



BLOOM PUBLIC SCHOOL

C-8 Vasant Kunj, New Delhi

Syllabus for the Session 2025-26

Class: VII

Subject: Social Science

SYLLABUS			
MONTH	CHAPTER (NCERT Text book)	CONTENT (Topics)	Practical/Activities
April	(His)Ch.1: Tracing Changes through a Thousand Year	<ul style="list-style-type: none"> New and old terminologies, Historians and their sources, New Social and political Groups, Region and Empire, Old and new religions, Thinking about time and historical periods. 	-Compare Map 1 (pg 1) with Map 2 (pg 2)-map of the Indian subcontinent, listing similarities and differences.
	(Geo) Ch.1 Our Environment	<ul style="list-style-type: none"> Natural Environment, Ecosystem, Human Environment 	-Draw a picture depicting the major Domains of the environment.
	(Geo)Ch.2: Inside Our Earth	<ul style="list-style-type: none"> Introduction, Interior of the Earth, Rock cycle, Rocks, and Minerals 	-Draw the diagram of the interior of the earth highlighting the three layers of the Earth. - Paste picture of monuments made from various kinds of rocks

May	<p>(Social and Political Life) Ch.1: On Equality</p> <p>(His)Ch.2: New Kings and Kingdoms</p> <p>(Social and Political Life) Ch 2: Role of Government in health</p>	<ul style="list-style-type: none"> • Equal right to vote, Other Kinds of Equality, Recognising Dignity, Equality in Indian democracy, Issues of Equality in other democracies, Challenge of Democracy • The emergence of New Dynasties, Administration in the Kingdom, Prashastis and land grants, Warfare for wealth, A Closer look: The Cholas, Splendid temples and bronze sculpture, Agriculture, and Irrigation • What is Health, Healthcare in India, Public and private health care services, Healthcare and equality, Case study, The Kerala experience, The Costa Rican approach. 	<p>-Research and analyse the implementation and benefits of Mid-Day Scheme in different states in India.</p> <p>- Make a chart on “ARTICLE-15” of the Indian Constitution.</p> <p>-Mapwork- On an outline map of India, mark the important kingdoms ruled by Gurjara-Pratiharas, Rashtrakutas, Palas, Cholas and Chahamanas (Chauhans).</p> <p>-Compare and contrast the Public and Private Health care facilities in your city highlighting advantages and drawbacks of each.</p>
July	<p>(Social and Political Life) Ch 2: Role of Government in health (contd.)</p> <p>(Geo)Ch.3: Our Changing Earth</p>	<ul style="list-style-type: none"> • What is Health, Healthcare in India, Public and private health care services, Healthcare and equality, Case study, The Kerala experience, The Costa Rican approach. • Endogenic and exogenic forces, Major landforms, Work of a river, Work of sea waves, 	<p>-Compare and contrast the Public and Private Health care facilities in your city highlighting advantages and drawbacks of each.</p> <p>-Make a flowchart showing the Evolution of landforms.</p> <p>- Activity (Pg 18)- Identify the erosional and depositional activities by rivers, wind, and sea waves.</p>

	(His) Ch.3 Delhi: 12th to 15th Century	<p>Work of ice, Work of wind</p> <ul style="list-style-type: none"> Finding out about The Delhi Sultans, The circle of Justice, What Minhaj-i-Siraj thought about Raziyya, The expansion of Delhi Sultanate, Administration and Consolidation under the Khaljis and Tughluqs, The Sultanate in the fifteenth and the sixteenth century. 	<p>- Write an article on women rulers in India- Razia sultan, Queen Rudrama Devi and Queen Didda.</p> <p>-Mapwork- On an outline map of India, Mark places ruled by the Delhi Sultans- Delhi, Agra, Jaunpur, Bengal, Malwa, Gujarat, Rajasthan</p>
ASSESSMENT SYLLABUS			
PERIODIC ASSESSMENT -1	<p>(His)Ch.1: Tracing Changes through a Thousand Year</p> <p>(Geo)Ch.2: Inside Our Earth</p> <p>(Social and Political Life) Ch.1: On Equality</p>		