



GATEWAY
INTERNATIONAL SCHOOL



उदात्त
GIS-TIMES

November-2024





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Value of the Month



**May the act of giving bring joy;
giving is the highest form of righteous action.
It is a vehicle of life, and the spirit of sharing and caring
is always the spirit of mankind.**



From The Editor's Desk



Dear Readers,

This edition of our magazine is a tribute to these intertwined themes of Indian Constitution Day and Sharing and Caring. Within these pages, you will discover thoughtful creative content on the Constitution, stories of kindness that inspire us, and creative expressions highlighting how small acts of care can make a big difference. As young citizens of this great nation, it is our duty to uphold the values of the Constitution and embody the spirit of sharing and caring in all that we do. By doing so, we not only honor the legacy of the framers of our Constitution but also contribute to building a world that is just, inclusive, and compassionate. Let us also remember another fundamental value that strengthens communities – the essence of sharing and caring. These simple yet profound acts are the foundation of humanity, building bridges of compassion and empathy in a world often divided by differences. In our school and daily lives, sharing knowledge, time, and resources fosters a sense of belonging and mutual respect. Caring for others: whether it's extending a hand to a friend in need, respecting nature, or helping someone less fortunate; brings alive the spirit of fraternity emphasized in our Constitution. Let us pledge to make these values the guiding light of our actions, creating a ripple effect of positivity and progress.

Ms. Bobby Sharma

(Chief Editor)

Children's Day Celebration



Students are the heart and soul of every institution. Children's Day was celebrated with enthusiasm and joy. Teachers from Pre- Primary- Grade XII went all out to make the day special, organizing outdoor activities like trampoline jumping, zip-lining, and various team games.

The campus was filled with excitement as students enjoyed each activity, creating moments of fun and adventure. To add more cheer, the teachers performed a humorous skit and a "lazy dance" bringing laughter and applause from the students. Each class had its own cake-cutting ceremony, making the day even sweeter and strengthening the bond between students and teachers. It was a wonderful day that highlighted the special connection between students and teachers, leaving everyone with smiles and lasting memories.

First International PBL Conference



"Learning is most powerful when students don't just read about concepts, but actively experience and create them."

Gateway International School proudly hosted its first International PBL Conference, celebrating the creativity and hard work of its talented young minds. The event was graced by esteemed delegates from the US, Mr. Paul Main and Mr. Micki Evans, alongside our visionary Executive Director, Mr. Rahul Mangla.

Gateway Principal, Mr. Prem Kumar Ojha, and HRM Headmistress, Ms. Durba, delivered insightful presentations on the importance of PBL and the exceptional projects undertaken by students. Adding vibrancy to the event, students performed jingles, poems, and sohar, creatively showcasing the themes of their respective classes. The conference was a resounding success, reinforcing the belief that true learning transcends books and thrives through experiential, hands-on engagement.

Edu Conclave 2.0

Empowering Future-Ready Education



On 29 Nov'24 Gateway International School organized the Edu Conclave 2.0, themed Empowering Future-Ready Education, which brought together educators, policymakers, technologists, and industry leaders to explore innovative strategies to equip learners with the skills and knowledge needed for the challenges of the 21st century. The event focused on the integration of technology, curriculum transformation, teacher empowerment, and fostering global competencies among students and future ready for NEP 2020. All the dignitaries were welcomed by Mr. Prem Kumar Ojha, Principal, Gateway International School. Mr. Paul Maine a Fellow of Royal Society of Arts (FRSA), UK, and has founded Structural Learning, Cambridge, UK was the Keynote Speaker who talked about the Structured Learning Pedagogy. Three Panel Discussions took place in which the panelists had shared their insights. The conclave underscored the critical need for a collective approach to revolutionize education systems. By embracing technology, fostering inclusivity, and prioritizing future-ready skills, stakeholders can ensure that learners are well-prepared to thrive in an interconnected and fast-evolving world.

Grand Parent's Day



On Thursday, 28th November 2024, Gateway International School, Sonapat, celebrated the heart-warming occasion of Grandparents Day, honouring the special role grandparents play by laying the foundation of love, tradition and togetherness. The celebrations began with the Lamp Lighting ceremony and Ganesh Vandana. The Vice Principal accorded a formal welcome to the special guests Sh Hari Parkash Mangla ji, Smt. Anju Mangla, Smt Anju Aggarwal, Ms. Seema Arora (Branch Head Gyanodeepti School) and all the grandparents of the tiny tots. She further outlined the importance of the day and expressed her gratitude to the grandparents. It was followed by the address of the Principal, who highlighted the invaluable contribution of the grandparents in shaping the children and imbuing values in them. The day was filled with joy and excitement as the students showcased their love for their grandparents through various cultural performances, a welcome song, a skit and a lively Nukkad Natak. The auditorium buzzed with thrill and excitement as the games for the grandparents brought laughter and cheer to all. The icing on the cake was the ramp walk that saw the grandparents grooving to the music and revelling in the glory of the event. It was a beautiful day full of merriment, smiles, blessings and memories, as both the grandparents and the grandchildren enjoyed the warmth of family togetherness.

PRE-PRIMARY WING ACTIVITIES





Life Skill Activity

Pouring and Serving Water

“Independence is the first step towards growth.”

On 5 November 2024, our little ones at Gateway International School mastered the art of pouring and serving water! This simple activity built their eye-hand coordination and confidence, preparing them to welcome guests and family with pride. Small steps, big growth!





A Day in Pink Paradise!

On Friday, 8 November 2024, our little stars of Pre-Primary stepped into a dreamy pink tunnel, leading straight to a world of imagination and joy! From decorating Barbie dresses with flowers to crafting glittery cakes, they filled every corner with creativity and laughter. Refreshing sips of Roohafza milk and a fun-filled treasure hunt added extra sparkle to the day! They wrapped up the magical experience by mixing red and white to create their own unique shades of pink. What a joyful celebration of creativity and play! Our young learners in Diamond Class participated in an engaging activity.





Visit to Gurudwara

On the special occasion of Guru Nanak Jayanti on 12 November 2024, the little ones from Pre-Primary Wing visited a Gurudwara. They covered their heads while entering the gurudwara and prayed earnestly while embracing Guru Nanak Dev Ji's teachings with love and gratitude.





No Bag Day

On November 14, 2024, a special No Bag Day celebrating Children's Day and Guru Nanak Dev Jayanti took our Pre primary students on an exciting adventure filled with learning, fun, and discovery. The day began with a delightful meal at school, setting a festive tone, followed by a joyful cake-cutting ceremony in the classroom led by the class teacher. The day's excitement reached new heights with an adventure camp organized just for them.

With fun challenges and thrilling activities, the camp was the perfect way to end this memorable 'No Bag Day'—a celebration of childhood, learning, and the joy of exploration.





Activity

Joy of Sharing & Caring

Students of pre primary enjoyed a class picnic in their classroom, where they shared their home made food with one another, fostering a warm atmosphere of togetherness. Along with it, they brought fruits from home to share with the helping staff as a gesture of love and respect .





Pink Tower activity

Our Ruby Class students explored the Pink Tower activity today! By arranging some cubes in the order of decreasing sizes, they not only grasped the concept of sequencing but also honed their essential skills like focus, eye-hand coordination and spatial awareness. This hands-on Montessori tool is a fantastic way to build foundational math concepts in a fun and engaging way!





