

## Report on Physical Education Workshop

<b>Date</b>	:	<b>16 July, 2016</b>
<b>Venue</b>	:	<b>Basava International School</b>
<b>Organised By</b>	:	<b>Sankalp Sahodaya</b>
<b>Conducted By</b>	:	<b>Dr. Lalit Sharma</b>
<b>Attended By</b>	:	<b>Ms. Savita Sharma &amp; Ms. Rekha Thakur</b>

The Physical Education workshop conducted by Sankalp Sahodaya was indeed a fruitful experience for Physical Education Teachers. Significant topics were discussed in the workshop which will endow a new edge to the teaching learning of Physical education. The resource person, an experienced veteran from CBSE, attended to the queries of the teachers patiently and thus empowered the teachers with substantial knowledge of ground realities.

The following topics were discussed in detail:

- How to do proper assessment in PE
- Standards for Physical Education
- Grading System
- Meaningful Assessment Tools
- Involvement of the Students in Assessment
- Health related Physical Education

The workshop was indeed a beneficial one fortifying the PE teachers with crucial concepts to make Physical Education classes more lively and enjoyable.