

## **Sports Achievement (2017) (CBSE)**

- The **CBSE central zone swimming championships** was held from 8<sup>th</sup> – 10<sup>th</sup> sep. 2017.

**Simran Bhadwar** class IX A represented the school and won **4 gold medals and 1 silver medal**, qualifying her to represent the cbse central zone at the CBSE National swimming Championships to be held at Sonapat from 26<sup>th</sup> to 29<sup>th</sup> oct. 2017.

In the same competition **Renessa Gandas VIII-D** also won **2 bronze medals**.

At **CBSE Nationals Simran won one gold in 800 freestyle and three bronze medals** in 100, 200 (back) and 400 (free).

- **CBSE central zone Taekwondo championships** was held from 12<sup>th</sup> to 15<sup>th</sup> sep. 2017. In which Parul of class XII A won a gold medal and qualified for CBSE Nationals to be held at Cuttack from 2<sup>nd</sup> to 4<sup>th</sup> nov. 2017.
- In **CBSE central zone Badminton Tournament held from 25<sup>th</sup> to 29<sup>th</sup> sep. 2017** the under-19 girls team consisting of **Kanika Sharma(X D), Tushita Singh and Megha (XI B)** won the bronze medal.
- **At the CBSE Delhi cluster XX Athletic meet** on 3<sup>rd</sup> oct. 2017 **Deepali VIII B** won a gold in Long jump and silver in 100mts. Dash that qualified her to represent **Delhi at CBSE national Athletic Meet** to be held at Chattisghar from 20<sup>th</sup> to 24<sup>th</sup> nov. 2017. The 4x100 meters under 14 relay team consisting of Deepall (VIII B), Purnima (VII D), Shobhna (VIII D), Manasvi (VII B) and Lipika (VIII B) secured 1<sup>st</sup> position.

The **team championship for u-14 girls' category was bagged by SVISG** and they have been qualified to represent Delhi at CBSE Nationals Athletics.

- In the **CBSE Central Zone judo championship** held at Bal Bharti School, Dwarka, **Jyoti tokas of X A and Tanishtha tokas of VII A bagged a gold medal** and were selected for the CBSE nationals held at DAV, secundrabad from 7 to 10 November 2017.

**Tanishtha tokas won gold and Jyoti won a bronze at national level.**

## **Results of Zonal Athletics Competition 2017 (DPS R.K Puram on 30<sup>th</sup> and 31<sup>st</sup> October 2017)**

- Deepali of class VIII B secured 1<sup>st</sup> position in 100 meters, 200 meters and long jump.
- Purnima of class VII D secured 2<sup>nd</sup> position in 100 meters, and 3<sup>rd</sup> position in 200 meters.
- Yutika of class VII A secured 2<sup>nd</sup> position in 600 meters.
- Mansvi Tokas of class VII B secured 3<sup>rd</sup> position in 600 meters and shotput.

Also the Sub-Junior relay team secured 1<sup>st</sup> position in 4X100 meters relay.

- Balwant of class IX C secured 2<sup>nd</sup> position in 400 meters and 3<sup>rd</sup> position in 800 meters.
- Riyansha of class X D secured 1<sup>st</sup> position in Long jump, 2<sup>nd</sup> position in 100 meters and 3<sup>rd</sup> position in 200 meters.

The Junior relay team secured 1<sup>st</sup> position in 4X100 meters relay and 2<sup>nd</sup> position in 4X400 meter relay.

- Kanika Sharma of class X D secured 1<sup>st</sup> position in discuss and 2<sup>nd</sup> position in Javelin.
- Lavanya Dhaiya of class X C secured 1<sup>st</sup> position in shotput and 3<sup>rd</sup> position in Javelin.
- Megha of class XI B secured 1<sup>st</sup> position in long jump and 2<sup>nd</sup> position in 100 meters.
- The Senior team secured 2<sup>nd</sup> position in 4X100 meters relay and 4X400 meters relay.
- Pranjal of class XI C secured 1<sup>st</sup> position in shotput and Javelin and 2<sup>nd</sup> position in Discuss.
- Aashita Sheoran of class XI C secured 2<sup>nd</sup> position in shotput.
- Isha Sehrawat of class XI-C secured 1<sup>st</sup> position in discuss.
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In zonal (zone -19) badminton tournament the **senior and sub-junior team were declared runner up.**  
**YOGA Zonal competitions (Zone-19)**

Akshuna (IX) rhythmic 1 <sup>st</sup> and artistic 2 <sup>nd</sup> position	Nandini (IX) individual 1 <sup>st</sup> position
Tanya (XII B) individual 1 <sup>st</sup> position	Vanshika (XII B) individual 1 <sup>st</sup> position
Ishita (XI D) individual 2 <sup>st</sup> position	Sneha (XI) Artistic 1 <sup>st</sup> position
Riddhi (XII) Rhythmic 2 <sup>nd</sup> position	Deepti Negi (V C) individual 2 <sup>nd</sup> position
Jiya (V C) artistic 1 <sup>st</sup> position	Vidhi (VII) rhythmic 2 <sup>nd</sup> position
Harshita Suneja (VIII A) individual 1 <sup>st</sup> position	

**Kanika Sharma was selected to represent zone at inter zonal level.**

**Simran Badwar** of class IX A has been selected to **represent Delhi at the National School Games Swimming** Championship to be held at Delhi at 25<sup>th</sup> November.

**Jyoti** is also selected to **represent Delhi at the School Nationals Judo Championship.**