



**FORTNIGHTLY SYLLABUS PLANNING (2025-26)**  
**CLASS IV**  
**SUBJECT-DANCE**

New Session begins on 1 <sup>st</sup> April 2025		
S.no.	Duration	Syllabus to be planned
1	1 <sup>st</sup> April-15 <sup>th</sup> April	<ul style="list-style-type: none"> <li>Exploring rhythm and basic moves</li> <li>Stretching and deep breathing dance exercises</li> </ul>
2	16 <sup>th</sup> April- 30 <sup>th</sup> April	<ul style="list-style-type: none"> <li>Freestyle dance moves</li> <li>Dance on Mother's Day</li> </ul>
3	1 <sup>st</sup> May- 15 <sup>th</sup> May	<ul style="list-style-type: none"> <li>Learning short routines on music</li> <li>Mother's Day dance practice</li> </ul>
4	16 <sup>th</sup> May-31 <sup>st</sup> May	<ul style="list-style-type: none"> <li>Fun dance-offs in pairs</li> </ul>
<b>Summer Vacations: 26<sup>th</sup> May – 30<sup>th</sup> June 25</b>		
5	1 <sup>st</sup> July- 15 <sup>th</sup> July	<ul style="list-style-type: none"> <li>Stretching and flexibility exercises</li> <li>Basic dance drills</li> </ul>
<b>Periodic Test-1: 9<sup>th</sup> July – 23<sup>th</sup> August 25</b>		
6	16 <sup>th</sup> July-31 <sup>st</sup> July	<ul style="list-style-type: none"> <li>Expressions and movements practice with dance gestures</li> <li>Dance practice on patriotic theme song</li> </ul>
7	1 <sup>st</sup> Aug- 15 <sup>th</sup> Aug	<ul style="list-style-type: none"> <li>Different types of classical and folk-dance types</li> </ul>
8	16 <sup>th</sup> Aug- 31 <sup>st</sup> Aug	<ul style="list-style-type: none"> <li>Posture exercises</li> <li>Performing in front of peers</li> </ul>
<b>Syllabus Completion for Mid Term Examination: 29<sup>th</sup> Aug 2025</b>		
9	1 <sup>st</sup> Sept-15 <sup>th</sup> Sept	<ul style="list-style-type: none"> <li>Dance fitness Zumba movements</li> </ul>
<b>Mid Term Examination - 15<sup>th</sup> Sept- 26<sup>th</sup> Sept 25</b>		
<b>Autumn Break- 30<sup>th</sup> Sept – 2<sup>nd</sup> Oct 25</b>		
10	1 <sup>st</sup> Oct- 15 <sup>th</sup> Oct	<ul style="list-style-type: none"> <li>Creating a short duet and trio dance routines</li> </ul>
11	16 <sup>th</sup> Oct-31 <sup>st</sup> Oct	<ul style="list-style-type: none"> <li>Dance based flexibility drills</li> <li>Dance on green Diwali theme routine</li> </ul>
<b>Diwali Break : 20<sup>th</sup> Oct - 23<sup>rd</sup> Oct 25</b>		
12	1 <sup>st</sup> Nov -15 <sup>th</sup> Nov	<ul style="list-style-type: none"> <li>Claps and footwork drills</li> <li>Acting through dance using facial expressions, hand gestures and body language</li> </ul>
13	16 <sup>th</sup> Nov-30 <sup>th</sup> Nov	<ul style="list-style-type: none"> <li>Practicing formations and timings</li> <li>Power moves and posture exercises</li> </ul>
<b>Annual Day: 29<sup>th</sup> Nov 25</b>		
14	1 <sup>st</sup> Dec- 15 <sup>th</sup> Dec	<ul style="list-style-type: none"> <li>Light cardio dance moves practice</li> </ul>
<b>Periodic Test-2: 8<sup>th</sup> Dec – 22<sup>nd</sup> Dec 25</b>		
15	16 <sup>th</sup> Dec-31 <sup>st</sup> Dec	<ul style="list-style-type: none"> <li>Creative dance challenge</li> </ul>
<b>Winter Break- 29<sup>th</sup> Dec - 9<sup>th</sup> Jan 26</b>		
16	1 <sup>st</sup> Jan -15 <sup>th</sup> Jan	<ul style="list-style-type: none"> <li>Expressions and stage presence technique</li> <li>Dance on making of constitution theme</li> </ul>
17	15 <sup>th</sup> Jan- 31 <sup>st</sup> Jan	<ul style="list-style-type: none"> <li>Confidence building exercises</li> <li>Story telling through dance</li> </ul>
18	1 <sup>st</sup> Feb - 15 <sup>th</sup> Feb	<ul style="list-style-type: none"> <li>Assessment for activity grades</li> </ul>
<b>Syllabus Completion for Annual Examination: 6<sup>th</sup> February 26</b>		
<b>Annual Examination Begins: 16<sup>th</sup> February 26</b>		