



**GATEWAY**  
INTERNATIONAL SCHOOL  
CBSE Co-Ed Residential School

# GIS MUN 4.0

## YOUNG LEADERS' CONCLAVE

### MODEL STUDENT COUNCIL

Agenda: Good Health and Well-Being

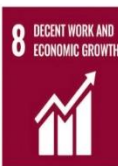
Participants: Students of Grade 5

Committee Strength: 40



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# GIS-MUN 4.0

26<sup>th</sup> and 27<sup>th</sup> October 2024

AGENDA: - Deliberating upon SDG 3  
with respect to Good Health and Well  
being

## BACKGROUND GUIDE

Letter from the executive board

Greetings Delegates!

It is our pleasure to welcome you to the academic stimulation of the model student Council of Gateway Model United Nations. In this committee, we shall be analyzing a very common subject in today's time which is "Deliberating upon good health and well being under SDG 3". Please note that this background guide is in no way meant to be an exhaustive guide on the subject, but merely a stepping stone for the rest of your research, which you are expected to undertake independently. Also, not under any circumstances can the background guide be quoted or used as substantial proof in committee sessions. The more information and understanding you acquire on the agenda, the more you will be able to influence the documentation process through debate in committee.

We understand that MUN conferences can be an overwhelming experience for first timers but it must be noted that our aspirations from the delegates is not how experienced or articulate they are. Rather, we want to see how they can respect disparities and differences of opinion, work around these, while extending their own foreign policy so that it includes more comprehensive solutions without compromising their own stand and initiate consensus building.

New ideas are by their very nature disruptive, but far less disruptive than a world set against the backdrop of stereotypes and regional instability due to which reform is essential in policy making and conflict resolution. Thus, we welcome fresh perspectives for intelligent management of human capital which shall shape the direction of this world. We are looking forward to meeting you all virtually. Don't be afraid to speak up and be heard.

Regards,

Garima Rajpal (Chairperson)

**ABOUT THE AGENDA**

## Sustainable development Goals

The 70th Session of the United Nations (UN) General Assembly held on 25th September 2015 adopted the document titled &quot; Transforming our World: the 2030 Agenda for Sustainable Development; consisting of 17 Sustainable Development Goals (SDGs) and associated 169 targets. The Sustainable Development Goals (SDGs), also known as the Global Goals, were adopted as a universal call to action to end poverty, protect the planet, and ensure that by 2030 all people enjoy peace and prosperity. The 17 SDGs are interlinked- they recognise that the action in one area will affect outcomes in others, and integrate social, economic and environmental dimensions of development.

Background Guide for the Model Student Council Discussing SDG 3: Global Perspective with Case Studies for Grade 5 Students

## INTRODUCTION TO SDG 3: GOOD HEALTH AND WELL-BEING

The Sustainable Development Goals (SDGs) are a set of 17 global goals created by the United Nations to improve the world by 2030. These goals tackle important challenges such as poverty, education, and health, ensuring that everyone can lead a happy, healthy, and fulfilling life. SDG 3 focuses on “Good Health and Well-Being,” which is about making sure people all around the world have access to the healthcare they need and are able to live long, healthy lives.

Health is important because it affects everything we do. When people are healthy, they can go to school, work, play, and enjoy life. However,

many people in the world do not have the basic healthcare services they need, and this affects their ability to live fully. Let's explore SDG 3 from a global perspective and look at how different countries are working to ensure better health for all.

## KEY ASPECTS OF SDG 3

SDG 3 covers many areas of health, such as:

- Reducing the number of deaths from diseases like malaria, tuberculosis, and HIV/AIDS.
- Making sure all mothers and babies receive proper care during pregnancy and after birth.
- Ensuring access to vaccines and medicines for everyone.
- Promoting mental health and well-being.
- Reducing the number of injuries and deaths from accidents, especially on roads.

The overall goal is to make sure everyone has access to quality healthcare services, no matter where they live.

## WHY IS SDG 3 IMPORTANT?

Imagine a world where everyone is healthy. Children would go to school and learn better, parents would be able to work and take care of their families, and communities would thrive. Unfortunately, not everyone has access to healthcare, and many people suffer from diseases that could be prevented or treated. By working toward SDG 3, we can help ensure that people live longer and healthier lives.

