

# THE SKY IS PINK: WOMEN IN-POWER

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*Being Woman' is 'Being Strong' - Dr. Anuradha Govind*

## 'SHE': the Hallmark of Resilience #IWD2021



Dr. Anuradha Govind

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Vice President, Delhi State PSACWA  
Master-trainer CBSE, Education Strategist  
Founder & CEO – Reimagine SHIKSHA

*'Come crisis & 'she' emerges as resilience personified'. The 'invincible' in her, has conquered the adversity at both the fronts, domestic and professional & that's why this International Women's Day (IWD- 2021) has to be about the women giving us the optimistic promise of the post-pandemic world; the celebration of the undaunted efforts by women and girls in carving a safe recovered world with better practical wisdom, self-management and preparedness. The potential of women leadership in combating challenges, made its presence in various perspectives. On one side, they marked their accountability towards their work-place with work@home. At the other hand, they left no stone unturned to juggle with entire home-management, study-support of children, the care and emotional*

well-being for elderly, along with ensuring the hygiene, nutrition, health, safety and the boosting of immunity.

The most amazing has been the participation and enthusiasm of women at technical front, which is a revolution in itself. Women sparked being the front-line Covid-warriors as. Doctors, Educators, Health Care workers, community helpers & leading figures in different facets of work and life. The crisis has brought to light, both, the intensity of their contribution and the range of multi-tasking that women confront with élan. To commemorate their laudable courage with all heart, JMIS-Dwarka has published a special feature – *'THE SKY IS PINK: Women In-Power'*, which is a beautiful compilation of inspiring stories, paintings, poems & quotes about the women who have evolved strongly, in face-to-face with thunderbolts of this pandemic. *A humble salute and a loud shout-out to the indomitable spirit called 'SHE'!*

### We look up to you!

Covid has seen a rapid increase and has caused a lot of havoc for many in the past year. Till now in India, there are around 142k deaths due to this virus where as the cases are around 9.77 million. Many people have come to the forefront to lend a helping hand in this situation of crisis. I would like to acknowledge, **Anita Sharma**, along with her whole family who have contributed hugely in this time of need.

She is a tailor and she has made handmade masks for many people in our area. She distributed these in the nearby temples, to labourers, staff in the shops, to house helps and many others. On being asked, she has also stitched masks free of cost. Her hand made masks are quite comfortable and one does not feel suffocated wearing them.

She is a great source of inspiration for me and a ray of hope in this cruel world. She has selflessly made hundred to two hundred masks with pure intention and distributed it among the poor. We need more people like with such a responsible and thoughtful outlook.

VRINDA KALRA  
XB

### Ardhnarishwar

Depicting the importance of women and how even the mighty shiva is helpless without his female counterpart "Parvati" & how their union is one that brings balance in the universe. So no woman is less than their male counterparts rather they are equally valuable and skillful.



Women Empowerment  
Digital Art work by

Dev Grade XII B

## One Woman With Courage Inspires Majority

Maya Angelou once said, "To describe my mother would be to write about a hurricane in its perfect power...or the climbing, falling colors of a rainbow." Perhaps a lot of us felt that way when the country went into a nationwide lockdown owing to the coronavirus crisis; Indian women faced a diverse kind of battle. Mothers, across the country, pulled off double and triple shifts managing her role as the primary caregiver in the family, juggling kids, financial constraints, housework and their jobs.

This particular tale delves into a life of one such woman who happens to be a fauji wife, a doting mother, and an essential philanthropist we need in our lives. But life changed once she got into the dark tunnel with a torch having batteries which can anytime run out of power.

'When duty calls, that is when character counts', is what said for a defense personnel - Husband's 24hrs operational unit kept him away from home for almost four months in a row and it was a tough call for this wife to take care of multiple things around her. This was the time when by sheer act of kindness and generosity she decided to reach out to not only her family members but also to those who were most affected by the sudden announcement of lockdown.

As we all are aware that it was a severe state of affairs for small time workers - maids, garbage collector, laundry person, meager income vegetable vendors and regular cleaning person across the streets with other vulnerable workers around. The helpers or maids were restrained from coming homes and all the clocks started to tick backwards for them in terms of financial stability. Similar situation rose with other small time workers as strict social distancing was maintained- steadily they were losing their financial state just as sand trickles through ones fingers.

