

ITL PUBLIC SCHOOL

Daily Plan - Cla

Day and	Time Slot	Activity / Concept / Topic
<u>Date</u>		
<u>Friday</u> <u>4.04.2025</u>	8:15 -8:45 am	Mindful Breathing Exercise Children will do different breathing exercise along with teacher which will help in boosting their concentration and coordination.
		5 BREATHING EXERCISES
	8:45 - 9:20	Rally (Utkal Divas)
	am	The State of Underlying Proper Egister Control Transpy Utkal Divas Prince And Unity Bring Proper Egister Control Transport Control Transport
	9:20 - 9:55	Hindi -Rhymes & Dance
	am	

9:5	55 -	Know your body
10:3	0 am	Children will touch their body parts while playing a game and later will do an action song 'Heads, shoulder, knees and toes'
		BODY PARTS hair ears eyes nose chest stomach thigh fingers thigh toes foot
11:0	05 -	Table Mat Making
11:3	5 am	Teacher will help students in making table mats using thumb /fork painting on A3 size sheet
		rap ion Plate
11:35	am -	Shape Hunt
12:10	12:10 pm	Children will draw any 5 things from their surroundings of different shapes on an A4 Size sheet.
		Know your body Children will touch their body parts while playing a game and later will do an action song 'Heads, shoulder, knees and toes' Table Mat Making Teacher will help students in making table mats using thumb /fork painting on A3 size sheet Shape Hunt Children will draw any 5 things from their surroundings of different shapes on an A4 Size sheet.

12:10 -**Mathematics** 12:45 pm Oral revision of counting 51-100 through action song. Numbers 51 to 100 **PEC Activity** 12:45 -1:20 pm Students will do recapitualtion of three letter words. 3 letter words Sad Pig Cat Dad Nap Jam Sun Dig Mat Bin Van 🚐 Run 🐝 Dog Log (Pot Red * Mud 🚙