

ANNUAL LEARNING PROGRESSION Grade-XII

Session 2025-26



Month-wise Syllabus for Session (2025-2026) Class- XII Subject- ENGLISH CORE (301)

NCERT TEXTBOOKS: 1. Flamingo

2. Vistas

| S.N. | Month | FLAMINGO | Activities | SYLLABUS Cyclic Test /Half Yearly/Yearly |
|------|--------|--|---|---|
| 1 | APRIL | Introduction to the Curriculum & Question paper design The Last Lesson Poem: My Mother at Sixty Six Lost Spring Deep Water The Third Level | Notices Exercise in Reading Comprehension | |
| 2 | MAY | The Rattrap Indigo Poem: Keeping Quiet The Tiger King | Invitations | IA 1: The Last Lesson Poem: My Mother at Sixty Six Lost Spring Deep Water The Third Level |
| 3 | JULY | Poets and Pancakes Poem: A Thing of Beauty The Enemy On the Face of It | Invitations ASL Practice | |
| 4 | AUGUST | Going Places Poem: Aunt Jennifer 's Tigers | Letter to the Editor, Job Application | IA 2: The Rattrap, Indigo Poem: Keeping Quiet The Tiger King, Invitations, |

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|----|-------------|---------------------------|----------|-------------------------------|
| _ | CEDUEL ADED | Half Yearly | | The Last Lesson Poem: |
| 5 | SEPTEMBER | Examination | | My Mother at Sixty Six |
| | | | | Lost Spring |
| | | | | Deep Water |
| | | | | The Third Level |
| | | | | The Rattrap |
| | | | | Indigo |
| | | | | Poem: Keeping Quiet |
| | | | | The Tiger King |
| | | | | Poets and Pancakes |
| | | | | Poem: A Thing of Beauty |
| | | | | The Enemy |
| | | | | On the Face of It |
| | | | | Going Places |
| | | | | Poem: Aunt Jennifer 's Tigers |
| | | | | Notices |
| | | | | Invitations |
| | | | | Formal Letter, Job |
| | | | | Application, Article, Report |
| | | | | writing |
| | | | | , |
| | | The Interview | | |
| 6 | OCTOBER | Poem: A Roadside Stand | | |
| | OCTOBER | Journey to the end of the | | |
| | | Earth | | |
| | | Memories of Childhood | | |
| | | Revision& I Pre-Board | | Complete Syllabus done from |
| 7 | NOVEMBER | | | April- October |
| / | NOVENIDER | | | - |
| | | | | |
| | | Revision& I Pre-Board | | |
| 8 | DECEMBER | | | |
| 0 | DECEMBER | | | |
| | | | | |
| | | Revision& II Pre-Board | Revision | |
| 9 | JANUARY | | | |
| | 37111071111 | | | |
| | | | | |
| 10 | FEBRUARY | CBSE Board | | |
| | IEDKOAKI | Examination | | |
| 11 | MARCH | CBSE | | |
| 11 | MINCH | Board | | |
| | | Examinat | | |
| | | ion | | |

Subject- Political Science

| Sr.No. | Month | Content | Activity/Project | Assessment |
|--------|-----------|---|--|--|
| 1 | March | Ch-1 Challenges of Nation Building | Note: Practice of Passage, Map and Cartoon based questions from CHAPTER. Recent Updates Activity through newspaper readings. | - |
| 2 | April | Ch-2 Era of One -Party Dominance Ch- 2 The End of Bipolarity Ch-3 U S Hegemony (Some topics as per syllabus) | Note: Practice of Passage, Map and Cartoon based questions from CHAPTER. Recent Updates Activity through newspaper readings. | - |
| 3 | May | Ch-3 Politics of Planned Development Ch- 4 India's External Relations (India's foreign Policy) Ch- 5 Contemporary South Asia | Note: Practice of Passage, Map and Cartoon based questions from CHAPTER. Recent Updates Activity through newspaper readings. Project File Work | IA-1 Syllabus Ch-1 Challenges of Nation Building, Ch-2 Era of One- Party Dominance, Ch- 2 The End of Bipolarity Ch- 4 Alternative Centers of Power |
| 4 | July | Ch- 6 International Organisations Ch-5 Challenges to and Restoration of the Congress system (Democratic Resurgence) Ch-6 The Crisis of Democratic Order | Note: Practice of Passage, Map and Cartoon based questions from Recent Updates Activity through newspaper readings.CHAPTER. | IA-2 Syllabus Ch-3 Politics of Planned Development, Ch- 4 Alternative Centers of Power Ch- 4 India's External Relations (India's foreign Policy) Ch- 5 Contemporary South Asia |
| 5 | August | Ch-7 Security in the Contemporary World Ch- 8 Regional Aspirations | Note: Practice of Passage, Map and Cartoon based questions from CHAPTER. Recent Updates Activity through newspaper readings. | |
| 6 | September | Revision and Half Yearly Examination | Note: Practice of Passage, Map and Cartoon based questions from CHAPTER. | Half Yearly Syllabus: |