Warriors as we know do not win victories by beating their heads against walls, but by overtaking the walls. This woman rose as a leader out of her collective citizen consciousness and carved a constructive way to help the people in crises. She ensured that maids of her apartment are paid or provided essential groceries every month, and certain amount were collected every month to purchase basic grains for other workers such as garbage collector and cleaners. Even in the water tight situations when people were unable to contribute money after a few months, it was her who looked for other practical via media for help. She connected to defense personnel's wives and pitched her idea of allocating basic essentials to the most vulnerable workers around her by discussing their critical condition. Her inspirational determination moved them and again the cycle of kindness kick started like preliminary days.

Situation hit rock bottom when she got tested COVID-19 positive amidst this period and her health restricted her contribution. But as it is said, 'A warrior accepts the challenges of life in true humility' she ensured that people were not deprived of the basic needs even at the toughest battles of her life.

We have always had warriors conjuring up to images of mighty battles and the quest for territory. However everyday people can be warriors too, as everyone has to overcome obstacles in life.

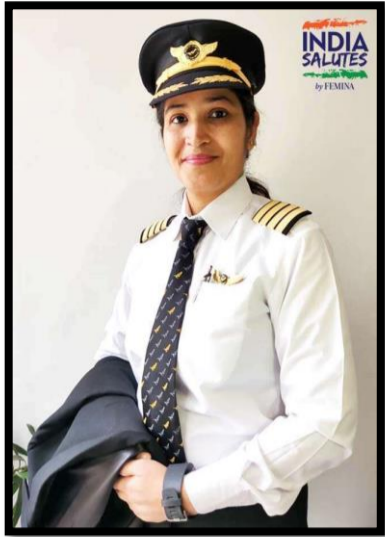
This woman makes me feel proud as she happens to be my mother and this is what she had to say through these rough times, 'Har Waqt guzzar jaane k liye hota hai'. This is the best I have to keep for my rough times.

Salute to your challenger spirit!!!

Ms.Swati( PGT English)

## Captain Swati Raval

Captain Swati Raval made history as the first female pilot to rescue 263 Indians from Rome during the COVID-19 pandemic. Most were students. Along with her, was Captain Raja Chauhan in this rescue mission.



Captain Swati Raval was the commander of Air India 777 Boeing airplane. This flight took off on March 21nd. She flew from Delhi to Rome, it took 8 hours and 15 minutes to reach Rome. The distance between Delhi to Rome is approximately 5940km .

She also shared her experiences that when she and her crew boarded , there were no passengers , just 8 hours and 15min of silence. But finally when she reached Rome, and passengers boarded,that was a different moment for her. For a brief moment, she felt like the pandemic never existed. After landing, the passengers cheered for Captain

Swati Raval and her crew members. They came back on March 22nd. She has been working in Air India since 2006. Air India,has not just rescued standard Indians from Rome but also from Milan and Wuhan. Prime Minister Narendra Modi ,Aviation Minister, and Hardeep Singh Puri admired the Air India Crew for their bravery . Finally after her journey/mission was completed she said :

“I’m ready to pilot as many flights as it takes to bring my fellow Indians home, safe and sound”. Kudos to all such courageous women out there!

**Saniya Thakur**  
VIC

## The Fighter Lady



The world is going through a tough time during the pandemic. Everyone got affected by it in one way or another. After almost a year of lockdown, we could create a vaccine and the lockdown has started to ease. This couldn't have happened if some people didn't take the matter into their own hands, one such woman who did this is, K.K Shailaja.

K.K Shailaja is one of the two female ministers in the Pinarayi Vijayan Cabinet she is an Indian politician and the current Health and Social Welfare Minister of Kerala and is also the MLA representing the Kuthuparamba constituency.

She was involved in the successful containment of Nipah virus outbreak in 2018. Her experience led her to realise the threat of COVID 19. The seriousness of the spread of the new virus in Wuhan in China caught her attention. This experience helped her to prepare and even strategize before the first passenger from Wuhan reached Kerala.

She was able to explain the situation and make a decision regarding the outbreak to the public. Her action gained the attention of the media and soon spread across the world. With her help, the state of Kerala started to adopt strategies like isolation of the infected person, home quarantine, etc to restrict the spread of the virus. Her ideas have also helped many countries to make the correct decision on the right time. We owe a big salute to her and the apt decisions taken by her.

**Shawn Susmit Tirkey**  
X B

## Discovering my strength

Hey everyone!

While we discuss about this topic ,the strong and beautiful women ,who flourished their strength during the time of pandemic,here I would love to share my story. This is Mrs. Rajni Niraj, wife of Dr. Navin Kr.Niraj who is a frontline warrior. By profession,I'm an engineer and a homemaker.During the pandemic ,me, my husband and our 5 yrs old child were in Delhi alone and my husband was at work,almost 24\*7, with no extra facilities available.