Animals Shadow Activity

Our young learners in Diamond Class participated in an engaging project-based activity to explore how shadows are made through creative animal shadow art! Using flour, a sieve and animal toys they experimented with light and shapes, creating animal shadows on a dark paper. This hands-on experience helped them understand how shadows appear when light hits the objects.

Through this activity students developed observational and creative skills. It also boosted their understanding of how shadows work and gave them confidence in exploring new ways to express their observation and understanding of the world around them.





Concept of

“greater than” & “smaller than”

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A Sweet Adventure at Chanel-9 Bakery!

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PRIMARY WING ACTIVITIES

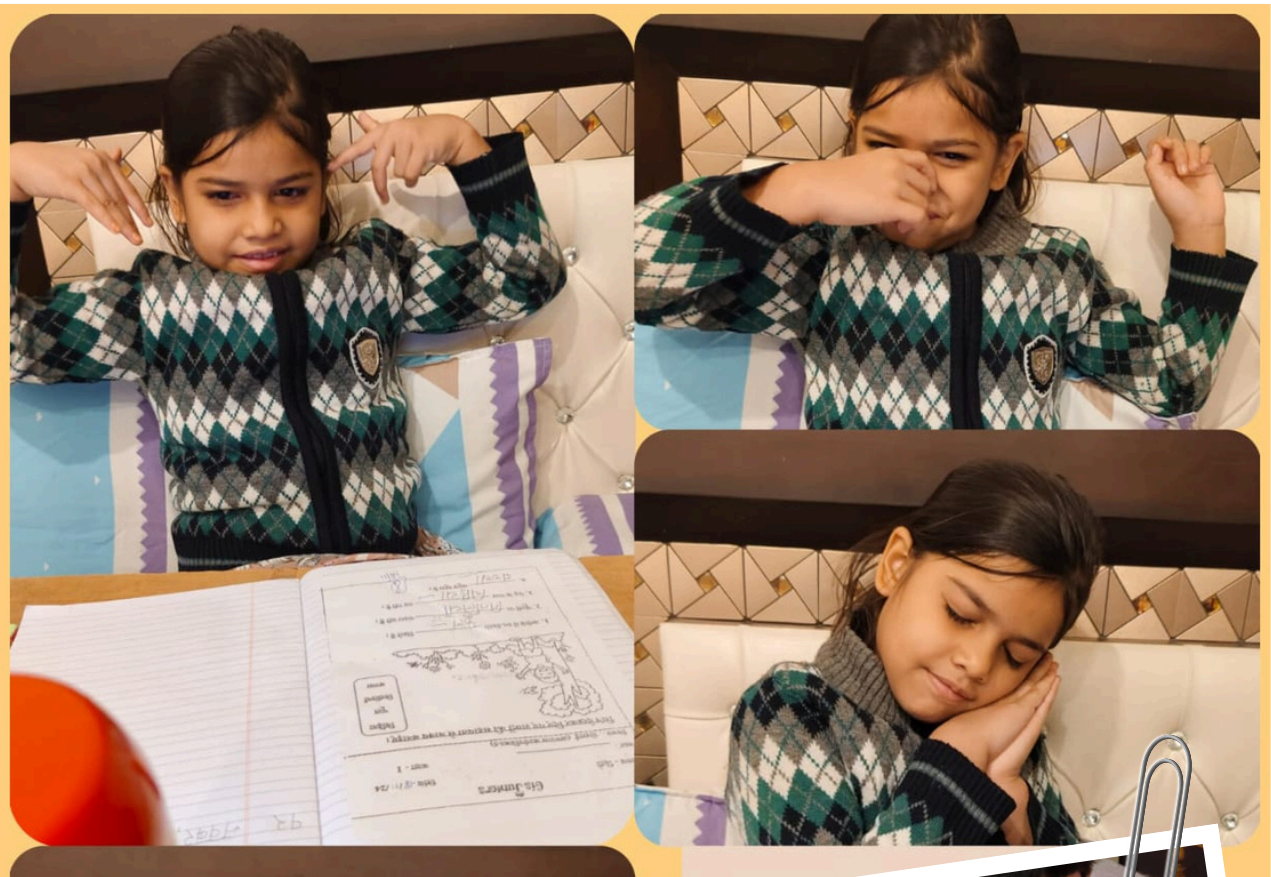




Language Assembly

On November 08, 2024, Grade I & II students were engaged in an informative Language Assembly where they expanded their horizon of vocabulary related to common spaces in their lives — the Bedroom and Playground! Using a visually engaging PowerPoint presentation, students explored the words that help them describe these spaces and activities with more confidence. The assembly sparked curiosity and helped the students to strengthen their language skills, making it an enriching experience for everyone!



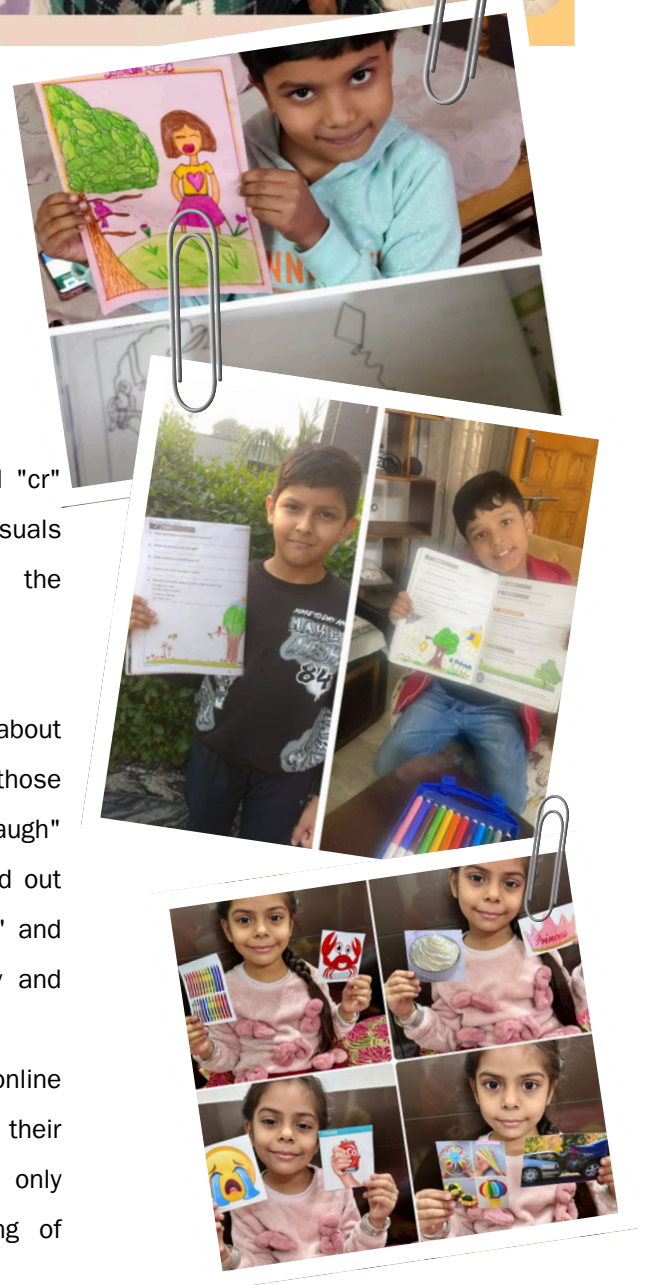


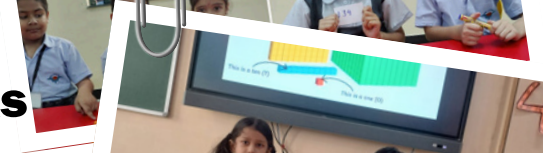
Fun Learning in Online Class

In a recent online class, our young learners of Grade I explored "cr" sound words like crab, crown, crayon, and cream through vibrant visuals and interactive activities. Connecting sounds with things in the environment made learning fun and engaging!