| | | | Recent Updates Activity through newspaper readings. | Ch-1 Challenges of Nation Building, Ch-2 Era of One-Party Dominance, Ch-3 Politics of Planned Development, Ch- 4 India's External Relations, Ch-5 Challenges to and Restoration of the Congress system Ch-6 The Crisis of Democratic Ch- 2 The End of Bipolarity, Ch- 4 Alternative Centers of Power, Ch- 5 Contemporary South Asia Ch- 6 International Organisations, Order, Ch-7 Security in the Contemporary World Ch- 8 Environmental and Natural Resources |
|----|----------|--|--|--|
| 7 | October | Ch- 9 Recent Developments in Indian Politics Ch- 9 Globalisation | Note: Practice of Passage, Map and Cartoon based questions from CHAPTER. Recent Updates Activity through newspaper readings. | |
| 8. | November | Revision | unough newspaper readings. | Pre-Board-1 (Full Syllabus) |
| 9. | December | Revision | | Pre-Board- 2 (Full Syllabus) |

Note:

- (a) Source based and image- based questions are to be covered of each chapter.
- (b) Map work
- (c) Assessment:-
 - Written Examination: 80 marks
 - Internal Assessment: 20 marks

(For Internal Assessment Students have to prepare a project on the topics prescribed by CBSE)

Subject: Geography

| Sr. | Month | Topics/Chapters | Activities | SYLLABUS |
|-----|-------|---|---|---|
| No. | | | | Cyclic Test /Half Yearly/Yearly |
| 1 | April | Book: Book- Fundamental of Human Geography CH. No1 Human Geography BOOK Practical Work in Geography Part II: Ch. 1: Data its source and compilation Book: India People and Economy; Ch-1: Population: Distribution Density, Growth and Composition. | -Make a project with man-made and natural things | |
| | May | Book: Book- Fundamental of Human Geography CH. No 2: The World Population Density Distribution and Growth CH. No 3: Human Development BOOK Practical Work in Geography Part II: Ch 2: Data Processing Book: India People and Economy; Ch-2: Human Settlements | -Practical sheets: Data collection, measuring the Frequencies and Central tendency. | IA-I Syllabus Book: Book- Fundamental of Human Geography CH. No1 Human Geography BOOK Practical Work in Geography Part II: Ch. 1:Data its source and compilation Book: India People and Economy; Ch-1: Population: Distribution Density, Growth and Composition. |

| | July | Book: Book- Fundamental of Human Geography Ch- 4: Primary activities Ch-5: Secondary activities Practical Geography Ch. 3: Representation of data BOOK Practical Work in Geography Part II: Ch 2:Data Processing Book: India People and Economy; Ch.:3 Land Resources and Agriculture Ch.4:Water Resources | -Construct a Pie diagram of economic activities | Class test Book: Book- Fundamental of Human Geography CH. No 2: The World Population Density Distribution and Growth CH. No 3: Human Development Ch.4 Primary activities BOOK Practical Work in Geography Part II: Ch 2: Data Processing Book: India People and Economy; Ch-2: Human Settlements Ch.: 3 Land Resources and Agriculture |
|---|-----------|--|--|---|
| 2 | August | Book: Book- Fundamental of Human Geography Ch- 4: Primary activities Book: India People and Economy; Ch-5:Mineral and energy resources BOOK Practical Work in Geography Part II: Ch 2: Ch.3 Graphical representation of data | -Assignment : All types of Economic Activities | IA-II Syllabus Book: Book- Fundamental of Human Geography CH. No 2: The World Population Density Distribution and Growth CH. No 3: Human Development Ch.4 Primary activities BOOK Practical Work in Geography Part II: Ch 2: Data Processing Book: India People and Economy; Ch-2: Human Settlements Ch.: 3 Land Resources and Agriculture 5. Ch-5: Mineral and energy resources |
| 3 | September | Book: India People and Economy; Book: India People and Economy; | -Draw a Dot Map of Population Distribution | Half-Yearly Book: Book- Fundamental of Human Geography |