Covid period was the most scary period for us as my husband was living separately and even got infected with COVID-19 during Diwali.My son was really upset as he was not with his dad and it was difficult for me handle a child with other house responsibilities alone for more than 9 months. It was mentally a depressing situation for our family,handling everyone with care was a tough responsibility . Though everyone knew my husband was a frontliner and was living separately,still people started behaving differently and started to create trouble for us .



the whole country by leaving their own families behind . It was a brave time for all the women who stood alone for their families and became their support.

This covid phase brought courage and self-belief in me. Women are born multi-talented and we prove it with grace whenever we get the opportunity.

**Akshit Singh**  
**Pallav Blue**

## She believed she could, so she did it

This story is about my mother. She has handled the toughest times with grace. She has never let anything feel out of place. The year 2020 came up with



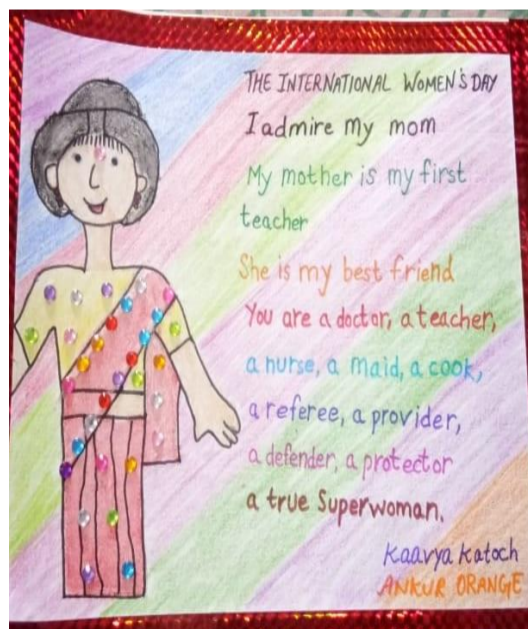
multiple challenges which she had to face. During this pandemic our family had gone through a difficult time which one should never experience. My dad was diagnosed with a very serious disease but my mother stood strongly and fought bravely with this situation single handedly. She managed domestic workload while working from home.

From taking care of our family and managing her online classess she handled everything so well.She is good at multitasking and looks after everyone in the house. She is very loving, affectionate, hardworking and goal-oriented. My mother is a true fighter and a pillar of strength for us. We love you mom.

**Madhav Bakshi (7 B)**

**Aditya Bakshi (11A)**

## SPLASH OF COLOURS



## Women in Leadership – Achieving an equal future in a Covid-19 world



This pandemic has set everyone and everything off in the world and nature has put all the responsibility to drive humanity in the hands of women. Every woman has handled the situation meticulously, not less than a warrior during this tough time and won the battle with great 'Can-Do' attitude.

Being a Woman, itself represents strength, love, kindness and mutual support in society. It is evident that every woman demonstrated powers of all forms of Goddesses to save herself and her family during this hardship. Whether it be all-day juggling through activities of household chores and fulfilling needs of children in the form of cooking with minimum ingredients available at home or being available for family, showing care and patience, spreading happiness without external sources of entertainment, maintaining hygiene and all above performing at par at work to secure her own job.

Of course, on the domestic front, women are always acknowledged to be experts but truly 'She' has redefined 'Family Values' during this pandemic. Her act of 'Kindness' has set apart to help poor and needy bringing out 'Human Values'. Be it stepping out to help society or being at home managing her own family, every woman deserves appreciation.

While there are movements for Women Empowerment for ages, Gender plays a significant role in defining leadership roles and determining the quality of service. Women have proved that they are more 'Participative' against 'Directive' which makes them unique and result oriented. In this era of Covid-19, women in every profession have come forward to put continuous efforts to sustain their reflection by developing required skills, bringing awareness in society, and conducting online classes in every possible area for everyone's well-being.

On the other hand, teachers have significant contribution showing extra patience, care, and love to provide education to children without compromising on quality. Every Woman has the Spirit, Creativity and Passion to drive our New Future Nation!

Hats off to all women in the world for just being there to save mankind. Let us Celebrate 'Her' every day and every Moment.

Take Care and Stay Safe!

By Mumtaz Shaik

**Mother of K. Afra Fatima, II Chinar**

## Mumbai Mayor dons nurse's hat once again to fight the pandemic!



Mumbai Mayor, Ms Kishori Pednekar, a former nurse has offered her services to the COVID only hospital.

