

Class – XI

Sub: Psychology

Weekly Syllabus (Tentative)

Academic Session 2024-25

Month	Week	Dates		Days	No of Periods	Chapter	Contents	Syllabus
Mar 24	Block Teaching							
Apr-24	I	01-06	06-Working Saturday (Staff)	05	08	Ch 1 : What Is Psychology ?	<ul style="list-style-type: none"> • Ice Breaker Activity • Define : Psychology 	
	II	08-12	11 – Id-ul-Fitr	04	06	Ch 1 : What Is Psychology ?	<ul style="list-style-type: none"> • Psychology as a discipline • Evolution of Psychology 	
	III	15-19	14 - Ambedakar Jayanti 17 – Ram Navami 21 - Mahavir Jayanti	04	06	Ch 1 : What Is Psychology ?	<ul style="list-style-type: none"> • Branches of psychology 	
	IV	22-27	27-Working Saturday (Student)	06	06	Ch 1 : What Is Psychology ?	<ul style="list-style-type: none"> • Psychologists at work 	
	V	29-30		02	03	Ch 1 : What Is Psychology ?	<ul style="list-style-type: none"> • Psychology in everyday life • Revision 	
May-24	I	01-03	01-03 : ES-1 (XII)/ CT-1 (X)	03	03	Chapter 2: Methods Of Enquiry In Psychology	<ul style="list-style-type: none"> • Introduction • Goals of psychological enquiry 	ES-1 (XII)/ CT-1 (X) Date: 01-07 May

Month	Week	Dates		Days	No of Periods	Chapter	Contents	Syllabus
	II	06-10	06-07 : ES-1 (XII)/ CT-1 (X) 09,10 – The Quest	05	08	Chapter 2: Methods Of Enquiry In Psychology	Steps in conducting Psychological research	
	III	13-18	18- Working Saturday (Open House X & XII)	06	08	Chapter 2: Methods Of Enquiry In Psychology	<ul style="list-style-type: none"> • Observation method • Experimental method <p>Project work discussion</p>	
***** SUMMER BREAK 20 MAY -30 JUN 2024 *****								
Jul-24	I	01-06	01- School reopens for staff 06-Working Saturday (Student)	05	08	Chapter 2: Methods Of Enquiry In Psychology	<ul style="list-style-type: none"> • Correlational method • Survey research 	PT-I Class VI-X Date: 05 Jul – 12Jul ES-2 (XII): 05 Jul – 12Jul
	II	08-12		05	08	Chapter 2: Methods Of Enquiry In Psychology	<ul style="list-style-type: none"> • Psychological test • Case study Analysis of data 	
	III	15-19	17-Muharram	04	06	Chapter 2: Methods Of Enquiry In Psychology	<ul style="list-style-type: none"> • Limitations of psychological enquiry • Ethical issues 	
	IV	22-27	27 – Working Saturday (Students)	06	08	Ch 3 : Human Development	<ul style="list-style-type: none"> • Models of development • Prenatal Stage 	

Month	Week	Dates		Days	No of Periods	Chapter	Contents	Syllabus
	V	29-31		03	03	Ch 4 Human Development	<ul style="list-style-type: none"> Childhood stage development 	
Aug-24	I	01-03	03 – Working Saturday (Open House (VI-X), XII)	03	03	Ch 4 : Human Development	<ul style="list-style-type: none"> Adolescence 	
	II	05-09		05	08	Ch 4 : Human Development	<ul style="list-style-type: none"> Challenges of adolescents Old age 	
	III	12-16	15 – Independence Day	04	05	Ch 5 : Sensory , Attentional and Perceptual processes	<ul style="list-style-type: none"> Introduction Sense Modalities 	
	IV	19-23	19-Raksha Bandhan	04	04	Ch 5 : Sensory , Attentional and Perceptual processes	<ul style="list-style-type: none"> Adaptation Selective attention 	ES-1 (XI):
	V	26-31	26-Janmashtami 31-Working Saturday (Students) 31-Annual Prize Distribution	05	08	Revision	Revision	Ch 2 : Methods of enquiry in Psychology
Sep-24	I	02-06		05		Mid Term/ HYE Exam	Mid Term/ HYE Exam	

