



FORTNIGHTLY SYLLABUS PLANNING (2025-26)

CLASS XI

SUBJECT- PSYCHOLOGY

New Session begins on 15 th April 2025				
S.no.	Duration	No. of Teaching Days	Theory	Practical/ Activity
1	15 th April- 30 th April	11	Ch-1 What is Psychology (Half)	
2	1 st May- 15 th May	10	Ch-1 What is Psychology(Half)	
3	16 th May-31 st May	6	Ch-2 Methods of Inquiry(Half)	
Summer Vacations:26 th May – 30 th June 25				
4	1 st July- 15 th July	11	Ch-2 Methods of Inquiry(Half)	
Periodic Test-1: 11 th July – 23 rd July 25				
5	16 th July-31 st July	12	Ch-3 Human Development	Practical on NSS
6	1 st Aug- 15 th Aug	10	Ch-4 Sensory, attentional and perceptual processes	CASE HISTORY
7	16 th Aug- 31 st Aug	10	Ch-5 Learning	
Syllabus Completion for Mid Term Examinations: 29 th Aug 2025				
Practicals for Mid Term Examinations: 8 th Sept – 12 th Sept 25				
8	1 st Sept-15 th Sept	9	REVISION	
Mid Term Examination - 15 th Sept- 26 th Sept 25				
Autumn Break- 30 th Sept – 2 nd Oct 25				
9	1 st Oct- 15 th Oct	8	Ch-6 Human Memory (Half)	Practical on Attention
10	16 th Oct-31 st Oct	8	Ch-6 Human Memory (Half)	
Diwali Break : 20 th Oct - 23 rd Oct 25				
11	1 st Nov -15 th Nov	9	Ch-7 Thinking (Half)	Practical on knowledge of results
12	16 th Nov-30 th Nov	10	Ch-7 Thinking (Half)	
Annual Day: 29 th Nov 25				
13	1 st Dec- 15 th Dec	11	Experiments	
Periodic Test-2: 8 th Dec – 19 th Dec 25				
14	16 th Dec-31 st Dec	8	REVISION	
Winter Break- 29 th Dec - 9 th Jan 26				
15	1 st Jan -15 th Jan	4	Ch-8 Motivation and Emotion (Half)	
16	15 th Jan- 31 st Jan	11	Ch-8 Motivation and Emotion	
Syllabus Completion for Annual Examination : 30 th Jan 26				
17	1 st Feb -6 th Feb	5	REVISION	
Practicals for Annual Examination: 2 nd Feb – 6 th Feb 26				
Annual Exam begins: 9 th Feb 26				

TOTAL TEACHING DAYS: 153

SYLLABUS FOR ASSESSMENT

Exam	Test Date	Syllabus
PERIODIC TEST 1	14-7-25	Ch-1&2
MID TERM EXAMINATION	29 -9-25	Ch-1,2,3,4 &5
PERIODIC TEST 2	12-12-25	Ch-6&7
ANNUAL EXAMINATION	9-2-26	FULL SYLLABUS