## CASE STUDIES: GLOBAL EFFORTS TO IMPROVE HEALTH AND WELL-BEING

To understand how different countries are working toward SDG 3, let's look at some real-life examples:

### 1. India's Fight Against Polio

Polio is a virus that can cause paralysis, especially in young children. For many years, India had one of the highest numbers of polio cases in the world. But through a massive vaccination campaign, involving both the government and organizations like UNICEF and the World Health Organization (WHO), India was able to vaccinate millions of children.

Health workers went door-to-door, even in the most remote villages, to make sure every child was vaccinated. By 2014, India was declared polio-free. This is an excellent example of how hard work and dedication to healthcare can save lives and make a country healthier.

### 2. Sweden's Approach to Universal Healthcare

In Sweden, healthcare is a right for all people. This means that no matter who you are or how much money you have, you can receive medical care. Sweden's healthcare system is paid for by taxes, so people don't have to worry about paying for hospital visits or medicine.

This universal healthcare model helps to reduce the number of people who get sick from treatable diseases, and it ensures that everyone has the same opportunities to stay healthy. Sweden is often ranked as one of the healthiest countries in the world because of this system.

### 3. Ethiopia's Maternal Health Program

In many parts of the world, women do not have access to proper medical care when they are pregnant or giving birth. This can be very dangerous for both mothers and their babies. Ethiopia has worked hard to improve maternal health by training healthcare workers and making sure there are health centers in rural areas.

Through this program, the country has seen a significant reduction in the number of deaths related to pregnancy and childbirth. More mothers and babies are surviving, and families are healthier because of it.

### 4. Costa Rica's Mental Health Awareness Campaign

Mental health is an important part of SDG 3, but it is often overlooked. Costa Rica has taken big steps to raise awareness about mental health and provide support for people who are struggling with mental illnesses like depression or anxiety.

The government has created programs in schools to teach children about mental health and how to manage stress. By addressing mental health early on, Costa Rica is helping to create a society where people feel supported and are able to seek help when they need it.

## 5. Thailand's Success in Controlling COVID-19

The COVID-19 pandemic has been a global health crisis, but some countries have managed to control the spread of the virus better than others. Thailand is one of those countries. Early on, the Thai government introduced strict measures, such as lockdowns and quarantines, to stop the virus from spreading.

In addition, healthcare workers were well-prepared to treat patients, and the government made sure that there were enough vaccines for everyone. Thailand's quick response helped save many lives, and it showed the importance of having a strong healthcare system during a crisis.

## CHALLENGES TO ACHIEVING SDG 3

While there are many success stories, there are still challenges that the world faces in achieving SDG 3. Some of these include:

**Poverty:** Many people cannot afford healthcare, even when it is available. In some countries, families have to choose between buying food and paying for medicine.



**Lack of Healthcare Workers:** In rural or remote areas, there may not be enough doctors, nurses, or hospitals to provide care. This means people have to travel long distances to receive medical attention.

**Diseases:** Some diseases, like HIV/AIDS and malaria, are still very common in certain parts of the world. These diseases are preventable and treatable, but many people do not have access to the necessary medicines or vaccines.

**Environmental Factors:** Pollution, lack of clean water, and unsafe living conditions can make people sick. Addressing these issues is important for improving global health.

## WHAT CAN STUDENTS DO?

Even though students are young, they can make a big difference in improving health and well-being. Here are some ideas on how:

**Raise Awareness:** Students can help educate others about important health issues, such as the importance of vaccines, handwashing, or eating healthy.

**Volunteer:** Students can participate in community service projects that promote health, like helping at local clinics or organizing a clean-up day to reduce pollution.

**Support Health Programs:** By supporting organizations that provide healthcare to those in need, students can help others gain access to lifesaving treatments and services.

## CONCLUSION

SDG 3 is about ensuring that everyone, everywhere, has the opportunity to live a long, healthy life. By learning from global examples and understanding the challenges, we can work together to create a healthier world. Each small step we take, whether it's learning about health issues or helping our community, brings us closer to achieving this goal. Remember, good health is not just about going to the doctor when we are sick—it's about creating a world where everyone has the chance to live a happy, healthy life!



