

WORKSHOP ON NCF 2005, POCSO AND INTERNET ADDICTION AT ITL

An enlightening workshop on the core concepts of **NCF 2005**, **POCSO** and **Internet Addiction** was held at **ITL Public School** on **19th July 2014**. The resource person was **Dr. Jitendra Nagpal**, **Programme Director Expressions India** and Sr. consultant Psychiatrist Moolchand Medical City. The parents were also a worthy part of this knowledgeable workshop since only by joining hands with parents the true efficacy of these enterprising initiatives can be realised to the optimum level.

Dr. Nagpal commenced the enriching interactive session by highlighting that human resource is the most potent resource and hence it should be nurtured with love, care and concern. He harped on the delicate chords of emotions when he reiterated that “*if children live with criticism they learn to condemn ... if children live with praise they learn to appreciate*”. He acquainted the participants to the **Question addressed by National Curriculum Framework 2005** (e.g. what educational purposes should the schools seek to achieve) Dr. Nagpal introduced the members to the unfortunate Indian Educational Scenario where 10 – 12 % of children below 18 years of age suffer from disorders in behaviour, learning and development and referred to the ideal school times which should be prevalent in the educational world making education child centered where role of students should change **from answering to questioning, from observing to participation**.

The **8 Millennium Development** was highlighted, one of the significant views of which was to achieve universal primary education. An inspiring interaction was held on enhancing the **Psychosocial Climate** of a school which refers to providing friendly, rewarding and supportive atmosphere and on improving the skills of self management and relationship management.

The parents shared their experience of how a supporting environment at home and school can have a positive impact on a child, how a healthy bond with the child can facilitate in enhancing the awareness level.

The Convention on the **Rights of Children** and the young people adopted by UN in 1989 was also focused upon which considers that all young people have same value and hold same rights. The main perspectives of **Indian National Framework 2005** were elaborately discussed which emphasizes connecting knowledge to life outside the school insuring that learning shifts away from rote methods thereby enriching curriculum taking it beyond text books and making examination flexible.

The workshop also enlightened the participants on **POCSO – Protection of Children from Sexual Offences Act of 2012** – a comprehensive law to provide protection of children from the offence of Sexual Assault & Harassment. The participants were made aware to the recommendation of POCSO which stressed the need of organising a school health association spreading awareness about all dimensions of health, life skill programmes, awareness programmes on gender issues, oppression etc.

The issue of **Internet Addiction** among teenagers was also touched upon at great length. Dr. Nagpal reminded the parents of their mammoth role as models for learning for enriching the journey of students life, to enhance self image of students.

The engrossing and complete involvement of the parents made the session more edifying. The workshop ended with the touching words of the song from **School for the Deaf** by Dave Winner and Trans Orange “*There is a place in your heart for each child*”.

Dr. Nagpal appreciated the efforts of Ms. Sudha Acharya, the Principal of ITL Public School for her lofty vision and mission, for extending education to the cause of human development. The workshop was highly informative for teachers and profoundly touching for parents which provided them with

substantial guidelines on effective parenting. In a nutshell the workshop endowed a new improved edge to the concept of teaching leaning ambience in school and at home.

