
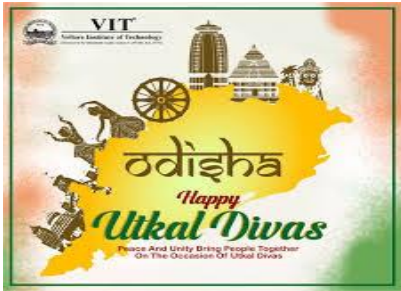





ITL PUBLIC SCHOOL

Daily Plan - Class

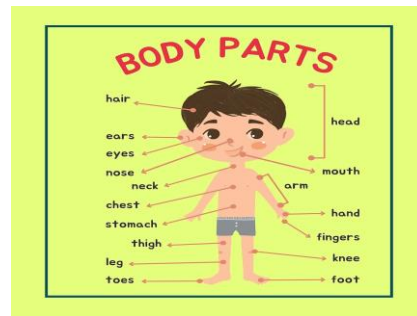


<u>Day and Date</u>	<u>Time Slot</u>	<u>Activity / Concept / Topic</u>
<u>Friday</u> <u>4.04.2025</u>	8:15 -8:45 am	Mindful Breathing Exercise Children will do different breathing exercise along with teacher which will help in boosting their concentration and coordination. 
	8:45 - 9:20 am	Rally (Utkal Divas) 
	9:20 - 9:55 am	Hindi -Rhymes & Dance 

9:55 -
10:30 am

Know your body

Children will touch their body parts while playing a game and later will do an action song 'Heads, shoulder, knees and toes'



11:05 -
11:35 am

Table Mat Making

Teacher will help students in making table mats using thumb /fork painting on A3 size sheet



11:35 am -
12:10 pm

Shape Hunt

Children will draw any 5 things from their surroundings of different shapes on an A4 Size sheet.



12:10 -
12:45 pm

Mathematics

Oral revision of counting 51-100 through action song.

Numbers 51 to 100

51	61	71	81	91
52	62	72	82	92
53	63	73	83	93
54	64	74	84	94
55	65	75	85	95
56	66	76	86	96
57	67	77	87	97
58	68	78	88	98
59	69	79	89	99
60	70	80	90	100

12:45 -
1:20 pm

PEC Activity

Students will do recapitulation of three letter words.

