

- | | | |
|--------------|--------------|---------------|
| 2 vegetables | 8. active | 14. breakfast |
| 3 diseases | 9. hygiene | 15. fruits |
| 4. posture | 10. routine | |
| 5. straight | 11. twice | |
| 6. exercise | 12. Sneezing | |

Practice Assignment- Write any 3 healthy eating habits in notebook.