Month	Week	Dates		Days	No of Periods	Chapter	Contents	Syllabus
	II	09-14	14 – Working Saturday (Students)	06			Mid Term/ HYE Exam	Mid Term (PT-II)/ HYE Date 02-14 Sep Chap 1: What is Psychology ? Chap 2 : Methods of enquiry in Psychology Chap 3 : Human Development Chap 4 : Sensory, Attentional and perceptual processes. (pg 61-66)
	III	16-21	16-Milad-un-Nabi 21 – Working Saturday (Students)	05		Ch 5 : Sensory , Attentional and Perceptual processes	<ul style="list-style-type: none"> Principles of perceptual organisation Half yearly Paper discussion 	
	IV	23-27		05		Ch 5: Sensory , Attentional and Perceptual processes	<ul style="list-style-type: none"> Monocular and binocular cues Illusions 	
	V	30		01		Ch 5: Sensory , Attentional and Perceptual processes	<ul style="list-style-type: none"> Factors influencing perception 	
Oct-24	II	01-05	02-Mahatma Gandhi's Birthday 05-Annual Prize Distribution	04	04	Ch 6 : Learning	<ul style="list-style-type: none"> Introduction Classical Conditioning Operant conditioning 	

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	III	07-12	09-13– Autumn Break 12- Dussehra	02	02	Ch 6 : Learning	Determinants of conditioning	
	IV	14-19	17-Maharishi Valmiki's Birthday 19 – Working Saturday (Open House VI-XII)	05	08	Ch 6 : Learning	<ul style="list-style-type: none"> • Cognitive learning • Verbal learning • Skill learning 	
	V	21-25	20– Karwa Chouth	05	08	Ch 6 : Learning	<ul style="list-style-type: none"> • Factors facilitating learning 	
	VI	28-31	30-03 Nov – Diwali Break	02	02	Ch 6 : Learning	<ul style="list-style-type: none"> • Learning disabilities 	
*** Autumn Break 09-13 Oct 2024 ***								
Nov-24	I	04-09	09 – Working Saturday (Students)	06	08	Chapter 7 : Human memory	<ul style="list-style-type: none"> • Introduction • Nature of memory • Information processing approach 	
	II	11-15	12 – Annual Day 15 – Guru Nank's Birthday	04	06	Chapter 7 : Human memory	<ul style="list-style-type: none"> • Levels of processing approach • Introduction of practical :learning experiment –two 	
	III	18-22		05	08	Chapter 7 : Human memory	<ul style="list-style-type: none"> • Practical : Learning Experiment I 	PT-II (VI-VIII): 19 Nov-10 Dec PT-III (IX): 19 Nov-10 Dec PT-III (X): 14 Nov-25

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	IV	25-30	29,30 – Annual Athletic Meet	06	08	Chapter 7 : Human memory	<ul style="list-style-type: none"> Types of Long term Memory Memory as a constructive process Practical : Learning Experiment II 	Nov MPB (XII): 14 Nov-25 Nov
Dec-24	I	02-07	07 – Sports Day	06	08	Chap 8 : Thinking	<ul style="list-style-type: none"> <i>Introduction</i> Problem solving Reasoning Decision making 	
	II	09-13		05	08	Chap 8 : Thinking	<ul style="list-style-type: none"> Creative thinking Strategies to enhance creative thinking Barriers in creative thinking 	
	III	16-21	21-Working Saturday, Open House (X & XII)	06	08	Chap 8 : Thinking	<ul style="list-style-type: none"> Process of creative thinking Types of creative thinking 	
	IV	23	24,25 – Christmas Holidays	01	01	Chap 8 : Thinking	Revision	
*** Winter Break from 26 Dec to 04 Jan 2025 ***								
Jan-25	I	06-10		05	08	Chapter 9 : Motivation and emotions	<ul style="list-style-type: none"> Motivational cycle Types of motives Maslow hierarchy of needs Frustration and conflicts 	
	II	13-18	18-Working Saturday,	06	08		<ul style="list-style-type: none"> Emotions 	