They even enjoyed a fun activity in their online class in Hindi about opposite words (antonyms). They learned that opposite words are those with meanings that are completely different from each other, like "laugh" and "cry" or "big" and "small." During the activity, the kids acted out opposite words, such as "wake up" and "sleep" or showing "up" and "down" with their hands. This fun method made learning easy and memorable for them!

Grade II students brought the beauty of spring to life during their online class. With vibrant drawings and heartfelt words, they expressed their thoughts about the spring season on paper. This activity not only sparked their creativity but also deepened their understanding of nature's wonders





Hands on learning

Place Value Using Diene's Blocks

"Hands-on learning at its best!"

Grade II students delved into the concept of place value using Diene's blocks, turning abstract numbers into a tangible and fun experience! Through this activity, students not only grasped the importance of each digit in a number but also developed a deeper understanding of mathematical concepts. A wonderful way to make learning unforgettable!



Special Assembly



Guru Nanak Jayanti

The Assembly, led by the dedicated teachers of Grades III to V, was a memorable event, blending tradition, fun, and learning for our young students. The special assembly began with the inspiring teachings of Guru Nanak Ji, followed by a soulful Shabad Kirtan by our talented grade III students, setting a peaceful and uplifting tone. The day's highlight was a stunning Gatka performance that captured everyone's attention. The teachers shared the Thought of the Day, bringing wisdom to young minds, while a segment of funny news brought smiles and laughter throughout the hall. The spotlight then turned to a creative and humorous skit by the teachers, demonstrating classroom rules and the importance of experiential learning in a fun and relatable way. The Special Assembly concluded with a lively dance performance by the teachers, making it an unforgettable day. Special recognition was given to Nainsi of grade V, who was honoured by the Principal Mr. Prem Kumar Ojha and Vice Principal Ms. Rimpay Verma for winning the Gold Medal in the Taekwondo Championship.





Assembly

Good Habits formed at a young age make all the difference

In our recent assemblies of Grade III-V the students showcased the importance of positive habits and etiquettes through some enlightening acts and lively performances. Through their skits, they reminded us that simple acts of sharing bring friends and family closer while putting away gadgets during meals helps us enjoy quality time with those around us. With humour and heart, the students delivered a powerful message: practising kindness and mindfulness in our everyday actions strengthens friendships and makes every meal more meaningful. These assemblies encouraged everyone to embrace the habits that lead to a more respectful and connected community.

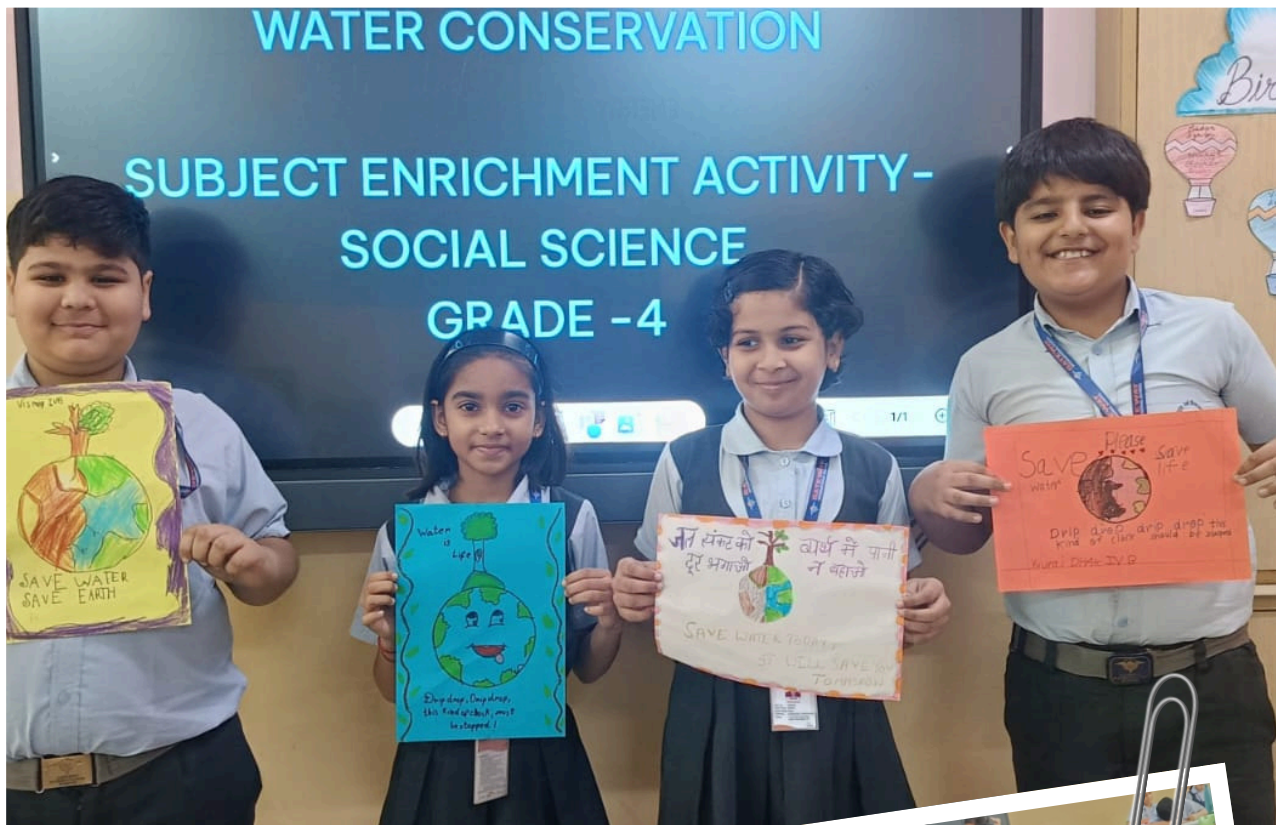




Properties of Air

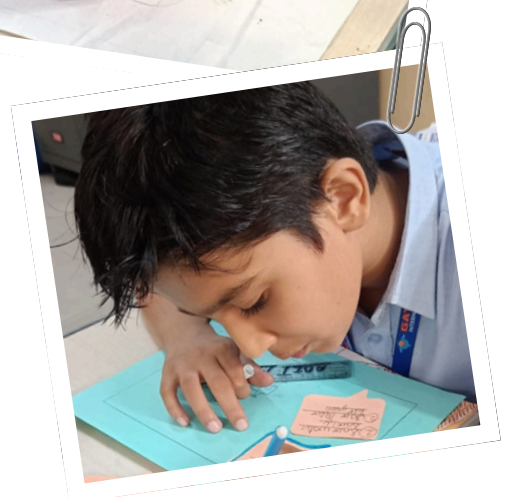
Grade IV students enthusiastically explored air's properties through engaging science experiments. Using tools like balloons, water containers, and burners, they demonstrated the key concepts such as air pressure, air occupying space, air having weight, air being compressible, and air expanding when heated.