She offered her services to NAIR hospital, when they required someone to take up the night shift. That way she would balance her responsibilities as the mayor and a nurse simultaneously.

Women have that strength. "With all our warriors working so hard, how can I stay back", she said.

She also said she would include nurses who perform their duties well during the pandemic in mayor's award this year. Ms Pednekar is still registered as a nurse and will work at the hospital as a volunteer. Salute to the shero!

**Mrs Aarti Redkar**  
**Mother of Vihaan Redkar**  
**Class- I, Daisy**

## My Ideal Woman



This story had begun from the date 22nd march, 2020. It was a Sunday and my favourite day as compared to the rest of the days. The one thing that was different was, it was awfully quiet, due to a curfew imposed on that day.

One may say that it was one of the worst experiences of my life, the reason being "lockdown" for a very long duration. Like everyone else I too was living in constant fear and anxiety. I tried to make myself cheerful by thinking positive but my thoughts deteriorated constantly. The anticipation that I too will suffer from this virus and it will cost a fortune to my family, was a nightmare for me.

In this crucial time, my school teachers, especially my class teacher Ms. Asha Vyas came to my aid. She helped me to take motivation from our day- to- day experiences. Not only did she teach us but also instilled moral values in us which we needed the most during the pandemic.

She used to hold extra video conferencing meetings and discussed about our whereabouts and the way we were utilising our time. It was a fun experience for me and I enjoyed these events very much. These small moments enlightened my life and helped me to overcome fear and uselessness. She is the ideal woman who made me who I am.

**Sanmita Paul**  
**X B**

## A STORY OF WOMAN, STRONGLY IN THE FACE OF ADVERSITIES BROUGHT IN BY PANDEMIC



Dear Friends,  
SUMAN LUTHRA, A Social Worker, has worked as a Senior Nursing Officer, Infection Control Area in RPC (Rajendra Prasad Centre) for Ophthalmic Sciences which is part of AIIMS, NEW DELHI. Almost for the entire period of covid, she worked to explain to the general public, patients, their relatives and all categories of staff the severity of the situation and how to deal with it.

Simultaneously, she also took stress management online sessions and presently she is taking offline sessions for nurses who are working 24 x 7, for covid and non-covid patients, she has also undertaken routine tasks of Infection Control. She has joined this for pure SEWA/ as a noble cause. Not only this, she feels so happy to work and serve for the country, voluntarily. She served Delhi Govt. Covid response team as Mental Health Professional, where she counselled more than 1000 patients regarding boredom, suggesting activities for children, ration facilitation, help to migrant labours and plasma donation, which is still going on.

Moreover, she likes gardening and she has a beautiful kitchen garden and it is really flourishing. She also collected books which are beneficial for students who would like to pursue higher studies for which she has received certificate and appreciation from Uttarakhand.

She also got opportunity of writing "MOTIVATIONAL POEMS" in this pandemic era. She wrote beautiful poems on covid and on troubles which people are still facing.

I am really thankful to Dr. ANURADHA GOVIND, Principal, J.M. INTERNATIONAL SCHOOL, DWARKA, to give me an opportunity to write few lines on a woman. I admire the most. She is none other than MY SISTER, SUMAN LUTHRA, SENIOR NURSING OFFICER, AIIMS.

Thank You,

**KANIKA AHUJA (Mother of YASHICA AHUJA)**  
**CLASS – II CHINAR**



She is a believer, she is a doer, she is an achiever. She is a woman, she is 'You' Happy Women's Day!

**Taashvi**  
**Class - Pallav Red**



## My Mother My Idol

Miss Asha



My mother is a Corona warrior and my Idol. Being a teacher and a mother she did a brilliant job. Back in the lock down, I was so shocked as I did not experience anything like this before and so my family. In that situation she handled me, my sister who was

just 2 and my whole family. She also taught at school through online apps and did all the household chores herself. But one change in her surprised me the most, she scolded me on the smallest things. Then I started thinking that she just needed an excuse for scolding me. I was really upset but then one day I saw her browsing the Internet. I saw her selecting videos, websites, games and worksheets for me. She wanted me to learn some extra things which were out of my syllabus and prepare for the future. I then thought very hard and discovered that I was wrong as she was worried for me. I was feeling very bad about it. She is a real hero I wonder that why she is so strict but then I realised it was for my well being only. I never realised that she is so caring. I don't know how she handles so many things at once. Now she is going to school as she teaches grade 9th and 10th. She is a computer teacher and knows a lot about computers, teaches Python and the future subjects like AI or artificial intelligence. I'm really proud of her and thank her a lot. I wonder how will I live without her. I love her a lot and she is the bestest mother.

