

CCD WORKSHOP

(GRADE X - XII)

SESSION: 2024 – 25

Name of the workshop: Target 2025 Boards

Date: - 9th October' 2024

Duration: 10:15 am – 11:15 am (1 hr)

Venue: Auditorium

Content:

A career counseling development workshop was conducted for Classes X and XII to guide them for the upcoming board exams. The students were guided on managing their studies along with their physical and mental health.

The resource persons Ms. Mansi, Ms. Kirti & Ms. Palak from the CCD team, shared techniques for excelling in exams, such as using the POMODORO technique and the 5-second rule to enhance focus. They also discussed note-making methods like the Cornell method, Sketch note method, Mind mapping, and Charting method, as well as revision strategies using flashcards, mnemonics, and mock papers.

The workshop concluded with an activity to understand different emotions, during which students shared their concerns about studies and exams and provided students with valuable insights on effective learning techniques and managing their mental and physical well-being.

Photos:

