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## **Brain International School**

Vikas Puri. New Delhi

Dear Parents,

A Rocksport Program is being organized in the school premises for classes Nur to 2nd on 24th March 2025. The program will cover fun filled adventure activities for students that will help enhance their confidence and encourage team work. Students are required to dress in sports attire (Track Pant, t-shirt, and sport shoes) and carry picnic tiffin, sun cap & water bottles. The fee for camp is Rs.400/- per student.

Key benefits of participating in Rocksport program include:

- Enhanced confidence and self-esteem as students overcome their fears in a protected environment
- Leadership skills as they learn to capitalize on each team member's strength for the best outcome
- Improved focus and determination as they push beyond their comfort zones
- Increased emotional quotient as they become more self-aware and sensitive to their surroundings
- Increased social skills as they work collaboratively and learn to take accountability

Time	Program
09:00 AM	Briefing and Group Distribution
09:15 AM	Adventure Activity Starts
10:30 AM	Break Time
11:00 AM	Adventure Activity Restart
01:00 AM	Camp Concludes

Some adventure activities the students would enjoy are as follows:

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	Hop Scotch	Sport Climbing	Hippity Hope Race	
Zip line	Tyre Swing	Tug Of War	Burma Bridge	
Magical Maze	Commando Net	Commando Crawl	Hamster Wheel	
Laser Beam	Commando Net	Comments of the line		

<sup>\*</sup>All participants will participate in any 10-12 activities from the above list.

The camp will be duly supervised by school teachers and instructors from Rocksport and all students will be awarded a certificate of participation after the completion of program. Kindly fill in the consent form and send along with Rs.400/- in cash by 1st March,2025.

With kind regards Yours sincerely

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Principal	Γ FORM&
To, The Principal	
We allow our wardsection physically fit and will abide by the rules & regulations of Rocksport will take all possible safety measures and here	f the program. I understand that the school and
Mother's Mobile No.	Father's Mobile No.
Mother's Signature	Father's Signature