**Shefali Vyas**

**V Aaryabhata**

## Not all heroes wear capes!

Women – The soul of existence itself. Almighty gave women this wonderful task of being the propagator of life, a nurturer, a provider, a caregiver along with immense will power to execute these roles whole heartedly. The day, 8<sup>th</sup> of March, reverberates this amazing aspect of women all around.

The past year, 2020, came as a testing period for the whole of the world. The pandemic taught everyone to devise alternative ways of leading their lives. Amidst this adversity, there were many who honed up to the situation's demand and acted courageously. I would like to talk about such brave hearts.



We have a house help working with us since many years, the lady has inspired me intensely during the past few days. We do have our short chats while working in the kitchen area together. On one such occasion, I happened to ask her about the other houses she works in. The conversation ended up with her telling me that a house got infected with Covid. As per the protocol, the couple isolated themselves on the ground floor, but there were two children in this family, who were unaffected. I anticipated that the natural response would be that she discontinued working there, but her words touched my heart when she said that "I couldn't leave the small kids in their difficult time".

She further revealed that she followed the rules and didn't go around the infected husband and wife but helped the children in small ways by bringing them necessary grocery while going for work. It was simple for her, "Beta, others left that house, if I would have done the same then how would they have sustained, after all, we are in this together."

With a broad smile on her face she added, "And me, I have no fears, I have a mask and Almighty's grace, that has kept me going on for the whole lockdown". For me, I was so amazed with her humility, the wisdom within her, that didn't need any formal education and yet she has managed to play her part in this society in such a thoughtful and responsible way. She is like the best short story for me with the greatest moral, who has taught me the virtue of "selflessness" and putting others before oneself when it was required the most and when not, everyone could do this "most".

Let's celebrate "Uma" and others like her who haven't done their part just for a livelihood, but with their innate care and giving nature, be it pregnant labourers working to provide for their families or nurses and doctors in hospitals who have contributed beyond words, be it homemakers standing in solidarity with their families or the protectors in police, army, navy who could execute their duties with the help of women at home, the teachers or IT professionals who have donned the roles of multi taskers and shown what management skills look like. Let's celebrate all such unheard stories and unknown faces, this women's day. Kudos to the spirit of woman hood!

**KRITICA BALI**  
**TGT English**

## Striking a balance



We were almost four weeks into the lockdown when I saw myself multitasking -- juggling between household chores, managing office work, and my two little girls (6 & 2.5 years old), their studies, cooking, cleaning, and everything. Well, truth be told, I was actually managing quite well. I began to enjoy this new way of working. It was all very overwhelming in the beginning and six weeks later, it seemed that the whole world had collapsed and I was sitting in the middle of it all trying to be in

different places at the same time. I was constantly struggling, maintaining a balance between my personal and professional life while being at home.

One fine day, my elder daughter shared a drawing of me {showing super woman muscles ;) } to display around my desk. Children learn from what they observe. I realized that I was setting an example for my kids. Now with their determination and my dedication, I am able to strike a work-life balance.

I love my new "co-workers." They like to press themselves against my home office door and try to make me laugh. They like to play loud games when I'm on calls. Working at home with my family around has been a roller coaster ride! Even when it's hard and stressful, there are many silly moments, and I treasure being able to spend more time with my kids.

I understand the isolation that settles into your heart as you learn how to juggle this new normal. You are not alone in navigating this path, even though it can feel lonely sometimes.

You're a STRONG WOMAN!!

You are brave and I admire you.

**Shivani Bedi**

**(Parent of Kimairaa Bedi - Grade 1 Tulip)**

## Karo na..



The woman I admire the most is my mother, SARIKA MATHUR. She turned into a super-mom during the pandemic. Regular classes at school and all other outdoor activities were halted due to COVID-19.

Even during these difficult times, my mother ensured that I neither lose out on my academics nor on any extra-curricular activities. She was and still is a constant support for my online schooling. Infact she initiated a "karo na" series on social media which ran for days and days, of which I was an active participant, it was an inspiration for many people. Not only this, the number of medals, trophies and certificates that I have been awarded in the last 10 months is purely the result of the efforts that my mother has put in. She left no stone unturned to keep me growing in all spheres of life, despite innumerable challenges caused by COVID-19.

