

FEBRUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7 Holiday Teachers Orientation
8	9	10	11	12	13	14 Teachers Orientation
15	16 Mahashivratri (H)	17	18	19	20	21 Holiday
22	23	24	25	26	27	28 Holiday Teachers Orientation

Imparting Life Skills in the Classroom - Some of the important and effective methods adopted in classrooms to impart life skills are as follows:

- **Lecture/Discussions** – The traditional method helps learners gain an in-depth understanding of any topic. It also teaches skills like listening, assertiveness, and self-confidence.
- **Debates** – Organising debates on various aspects of life skills allows students to discuss issues in depth and think creatively.
- **Group Discussion and Group Work** – These encourage interaction, helping students understand others better, which in turn strengthens teamwork and collaboration.
- **Role Play** – It fosters creativity among the youth, giving them an opportunity to write and design role-play scenarios. It also enhances group understanding. This method is excellent for practising and developing skills while increasing empathy for others.