Water Conservation Poster-Making Activity

The water conservation Poster-Making Activity proved to be a fun and engaging way to educate Grade IV students about the significance of saving water. This activity deepened their understanding of water conservation and helped develop essential skills such as creativity, critical thinking, and teamwork. Through their posters, the students understood the importance of water conservation and its environmental impact. The creative and thought-provoking messages showcased their ability to think critically and express themselves artistically. Moreover, the activity fostered teamwork, communication, and problem-solving skill among students.





संबंध सूचक शब्द

कक्षा चार तथा पाँच के छात्रों को संबंध सूचक शब्दों से परिचित करवाने हेतु कक्षा में एक गतिविधि का आयोजन किया गया। इस गतिविधि में छात्रों ने संबंध सूचक शब्दों को विभिन्न तरीकों से प्रस्तुत किया तथा अपने परिवार के सदस्यों के चित्र लगा कर उनसे अपने संबंधों को हिन्दी तथा संस्कृत भाषा में दर्शाया। इस गतिविधि का उद्देश्य छात्रों को नवीन शब्दावली से परिचित करवाना तथा संस्कृत भाषा के प्रति रुचि जागृत करना है। संस्कृत भाषा को रुचिपूर्ण बनाने के लिए समय-समय पर इस प्रकार की गतिविधियों का आयोजन करता रहता है जिससे छात्रों की संस्कृत के प्रति रुचि बने रहे।





Inter-House Mathematics Quiz

The excitement was palpable as young mathematicians from Grades III to V came together for the Inter-House Math Quiz. The auditorium reverberated with excitement and energy as the audience witnessed the wonders of teamwork, quick thinking and promptness. The participants showcased their problem-solving skills across the four thrilling rounds. From challenging MCQs to an interactive visual round, a buzzer round that had everyone on the edge of their seats, and a fast-paced rapid-fire round, it was a test of both knowledge and speed. A big round of applause to Vasudha House for emerging as the winner, with its members demonstrating stellar performance and teamwork. Vyom House secured the runners-up position with their strong efforts and enthusiasm.





Fractions

Grade III students are excitedly learning fractions through fun, hands-on activities. They used colourful blocks, various stationery items, and even a dummy pizza to better understand the concept of fractions.



Opening Hearts and Minds

Quality Circle Time

In our recent QCT (Quality Circle Time) session, Grade IV students gathered with their teachers to share their thoughts, challenges, and joyful moments. This open discussion emphasized the importance of honesty, encouraging the students to voice their worries and happiness directly with those who can guide them the best. The teacher reminded them that seeking help from the right people builds trust and leads to real solutions. Through QCT, they learn the value of openness and integrity, creating a safe space where every voice is heard, and every concern is addressed with care. This valuable time empowers them to build positive, honest relationships that are essential for growth, both in school and beyond.





Life Skill Activity

Tying a Tie

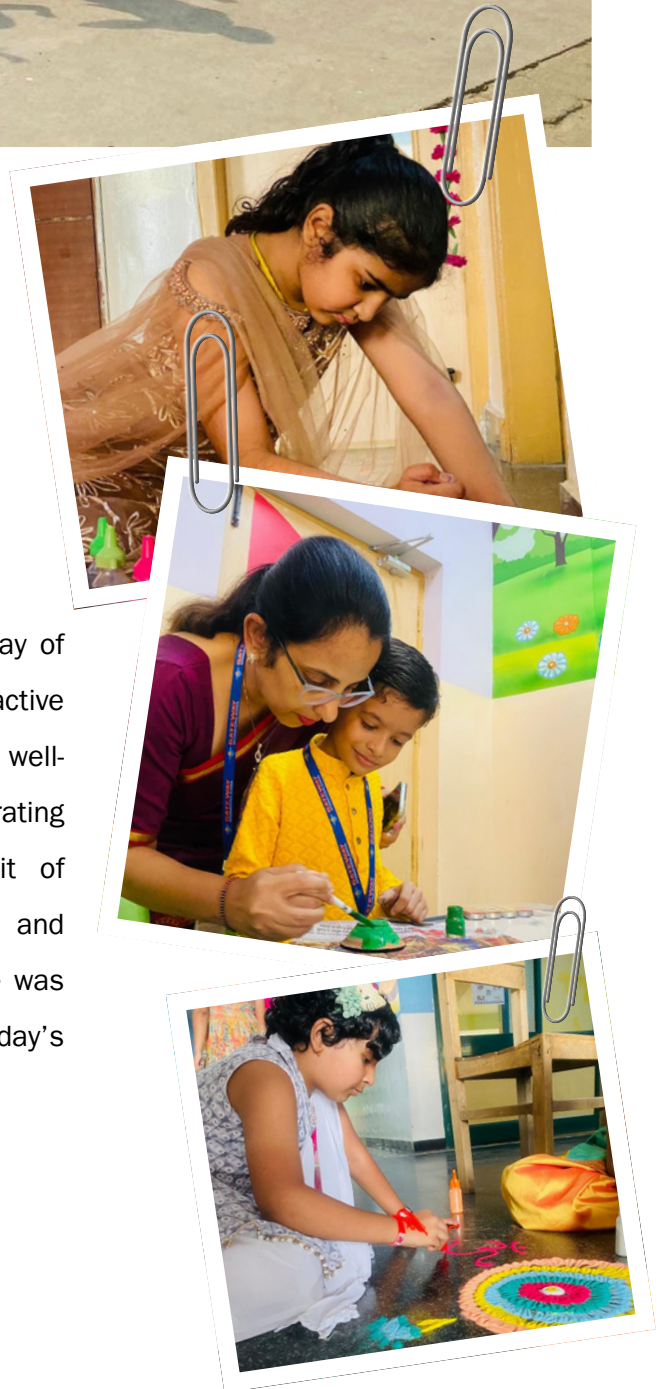
The students from Grades III to V took part in an engaging life skill activity—learning to knot a tie. With hands-on guidance from their teachers, the students practised and mastered the steps, building both confidence and independence. This activity wasn't just about perfecting a knot; it was a lesson in patience, precision, and self-reliance.

