



Sri Venkateshwar International School

Sector-18, Dwarka, New Delhi-75

Ref. No.: SVIS/PC/2025-26/10

April 26, 2025

Dear Parent

Namaskar

We request you to take steps to safeguard your family & community against vector borne diseases. We hope to see everyone safe & healthy.

DO's and DON'Ts for Dengue, Chikungunya & Malaria

DO's	DON'Ts
Cover all water tanks and containers with well fitted lids to prevent breeding of mosquitoes.	Do not keep water containers open as they can attract mosquitoes to breed.
Empty, scrub and dry coolers every week before refilling to prevent breeding of mosquitoes. Paint inside of coolers before use in summer.	If using air cooler, don't use old grass in this season and properly dispose off the same.
All unused containers, junk materials, tyres, coconut shells etc. should be properly disposed off.	Don't throw broken utensils, unused bottles, tins, old tyres and other junks in open as mosquitoes breeding in these objects during rainy season.
Change water of flower vases, plant pots, bird pots every week to prevent mosquito breeding.	Don't allow water to stagnate in and around houses in buckets, barrels, flower pots, bird baths, freeze trays, coconut shells etc.
Cover the toilet seat if going out of home for more than a week.	Don't depend only on platelet count for diagnosis of Dengue.
To avoid mosquito bites, wear full-sleeved clothing and use mosquito repellents to prevent mosquito bites. Put wire mesh on doors and windows to prevent entry of mosquitoes.	Don't allow children to wear short sleeved clothes and play in water puddles and stagnant water bodies. (While sending to school, apply mosquito repellents on exposed body parts.)
Use bed nets at home and hospital during Dengue fever to prevent mosquito bites and to interrupt transmission, use aerosol, vaporizers (Coils/mats) during day time.	Don't insist for hospitalization in case of Dengue fever unless advised by a doctor as many Dengue patients do not require hospitalization.
Take Paracetamol, plenty of fluids and rest in case of fever.	Don't use Aspirin, Ibuprofen, Nimesulide, and cover the counter medicines for lowering down body temperature.
Please create awareness among community and masses.	Do not create panic, Dengue and Chikungunya are self-limited diseases in most cases and Malaria is treatable.

Nishu Pandey
HoS