| | | Ch.6: Planning and sustainable development in Indian Context Ch.7 Transport and communication REVISION | -Choropleth map for Measuring the Density and Growth of population of India | CH. No1 Human Geography CH. No 2: The World Population Density Distribution and Growth CH. No 3: Human Development Ch.4 Primary activities BOOK Practical Work in Geography Part II: Ch 2: Data Processing Book: India People and Economy: ch.1 Population Ch-2: Human Settlements Ch.:3 Land Resources and Agriculture Ch-5: Mineral and Energy resources |
|---|----------|---|--|--|
| 4 | October | Book: India People and Economy; Ch-8:International Trade Ch.9:Geographical Perspective on selected issues Book: Book- Fundamental of Human Geography Ch-6: Tertiary and Quaternary activities | -Map; all types of Settlements - Worksheet : collect the sample Natural resources Map : all types of Agriculture | Class Test: Weekly syllabus: ook: India People and Economy; Ch- 8:International Trade Ch.9:Geographical Perspective on selected issues Book: Book- Fundamental of Human Geography Ch-6: Tertiary and Quaternary activities Ch. 7: Transport and communication Ch. 8: International trade |
| 5 | November | Book Practical Geography : Ch. 4: Spatial Information Technology | -Assignment -Map: Minerals and energy resources | <u>Pre-Board -I</u> Full Syllabus |
| 6 | December | Revision /Pre-Board | Diagram: Trans continental railway of Canada, France and Russia. | <u>Pre-Board -I</u> Full Syllabus |

| 7 | January | Revision / Practical Examination | Class test /Final practical | Pre-board II Full syllabus Final practical |
|---|----------|----------------------------------|-----------------------------|--|
| 8 | February | Revision (Annual Exams) | Class test and | |
| | | | Preboard | |

Subject- Economics

| Sr. No | Month | Торіс | Activity | SYLLABUS Cyclic Test /Half Yearly/Yearly |
|-----------|-------|---|---|---|
| 1 | March | Unit 1 Chapter 1 Introduction of Macro Economics | Assignment Revision from back - exercise | |
| 2 | April | Unit -2 Chapter 2 :Some Basic concepts of Macroeconomics Chapter 3: National Income and related aggregates Chapter 4: Methods of calculating National Income | Assignment Revision from Different books (MCQ,Assertio n reason) | Revision |
| 3 | May | Ch5 Money Ch. 6 Banking | Macro Economics Revision of unit 1(National Income) Unit 2 Money and Banking Project file | IA I Syllabus (Macro Economics) Unit 1. Chapter 1,2,3,4 |
| 4. | June | Summer break | | |

| 5 | July | Unit -3 Aggregate Demand Ch. 7-AD and its components Ch8 Short run Equilibrium Ch9 Problem of Excess demand and Deficit Demand Unit—5 Balance of payments,foreign Exchange | Assignment | |
|---|--------|---|------------|---|
| 6 | August | Unit 6 Chapter 1 Indian economic development Chapter2 Indian Economy (1950- 1990) Chapter 3 New Economic policy(1991) Unit 7 Chapter 4. Human Capital Formation Macro economics Unit 5 Govt. Budget | Assignment | IA II -Syllabus Macro Economics Unit 2 Chapter 5,6 Unit 5 Chapter 10 Govt Budget Indian Economics Unit6 Chapter1,2,3 Unit 7 Chapter4,5,6 |
| 7 | Sept | September | | Half Yearly Syllabus Macro Economics Unit 1 Chapter1,2,3,4 Unit 2 chapter 5,6 Unit 3 Chapter 7,8,9 Indian Economics Unit 5 Chapter1,2,3 |

| 8 | October | Indian Economics Unit 7 Chapter5 Rural Development Chapter 6 Employment Chapter7 Environment Unit 8 Chapter 8 Comparing study of India and its neighbouring countries | Assignment | IA III Syllabus Indian Economics Chapter - 5,6,7,8 |
|----|----------|---|------------|---|
| 9 | November | Revision | Assignment | IA-IV Syllabus Indian Economics Chapter 1,2,3,4,5,6,7,8 |
| 10 | December | Revision | | Pre Board 1 |
| 11 | January | Revision | | Pre Board 2 |
| 12 | February | Revision | | Board exam |

Subject - Mathematics (core)

| Sr. No | Month | Торіс | Activities in maths lab records | IA /Half Yearly /yearly |
|-----------|-----------|---|---|---|
| 1 | March | Ch1. Relations & Functions Ch2. Inverse Trigonometric functions | To demonstrate a function which is not one-one but is onto. To demonstrate a function which is one-one but not onto. | |
| 2 | April | Ch3. Matrices Ch4. Determinants | Project and demonstration model on matrices | |
| 3. | May | Ch5. Continuity & Differentiation | 3. To find analytically the limit of a function $f(x)$ at $x = c$ and also to check the continuity of the function at that point. | IA – I: Ch 1,2,3,4,5 |
| 4. | July | Ch6 .Application of Derivatives Ch7. Integration | 4. To construct an open box of maximum volume from a given rectangular sheet by cutting equal squares from each corner. | |
| 5. | August | Ch8. Application of Integral Ch9. Differential Equations | | IA – 2: Ch 6,7,8,9 |
| 6. | September | Revision | | Half yearly exam Ch1,2,3,4,5,6, 7,8,9 |
| 7. | October | Ch10. Vector Calculus Ch 11 Three dimensional geometry Ch12. Linear Programming Ch13. Probability | 5.To measure the shortest distance between two skew lines and verify it analytically. 6.To explain the computation of conditional probability of a given event A, when event B has already occurred, through an example of throwing a pair of dice | |
| 8. | November | Revision | Complete syllabus | Pre board 1 |
| 9. | December | Revision | Complete syllabus | Pre board 1I |
| 10 | January | Annual Practicals | | |
| 11. | February | Revision | | Annual exam |