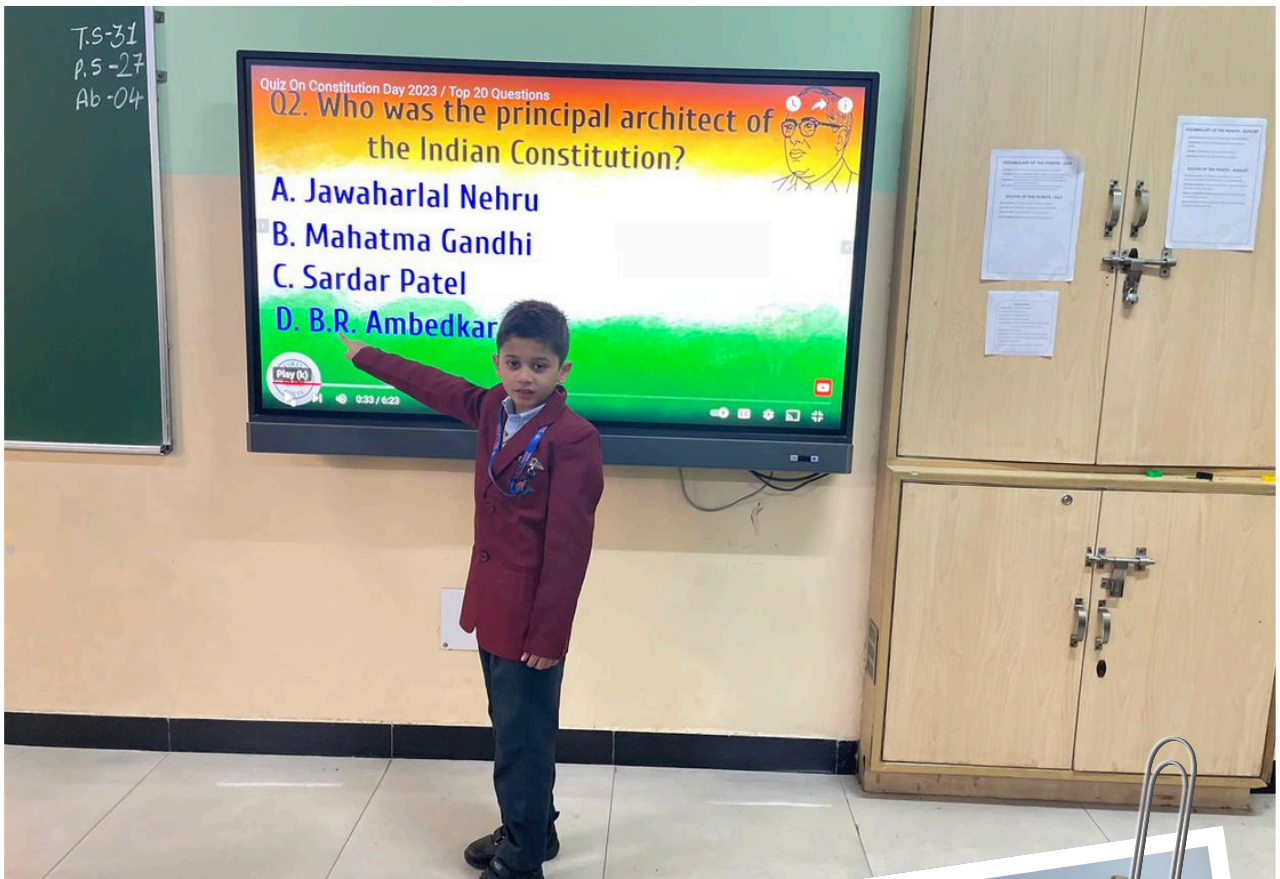




No Bag Day

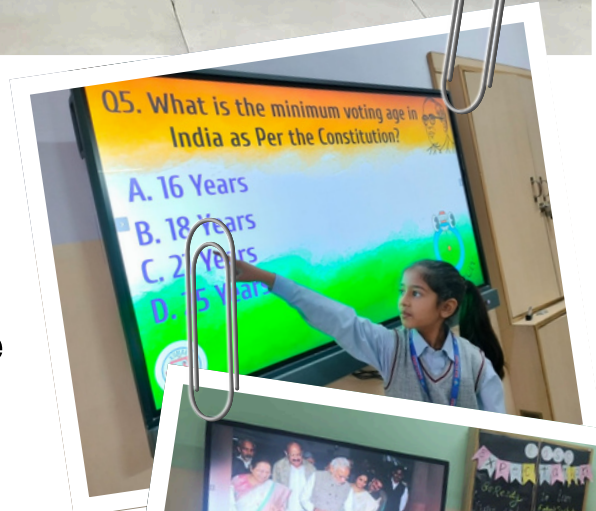
Grades III - V had a blast on No Bag Day. This unique day of hands-on learning saw the students dive into interactive storytelling with teachers, conduct fun experiments, enjoy well-planned sports activities, and celebrate Diwali by decorating their classrooms beautifully. They embraced the spirit of togetherness, shared memorable moments with friends and teachers, and took an eco-friendly pledge. Reflection time was the key part, as the students shared insights on their day's learnings.

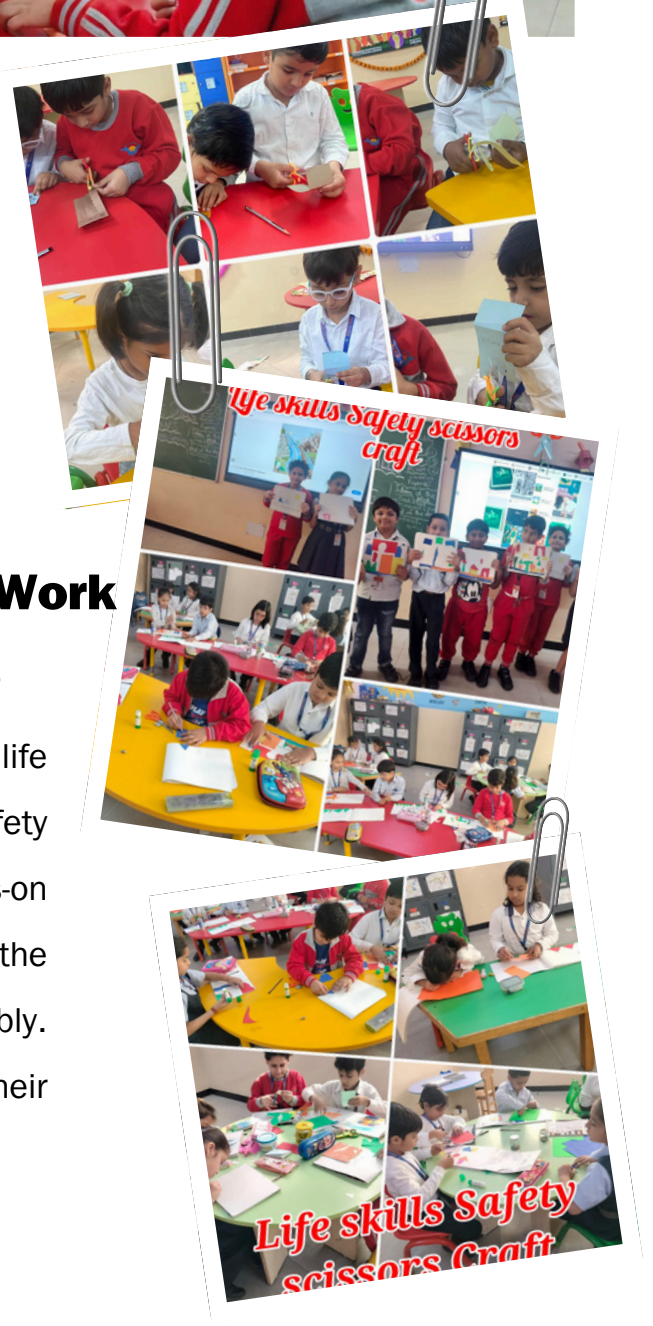




Honouring the Spirit of the Constitution

On the occasion of Constitution Day, Grades III to V students explored this historic day & its significance through thought-provoking documentaries and an engaging online quiz. They reflected on the principles of justice, equality, liberty, and fraternity, fostering a deeper connection with the values that shape our nation.





