class-6 Science chapter:-

Food, where does it come from?

# Food: Where Does it Come From? Part -2 activity session

## Activity 1

Ask your friends in the school about the items they would be eating during a day, from friends staying in different states.

Name of the student/friend

student/friend Food items eaten in a day

- 1. Kashmir *Tabak Maaz*2.Punjab *Makki ki Roti, Sarson ka Saag* 
  - 3.Rajasthan Ker- Sangri 4. Himachal Pradesh – Sidu
    - 4. Himachai Pradesh *Sidu*
  - 5. Nagaland Momos

Choose some of the items you listed in Table 1.1 and try to find out what ingredients are used to prepare these

#### Table 1.2 Food items and their ingredients

Food Item	Ingredients
Roti /chapati	Atta , water
Dal	Pulses, water, salt, oil, ghee,

Let us take the food items listed earlier and try to find out where they come from — the ingredients and their sources.

# Table 1.3 Ingredients used to prepare food items and their sources

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	Idli	Rice Plant		
		Urad dal		
		Salt		
		Water		
	Chicken curry	Chicken Spice	Animals	

# Think of more examples where two or more parts of a single plant are used as food.

#### Table 1.4 Plant parts as food

Food item with plant as the major sourc	Ingredients/source	Plant part which gives us the ingredient
1. Brinjal curry	<ol> <li>Brinjal curry</li> <li>Chilli as spice (any other)</li> <li>Oil from groundnut,</li> </ol>	1.Fruit 2.Fruit 3.seed

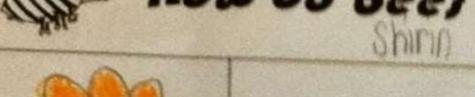
choose those items whose ingredients are obtained from plants. Which part of a plant? Identify these and list the food items and plant parts as shown in Table 1.4.

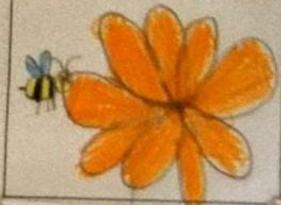
#### Sprouts?

Do you know where honey comes from, or how it is produced? Have you seen a beehive where so many bees keep buzzing about? Bees collect nectar (sweet juices) from flowers, convert it, into honey and store it in their hive (Fig. 1.7). Flowers and their nectar may be available only for a part of the year. So, bees store this nectar for their use all through the year. When we find such a beehive, we collect the food stored by the bees as honey.



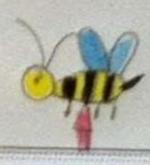
# How do beer make honey?

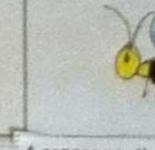




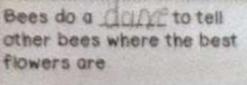


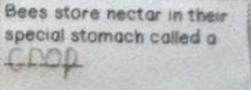






Worker bees collect Police and Decler from flowers

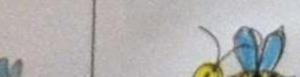




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House lizard

Table 1.5 Animals and their Food.		
Name of the animal	animal Food the animal eats	
Buffalo	Grass, oilcake, hay, grains	
Cat	Small animals, birds ,milk	
Rat	Cherries. Chicken	
Lion	buffaloes, goats, nilgai	
Tiger	moose, deer species, pigs, cows, horses, buffalos and goats	
Spider	insects	

insects

# Table 1.6

Herbivores	Carnivores	Omnivore
Cow	Lion	Dog
goat	fox	cat
buffalo	wolf	bear
horse	shark	pig

