



ITL ORGANISED TRAINING ON COUNSELLING SKILLS IN TEACHERS

A **One Day Compulsory Training Programme** for Teachers was organized at **ITL Public School** on **2nd July 2015**. The Programme was organized under the aegis of **Expressions India** – a CBSE empanelled agency. The resource person for the training session was **Ms. Geetanjali Kumar**, a Senior Psychologist and Academic Coordinator with Expressions India.

A teacher today does much more than delivering instructions. A trusted teacher is often the student's first choice to turn to in times of social and emotional needs and the enlightening workshop aimed at empowering and equipping teachers with professional acumen for aptly and readily responding to critical and delicate situations. **The Domain of School Counselling** and the role of a teacher in providing a blissful, nurturing environment was elaborately discussed upon and important counselling skills like attending accepting, deciphering, guiding etc. were stressed upon. It was reinforced that the first & foremost counselling skill should be a happy expression on a teacher's face. The teachers shared their views about the roles they are successfully playing and they also expressed the desire about the roles they wish to play for the overall well being of the child.

The workshop sensitised the teachers to the significant realization that they are the most potent source of enthusiasm and faith to students, they fortify students by giving them the right perception. The teachers realized the need of adopting diverse learning methods for accommodating diverse kinds of learning. Case studies were provided to teachers categorized into groups and teachers enacted on the situations and learnt strategies how to conduct themselves in a prudent graceful and effectively way in challenging situations.

The workshop gave inspiring insight into 21st C class room which should cater to the building of an inclusive society, to the nurturing of holistic development, to the creating of welcoming communities, to effectively combating discriminatory attitudes and to achieving education and well being.

In a nutshell, the workshop imbibed in teachers the inspiring realization that warmth is the vital element for the growth and enhancement of a child's persona. Ms. Sudha Acharya, the Principal of the School, the driving force behind organising such enlightening sessions thanked the resource person for her valuable talks to teachers and inspired the teaching community to be understanding and sensitive facilitators of knowledge. Teachers of the neighbouring school were also a part of this informative training session.