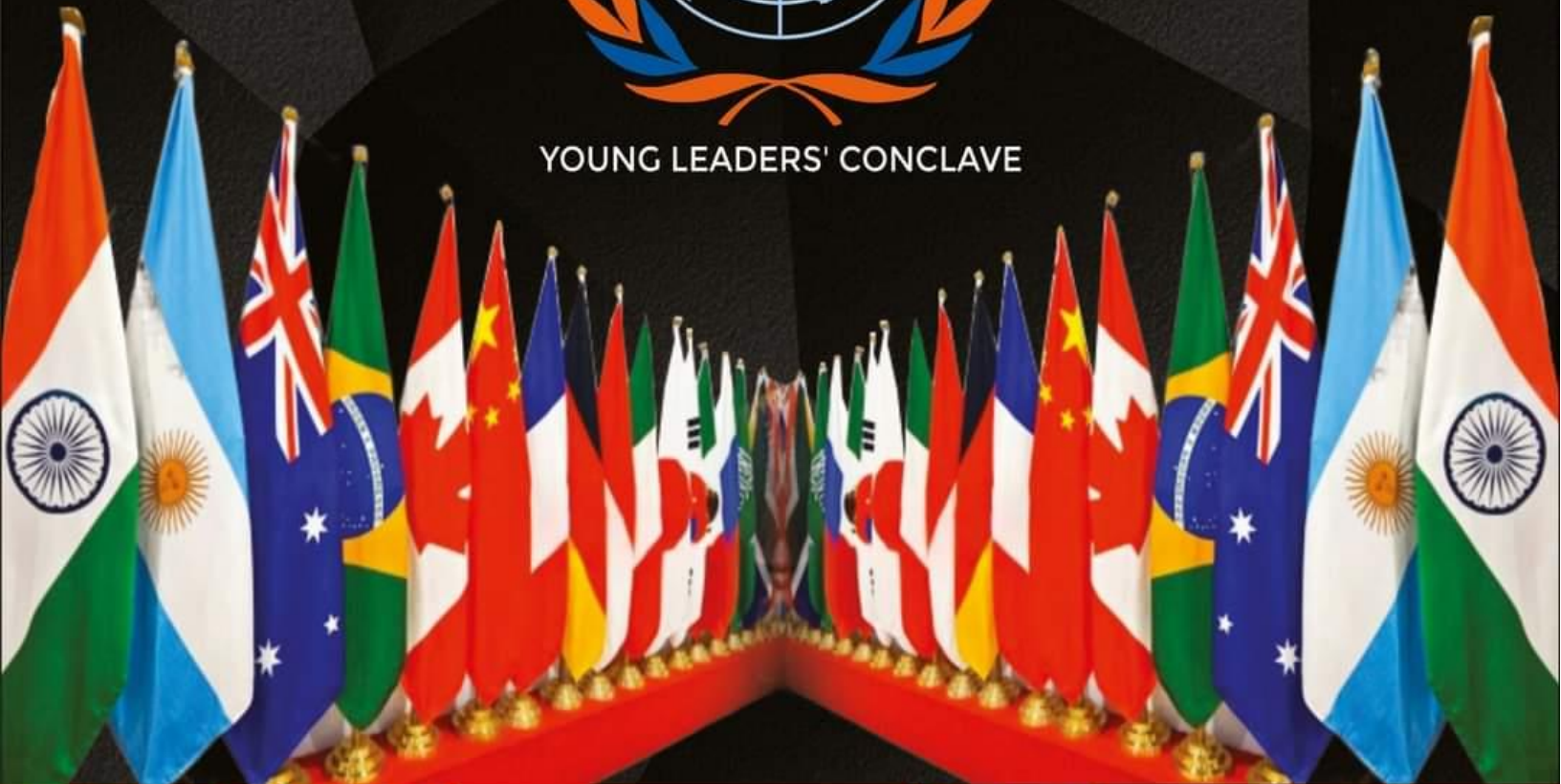
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GIS MUN society proudly announces the  
**YOUNG LEADERS' CONCLAVE 4.0**

**OCT 26<sup>th</sup> & 27<sup>th</sup> 2024**



**YOUNG LEADERS' CONCLAVE**



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