Life skill Activity

Using Safety Scissors for Craft Work

“Empowering Young Minds with Safety Awareness!”

Class I and II students participated in a unique life skill activity that combined creativity with safety awareness! Our young learners got hands-on experience using safety scissors, learning the importance of handling sharp objects responsibly. They created amazing crafts, showcasing their creativity and fine motor skills.



No Bag Day

In a joyful celebration of Children's Day and Guru Nanak Dev Jayanti, our Grade I students experienced a special No Bag Day filled with meaningful activities and cherished moments. With no school bags in sight, the focus was entirely on fun, learning and spiritual growth. The day began with a lively cake-cutting ceremony led by the class teacher, adding sweetness to the Children's Day celebrations. The students then enjoyed creative activities that sparked joy and excitement. In the honour of Guru Nanak Dev Jayanti, the children visited a nearby Gurudwara, where they learned about the vital values of kindness, humility, and sharing. The students were warmly welcomed at the Gurudwara and they participated in a brief prayer, offering gratitude and reflecting on the teachings of Guru Nanak Dev Ji. After returning from the Gurudwara, the adventure continued with an exciting adventure camp organized by the school. The children engaged in thrilling activities and class picnic, making this special day even more memorable. The combination of cultural understanding, fun, and adventure left the young learners both inspired and delighted.





Exploring Patterns

Grade I students had a fun and engaging session exploring patterns! They learned about different types of patterns using colours and shapes. Through hands-on activities, they created their own colourful patterns with shapes like circles, squares, and triangles. It was amazing to see their creativity as they identified repeating patterns and even made their own unique designs. This activity not only helped them understand the concept of patterns but also developed their observation skills and attention to detail.



MIDDLE WING ACTIVITIES





Cooking Without Fire



A Blend of Creativity and Gratitude!

Grades VI to VIII students embarked on a delightful culinary adventure during the Cooking Without Fire Activity. From refreshing salads and vibrant fruit platters to mouth-watering sandwiches and irresistible desserts, our young chefs amazed everyone with their creativity and passion. Each dish reflected their teamwork, innovative ideas, and love for the art of cooking. The students shared their delicious creations with the dedicated support staff who work tirelessly to make our school a better place. This gesture of gratitude and kindness truly embodied the spirit of Sharing is Caring.





Empowering Young Minds with Legal Awareness!

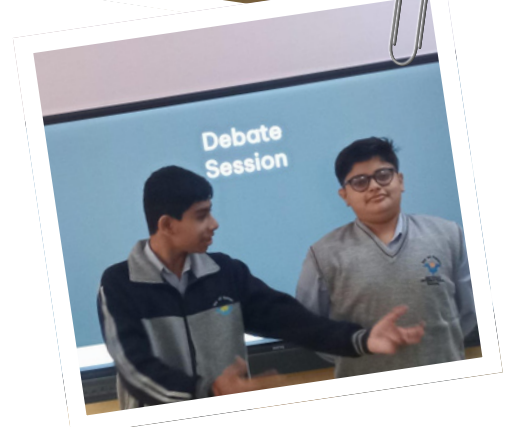
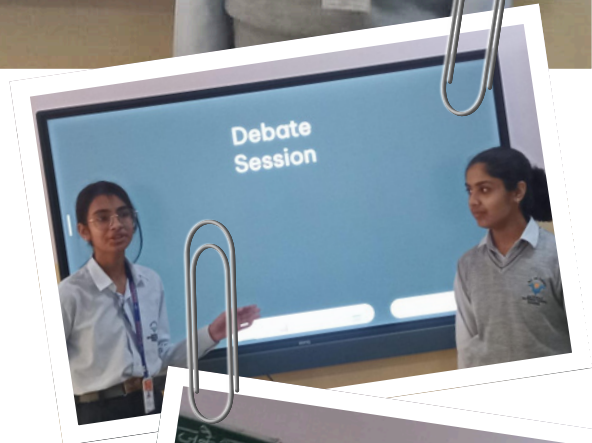
Students of Grades VI to XII participated in an insightful workshop conducted by the School of Legal Studies from SRM University. The workshop aimed to build an essential legal awareness among the students, covering key topics such as POSCO, Juvenile Justice, E-commerce Laws, Cyber Crimes, Fundamental Rights, and other important legal principles. Through interactive sessions, the students gained valuable knowledge about the legal framework that protects them and their rights in today's world.





Debate Session

A debate session was organized for Grade VII students on thought-provoking topics such as “Science and Technology: Boon or Bane?” and “Mobile Phones: Good or Bad for Society?” The session encouraged the students to confidently express their opinions and engage in meaningful discussions. It provided a platform for them to enhance their public speaking skills, develop critical thinking, and raise their views in front of their peers, fostering a sense of confidence and communication.

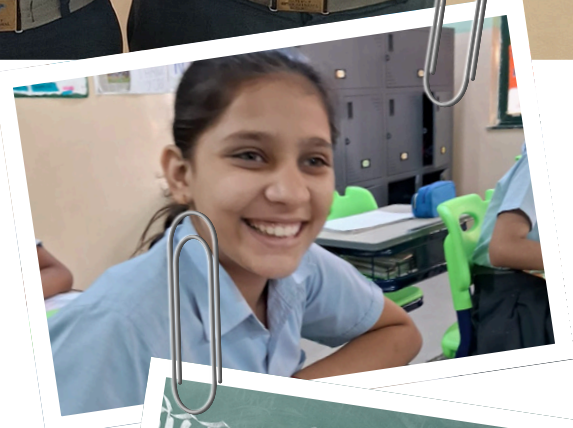




वाक्य संरचना

कक्षा छह से आठ के छात्रों को वाक्य संरचना से परिचित करवाने हेतु कक्षा में एक गतिविधि का आयोजन किया गया। इस गतिविधि में छात्रों ने चित्र बना कर दिए गए विषय पर वाक्य बनाए। इस गतिविधि का उद्देश्य छात्रों को नवीन शब्दावली से परिचित करवाना तथा संस्कृत भाषा के प्रति रुचि जागृत करना है।

विद्यालय संस्कृत भाषा को रुचिपूर्ण बनाने के लिए समय-समय पर इस प्रकार की गतिविधियों का आयोजन करता रहता है जिससे छात्रों की संस्कृत के प्रति रुचि बने रहे।





Concept of Adaptation

Our Class VI students unleashed their creativity in an exciting activity focused on the concept of adaptation. With open minds and fresh ideas, they thought outside the box and brought unique perspectives to life, showcasing their ability to adapt and innovate.





Engaging Learning through Activities!

The students of Class VII had a fantastic time exploring the Angle Sum Property and the Exterior Angle Property of Triangles during their Subject Enrichment Activity (SEA). Through interactive, hands-on activities and collaborative problem-solving, students brought geometry to life.





