

SHORT ANSWER TYPE QUESTIONS (4 Marks)

1. Elaborate the existential theory of personality.
2. Differentiate between self as a subject and self as an object.
3. What do you mean by behavioural observation?
4. Ankit is unable to live in long-term relationship. He always finds a reason to break off his relationships. Identify and explain the level of consciousness that Ankit is exhibiting.

LONG ANSWER TYPE QUESTIONS (6 Marks)

1. Elaborate the ego defence mechanisms.
2. Write a short note on behavioural approach.
3. Jamie is a 25 years old male. He is only child of his parents. Many a times, he feels hostile towards his father. He is also of the view that men are generally hostile. How do you explain Jamie's condition? Why?
4. Differentiate between type and trait approaches to personality. Explain any four type theories in detail.
5. Explain the humanistic approach to personality. What did Maslow mean by self-actualisation?