

## **SESSION ON WORLD ANEMIA DAY**

**Subject: To spread awareness about anaemia, its causes, effects, and preventive measures (Class VI)**

**Date: 13<sup>th</sup> February, 2025**

**Description:**

The school organized an informative session on World Anaemia Day on 13th February 2025. The session aimed to spread awareness about anaemia, its causes, effects, and preventive measures.

During the session, Dr. Kumar elaborated on the importance of a balanced diet, iron-rich foods, and early detection in preventing anaemia. His engaging and informative approach helped students understand the significance of maintaining good health.

The session was highly insightful and beneficial for students. It helped them understand the importance of healthy eating habits and lifestyle choices.

**Guest Speaker: Dr. Ajay Kumar (Paediatrician)**







