



# Brain International School

Vikas Puri, New Delhi

## Ch.1 VITAL PARTS OF OUR BODY

### ASSIGNMENT NO.1

SUBJECT: EVS

CLASS – IV \_\_\_\_\_

APRIL 2025

NAME : \_\_\_\_\_

DATE: \_\_\_\_\_

#### Q.1 Choose the correct option.

- a) The brain is protected by a hard cover of bones called \_\_\_\_\_.  
(i) rib cage (ii) skull (iii) head (iv) none of these
- b) The heart pumps blood to all parts of the body through fine tubes called blood vessels.  
(i) True (ii) False

#### Q.2. Answer the following questions.

- a) Define digestion.

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- b) What are the organs involved in the process of digestion?

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**c) Write any three healthy eating habits.**

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**Q.3 Read the extract carefully and answer the following.**

**Our body is divided into many parts or organs. Some organs can be seen and some cannot. The organs that are outside the body and can be seen are called external organs. The organs that are inside the body and cannot be seen from outside are called internal organs. We must take care of both external and internal organs properly. Balanced diet, proper exercise and good eating habits enable our organs to remain healthy. All the organs work together to keep us healthy and fit.**

**a) Differentiate between external and internal organs.**

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**b) Our \_\_\_\_\_ controls the body movements and actions.**

**Q.4. Assertion and Reasoning based question:**

**Assertion :** Bile juice is secreted by our liver.

**Reason:** It helps in digestion of food.

A

Only A is correct.

B

Both A and R are correct and R is the correct explanation for A.

C

Only R is correct.

D

Both A and R are correct but R is not the correct explanation for A.

**Q.5. Assertion and Reasoning based question:**

**Assertion :** Stomach releases acid that acts on food.

**Reason:** If we don't eat food timely, the released acid causes acidity.

A

Only A is correct.

B

Both A and R are correct and R is the correct explanation for A.

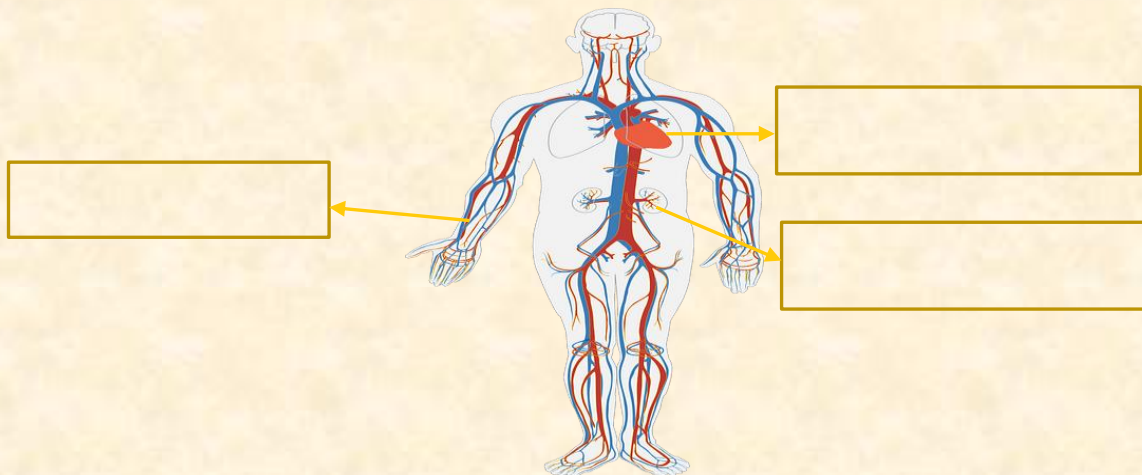
C

Only R is correct.

D

Both A and R are correct but R is not the correct explanation for A.

**Q.6 Identify and label the human body parts.**







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## Ch.2 SAFETY AND HEALTH

### ASSIGNMENT NO.2

**SUBJECT: EVS**

**CLASS – IV \_\_\_\_\_**

**APRIL 2025**

**NAME :** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**Q.1. Answer the following questions.**

a) Define communicable diseases.

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b) Write any three water safety tips.

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**Q.2. Choose the correct option.**

a) \_\_\_\_\_ should be worn while doing swimming.

(i) life jacket                      (ii) shoes                      (iii) shorts                      (iv) none of these

b) We should always obey the traffic rules to avoid accidents.

(i) True                      (ii) False

**Q.3. Read the extract carefully and answer the following.**

**Safety and health are important for everyone, specially for kids. To stay healthy, we should eat good food, drink clean water, get enough sleep and exercise regularly. Its also important to stay safe by following safety rules at home, school and on the road. We should wash our hands before eating to keep germs and dust away. We should always wear helmets and seatbelts while driving. Taking care of our health and safety helps us feel strong and stay happy.**

a) How can we keep stay healthy?

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b) We should follow safety rules to stay \_\_\_\_\_.

**Q.4. Assertion and Reasoning based question:**

**Assertion :** Install fire alarms at home and in offices.

**Reason:** It can help during the time of any emergency.

**A**

Only A is correct.

**B**

Both A and R are correct and R is the correct explanation for A.

**C**

Only R is correct.

**D**

Both A and R are correct but R is not the correct explanation for A.

**Q.5. Assertion and Reasoning based question:**

**Assertion :** We should include green vegetables in our diet.

**Reason :** Green vegetables are healthy.

B

Only A is correct.

B

Both A and R are correct and R is the correct explanation for A.

C

Only R is correct.

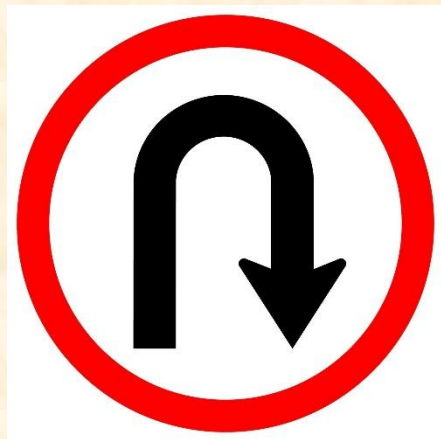
D

Both A and R are correct but R is not the correct explanation for A.

**Q.6 Identify and write the names of the traffic signs.**



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