



Brain International School

Vikas Puri, New Delhi

ASSIGNMENT NO. 1

SUBJECT: PSYCHOLOGY

CLASS-XI

APRIL,2025

CHAPTER 1: WHAT IS PSYCHOLOGY?

VERY SHORT ANSWER TYPE QUESTIONS (2 Marks)

1. Define Cognition.
2. What is school psychology?
3. What is introspective method?
4. What do you mean by the terms 'Stimulus' and 'Response'?
5. Where and how community psychologists work?
6. Where and why organizational psychologists are needed?
7. Define and explain the meaning of the word 'psychology'.

SHORT ANSWER TYPE QUESTIONS (3 Marks)

1. What is mind? How mind is related to brain?
2. Differentiate between social psychology and cross-culture psychology.
3. What is cognitive perspective on human nature?
4. What are the basic characteristics of scientific knowledge?
5. What is psychology?
6. Is there any difference between mind and brain?
7. How is a counsellor and a clinical psychologist different?
8. Describe the relationship between the mind and behaviour.
9. What is Gestalt psychology?
10. Define and explain the nature of psychology.

SHORT ANSWER TYPES QUESTIONS (4 Marks)

1. Describe humanistic perspective on human behaviour.
2. How basic psychology is different from applied psychology?
3. Discuss some of the major disciplines linked to the field of psychology.
4. How is psychology used in everyday life? Discuss.
5. What do you understand by the term 'Introspection'?
6. Differentiate between social psychology and sociology.
7. Explain: (a) health psychology; (b) social psychology; (c) educational psychology
8. Discuss Psychology as a Natural Science.
9. Discuss Psychology as a Social Science.
10. Discuss the subject-matter and application of psychology in everyday life.

LONG ANSWER TYPES QUESTIONS (6 Marks)

1. Give a brief account of the evolution of psychology
2. Describe the relation of psychology with other disciplines.
3. Define Psychology and explain different fields or scope of psychology. (Branches)
4. Discuss some areas where psychologists are employed to help.