

# Delhi Public School Knowledge Park – V

Greater Noida (West)

Date: April 17, 2025  
DPSKP-V/2025-26/Circular/16

## CIRCULAR

Dear Students,

In a continued effort to nurture linguistic excellence and creative expression, Delhi Public School, KPV is delighted to present a prestigious opportunity for interested students to participate in a national-level essay competition. We are pleased to inform you that the **Ministry of AYUSH**, in collaboration with **MyGov**, is organizing an **Essay Writing Competition** to celebrate the **International Day of Yoga 2025**. The theme for this year's contest is:

### "Yoga for One Earth One Health"

This theme highlights the interconnectedness of human, animal, and environmental health and aligns with the ancient yogic principles of unity, compassion, and holistic well-being.

#### Objectives of the Competition:

1. To promote awareness of yoga's historical and modern-day relevance to global health.
2. To highlight yoga's role in addressing health and environmental challenges.
3. To encourage scholarly creativity in integrating yoga with modern science.
4. To foster critical thinking and sustainable health solutions through yoga.
5. To engage youth in shaping the global health ecosystem with yogic insights.

#### Essay Submission Guidelines:

- **Format:** PDF, double line spacing, page numbers included. No images or illustrations.
- **Font:** Times New Roman or equivalent, Size 12.
- **Word Limit:** 800-1000 words.
- **Language:** English or Hindi.
- **Theme:** Must relate to the overarching theme mentioned above.
- **Certification:** Each essay must include the following line at the end:  
*"I, [Full Name], certify that this essay is solely written by me and no one else has any claim to the copyright."*
- **Word count must be mentioned at the end of the essay.**

#### Important Dates:

- **Start Date:** April 7, 2025
- **Last Date to Submit:** April 30, 2025, by 5:00 PM IST

#### Judging Criteria:

- Originality and creativity