Thank you M ❤️ M

**Ritvika Mathur**

**Ankur Pink**

## Women in leadership

Hello friends,

I'm Richa Joshi, Master's in Music, a housewife and the mother of two kids of 6 and 9 years age.

My husband works as an Aircraft Engineer in an airlines in India and due this pandemic, for a couple of months, he was at home and his salary was not crediting at that time.



As all schools were teaching online, so I grabbed the opportunity that came my way. The course structure and study material became technology oriented, so I started

some e-learning platforms and digitalized their content by making videos from ppt, converting school text books to videos with my composed music and started recording the same at my home recording studio.

I also started doing Voice over for all grades converting their text to narrated videos.

It was really a task to deliver different clients' work on their desired time frame, as I was a beginner in this field, but me and my husband worked day and night and were successful, though it was to be done in a short span of time due to the abrupt changed scenario.

This pandemic phase made me very strong and developed my confidence level to face the adverse phases of life.

Thank You.

**Hitansh Joshi**

**Class I, Daisy**

## The Influential lady

She is a Asha worker and in the pandemic she has been an epitome of hope and courage.

She was the one who used to visit multiple areas and spread awareness about how to keep oneself safe from the corona virus.



She used to visit societies and help people to get the information about the corona testing booth. She encouraged many families to visit the hospital and have a check-up to prevent themselves from this disease. She provided medicines from the dispensaries and masks to the needy families, free of cost. She informed many people who were not aware about the ongoing testing in their areas. She used to send hospitals details via message to the family. So that people can visit these places on time. She has also spread ample awareness among pregnant and lactating mothers regarding the use of masks, social distancing and maintain hygiene, etc.

She went door to door and prepared list of pregnant women with symptoms of cough, fever and ones facing difficulty in breathing and submitted it to the CMO of their respective district.

Apart from ensuring maternal care, she also raised awareness on COVID 19 in unique ways. The first phase of the vaccine rolled out on January 16<sup>th</sup> and covered healthcare and frontline workers. She also got vaccinated for the same. Heart goes to such brave hearts!

**Gopika Bansal**

**VIC**

# WOMEN IN LEADERSHIP

## Being woman is being strong!

**“LEADERSHIP IS NOT ABOUT TITLES, POSITIONS OR FLOWCHARTS. IT IS ABOUT ONE LIFE INFLUENCING ANOTHER”**



**“OPTIMIZE YOUR LIFE- SKILLS TO BE THE VISUALIZERS AND DESIGNERS OF AN EMPATHETIC, PROGRESSIVE AND SUSTAINABLE 21<sup>ST</sup> CENTURY. GIVE YOUR EDUCATION THE PURPOSE TO MAKE A DIFFERENCE IN THIS WORLD AND CREATE A BEAUTIFUL TOMORROW WHERE EVERYONE HAPPILY LIVES A LIFE OF DIGNITY”.**

**On 8th March, we honour the legacies of the women** who came to the forefront and led the charge for change, each in their own way.

For me, an inspiring woman is simply a woman who can fill someone with the desire or urge to do something worthwhile, someone who creates a better world for everyone.

She is very soft spoken, smart and down – to – earth, a prolific thinker, practitioner, a dynamic researcher, path breaking educationist, coach and trainer for teacher development and team building. She always gives great advice on different things. Not only does she want people to be happy, but she wants them to be adventurous too.

She is transforming education with dedicated leadership. She has more than 22 years of experience in the field of education and about 15 years in the capacity of a Principal. She was recently recognised AMONGST THE TOP 25 PROMISING WOMEN LEADERS IN THE INDIAN EDUCATION SECTOR-2018. ‘HIGHER EDUCATION REVIEW’ magazine has featured her as ‘THE MENTOR OF A NEW NATION’.

She has also received the letter of appreciation from the HRD minister, Government of India, by Ms. Smriti Zubin Irani for her exceptional leadership and guidance. She is the recipient of International School Award 2011-2021 by British Council U.K., Global Education Award 2017, ‘School Excellence Leadership’ National Award 2017, Dr Rajendra Prasad Award 2016 and many others, for excellence in leadership and Innovation in Education.

I am so grateful to work with such an innovative, compassionate, respected and a visionary Principal.