Impactful Social Advertisement Posters

Grade VII students took part in a fun and meaningful subject enrichment activity where they designed their very own social advertisement posters to spread awareness on important social issues. From environmental conservation to mental health, the posters showcased their creativity and passion for making a difference.





International Hindi Olympiad

The International Hindi Olympiad was conducted successfully on 28th November 2024. Our students enthusiastically participated, showcasing their proficiency in Hindi and their love for the language. Such events not only help students deepen their understanding of our rich linguistic heritage but also instill a sense of pride in our cultural roots.





PBL Conference 2024

Our talented students from Grades 6-8 captivated the audience with their remarkable PBL projects:

- ◆◆ Grade 6: Village – Highlighting rural life and innovations.
- ◆◆ Grade 7: Market and River – Exploring economic and environmental dynamics.
- ◆◆ Grade 8: Resources – Showcasing sustainable use of resources.

The children amazed everyone with their creativity, teamwork, and problem-solving skills, presenting unique end products such as custom-printed T-shirts and handmade bags. These exhibits left the audience mesmerized and earned them well-deserved appreciation.



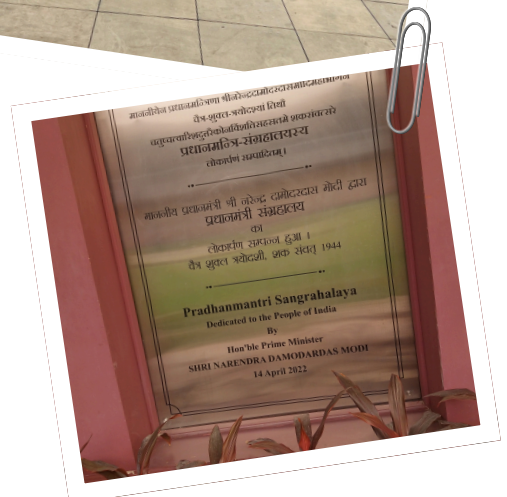
SENIOR WING ACTIVITIES





Educational Trip

The educational visit to the Pradhan Mantri Sangrahalaya and the Mahatma Gandhi Institute for Combating Climate Change was an enlightening experience for the students of Grade IX-XII. They gained a profound understanding of India's political history and the role of leadership, while also becoming more conscious of their responsibilities in combating climate change. This trip not only broadened their knowledge but also inspired them to take proactive steps toward a sustainable future, aligning with the values of leadership and environmental consciousness that both institutions represent. It also encouraged teamwork, courage, and problem-solving among the students. Each adventure was a step toward building confidence and creating unforgettable memories.





Constitution Day

26 Nov'24 is celebrated as Constitution Day provides an opportunity to reflect on the values of liberty, justice, and equality enshrined in the Constitution. The students of Grades IX-XII took up day as a valuable opportunity to educate the students about the significance of the Constitution and foster a deeper appreciation for civic engagement and democratic principles. Various activities like: Constitution Quiz Bowl, Role-Playing the Constitutional Convention, Art and Poster Competitions were conducted in the classes.





Empowering Young Minds with Legal Awareness!

Students of Grades VI to XII participated in an insightful workshop conducted by the School of Legal Studies from SRM University. The workshop aimed to build an essential legal awareness among the students, covering key topics such as POSCO, Juvenile Justice, E-commerce Laws, Cyber Crimes, Fundamental Rights, and other important legal principles. Through interactive sessions, the students gained valuable knowledge about the legal framework that protects them and their rights in today's world.



FROM THE PEN OF

GIS CREATIVE WRITERS



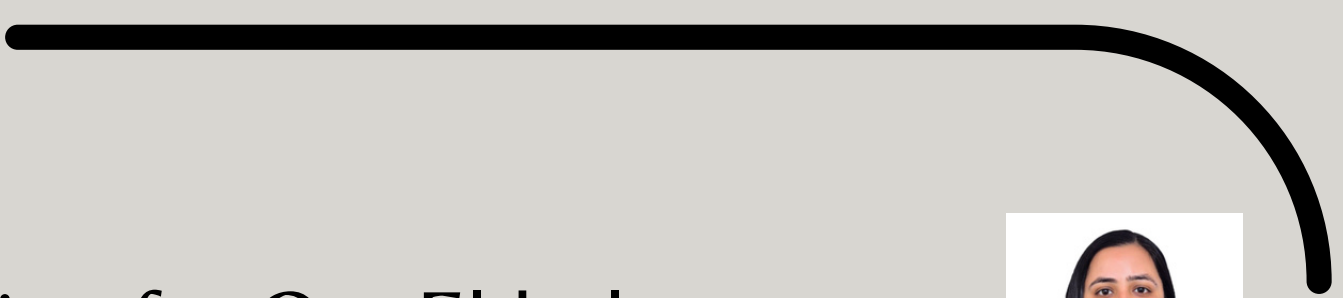
“ अनुशासन से होती है दिशा स्पष्ट , बिना इसके जीवन है अस्त- व्यस्त ”



अनुशासन हमें अपने कार्यों में नियमितता और नियंत्रण बनाए रखने की प्रेरणा देता है। यह विशेष रूप से विद्यार्थियों के जीवन में अत्यधिक महत्वपूर्ण है, क्योंकि विद्यार्थी का जीवन मुख्य रूप से अध्ययन और आत्मविकास के लिए होता है। अनुशासन विद्यार्थियों को न केवल शिक्षा में सफलता दिलवाता है, बल्कि यह उनके व्यक्तिगत और सामाजिक जीवन में भी महत्वपूर्ण भूमिका निभाता है। अनुशासन विद्यार्थियों को अपने समय का सही उपयोग करना सिखाता है। समय प्रबंधन का अभ्यास करने से वे अपने दैनिक कार्यों को प्राथमिकता के अनुसार नियोजित कर सकते हैं, जैसे कि पढ़ाई, खेल, और अन्य सहायक गतिविधियाँ। इससे वे किसी भी कार्य में आलस्य नहीं करते और उनका कार्य समय पर पूरा होता है। जब विद्यार्थी अपने कार्यों में अनुशासन दिखाते हैं, तो वे अपने लक्ष्यों को प्राप्त करने में सफल होते हैं। इससे उनका आत्मविश्वास बढ़ता है और वे आने वाली चुनौतियों का सामना करने के लिए मानसिक रूप से तैयार रहते हैं। अनुशासन मानसिक विकास को प्रोत्साहित करता है। जब विद्यार्थी अपनी आदतों और कार्यों में अनुशासन अपनाते हैं, तो उनका मस्तिष्क व्यवस्थित होता है और वे किसी भी कार्य में ध्यान केंद्रित कर सकते हैं। यह एक मजबूत और सकारात्मक व्यक्तित्व का निर्माण करता है। एक अनुशासित विद्यार्थी अपनी जिम्मेदारियों को समझता है, दूसरों का सम्मान करता है, और सही समय पर सही निर्णय लेता है। यह गुण उसे अपने जीवन में सफल बनाने में मदद करते हैं।

निष्कर्ष:

