



BRAIN INTERNATIONAL SCHOOL

EVS WORKSHEET

CLASS-III

NOVEMBER 2024

NAME: _____ CLASS: _____ SEC: _____ DATE: _____

Ch-2 KEEPING SAFE AND HEALTHY

Q.1 Fill in the blanks :

- a) Sanitation means creating conditions that prevent _____.
- b) Accidents can be avoided by following simple _____ rules.
- c) _____ and clean food gives energy and nutrients to the body.
- d) ORS stands for _____.
- e) _____ improves blood circulation in the body.

Q.2 Answer the following questions

- a) Give an example of communicable diseases and why it is spread?

- b) Write two safety rules to be followed while playing in the park.

c) In case of an electric shock , what should we do?

Q.3 Assertion & Reasoning based question :

A.

Assertion : We can do exercise in the form of brisk walking, jogging, cycling, yoga, swimming or any other physical activity.

Reason : We need eight hours of night sleep to stay healthy.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

B.

Assertion : Sharp-edged objects like knives ,scissors and blades, etc., can cause cuts on the skin.

Reason : Such things need to be used under adult supervision..

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A

Q.4 Read the passage carefully and answer the following.

Healthy and clean food gives energy and nutrients to the body. It keeps us fit and protects us from various diseases. On the other hand, consumption of junk and unclean food can make us seriously ill. Hence, healthy food habits like washing hands before and after meals should be practised, Overcooked food should not be consumed, food should be covered to avoid flies, dust and germs etc.

a) Why should we eat healthy food?

b) Write down two healthy food habits.

Q-5) Choose the correct option :

a) Some of the commonly occurring accidents are :

- (i) Cuts (ii) Fall (iii) Burns (iv) All of these

b) Always use _____ to put off the fire caused by short circuit.

- (i) Water (ii) Oil (iii) Fire extinguisher (iv) Petrol

Q-6) Draw and colour any two things present in the first aid box.

--	--



BRAIN INTERNATIONAL SCHOOL

EVS WORKSHEET

CLASS-III

NOVEMBER 2024

NAME: _____ CLASS: _____ SEC: _____ DATE: _____

Ch-8 OUR FESTIVALS

Q.1 Draw any one festival of your choice , colour and label it.

Q.2 Write True or False:

- a) Janmashtami is celebrated to mark the birth of lord Krishna. _____
- b) Pongal is celebrated in Karnataka. _____
- c) Independence Day is our religious festival. _____
- d) Christmas is celebrated on 25th December all over the world. _____

Q.3 Answer the following questions.

- a) In a republic form of government, who is the head of the state?

b) Name the famous festival of Maharashtra and why it is celebrated?

c) What is the role of festivals in our lives?

Q.4 Assertion & Reasoning based question :

A.

Assertion : India is proud to be a secular state where all religions are respected.

Reason : We celebrate our religious festivals with great pomp and show.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

B.

Assertion :It is the festival of colours celebrated in the month of March.

Reason : Monsoon brings the festival of Teej.

A

Only A is correct.

B

Only R is correct.

C

Both A and R are correct and R is the correct explanation for A.

D

Both A and R are correct but R is not the correct explanation for A.

Q.5 Read the following passage carefully and answer the following.

Birth anniversary of the father of our nation, Mahatma Gandhi, is celebrated every year on 2nd October. He was lovingly called Bapu. He was a lawyer by profession. Prayer meetings are held everywhere, especially at his Samadhi, Rajghat, in Delhi. Prominent leaders across the country and common people pay their respect there.

a) Where is the samadhi of Gandhi ji located?

b) What was Gandhi ji's profession?

Q.6 Name and explain the festival celebrated in Kerala.

Ans : _____