Ms. Sandeep Verma  
(C.T. – III BRAHMPUTRA)



मेरा एक प्रयास

मेरा एक प्रयास ही शायद मेरी खुद की पहचान थी या यू कहें कि पंख फैला मेरी उड़ान थी ऐसी उड़ान जो बहुत पहले उड़ना तो चाहा रही थी पर दुर्भाग्यवश नहीं थी, अपनी ही गृहस्थी की जिम्मेदारियों को पूरा करने में कहीं रुक भी नहीं पाई थी। एक दिन खिड़की पर बैठ हाथ में चाय की प्याली ले वारिश को अंकिता देख रही थी अपने ही ब्यालों में कहीं कोई घर में बच्चों का शोर लेकिन अंकिता केवल एकटकी लगाए मानों बारिश की बूंदों से कुछ बातें कर रही थी। बच्चों का शोर, धीना झपटी कुछ उसे सुनाई नहीं दे रहा था शायद वह किसी गहरी सोच में खोई हुई थी सहसा एक बूंद उसके हाथों पर आकर पड़ी अंकिता जाग सी गई बूंद के उस स्पर्श से पर पूरे दिन उसके मन में कुछ कशमकश चलती रही शायद खुद से वह जानना चाहती थी खुद में कुछ तलवार कर रही थी कुछ ऐसा जो उसे चैन से बैठने नहीं दे रहा था मानो वह अपने आप में सवाल कर रही थी कि मैं कौन हूँ, मेरी पहचान क्या है? हर कोई उसे बेटी, किसी की पत्नी और अब दो बच्चों की माँ बस इसी रूप में पहचानते थे जैसे तो वह टीचर थी पर जो वह करना चाहती थी वह कर नहीं पा रही थी बार-बार उसके मन में यही प्रश्न उठता था कि 'मैं कौन हूँ?' मुझे क्या पसंद है? मैं गुलाबी रंग के कपड़े पहनती क्यों कि बच्चों को मेरे ऊपर गुलाबी रंग अच्छा लगता। अच्छे-अच्छे पकवान बनाती क्यों कि पति को अच्छा खाना पसंद था लेकिन मुझे क्या पसंद है क्या नहीं ये प्रश्न कब

का कहीं मैंने अपने अंदर दफन कर लिया था लेकिन कुछ सवाल आज सुबह से ही मन को भूरे परेशान किए जा रहे थे कि क्या यही इसी रायर में सिमट कर रह जाऊंगी 'मेरी पहचान' इस सवाल ने मुझे अंदर तक झकझोर दिया या अचानक में उठी और टेबल से मैंने अपनी पुरानी डायरी निकाली कुछ पन्नों को खोलकर पढ़ना शुरू किया तो देखा कि कितना लिखने का शौक था मुझे कितना लिखती थी आज भी याद है मुझे कॉलेज के वो दिन जब दोस्त ज़िदद किया करते थे कि अंकिता कुछ तो सुनाओ अपना लिखा हुआ और सुनाने बैठती तो ना जाने कब समय बीत जाता यू ही यादों में डूब अंकिता की आँखों से आंसू गिरने लगे कि वो भी क्या दिन हुआ करते थे जब अंकिता का लिखा पढ़ने के लिए बेंचबंद हो उठते थे और अब तो अंकिता कुछ लिखती भी है किसी को खबर भी नहीं थी लेकिन उसके बाद अंकिता ने फिर अपने लिए कुछ करने की सोची और अपने हाथ में कलम उठा लिया अपने विचारों को कलम लेकर फिर से पन्नों में उतारने लगी। दिन, महीने बीत गए दोपहर में तो सप्रथ ना मिल पाल क्या कि आधे दिन की स्कूल की नौकरी के बाद घर का काम और बच्चों में वक्त कहां मिल पाता बस बच्चों को सुलाने के बाद अंकिता पेन उठाती और लिखकर सो जाती बहुत सी रचनाएँ, बहुत से विचार पन्नों की दुनिया में उतर जाते। एक दिन अचानक अंकिता का भाई राहुल घर आया अंकिता अपने भाई से कुछ बातें कर रही थी कि ना जाने बच्चे कब कहां से मेरी डायरी उठा लाए कुछ पन्ने तो उठकर अंकिता के भाई के चारों ओर बिखर गए। राहुल ने वो पन्ने देखे और पन्नों पर अपनी निगाहें दौड़ाई और चलेते