विद्यार्थी के जीवन में अनुशासन केवल एक आदत नहीं, बल्कि एक जरूरी मूल्य है, जो उन्हें जीवन में सफलता, आत्मनिर्भरता, और मानसिक संतुलन प्रदान करता है। यदि विद्यार्थी अनुशासन को अपने जीवन में पूरी तरह से अपनाते हैं, तो वे न केवल अपनी पढ़ाई में सफलता प्राप्त कर सकते हैं, बल्कि एक जिम्मेदार और समाज के प्रति जागरूक नागरिक भी बन सकते हैं। इसलिए, अनुशासन का पालन करके ही विद्यार्थी अपने लक्ष्यों को प्राप्त कर सकते हैं और एक उज्ज्वल भविष्य की ओर बढ़ सकते हैं।



Caring for Our Elderly

A Step Towards a Compassionate Tomorrow



Yesterday, while passing by an old age home, I was struck by a profound thought. What are the thoughts of the elders who are forced to stay away from their family members? Don't they miss their children? Don't they long for a companion in this vulnerable phase of life, where even walking or eating becomes a struggle? These questions made me reflect deeply on how we treat our elders today and how our own children might treat us tomorrow. Loneliness, I believe, is the greatest trauma one can experience in old age. It is during this time that companionship and support become not just essential but life-affirming belief. Unfortunately, many elderly people are left to fend for themselves or are sent away, a reflection of the growing disconnect in families. A community thrives on sharing and caring, not staying apart. We must foster a culture of compassion, starting within our own families. Spending quality time with grandparents or reaching out to lonely elderly neighbors can create a ripple effect of kindness. By teaching our children the value of these relationships, we not only honor the older generation but also set an example for the future. Let us pledge to make a difference today—by being present, offering support, and building a community of care. A caring today can undoubtedly lead to a brighter and more compassionate tomorrow.

Ms. Sonali Relan

The Evolution of Gender Roles in Modern Society



Gender roles, the social and cultural expectations that dictate how individuals should behave based on their gender, have evolved significantly over the years. In the past, these roles were rigid and largely dictated by tradition, but today, gender norms are becoming more fluid, allowing individuals greater freedom to express their identity beyond stereotypes. Historically, gender roles were clearly defined. Men were typically expected to be the primary breadwinners, while women were seen as caretakers and homemakers. These traditional roles were reinforced by societal structures, such as education, religion, and family, which dictated what was considered appropriate behavior for each gender. For many years, these expectations remained largely unchanged, limiting opportunities for both men and women. Women, for example, were often denied access to education or the right to vote, while men were discouraged from expressing emotions or engaging in activities deemed “feminine”. However, the 20th and 21st centuries have seen dramatic shifts in these roles, largely due to social movements advocating for gender equality. The feminist movement, which gained significant momentum in the mid-1900s, was a major catalyst for change, challenging societal norms and pushing for women’s rights in education, the workplace, and beyond. As more women entered the workforce and pursued higher education, traditional gender expectations began to break down. In recent years, gender roles have continued to evolve, with increasing recognition of non-binary and transgender individuals. The rise of gender-fluid identities has challenged the binary concept of gender, encouraging society to reconsider the idea that there are only two distinct roles – male and female. Social media platforms, where people can openly express themselves and share their stories, have further amplified discussions about gender, making it easier for individuals to question and redefine their identities. Today, gender roles are less rigid, allowing for greater personal choice. Men can be stay-at-home dads, women can be CEOs, and non-binary individuals can occupy spaces that were once reserved for a specific gender. While there is still work to be done in terms of achieving full gender equality, the progress made in the last century has been groundbreaking. In conclusion, the evolution of gender roles in modern society reflects a shift towards inclusivity, diversity, and equality. As society continues to challenge traditional norms, the possibilities for self-expression and personal identity are expanding. Gender roles may no longer define who we are or what we can achieve, offering a future where everyone has the freedom to be themselves, regardless of societal expectations.

CONSTITUTION DAY



Wake up ! people of the sovereign, secular, socialist India! What outshines the land of diversity from the bunch of countries scattered over the crust? It is the heaviest, longest and detailed CONSTITUTION. The bag of borrowings isn't just to be kept as a masterpiece. The rule book declares rights of an individual, duties towards the country and the countrymen and obviously the hallmark of the name INDIAN. Be proud of what you have, be amazed how it came into being and be responsible for how it is to be implemented. It is never too late for the positives to happen. Take a step to know what marks you as an Indian, take another step to realize your required contribution, take another step to recognize the prestige and finally remember if not today then never. Be aware; be responsible because; yes you are an INDIAN!

Chahat - XI Science

सहायता और प्रेम



हमें दूसरों के साथ मिलकर सब काम करने चाहिए। मिलजुलकर रहने में संतुष्टि मिलती है। घर में बूढ़े लोगों से प्रेम रखना चाहिए और उनकी मदद करनी चाहिए क्योंकि ये करने से उनका काम जल्दी से खत्म हो जाता है और वे आराम कर पाते हैं। जो मदद हम करते हैं, वह मदद अच्छे से और तरीके से करनी चाहिए क्योंकि हम अपने-आप को उस कार्य के परिणाम का दोषी मानने लगते हैं। इस दुनिया में लोगों को मिलजुलकर रहना चाहिए ।

Rabhya -VI A

CONSTITUTION DAY

26 NOV, 1949



None of us can live without the rights that we have today. Years of struggle, sweat and blood was sacrificed to make our Rule Book. Fraternity, Secularity, Equality, Sovereignty are not mere terms but the guiding values of our Constitution. We all need a basic framework for the functioning of our country which not only consists of rights but duties as well. Constitution of our country is made in such a way that it ensures justice to every citizen. It also mentions about main, fundamental rights such as Right to Freedom of Speech and Expression. Such an important document is absolutely necessary in a large, secular country like India for systematic functioning to ensure that “People are the Rulers”. It ensures that nobody is discriminated against in the name of caste, culture, religion, gender etc. Harmony and Peace is what our rule book provides to the citizens and ensures that “India becomes a rainbow country”.

बुजुर्ग



बुजुर्ग अक्सर घर में आराम और खुशी का एहसास लेकर आते हैं। यह लोग ही हैं जिनकी वजह से छुट्टियां खास लगती हैं क्योंकि वह हमें प्यार और आशीर्वाद देते हैं। लेकिन वह अपनी उम्र के कारण बहुत कमजोर भी होते हैं उन्हें हर समय बहुत प्यार, ध्यान और निरंतर देखभाल की जरूरत होती है। बुजुर्ग लोग पूरी तरह से अपनी युवा पीढ़ी पर निर्भर नहीं रह सकते, खासकर जब तक उनका अपना जीवन होता है। हालांकि, उनकी देखभाल करने के कई अन्य तरीके भी हैं। यह लेख बताता है कि कोई व्यक्ति अपने बुजुर्ग, प्रियजन को यह सुनिश्चित करने के लिए क्या कर सकता है कि उसका ख्याल रखा जाए और उसकी उचित देखभाल की जाए। -:समय-समय पर उनसे मिलने जाए।

- : वे काम करे जो उन्हें पसंद हो।
- : स्वस्थ भोजन आवश्यक है।
- : उन्हें सक्रिय रखें।
- : जांचे कि क्या वह समय पर अपनी दवा ले रहे हैं।
- : उनके रहने की जगह को नया रूप दे।
- : शेड्यूल बनाएं।
- : अपना ख्याल रखें।

Artistic Corner





GATEWAY
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