Subject: Painting

| S.No | Month | Chapters | Activities | Assessment |
|------|-----------|---|---|---|
| 1 | April | 1. The Rajasthani School of Miniature Painting | sketching bani thani or draperies nature and object study. | - |
| 2 | May | 2. The Pahari School of Miniature painting | miniature art | IA-I Syllabus: Ch- 1,2 |
| 3 | July | 3. The Mughal School of Miniature Painting | Composition (Imaginative Painting) Watercolour and Poster colour | |
| 4 | August | 4. The Deccan School of Miniature Painting | Creative Composition Acrylic/Poster | IA-II Syllabus: Ch- 3,4 |
| 5 | September | Revision | Craft Work | Half Yearly Syllabus: Ch-1, 2, 3, 4 |
| 6 | October | 5. The Bengal School of Painting6. The Modern Trends in Indian Art | Still life Acrylic | |
| 7 | November | Revision | Nature Study Pencil and pen Portfolio Assessment | Pre-Board-1 (Full Syllabus) |
| 8 | December | Revision and Practice for Practical Exam | | Pre-Board-2 Full Syllabus |
| 9 | January | Revision | | |
| 10 | February | Revision | | |

Physical Education

| S.No | Month | Unit/Chapters | Practical | Assessment |
|------|--------|---|------------------|---|
| 1. | April | Ch-1 Management of sporting events Ch-2 Children & women in sports | 1609- meter race | |
| 2. | May | Ch-3 Yoga as preventive measure for lifestyle disease | Yoga | I A -1 Syllabus Ch-1 Management of sporting events Ch-2 Children & women in sports Ch-3 Yoga as preventive measure for lifestyle disease |
| 3. | June | Practical File Revision of Ch 1-3 | | |
| 4. | July | Ch-4 Physical education & sports for CWSN (Children with special needs — Divyang) Ch-5 Sports & Nutrition | Yoga | |
| 5. | August | Ch-6 Test& measurement in sports. Ch-7 Physiology & Injuries in sports. Ch- 8 Biomechanics & sports . | | I A -2 Syllabus Ch-4 Physical education & sports for CWSN (Children with special needs – Divyang) Ch-5 Sports & Nutrition Ch-6 Test& measurement in sports. |

| | | | Ch-7 Physiology & Injuries in sports |
|-----|-----------|---|--|
| | | | |
| 6. | September | Revision | Half Yearly Syllabus Theory: Ch-1 Management of sporting events Ch-2 Children & women in sports Ch-3 Yoga as preventive measure for lifestyle disease Ch-4 Physical education & sports for CWSN (Children with special needs – Divyang) Ch-5 Sports & Nutrition Practical: Athletics, Yoga |
| 7. | October | 9.Psychology & Sports 10. Training in Sports. | I A -3 Syllabus Ch- 8 Biomechanics & sports . 9.Psychology & Sports 10. Training in Sports |
| 8. | November | All chapter's revision | <u>Pre board -1 Syllabus</u> Full Syllabus |
| 9. | December | Revision | Pre board -2 Syllabus Full Syllabus |
| 10. | January | Revision | |

Subject: Psychology

| S.No | MONTH | UNITS/CHAPTERS | ACTIVITY | EXAM |
|------|-------------|---|---|--|
| 1 | April –May | Ch-1: Variations in Psychological attributes. Ch-2:Self and personality | 1)Self – Report 2)Personality Spectrum | I A – 1 CH –1,2 |
| 2 | July-August | Ch-3: Meeting life challenges Ch-4:Psychological Disorder | 3) Progressive Relaxation Technique4) Coping with Stress | I A – 2 CH – 3,4 |
| 3 | September | Ch-5: Therapeutic Approaches Ch-6:Social Influence and group process | 5) Systematic desensitization6) Token Economy | S A - 1 & Half yearly CH – 1,2,3,4,5 |
| 4 | October | Ch-7: Attitude and social cognition | 7) Friendship Framework | |
| 5 | November | | | PB-1 Full Syllabus |
| 6 | December | All unit revision and practical | | PB-2 Full Syllabus |
| 7 | January | | | Practical |
| 8 | Feb | Unit/ Chapter number 1-10 and Full syllabus. | | Annual exam |