हुए अंकिता को बोला बहुत अच्छा लिखती हो लिखते रहना और क्या मैं ये डायरी घर ले जा सकता हूँ पढ़ने के लिए अंकिता ने कहा हाँ भाई ये भी कोई पूछने वाली बात है उसी के ठीक दो महीने बाद राहुल फिर अंकिता के घर अंकिता से मिलने पहुँचा उसने अपनी बहन को आँखें बंद करके हाथ आगे करने के लिए कहा जैसे ही अंकिता ने आँखें बंद कर हाथ बढाया राहुल ने अपनी बहन के हाथों में एक किताब रख दी और बोला अब आँखें खोलो अंकिता ने आँखें खोली तो वह किताब पर अपना नाम लिखिका के रूप में देखकर हैरान रह गई और उसकी आँखों से आंसू सरने लगे क्यों कि अंकिता के लिखे विचार कुछ पन्ने नहीं रह गए थे एक किताब का रूप ले चुके थे किताब का नाम था 'मेरा एक प्रयास' वह प्रयास ही अब अंकिता की पहचान बन चुका था।

दोस्तों ये कहानी थी छटाशों की, उड़ानों की उन सपनों की जो हर लड़की देखती है लेकिन शादी के बंधन में बंध जिम्मेदारियों से घिर अपने को कहीं खो देती है और कुछ ना करने की इच्छा उन्हें अंदर से तोड़ कर रख देती है लेकिन हमें ऐसा नहीं करना चाहिए अपनी मजिल तक पहुँचने के लिए 'प्रयास' जारी रखना चाहिए क्या कि आपका एक प्रयास ही आपको आपकी पहचान तक ले जाएगा।

धन्यवाद!  
अभिलाषा चौधरी

## Women's Day



A daughter, wife, mother, a working woman, my mentor and my all time energy booster. One thing which I like the most about her is that in spite of all her efforts she makes it a point to sit and talk to me always.

I never needed a best friend in my life because of her. Well on this day, I pledge to make her proud by trying to fulfill all her dreams. Happy Women's Day to everyone and the strongest lady 'My Mom'.

**Harshit Sayal**  
**IX-B**



I'm Priya Malkoti, as we know, International Women's Day is celebrated on the 8th of March every year. Women's Day celebrates the importance and significance of women in every person's life.

As a woman I think women should know their worth. They deserve all the respect and support from everyone. They contribute to the lives of their family members as well as the country. On that note, being a woman, I'm proud of myself and every woman, who dedicates her life in making it smooth for her loved ones and becomes a support system. Thanks.

**Riddhima Malkotia**  
**Class - Pallav Red**



A woman is the complete circle. Within her is the power to create, nurture and transform. She has the talent to manage her personal and professional life in a well-balanced way. If we talk about any strong woman's story during pandemic, for almost all of us it would be our 'Mom'. And it is like a cherry on the top of a cake when you being a mother yourself start following your own mom and together, you both make a happy, healthy, safe and stress-free family during the lockdown. Though it was bit uneasy to accept the situation at the initial stage, office at home, no house helps for laundry, cleaning and cooking and two angels of age 6 and 2 years old. My mom started the day with yoga sessions, and I ensured we all are taking those sessions to stay physically and mentally active even after staying inside the house. My mom used to prepare healthy drinks and juices which were good immunity boosters, and it was my duty to make the kids and others in family to drink them. As its rightly said, 'Family that eats together, stays together', we both tried to be chefs quite often and we learnt baking and cooking many delicious dishes. Of course, managing office with kids was not that easy, no fix time to work, background noises during the call, but I must say IT companies are not that bad in management of people and at the end 'We Rock!' This was our story "My Mom and Me as a Mom". We are the reason for people's existence, we are a multipack of strength, inspiration, power and guidance. A big salute to every woman.

Grand Mother ,and  
Mother (Shilpa Singhal) of

Vanya Singhal  
Grade 1 – Tulip

### नारी का नामकरण

'ना' 'री' यह कहती नहीं है वस नारी  
वंश वंश मं करके यह सब पर है भारी।  
घर में त्योहारों की खुशियों है कामिनी  
फिर भी हर देश में मिल जाएगी इक दामिनी।  
दफ्तरों, दुकानों और मॉल की शान है यह अवला  
खाली जेब वाला नर भी यह बोले कि 'आ' 'बला'।  
सब रिश्तों को बड़े भाव से निभाती है कान्ता  
जिदद कोई पकड़ ले तो मानव भी घुटने टेक है मानता।  
इस पावन धरती पर आजमालो इसकी क्षमता  
जहाँ स्त्री पूजी जाए, जाते नहीं वहाँ से देवता।  
कामिनी, अवला, कान्ता, सुंदरी स्त्री, नारी  
बमवर्षक विमान की जो करती है सवारी।  
आज इस पावन अवसर पर इसका नामकरण हो जाए  
'कामिनी' हटा 'शक्ति', और 'अवला' हटा 'सबला' हो जाए।

Ms Meenakshi



Ms. Kavita