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			Open House (VI-IX, XI)			Chapter 9 : Motivation and emotions	<ul style="list-style-type: none"> Physiological bases of emotions Cognitive bases of emotions Managing negative emotions Enhancing positive emotions 	
	III	20-25	25-Citation Ceremony 25-Open House XII 26-Republic Day	06	08	Chapter 9 : Motivation and emotions	<ul style="list-style-type: none"> Enhancing positive emotions Managing negative emotions 	
	IV	27-31		05	08	REVISION	REVISION	
Feb-25	I	01	01 – Farewell XII 01- Open House X	01				Annual Exam Class IX & XI – 05 Feb-19 Feb 2025
	II	03-07		05				
	III	10-14		05				
	IV	17-22	22-Working Saturday (students)	06				
	V	24-28	26-Maha Shivratri	04				
Mar-25	Annual Exam Classes VI-VIII – 25 Feb-10 Mar 2025							

Note: The examination syllabus as mentioned above is to be considered Tentative. The final syllabus for each exam will be uploaded on the website along with the Date Sheet at the time of the examination.

Name & Signature of the Teacher

Signature of HOD

Class VI-IX

- Syllabus for all PTs (Pre Mid Term & Post Mid Term) is to be completed atleast one week before the commencement of exam.
- Mid Term syllabus for all the classes is to be completed by **31 Aug** and CW & HW Notebooks to be corrected & returned by **02 Sept**
- Mid Term Revision Worksheets for all the classes will be uploaded by **29 Aug**.
- Final Term syllabus
 - For classes VI-VIII is to be completed by **10 Feb** and CW & HW Notebooks to be corrected & returned by **14 Feb**.
 - For class IX is to be completed by **31 Jan** and HW Notebooks to be corrected & returned by **03 Feb**.
- Final Term Revision Worksheets
 - For classes VI-VIII will be uploaded by **12 Feb**.
 - For class IX will be uploaded by **24 Jan**.
- No chapter shall be deleted from the syllabus.
- Keep the photocopy of the syllabus for your own record.
- In subjects which includes practicals the breakup for practicals also need to be mentioned in the given format.
- Syllabus for
 - Post Mid Term exam for classes VI-VIII will include syllabus covered after Mid Term
 - Post Mid Term exam for class IX will include complete syllabus till Post Mid Term.
 - Final Term Syllabus
 - Class VI-IX – Complete syllabus

Class X

- Syllabus for Class Test & Pre Mid Term is to be completed atleast one week before the commencement of exam.
- Mid Term syllabus for all the classes is to be completed by **31 Aug** and CW & HW Notebooks to be corrected & returned by **02 Sep**
- Mid Term Revision Worksheets will be uploaded by **29 Aug**.
- The last date to complete the syllabus for Post Mid Term examination is **09 Nov**
- Post Mid Term Revision Worksheets will be uploaded by **09 Nov**
- No chapter shall be deleted from the syllabus.
- Keep the photocopy of the syllabus for your own record.
- In subjects which includes practicals the breakup for practicals also need to be mentioned in the given format.
- Please note that the entire syllabus will be included for the Post Mid Term examinations and Pre-Board examinations.
- Please note that Post Mid Term exam will be held in the month of November and Pre Board exam in the month of January 2023.(Tentative)

Class XII

- Please note that Exam dates are tentative.
- The syllabus for Exam Series -1 is to be completed by **one week before the exam**.

- The syllabus for Exam Series -2 is to be completed by **one week before the exam.**
- The last date to complete the syllabus for Term1 is **31 Aug**
- The last date to complete the syllabus for Mock Pre-Board examination is **09 Nov**
- Please note that Mock Pre Board exam, Pre Board Practical exam & Enrichment Programme will be held in the month of November/December and Pre Board exam in the month of January 2024.(Tentative)
- Please note that the entire syllabus will be included for the Pre-Board examinations.
- Refer www.cbse.nic.in on regular basis for any change in the syllabus for class XII.
- Also mention the breakup for Practicals in the subject which include practical examinations.